

**FPT EDUCATION  
FPT POLYTECHNIC COLLEGE**



## **ENGLISH 2.2**

### **TOPIC 3:**

**Talk about how you take care of your  
appearance**

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# COMMENTS



☐ **Lecturer 1 :**

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☐ **Lecturer 2:**

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**Topic 1: Talk about a hotel that you have stayed in**

Hello teacher. My name is Long. I'm 19 years old. My hometown is Long An. I am studying IT at FPT College. Today I want to talk about a hotel I stayed at.

First, the last time I stayed in a hotel was five months ago during my summer vacation in Can Tho. The hotel I stayed at was called Binh Yen. That hotel is located on Hai Ba Trung Street, Can Tho. The hotel is very convenient and easy to find because it is located on the main road and near Can Tho market. My room is a single room. The cost for one night is 800,000 VND.

Next, I want to talk about the hotel's services and amenities. The room has a single bed, a few towels, some hangers, and a minibar. The hotel offers services such as bell service, room service, laundry service, and minibar. I used several cans of soda in the minibar and laundry service.

Finally, I want to talk about my experience at the hotel. I am very satisfied with this hotel and the food here. The room was very comfortable and beautiful. But its price is quite high. If I have a chance I will come back here.

In short, this hotel is great and worth experiencing. I will recommend it to my friends. This is the end of my speech. Thanks for listening.

## **Topic 2: Talk about good and bad driving habits**

Hello teacher, my name is Long, I am 19 years old, and currently a student at FPT College, my hometown in Long An province. There are many differences between a good driver and a bad driver. Having good driving habits saves our lives and creates a safe and comfortable driving space. Today I'd like to talk about good and bad driving habits.

First of all, I want to talk about my driving experience, I learned to ride a motorbike 3 years ago. My father was the one who taught me how to ride, I took my rider's license exam last August. I have my motorbike at home and I am a good rider.

Secondly, I would like to talk about good and bad driving habits. Good driving habits are wearing a helmet when riding a motorbike, turning with signals, and observing the speed limit. Bad driving habits are speeding, tailgating, and talking on the phone. I think the most dangerous driving behavior is driving at high speed, and exceeding control limits because you may die when there is a collision with a big van and other cars. I always wear a helmet when I ride my motorbike and never talk on the phone while riding, especially when I go with my family members.

Finally, it is about an accident that I've seen. I witnessed an accident. The two motorbikes collided with each other when they turned right but had a "turn left" light. Two people fell onto the road. Luckily, no large vehicle was passing by when the accident occurred. The accident happened on Hung Vuong Street. The accident happened about 3 months ago. Fortunately, they were not seriously injured and their motorbike was only slightly damaged. After that accident, I thought I needed to pay more attention when driving. In addition, people should regularly check their vehicles for damaged tires or equipment because when traveling on the road, if the vehicle is damaged, it will affect the vehicle behind and cause disorder. In addition, people should not stop at red lights, drive fast,

weave through traffic, and talk on the phone. Some of the above actions may cause some unfortunate incidents. Therefore, we must always obey traffic laws and pay attention to safety. In conclusion, I would say that people must drive carefully to be safe, and avoid bad driving habits to avoid unexpected accidents. That is the end of my speech. That brings me to the end of my talk. Thank you for your listening.

### **Topic 3: Talk about how you take care of your appearance**

Hello teacher. My name is Long. I'm 19. I am studying Web at FPT College. My hometown is Long An. Today, I would like to talk about how I care for my appearance.

First of all, I want to share with you my thoughts on my appearance and how I take care of it. I am quite satisfied with my current appearance. Taking care of my appearance is important to me so I do it every day. To take care of my skin, I often use sunscreen and shower gel to help my skin whiten and prevent aging. For my hair, I use Head and Shoulders shampoo, and after showering I use hair conditioner to help strengthen my hair. I use PS toothpaste and a toothbrush to take care of my teeth. I brush my teeth twice a day, after waking up and before going to bed. I don't spend a lot of money on cosmetic products. Second, I want to talk about a place I often go to take care of my appearance. It's a spa called Princess Spa. The spa is near my school, on To Ky Street. I go there alone once a month. I often get body massages there because my back and neck often hurt. It cost me 400,000 VND for a 40-minute massage. My body feels much better after using this service.

Finally, it's about cosmetic surgery. I think plastic surgery can be both good and bad. It can make you more beautiful, but if there are mistakes during surgery, it will have negative effects on your body. Cosmetic surgery also costs you a lot of money and time. If I had money, I wouldn't have plastic surgery because I love the body my parents gave me and don't want to change it. That's the end of my speech. Thank you for listening.

#### **Topic 4: Your eating habits**

Hello teacher. My name is Long. I'm 19. I am studying Web at FPT College. My hometown is Long An. Today, I would like to talk about my eating habits.

First, I want to share with you my passion for food. I'm crazy about fried chicken. I eat it once a week on Saturday or Sunday. I always go to the fried chicken restaurant near my house to buy it with my younger brother. I like fried chicken because it's crispy and spicy. The food I dislike the most is fish because it has a lot of bones and fish fat, which is very difficult for me to eat. I used to love chocolate but now I don't anymore because it's so sweet.

Second, I want to talk about my eating habits and health. I usually eat rice, vegetables, meat and soup every day. I think I'm not a healthy eater because I still love fast food. However, I often eat them with vegetables and fruits to limit the harmful effects of those fast foods. I believe that a person's eating habits affect their longevity because good eating habits keep you healthy and active; and therefore, live longer.

Finally, I want to talk about traditional dishes and eating habits of Vietnamese people. The traditional dish in my country is Pho. There's vermicelli, beef and lots of Vietnamese spices in it. It has great flavor and is nutritious. I think my grandparents' generation ate healthier food than my generation because they ate more vegetables and there was no fast food before. In conclusion, I would say that eating habits are very important for a person's health. That's why I used to eat junk food but now I limit it more. I try to eat healthier to have better health.

That is the end of my speaking. Thank you for your listening.