

Figures

- 1 • Number figures according to the order in which they are first mentioned in the main
2 text.
- 3 • Clearly label all axes, giving both the measure and the unit of measurement.
- 4 • Not larger than 7.5 inches in width.
- 5 • Save and submit each main text figure as an individual file (PDF with fonts embedded).
6 Include the figure number in the file name of each figure.
- 7 • Provide main text figure captions on a new page of the main text after the tables.
- 8 • Provide the title for each figure below the figure on the same manuscript page as the
9 figure itself.
- 10 • Include a title for the entire figure and descriptors for each panel.

11 **1 Participants**

- 12 • Flow diagram: number of individuals at each stage of study. Report numbers potentially
13 eligible, examined for eligibility, confirmed eligible, included in the study, completing
14 follow-up, and analysed.

15 **2 Main results**

- 16 • Forest plot for RQ2 (group by chemical class, and for each chemical group bars for
17 metabolites) and RQ3.