Figures

- Number figures according to the order in which they are first mentioned in the main text.
- Clearly label all axes, giving both the measure and the unit of measurement.
- Not larger than 7.5 inches in width.
- Save and submit each main text figure as an individual file (PDF with fonts embedded).

 Include the figure number in the file name of each figure.
- Provide main text figure captions on a new page of the main text after the tables.
- Provide the title for each figure below the figure on the same manuscript page as the figure itself.
- Include a title for the entire figure and descriptors for each panel.

1 Participants

• Flow diagram: number of individuals at each stage of study. Report numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed.

14 2 Main results

• Forest plot for RQ2 (group by chemical class, and for each chemical group bars for metabolites) and RQ3.