

—————  $2s_{1/2}$

8

—————  $1p_{1/2}$

—————  $1p_{3/2}$

2

—————  $1s_{1/2}$

$\pi$

—————  $2s_{1/2}$

8

—————  $1p_{1/2}$

—————  $1p_{3/2}$

2

—————  $1s_{1/2}$

$\nu$