Landa-Intensive Longitudinal Data Analysis

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Load packages

```
rm(list=ls())
library(haven)
## Warning: package 'haven' was built under R version 3.2.5
library(tidyverse)
## Warning: package 'tidyverse' was built under R version 3.2.5
## Loading tidyverse: ggplot2
## Loading tidyverse: tibble
## Loading tidyverse: tidyr
## Loading tidyverse: readr
## Loading tidyverse: purrr
## Loading tidyverse: dplyr
## Warning: package 'ggplot2' was built under R version 3.2.5
## Warning: package 'tibble' was built under R version 3.2.5
## Warning: package 'tidyr' was built under R version 3.2.5
## Warning: package 'readr' was built under R version 3.2.5
## Warning: package 'purrr' was built under R version 3.2.5
## Warning: package 'dplyr' was built under R version 3.2.5
## Conflicts with tidy packages ------
## filter(): dplyr, stats
## lag():
            dplyr, stats
library(magrittr)
## Warning: package 'magrittr' was built under R version 3.2.5
##
## Attaching package: 'magrittr'
## The following object is masked from 'package:purrr':
##
##
      set_names
## The following object is masked from 'package:tidyr':
##
##
      extract
library(ggplot2)
library(lme4)
```

```
## Warning: package 'lme4' was built under R version 3.2.5
## Loading required package: Matrix
##
## Attaching package: 'Matrix'
## The following object is masked from 'package:tidyr':
##
##
       expand
library(psych)
##
## Attaching package: 'psych'
## The following objects are masked from 'package:ggplot2':
##
##
       %+%, alpha
library(reghelper)
## Warning: package 'reghelper' was built under R version 3.2.5
##
## Attaching package: 'reghelper'
## The following object is masked from 'package:psych':
##
##
       ICC
## The following object is masked from 'package:base':
##
##
       beta
```

Load data

Insert rows for missing time points (if needed)

This makes it possible to test lagged effects

```
# CC_new_rows <- tbl_df(expand.grid(unique(day$id), seq(1, 7, 1)) %>%
# rename(id = Var1, day = Var2) %>%
# full_join(day))
# # tbl_df (or can use 'as_tibble') creates a new data frame
# erdata <- arrange(CC_new_rows, id, day)</pre>
```

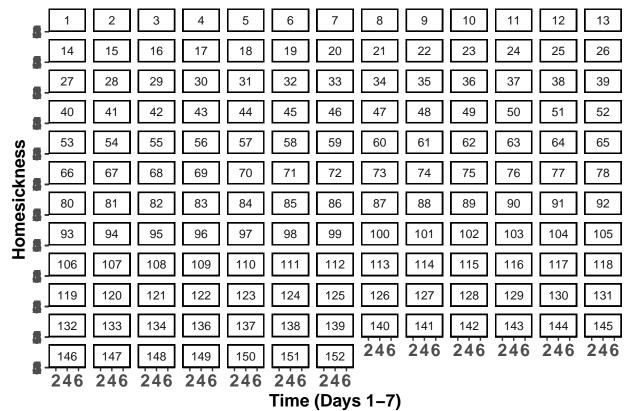
Model 1: "New place" maladjustment moderators of the association

between rumination and homesickness: Academic or Social?

Graphs

- ## Warning: Removed 115 rows containing missing values (geom_path).
- ## Warning: Removed 244 rows containing missing values (geom_point).

Figure 1. Homesickness as a Function of Day



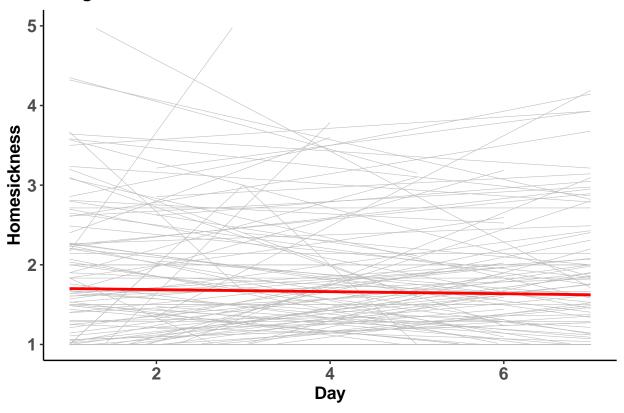
Spaghetti plot with average growth trajectory
erdata %>%

Warning: Removed 244 rows containing non-finite values (stat_smooth).

