Characteristic	$N_{t=1} = 117^1$	$N_{t=2} = 120^1$	
cohort			
BIB	27(23%)	27 (22%)	
KANC	27 (23%)	26(22%)	
RHEA	29(25%)	29 (24%)	
SAB	34 (29%)	38 (32%)	
sex			
female	49 (42%)	50 (42%)	
male	68 (58%)	70 (58%)	
age	$6.73 \ (6.38, 7.80)$	$7.37 \ (6.89, 8.83)$	
ethnicity			
Caucasian	106 (91%)	109 (91%)	
Pakistani	10 (8.5%)	10 (8.3%)	
Other	1(0.9%)	1 (0.8%)	
$\mathbf{z}\mathbf{BMI}$	0.36 (-0.23, 1.12)	0.34 (-0.25, 1.17)	

Table 1: Population description. $^{1}\mathrm{n}$ (%); Median (IQR)