

GODS THROWDOWN 2018 RULES

To participate in any stage of the Gods Throwdown, every **ATHLETE** must agree to any and all Rules and Policies, including, without limitation, the Assumption of Risk, Publicity Release, renunciation and consent of everything which is listed below, furthermore the decisions made by Gods Throwdown are final and binding.

Online individual qualifiers will consist of a series of workouts which will be posted on the website (www.godsthrowdown.com)

The personal information for each athlete must be separately admitted for each individual.

As our main means of communication will be via email it is of great importance that the email address which is provided by the athlete be correct and personal to that athlete.

Categories

Individual athletes will compete in the following categories:

1. Rx category
 - 1.1 Male and female Rx Elite: open for all ages.
 - 1.2 Male and female Rx Intermediate: open for all ages.
2. Male and female Scaled: open for all ages.
3. Male and female Master +35 (must be 35 or more before 8th June 2018)
4. Male and female Master +40 (must be 40 or more before 8th June 2018)
5. Male and female Master +45 (must be 45 or more before 8th June 2018)
6. Male and female Master +50 (must be 50 or more before 8th June 2018)
7. Teenagers (must be under 18 until 10th June 2018)

Team athletes will compete in the following categories.

1. Elite – Teams consisting of 2 males and 1 female (Rx standard)
2. Scaled – Teams consisting of 2 males and 1 female (Scaled standard)

In the event that one of the categories has less than 15 registrations in the online phase, Gods Throwdown has the right to cancel said category, in which case, all the athletes will be given a refund. Gods Throwdown also reserves the right to join two categories of the same sex in the event that there are insufficient participants, for example. Male +45 and Male +50, in that case, participants will be informed before the event so that they can decide if they wish to attend on these conditions, in this case, registered athletes will not be given a refund.

At the end of the online individual and team qualifiers, a total of 460 athletes will go through to the final phase.

All teenagers must have a written statement from their parents or trainers which allows them to participate in the final of Gods Throwdown.

Category standards

Elite Rx: the standards for this category are movements and weights which are regulated to the European level.

Intermediate Rx: the same standards as Elite Rx, counting on the fact that these athletes will be placed from 40 to 61 in the general Rx classification, consequently the level will be a little lower than Rx Elite.

Scaled: the movements and weights required for this category are lower in weight and complexity than the Rx category, double unders, chest-to-bar for males and toes-to-bar for both males and females will be incorporated.

Master

Master +35, +40: weights and movements will be identical to the Rx category, the only difference being the age of the competitors.

Master +45, +50: in this category the weights will be reduced by 20%, and there will be a reduction in the most complex gymnastic movements.

Teenagers: the weights and movements which have been established at a European level for this category, the young up-and-coming of this sport, aged between 16 and 17, having reached the minimum age of 16 by 1st June, and not having reached the age of 18 until after 3rd June. Gods Throwdown reserves the right to include people of a younger age in this category, it could be increased to 15, 16 and 17 years old.

Rx teams: the same standards as the Rx individual category

Scaled teams: the same standards as the Scaled individual category

Dates

The registration period for individual and team participants will open on Friday 15th December 2017 at 19:00 and will stay open until Saturday 17th February at 12:00

In the individual event there will be 2 qualifier WODs. The first one will be announced 10/02/2018 at 12:00, and the second one 17/02/2018 at 12:00. All athletes should send in their scores before 25/02/2018 at 23:59. Athletes may do the workouts as many times as they wish until the specified date.

Once the period for the qualifiers has ended, athletes will not be able to make any changes to their results or send in new results.

The best 460 individual athletes and teams will be invited to Murcia (Spain) for the finals on 8th, 9th and 10th June 2018.

Breakdown of the finals dates

**8th, 9th and 10th June 2018 June 2018: Team events and Scaled individuals.
9th and 10th June 2018 2018: Rx, Intermediate, Master, Rx teams and teenagers.**

Validating videos for the qualifiers

All individual athletes and teams must carry out their qualifier workouts in a Crossfit box, gym or garage and send in their videos to the assigned platforms. All videos will be examined by Gods Throwdown's team of judges. The videos should be uploaded onto a video hosting site like YouTube or Vimeo with the privacy settings set to public, the public link and score for this video should be sent together, all videos must have the privacy settings set to public.

Teams should record their qualifier videos together.

Athletes must follow all rules given by Gods Throwdown for each qualifier video.