Warning: Removed 244 rows containing non-finite values (stat_smooth).

Warning: Removed 876 rows containing missing values (geom_smooth).

Figure 2. Growth Curve



```
# Different color for each participant

# erdata %>%
# ggplot(erdata, aes(day, er.rumin, group = id)) +
# geom_point() + stat_smooth(method = "lm", se = F) +
# aes(color = factor(id)) + guides(color = F) +
# # Coloured by participant
# theme_classic() +
# xlab("Day") + ylab("Emotion Regulation-Rumination") + ylim(1, 5) +
# ggtitle("Rumination as a Function of Day")
```

Creating new vars (moderators)

```
# Create belonging uncertainty (BUN) and academic functioning (acad.fx) composites
erdata %<>% mutate(bun_m = bun1 + bun2 / 2,
                   acadfx = acad.lost + acad.procrast + acad.uncertain +
                     acad.perform.r / 4)
# Belonging Uncertainty (bun)
  # bun1 - Sometimes I feel that I belong at Wash U,
      # and sometimes I feel that I don't belong at Wash U
  # bun3 - When something bad happens,
      # I feel that maybe I don't belong at Wash U
# Academic Functioning (acadfx)
  # acad.lost - How lost did you feel in your assignments?
  # acad.procrast - How much did you procrastinate on your assingments?
  # acad.uncertain - How uncertain did you feel of where your academic
      # future/career was headed?
  # acad.perform - How satisfied were you with your academic performance?
# Correlations/internal consistency among items
# acad_df <- erdata %>% select(acad.procrast:acad.perform)
\# keys = c(1, 1, 1, -1)
\# psych::alpha(x = acad\_df, keys = keys)
 # alpha = 0.68
# bun_df <- erdata %>% select(bun1, bun3)
# correlate(bun df)
  \# r = 0.69
erdata$suppress <- 6 - erdata$suppress
# Suppress
  # In general, how much did you try to keep your emotions to yourself during these
    #face-to-face interactions today?
erdata %<>% mutate(neg.m = (e.nerv + e.fear + e.hostile + e.guilty + e.shame +
                     e.slug + e.sleepy) / 7)
```

Rescaling

Modeling with a time-varying predictor

```
# Unconditional means model (i.e., intercept and time only)
mod1a <- lmer(e.homesick ~ day0 + (1 | id), erdata)</pre>
summary(mod1a)
## Linear mixed model fit by REML ['lmerMod']
## Formula: e.homesick ~ day0 + (1 | id)
     Data: erdata
##
## REML criterion at convergence: 1813.2
##
## Scaled residuals:
      Min 1Q Median
##
                                3Q
                                       Max
## -3.8682 -0.4406 -0.1360 0.4895 4.1028
##
## Random effects:
## Groups Name
                         Variance Std.Dev.
## id
             (Intercept) 0.4653
                                0.6822
                         0.3781
                                  0.6149
## Number of obs: 806, groups: id, 150
##
## Fixed effects:
              Estimate Std. Error t value
## (Intercept) 1.656912
                          0.067872 24.412
## day0
              0.002755
                          0.011064
                                   0.249
##
## Correlation of Fixed Effects:
##
        (Intr)
## day0 -0.467
 # Intercept: Mean of homesickness when day = 0 (i.e., day 1)
  # Day: NS; but would be interpreted as an increase in homesickness each day
ICC(mod1a) # Plenty of within-person variance but slightly more bw-person
```

