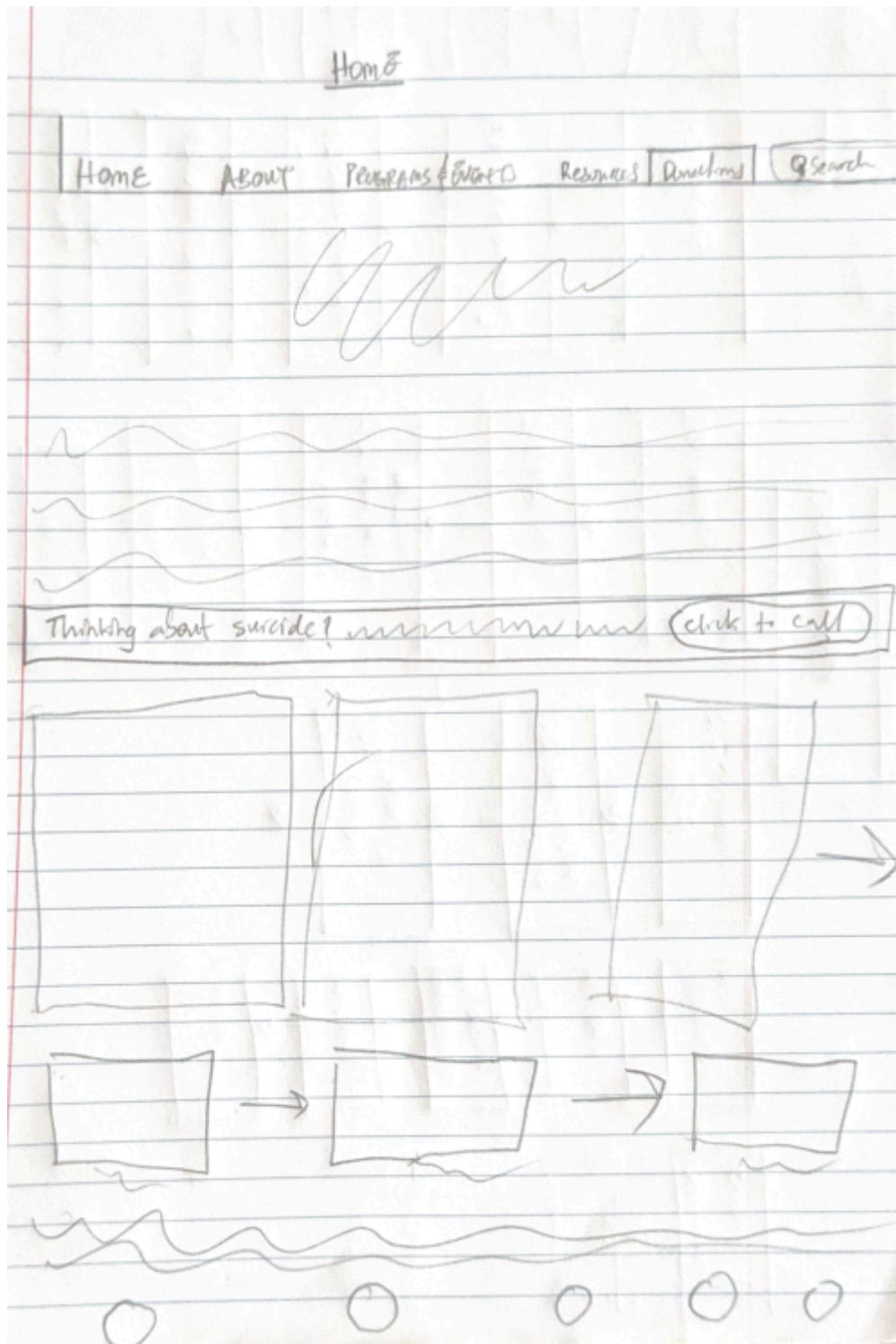
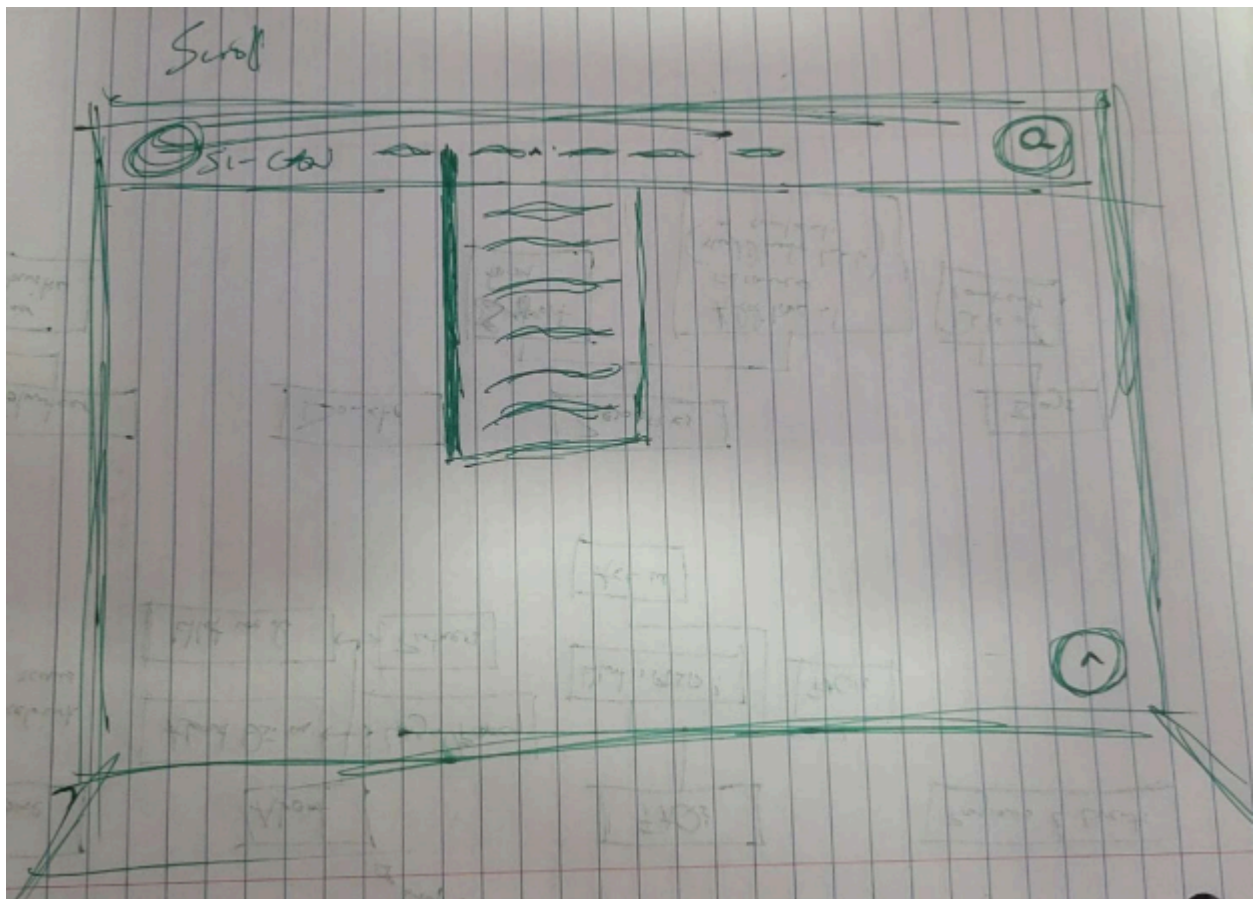