Athletes have sole responsibility to guarantee the correct recording and presentation of their qualifier video. Incomplete videos or ones which do not work correctly will not be accepted.

Gods Throwdown's team of judges has the right to approve or reject any video presented which does not follow the required regulations, without previous notice.

The final approval of all scores will be carried out by Gods Throwdown's team of judges.

Scores

The Gods Throwdown website will host the only official leader board for online qualifiers and the finals.

In the finals on 8th, 9th and 10th June 2018 all athletes will start at zero (0) points.

Advancement

At the end of the individual and team online qualifiers, there will be a total of 460 athletes in the final.

Athletes who qualify will have up to 3 days after receiving the email with their ranking to declare if they accept their pass and buy their competitor ticket to compete in the final. If the athlete does not declare assistance and buy their ticket within this time their place in the final will be offered to the next athlete in line.

Wild cards will only be given for very important motives (health, injuries, etc.).

Gods Throwdown's team of judges will have final authority on all events which concern the athletes, solutions to protests, etc.

Videos, photos via telephone or any other device, will NOT constitute motives for changing or modifying a decision, score or entry made by an event judge. The team of judges can request any means of communication but its availability may or may not guarantee the use or admissibility in the general decision process.

Tie-breaker policy

In the event of a tie-break between two or more athletes during the event, the following policy will be applied:

Step 1: Firstly, the athlete who won the majority of workouts will be considered. The one who won the most amount of workouts will be the winner of the tie-break.

Step 2: the athlete who came in first place most times will be taken into account, the athlete with the highest number of first place wins is the winner. If there is still a tie-break we proceed to Step 3.

Step 3: the amount of times each athlete received second place will be counted to break the tie-break. The athlete with most second places in the classification is the winner of the tie-breaker. If there is still a tie-break, we will proceed to third place, fourth etc.

Drug policy

Athletes disqualified from the Crossfit Games for drugs used for better performance will not be allowed to take part in Gods Throwdown while the sanction is still being applied. Gods Throwdown has the right to cooperate with international anti-drug organizations if requested.

Athletes who participate in the event will have to collaborate their name and take part in a drugs test if it is requested. If an athlete avoids, refuses or disobeys, they will be expelled from the event without the right to a refund for their expenses (qualifiers, finals pass, stay, etc.).

Prizes

The prize purse for Gods Throwdown 2018 is 28,000€. In addition, more than approximately 5,000€ will be given in gifts from sponsors.

Individual event

Elite men

1st place: 3000€ 2nd place: 1500€ 3rd Place: 900

Elite women

1st place: 3000€ 2nd place: 1500€ 3rd Place: 900€

Intermediate men:

1st place: 700€ 2nd place: 400€ 3rd Place: 250€

Intermediate women:

1st place: 700€ 2nd place: 400€ 3rd Place: 250€

Scaled men

1st place: 300€ 2nd place: 150€ 3rd Place: 50€

Scaled women

1st place: 300€ 2nd place: 150€ 3rd Place: 50€

Master +35: men 35 and over

1st place: 700€ 2nd place: 350€ 3rd Place: 100€ + gifts

Masters +35 women 35 and over

1st place: 700€ 2nd place: 350€ 3rd Place: 100€ + gifts

Masters 40+ men

1st place: 700€ 2nd place: 350€ 3rd Place: 100€ + gifts

Masters 40+ women

1st place: 700€ 2nd place: 350€ 3rd Place: 100 + gifts

Masters 45+ men

1st place: 700€ 2nd place: 350€ 3rd Place: 100€ + gifts

Masters 45+ women

1st place:: 700€ 2nd place: 350€ 3rd Place: 100€ + gifts

Master 50+ men

1st place: 700€ 2nd place: : 350€ 3rd Place: 100€ + gifts

Teenagers 15/16

1st place: 300 2nd place: 150 3rd Place: 50€

Teenagers 16/17

1st place: 300 2nd place: : 150 3rd Place: 50€

Team event

Elite team:

1st place: 2000€ 2nd place: 1000 3rd Place:: 600

Scaled team

1st place: 600 2nd place: 200regalos 3rd place: 50 € + gifts

Additional prizes can be donated by associates, sponsors or collaborators.

All physical prizes will be collected by the winning athlete and the team at the event. If prizes need to be sent after the event, the athlete or team may be subject to delivery charges.