6

[1] 0.551699

```
# Uncentered rumination predictor
mod1b <- lmer(e.homesick ~ day0 + er.rumin + (1 | id), erdata)</pre>
summary(mod1b)
## Linear mixed model fit by REML ['lmerMod']
## Formula: e.homesick ~ day0 + er.rumin + (1 | id)
##
     Data: erdata
##
## REML criterion at convergence: 1800.5
## Scaled residuals:
##
      Min
               1Q Median
                                ЗQ
                                       Max
## -3.8846 -0.4634 -0.1350 0.4752 3.8153
##
## Random effects:
## Groups
           Name
                         Variance Std.Dev.
             (Intercept) 0.4429
                                0.6655
## Residual
                         0.3789
                                  0.6155
## Number of obs: 800, groups: id, 150
## Fixed effects:
               Estimate Std. Error t value
##
## (Intercept) 1.463659
                        0.090561 16.162
## day0
              0.005018
                          0.011125
                                    0.451
## er.rumin
              0.082527
                          0.026526
                                    3.111
## Correlation of Fixed Effects:
##
           (Intr) day0
## day0
           -0.381
## er.rumin -0.675 0.045
# Intercept: Mean of homesickness when day = 0, controlling for rumination levels
  # Rumination: For every 1-unit increase in rumination, there is the between effect
    # 0.08 increase in homesickness
# Add person-centered rumination instead
mod1c <- lmer(e.homesick ~ day0 + er.rumin_pc + (1 | id), erdata)</pre>
summary(mod1c)
## Linear mixed model fit by REML ['lmerMod']
## Formula: e.homesick ~ day0 + er.rumin_pc + (1 | id)
##
     Data: erdata
## REML criterion at convergence: 1805.4
##
## Scaled residuals:
##
               1Q Median
      Min
                                ЗQ
                                       Max
## -3.8838 -0.4539 -0.1386 0.4743 3.8966
## Random effects:
## Groups Name
                         Variance Std.Dev.
## id
             (Intercept) 0.4626
                                0.6801
## Residual
                         0.3786
                                  0.6153
## Number of obs: 800, groups: id, 150
##
```

```
## Fixed effects:
              Estimate Std. Error t value
## (Intercept) 1.650494
                         0.067829 24.333
              0.004607
                          0.011123
                                     0.414
## day0
## er.rumin_pc 0.060515
                         0.028432
##
## Correlation of Fixed Effects:
##
               (Intr) day0
## day0
               -0.469
## er.rumin_pc -0.020 0.043
 # Intercept: Similar; slightly larger when controlling for within rumination effect
  # Rumination: Similar; Now, the CONCURRENT association with homesickness due to
  # person-centering
   # On days that rumination goes up, homesickness does too (not by much; 0.06)
```

Examining predictions from week to week

For example, does Rumination on day one predict Homesickness on day two, controlling for Homesickness on day one, and so forth.

```
## Warning: package 'DataCombine' was built under R version 3.2.5
##
## Remember to order erdata by id and the time variable before running.
##
## Lagging e.homesick by 1 time units.
##
## Remember to order erdata by id and the time variable before running.
##
## Lagging neg.m by 1 time units.
```

Model 1b - Time-lagged models with time-invariant predictors

```
# Does rumination predict homesickness controlling for previous day homesickness?
mod2a <- lmer(next_home ~ day0 + e.homesick_pc + er.rumin_pc + (1 | id), erdata)
summary(mod2a)

## Linear mixed model fit by REML ['lmerMod']
## Formula: next_home ~ day0 + e.homesick_pc + er.rumin_pc + (1 | id)
## Data: erdata
##
## REML criterion at convergence: 1281.5
##
## Scaled residuals:
## Min    1Q Median    3Q    Max
## -3.7354 -0.4235 -0.1714    0.3803    3.9406</pre>
```