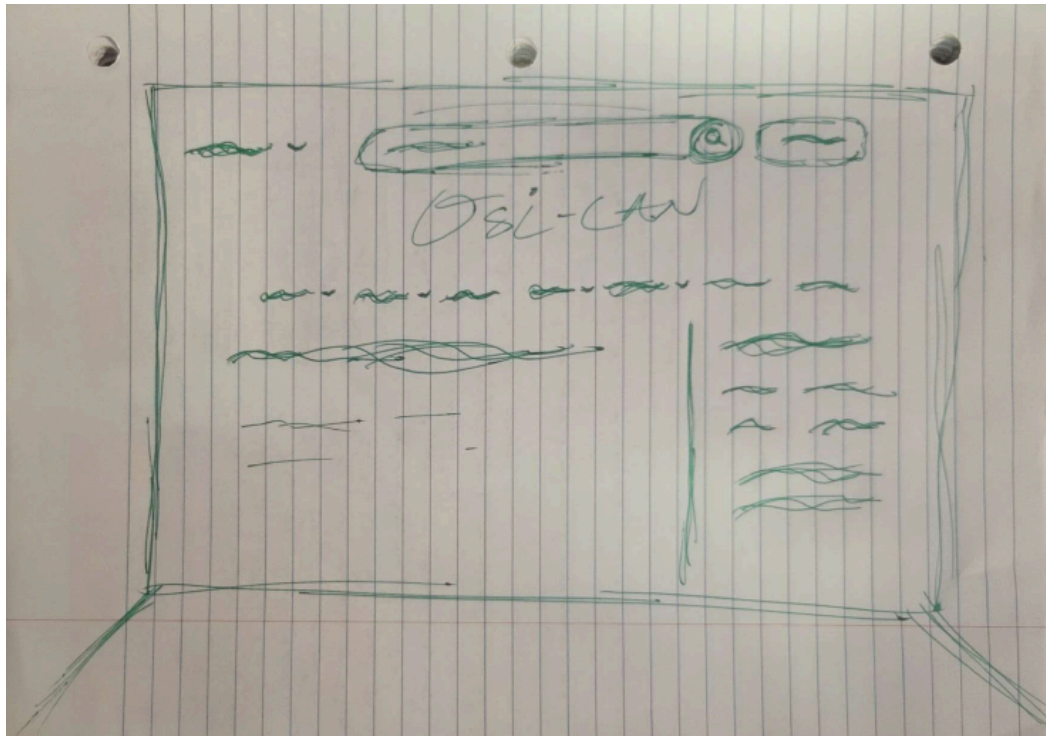


