

## Part 1. Household members information

List all individuals who eat from the same kitchen as you. Mark their relationship with yourself, their gender and age in years

[illegible]

**Day 1. Please fill in the matrix below with all individuals with whom you had contact between \_\_\_\_\_ (date) \_\_\_\_\_ (time) and \_\_\_\_\_ (date) \_\_\_\_\_ (time)**

## Part 2. Contact diary

We would like you to register on the agenda all the people with whom you have contact in the two days that have been assigned to you. This agenda will help us to collect data and to understand how people mix in the community, which will help us to understand how a disease can spread from one person to another. You are asked to keep this calendar for two days. You are asked to fill out an agenda for each day. The first agenda will be in the contacts from \_\_\_\_\_ (date) \_\_\_\_\_ (time) to \_\_\_\_\_ (date) \_\_\_\_\_ (time). The second agenda will consist of contacts from \_\_\_\_\_ (date) \_\_\_\_\_ (time) to \_\_\_\_\_ (date) \_\_\_\_\_ (time).

**You will be asked to keep this diary for 48 hours (two days).**

### Instructions:

1. A contact is defined as: If you touch the person (for example, a handshake, a hug, a kiss or a contact sport); Or have a two-way conversation with three or more words at a distance that is close enough to touch.
2. Write down all the people you contact during the day, regardless of whether the contact is long or short, and whether or not you know the person.
3. Contacts made exclusively by telephone or mobile phone or with a barrier between the person (eg bank teller) must not be recorded.
4. If you contact the same person several times during the day, record them only once and record the total time spent with that person throughout the day. Thus, each person you meet during the day and have contact with should have only one line on the agenda: one person, one line.

### Important:

- ❖ Please provide some information about your contact:
  - **Age:** If the exact age is known, write the exact age. If not, please estimate the age group using the options listed next to the contact agenda
  - **Gender:** Enter the number from the list of gender choices next to the contact agenda
  - **If you touched the person** (e.g. handshake, hug, kiss or contact sport).
  - **Places** where contacts took place (can indicate several locations) on that day: Enter numbers from the list of chosen locations.
  - **Duration:** How long the contact with the person lasted throughout the day. Indicate hours and minutes. If it is less than 1 hour, enter 0 for hours.
  - **Frequency:** How often did you contact this person in the last 6 months. Enter the frequency from the list of frequency choices. Then, enter the number for that frequency. E.g. (3 times a week, 5 times a month, 1 time for six months)
  - **How long have you known this person:** Between years and months. If never met before, enter 0 for both.
  - If the contact took place inside or outside the home
  - **The relationship with the contact:** Family or non-family
- ❖ After you finish recording the schedule, we suggest that you double-check the calendar entries, trying to remember all of your activities to make sure that you have not lost any contact person.
- ❖ The order in which you write down your contact persons is not important. The easiest is to use a chronological order according to when you first met the person during the day assigned to you and then add anyone else that you can remember throughout your daily activities.

**Day of the week:** \_\_\_\_\_

[illegible]

Age group	
0	<6 months
1	6-11 months
2	1-4 years
3	5-9 years
4	10-19 years
5	20-29 years
6	30-39 years
7	40-49 years
8	50-59 years
9	60+ years
10	Do not know
Place	
0	My house
1	Other house
2	School
3	Work place
4	Transport/ Hub
5	Market
6	Street
7	Well
8	Fields
9	Shop
10	Palce of worship
11	Garden
12	Other
Frequency	
1	Daily
2	Weekly
3	Monthly
4	Every 6 months

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[illegible]

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