##

```
## Random effects:
## Groups Name
                        Variance Std.Dev.
            (Intercept) 0.4319 0.6572
## Residual
                        0.3694
                                 0.6078
## Number of obs: 557, groups: id, 148
## Fixed effects:
##
                Estimate Std. Error t value
                1.70812 0.07916 21.579
## (Intercept)
                -0.03192
                            0.01555 -2.053
## day0
## e.homesick_pc -0.06339
                            0.05001 -1.267
## er.rumin_pc -0.03182
                            0.03590 -0.886
## Correlation of Fixed Effects:
##
              (Intr) day0
                            e.hms_
## day0
              -0.639
## e.homsck_pc 0.041 -0.033
## er.rumin_pc -0.027 0.062 -0.062
 # No
 # Homesickness: has sizable variation around random effect
 # Rumination: has sizable variation around random effect
# Does this change with the introduction of a time-invariant predictor?
mod2b <- lmer(next_home ~ day0 + e.homesick_pc + er.rumin_pc*bun_gm +</pre>
               (1 | id), erdata)
summary(mod2b)
## Linear mixed model fit by REML ['lmerMod']
## Formula: next_home ~ day0 + e.homesick_pc + er.rumin_pc * bun_gm + (1 |
##
      id)
##
     Data: erdata
## REML criterion at convergence: 1149.5
## Scaled residuals:
      Min
           1Q Median
                               30
## -3.6469 -0.4378 -0.1632 0.3145 3.9921
## Random effects:
## Groups Name
                       Variance Std.Dev.
            (Intercept) 0.3845 0.6201
## Residual
                        0.3619
                                 0.6016
## Number of obs: 505, groups: id, 131
##
## Fixed effects:
##
                     Estimate Std. Error t value
## (Intercept)
                     1.65040
                              0.08130 20.300
                     -0.03130
                                 0.01611 -1.943
## day0
                              0.05244 -0.826
                     -0.04332
## e.homesick_pc
## er.rumin_pc
                     -0.04856 0.03839 -1.265
                      0.05723 0.03328
## bun gm
                                         1.720
                                         0.605
## er.rumin_pc:bun_gm 0.01234
                                0.02039
## Correlation of Fixed Effects:
```

```
##
              (Intr) day0 e.hms_er.rm_bun_gm
## day0
              -0.654
## e.homsck pc 0.044 -0.036
## er.rumin_pc -0.049 0.098 -0.062
## bun gm
               0.000 0.013 -0.002 0.019
## er.rmn pc: 0.020 -0.008 0.043 0.095 0.015
 # No cross-level interaction
mod2c <- lmer(next_home ~ day0 + e.homesick_pc + er.rumin_pc*acadfx_gm +</pre>
                (1 + e.homesick_pc + er.rumin_pc | id), erdata)
summary(mod2c)
## Linear mixed model fit by REML ['lmerMod']
## Formula: next_home ~ day0 + e.homesick_pc + er.rumin_pc * acadfx_gm +
##
       (1 + e.homesick_pc + er.rumin_pc | id)
##
     Data: erdata
## REML criterion at convergence: 1121.2
## Scaled residuals:
              1Q Median
                               3Q
      Min
                                      Max
## -3.0234 -0.4024 -0.1385 0.3286 4.3046
##
## Random effects:
## Groups Name
                          Variance Std.Dev. Corr
## id
            (Intercept)
                          0.38832 0.6232
##
            e.homesick_pc 0.05137 0.2266
                                             0.22
##
            er.rumin_pc
                          0.01567 0.1252
                                            -0.28 0.88
## Residual
                          0.32402 0.5692
## Number of obs: 500, groups: id, 129
##
## Fixed effects:
                        Estimate Std. Error t value
##
## (Intercept)
                         1.64010 0.08076 20.308
## day0
                        -0.02778 0.01595 -1.742
## e.homesick_pc
                        -0.09577
                                  0.06108 -1.568
## er.rumin_pc
                        -0.02628
                                    0.04148 -0.634
## acadfx_gm
                         0.05224
                                    0.02282
                                             2.289
## er.rumin_pc:acadfx_gm -0.02501
                                    0.01564 - 1.599
## Correlation of Fixed Effects:
##
              (Intr) day0 e.hms_ er.rm_ acdfx_
## day0
              -0.646
## e.homsck_pc 0.110 -0.052
## er.rumin_pc -0.098 0.091 0.066
## acadfx_gm -0.008 0.007 0.032 0.006
## er.rmn_pc:_ -0.027  0.049 -0.014 -0.200 -0.039
 # No cross-level interaction
# Can informally check autocorrelation for homesickness by correlating orginal and lagged var
mod2 <- lmer(next_home ~ e.homesick + (1 | id), erdata)</pre>
summary(mod2)
```

Linear mixed model fit by REML ['lmerMod']

```
## Formula: next_home ~ e.homesick + (1 | id)
##
     Data: erdata
##
## REML criterion at convergence: 1227.3
## Scaled residuals:
           10 Median
      Min
                               30
                                      Max
## -3.5828 -0.3410 -0.2924 0.2985 3.7925
##
## Random effects:
## Groups
           Name
                        Variance Std.Dev.
             (Intercept) 0.02992 0.1730
## Residual
                        0.48948 0.6996
## Number of obs: 560, groups: id, 148
##
## Fixed effects:
##
              Estimate Std. Error t value
## (Intercept) 0.71111
                          0.06623
                                    10.74
## e.homesick
              0.55665
                          0.03485
                                    15.97
## Correlation of Fixed Effects:
             (Intr)
## e.homesick -0.865
```