### Mockups 1.1, 1.2, and 1.3

Various sketches of possible page redesign ideas, and a search option.





Mockup 2: Additional resources section.  
The change is really simple, just make the text a bit more spaced out and formatted.  
Currently it is formatted but in a way that makes it difficult to read.

# SUPPORT & RESOURCES

## Apps for meditation:

- **Headspace: Meditation for sleep**

## Help Lines

- ·Crisis Services Canada (Crisis services for all Canadians)
  - Call 1-833-456-4566 (available 24/7)
  - Text 45645 (available 4pm to Midnight Eastern Time Zone)
- VAC and Canadian Forces (Member Assistance Program & Assistance Services for Families)
  - 1-800-268-7708 | TDD/TTY 1-800-567-5803 (available 24/7)
- Canadian Forces Morale & Welfare Services (Family Information Line)
  - 1-800-866-4546 (available 24/7)
- The Hope for Wellness Help Line for all Indigenous peoples
  - Call 1-855-242-3310 (available 24/7)

### Mockup 3.1: Links/PDFs clarification

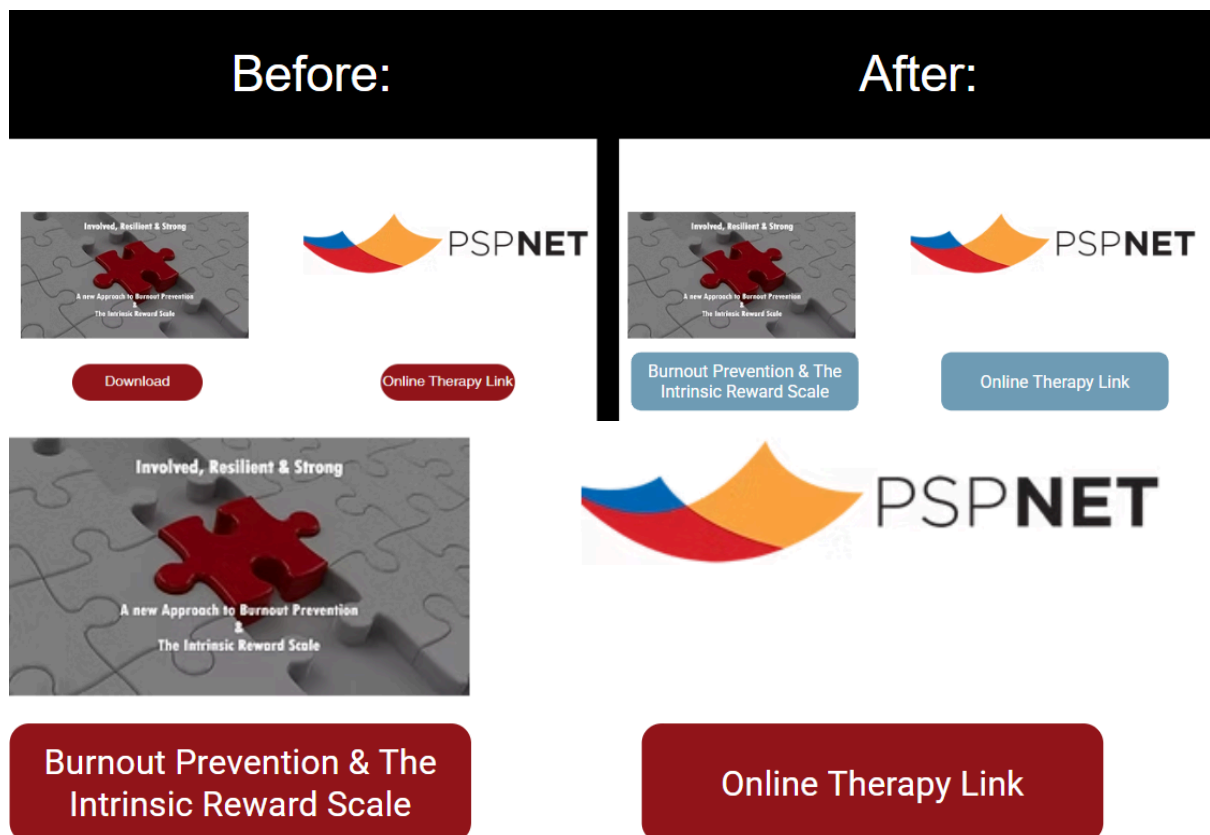
Currently the links/pdfs part of the website is inconsistent, listing downloads and links together, sometimes having the button state the title and other times mentioning whether it is a link or download with no title included. For clarity, a title has been added. The old version is included to show what changes.



