

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1	2
					<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine
					<input type="checkbox"/> Be present	<input type="checkbox"/> Be present
					<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love
					<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self
					<input type="checkbox"/> Do list	<input type="checkbox"/> Do list
3	4	5	6	7	8	9
<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine
<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present
<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love
<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self
<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list
10	11	12	13	14	15	16
<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine
<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present
<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love
<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self
<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list
17	18	19	20	21	22	23
<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine
<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present
<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love
<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self
<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list
24	25	26	27	28	29	30
<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine	<input type="checkbox"/> Do morning routine
<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present	<input type="checkbox"/> Be present
<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love	<input type="checkbox"/> Do thing you love
<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self	<input type="checkbox"/> Spend time w/ self
<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list	<input type="checkbox"/> Do list
31						
<input type="checkbox"/> Do morning routine						
<input type="checkbox"/> Be present						
<input type="checkbox"/> Do thing you love						
<input type="checkbox"/> Spend time w/ self						
<input type="checkbox"/> Do list						