Does homesickness predict anxiety? Is this stronger for those high in suppression?

```
mod3 <- lmer(neg.m ~ day0 + e.homesick_pc + (1 + day0 + e.homesick_pc | id), erdata)</pre>
summary(mod3)
## Linear mixed model fit by REML ['lmerMod']
## Formula: neg.m ~ day0 + e.homesick_pc + (1 + day0 + e.homesick_pc | id)
##
     Data: erdata
## REML criterion at convergence: 1211.2
##
## Scaled residuals:
            1Q Median
      Min
                                3Q
                                       Max
## -2.7134 -0.5549 -0.0744 0.5055 4.5767
##
## Random effects:
                           Variance Std.Dev. Corr
## Groups
            Name
##
             (Intercept)
                           0.321972 0.5674
##
             day0
                           0.005945 0.0771
                                             -0.52
##
             e.homesick_pc 0.014560 0.1207
                                             0.18 -0.18
## Residual
                           0.151793 0.3896
## Number of obs: 801, groups: id, 150
##
## Fixed effects:
                 Estimate Std. Error t value
## (Intercept)
                 2.072779 0.052892
                                        39.19
                -0.037902 0.009737
## day0
                                        -3.89
```

```
## e.homesick_pc 0.141710
                           0.030612
##
## Correlation of Fixed Effects:
              (Intr) day0
##
## day0
              -0.598
## e.homsck pc 0.069 -0.075
 # Day: Negative affect decreases by -0.04 each day
  # Homesickness: On days that homesickness increases, negative affect does too
   # By 0.14, t = 5.36
  # There is decent amount of variation around random effects, but fixed dont change
mod3b <- lmer(neg.m ~ day0 + e.homesick_pc + suppress_pc + (1 | id), erdata)</pre>
summary(mod3b)
## Linear mixed model fit by REML ['lmerMod']
## Formula: neg.m ~ day0 + e.homesick_pc + suppress_pc + (1 | id)
     Data: erdata
##
## REML criterion at convergence: 1124
##
## Scaled residuals:
##
      Min
              1Q Median
                                30
                                       Max
## -2.9055 -0.5939 -0.0552 0.5404 4.0960
##
## Random effects:
## Groups
            Name
                        Variance Std.Dev.
             (Intercept) 0.2111 0.4594
## Residual
                         0.1774
                                  0.4212
## Number of obs: 742, groups: id, 149
## Fixed effects:
                 Estimate Std. Error t value
## (Intercept)
                 2.058414 0.046862
                                      43.92
## dav0
                -0.036905 0.007907
                                       -4.67
## e.homesick_pc 0.152389 0.028543
                                       5.34
## suppress_pc
                 0.117583 0.023081
                                       5.09
##
## Correlation of Fixed Effects:
##
              (Intr) day0
              -0.482
## day0
## e.homsck_pc 0.021 -0.040
## suppress_pc 0.002 -0.010 -0.057
  # Suppress: Counterintuitively, negative affect actually decreases on days that
    # suppression increases (-0.12, t = -5.09)
mod3c <- lmer(next_neg ~ day0 + e.homesick_pc*suppress_pc + (1 | id), erdata)</pre>
summary(mod3c)
## Linear mixed model fit by REML ['lmerMod']
## Formula: next_neg ~ day0 + e.homesick_pc * suppress_pc + (1 | id)
##
     Data: erdata
## REML criterion at convergence: 817.9
##
```

```
## Scaled residuals:
      Min 1Q Median 3Q
                                    Max
## -3.4204 -0.5441 -0.1056 0.5535 3.5679
##
## Random effects:
## Groups Name
                      Variance Std.Dev.
           (Intercept) 0.2452 0.4952
## Residual
                       0.1751
                               0.4185
## Number of obs: 505, groups: id, 143
##
## Fixed effects:
##
                           Estimate Std. Error t value
## (Intercept)
                           2.108096 0.059494 35.43
                                    0.011477 -3.79
## day0
                           -0.043490
## e.homesick_pc
                           0.037937 0.036575 1.04
                           -0.006682 0.029529 -0.23
## suppress_pc
## e.homesick_pc:suppress_pc 0.025574 0.047035 0.54
## Correlation of Fixed Effects:
            (Intr) day0 e.hms_ spprs_
## day0
             -0.628
## e.homsck_pc 0.049 -0.043
## suppress_pc -0.002 -0.021 -0.067
## e.hmsck_p:_ -0.015 -0.017 -0.097 0.127
# Main effects or interactions no longer significant; model saturated? Small N?
```