### Mockup 3.2 and 3.3: Links/PDFs clarification

This mockup and below were not shown to the customer. This one follows the same design philosophy of the prior, however changes the download button to instead be the title button.

In this case, links and downloads would be in their own sections to help clarify, or there would be some other indicator of which is which.



#### Mockup 4: Volunteer Section

Very minor change, literally just font sizes, however on the site itself it would fit a lot better if the big text was smaller and the small text was bigger.

## ● PEER FACILITATORS NEEDED:

**Facilitators of our Peer Support Groups are an integral part of OSI-CAN's existence as it is how we began to reach out to our community of Veterans and First Responders, Medical Professionals, Tow Truck drivers, etc.**

**OSI-CAN is recruiting military/veteran members and first responders to lead community-based support groups for fellow peers living with OSI or PTSD. "Your story may become a part of someone else's survival guide."**

**If anyone is interested in leading one of our support groups, there are opportunities in Regina, Swift Current, La Ronge, etc.**

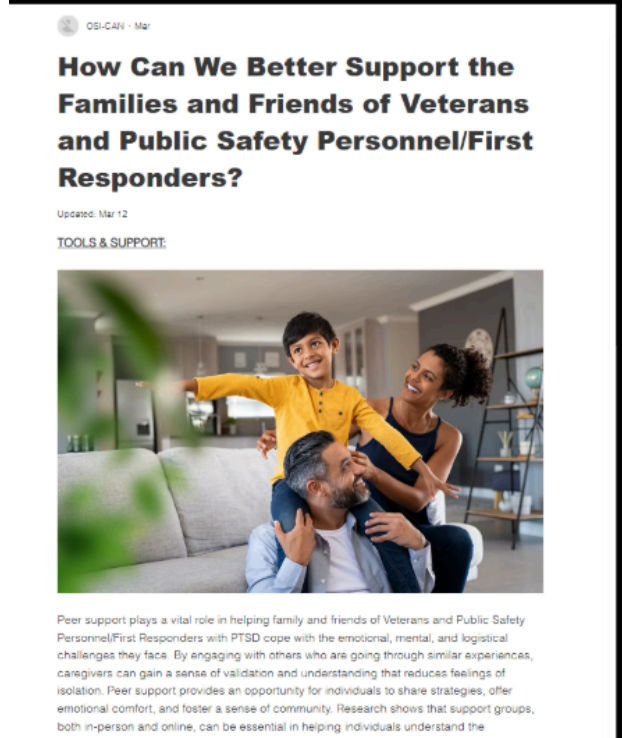
**Please contact Julius at 306-552-3801 or email him at:  
[osicandir@cmhask.com](mailto:osicandir@cmhask.com)**



## Mockup 5: Blog redesign

The blogs and podcasts page is mostly fine, except for that the main blog requires you to scroll through the full length of every single blog. I still believe this design is too large but the basic idea is to add a read more button and have it cut off.

Before:



After:

