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# **BioAmp EXG Pill**

**Upside Down Labs**

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Professional-grade analog front-end amplification for ECG, EMG, EOG, and EEG biosensing on one tiny board.



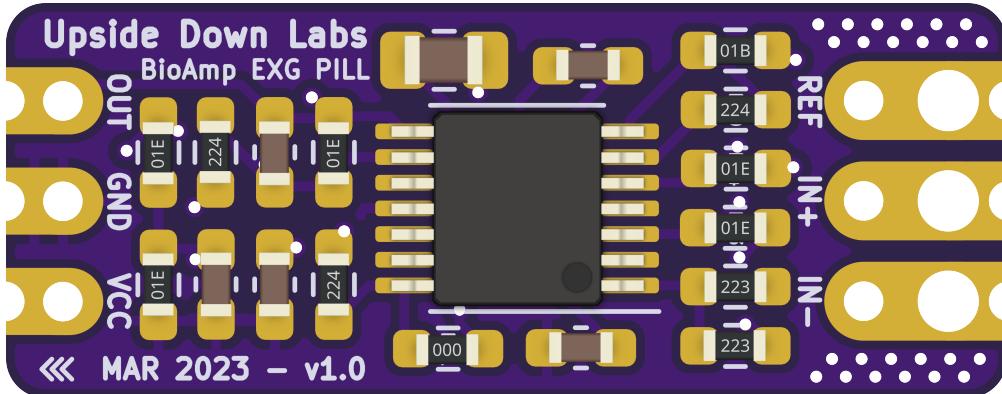
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# CHAPTER ONE

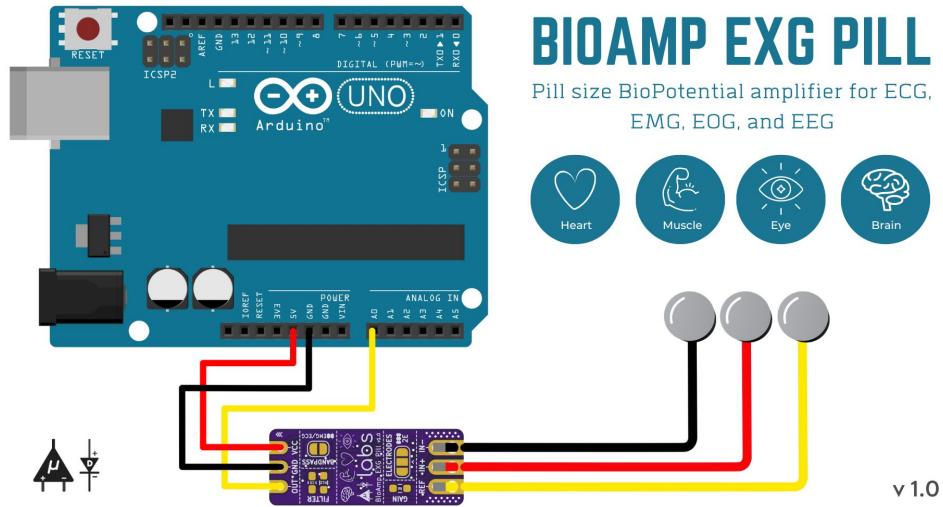
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## OVERVIEW

BioAmp EXG Pill is a small, powerful analog-front-end (AFE) biopotential signal-acquisition board that can be paired with any microcontroller unit (MCU) or single-board computer (SBC) with an analog-to-digital converter (ADC) such as Arduino UNO & Nano, Espressif ESP32, Adafruit QtPy, STM32 Blue Pill, BeagleBone Black, and Raspberry Pi Pico, to name just a few. It also works with any dedicated ADC, like the Texas Instruments ADS1115 and ADS131M0x, among others.



BioAmp EXG Pill is capable of recording publication-quality biopotential signals like ECG, EMG, EOG, and EEG, without the inclusion of any dedicated hardware or software filters. Its small size allows easy integration into mobile and space-constrained projects, and its powerful noise rejection makes it usable even when the device is close to the AC mains supply. Any 1.5 mm diameter wire can be used as a strain-relieving electrode cable, making it very cost-effective in comparison to the other available.

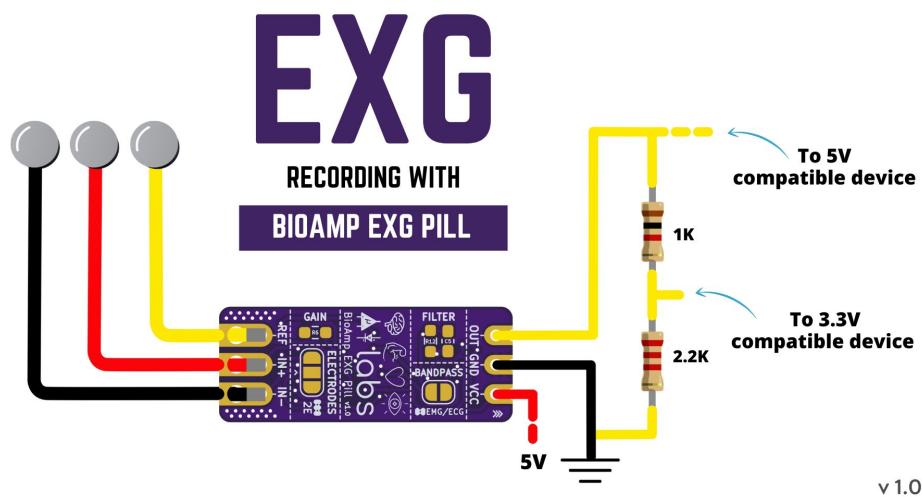


## BIOAMP EXG PILL

Pill size BioPotential amplifier for ECG, EMG, EOG, and EEG



v 1.0



v 1.0

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**CHAPTER  
TWO**

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## **FEATURES & SPECIFICATIONS**

Operating Voltage	5 V
Input Impedance	$10^{12}$ ohm
Compatible Hardware	Any development board with an ADC (Arduino UNO & Nano, Espressif ESP32, Adafruit QtPy, STM32 Blue Pill, BeagleBone Black, Raspberry Pi Pico, to name just a few) or any standalone ADC of your choice
BioPotentials	EMG, ECG, EOG, EEG (configurable band-pass, by default configured for EEG & EOG)
No. of channels	1
Electrodes	2 or 3 (Default: 3 electrodes)
Dimensions	25.4 x 10 mm
Designed for use with carrier board	Yes
Open Source	Hardware + Software

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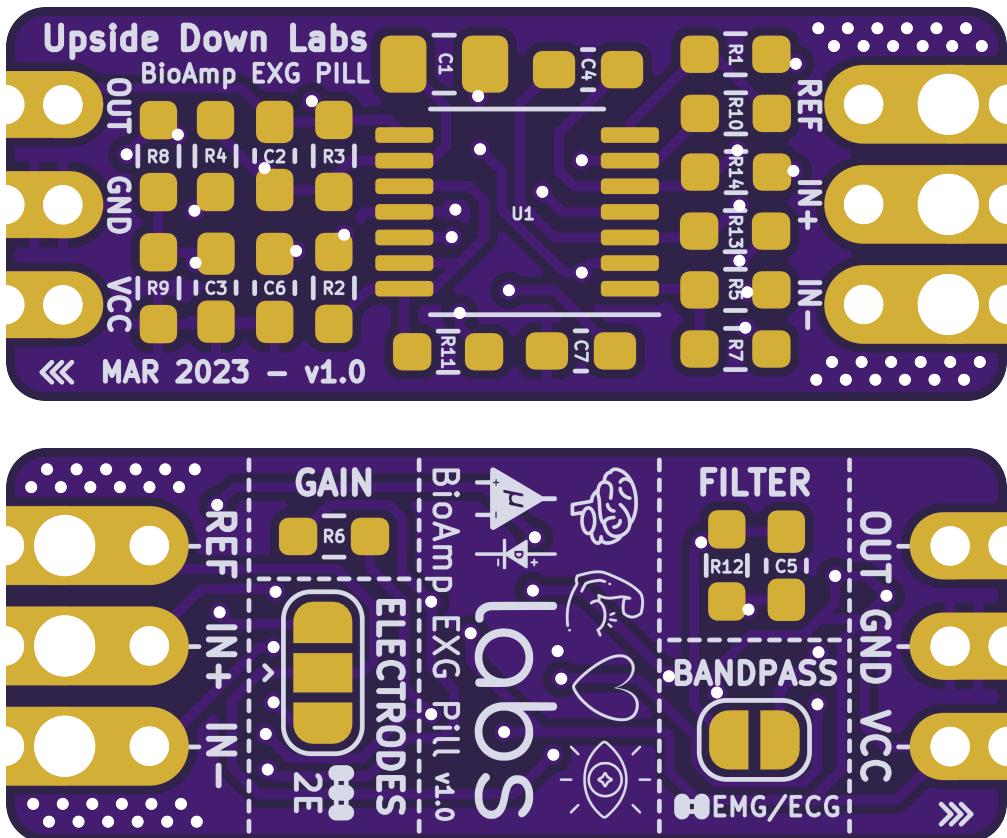
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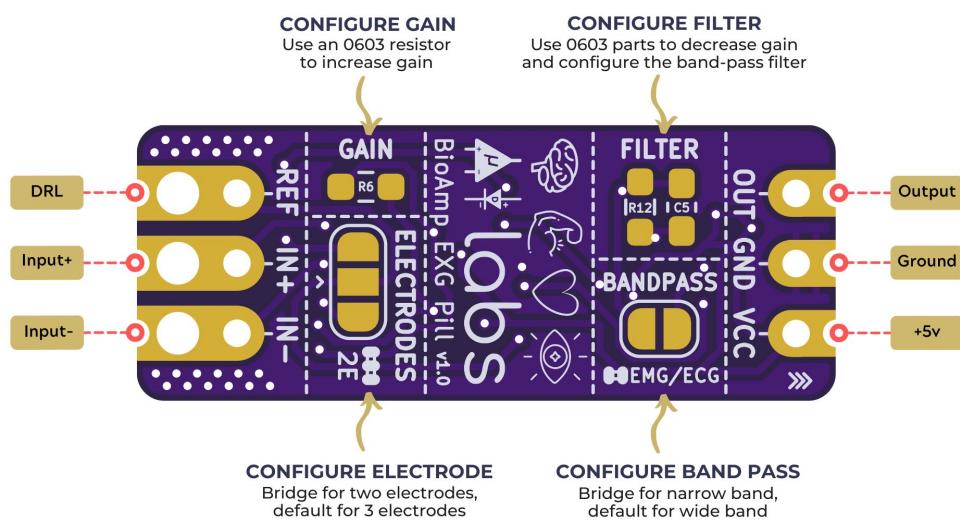
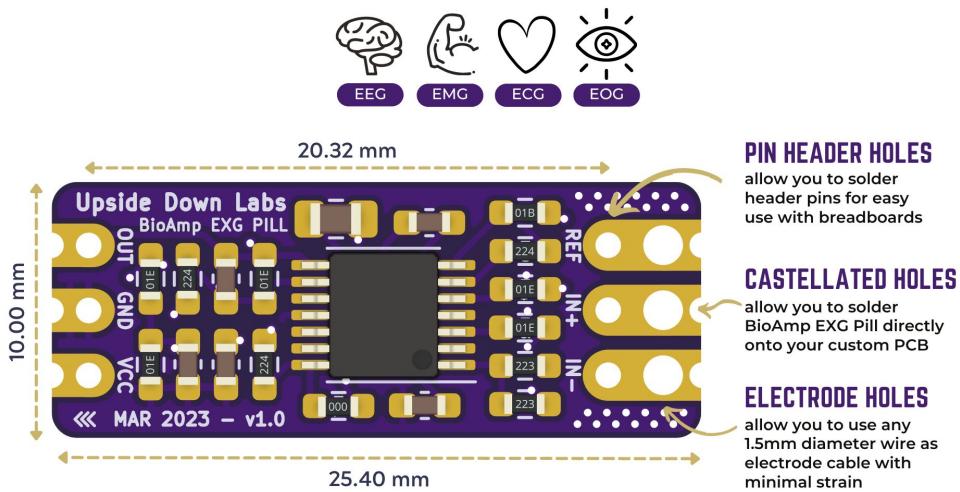
## CHAPTER THREE

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### BOARD LAYOUT

Images below shows a quick overview of the BioAmp EXG Pill hardware design.

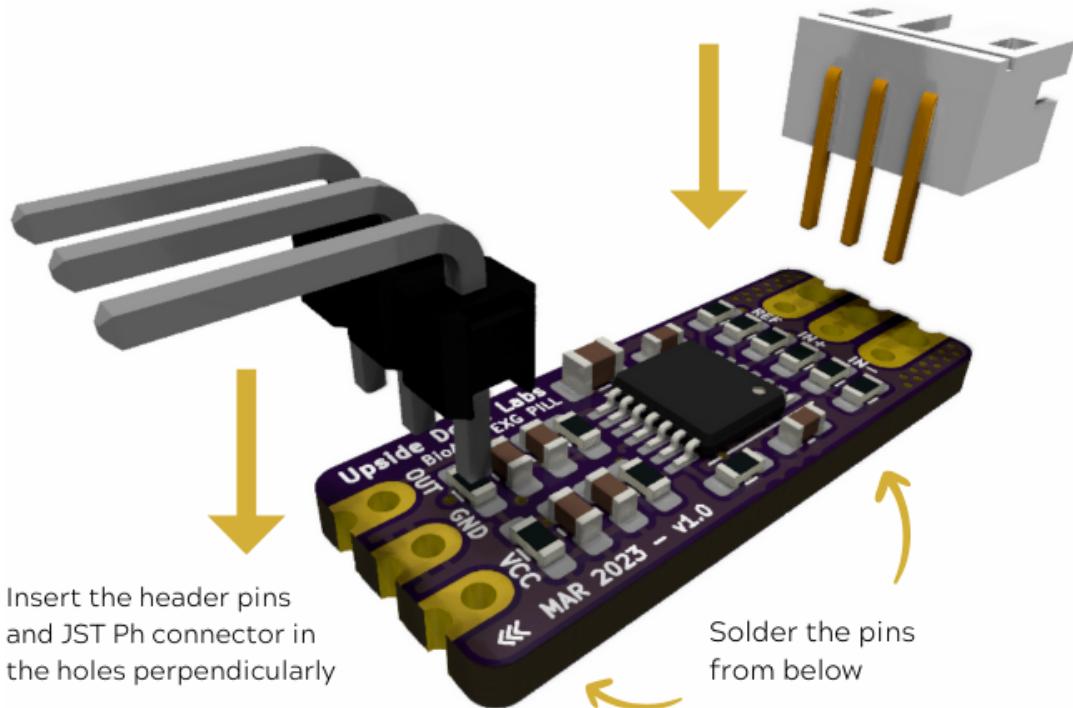




## ASSEMBLY & GETTING STARTED

If you have received the assembled BioAmp EXG Pill then you can skip the steps below. But, if you got the unassembled one, follow the steps below to assemble your Pill:

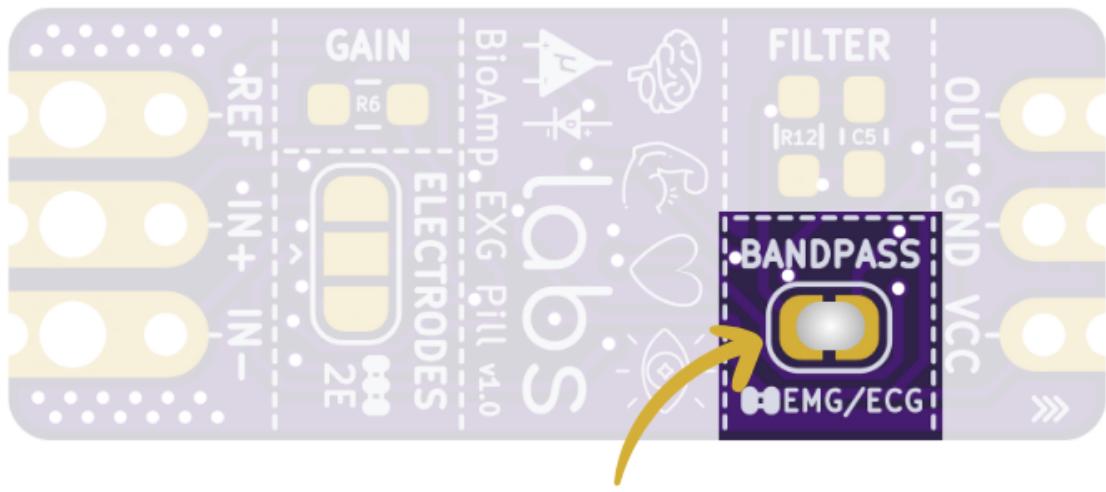
### Step 1: Solder Connectors



Insert the provided BioAmp cable's JST connector and header pins from top as shown in the image and solder them from below.

### Step 2 (optional): Configure for ECG/EMG

Optionally you can configure BioAmp EXG Pill to record EMG or ECG by making a solder joint as shown in the image on the right.

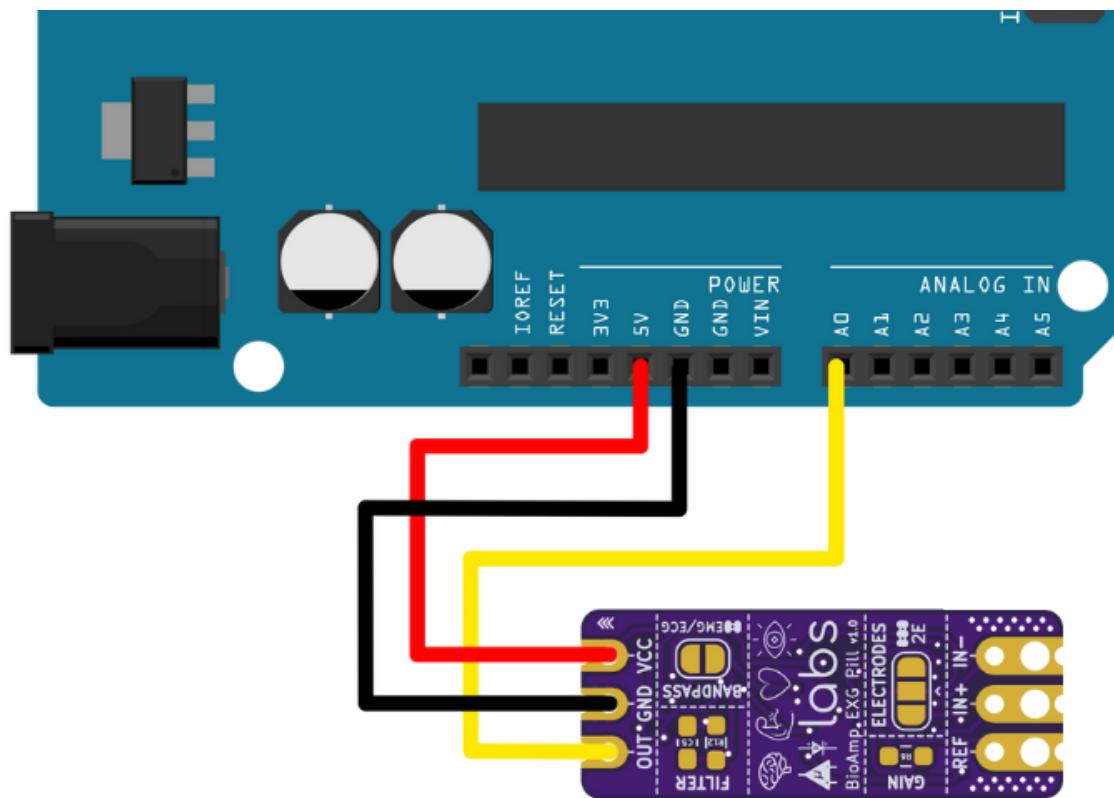


Solder Joint

### Step 3: Connect MCU/ADC

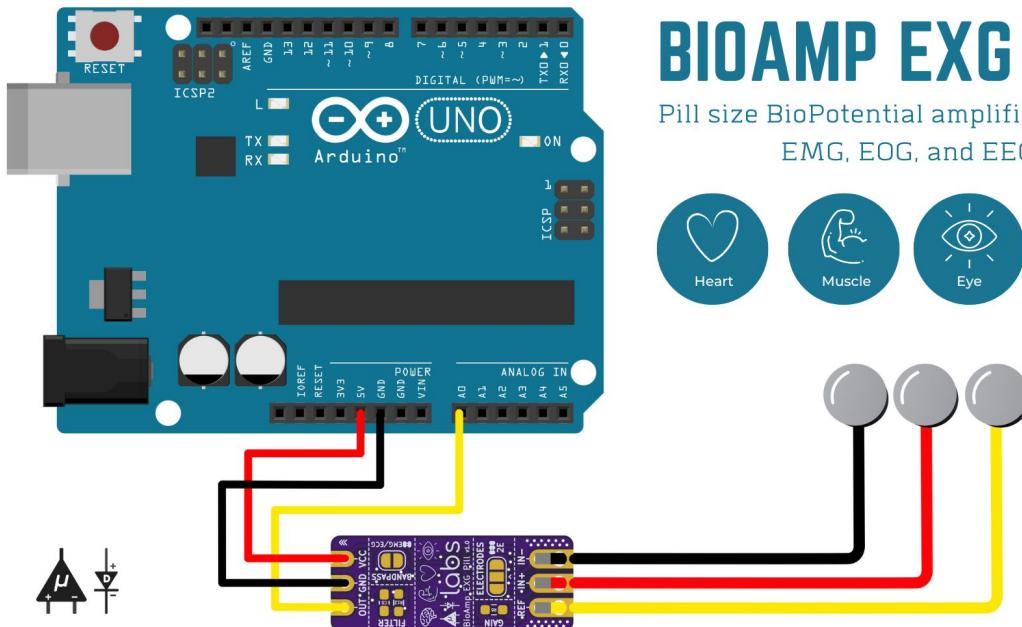
Connect VCC to 5V, GND to GND, and OUT to ADC IN of your favorite MCU/ADC board via jumper cables provided by us.

**Warning:** Take precautions while connecting to power, if power pins are to be swapped, your BioAmp EXG Pill will be fried and it'll become unusable(DIE).



### Step 3: Make the connections

Connect the BioAmp Cable to the EXG Pill and then to the electrodes. Place the electrodes according to your recording biopotential signal.



## BIOAMP EXG PILL

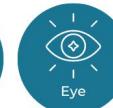
Pill size BioPotential amplifier for ECG, EMG, EOG, and EEG



Heart



Muscle



Eye



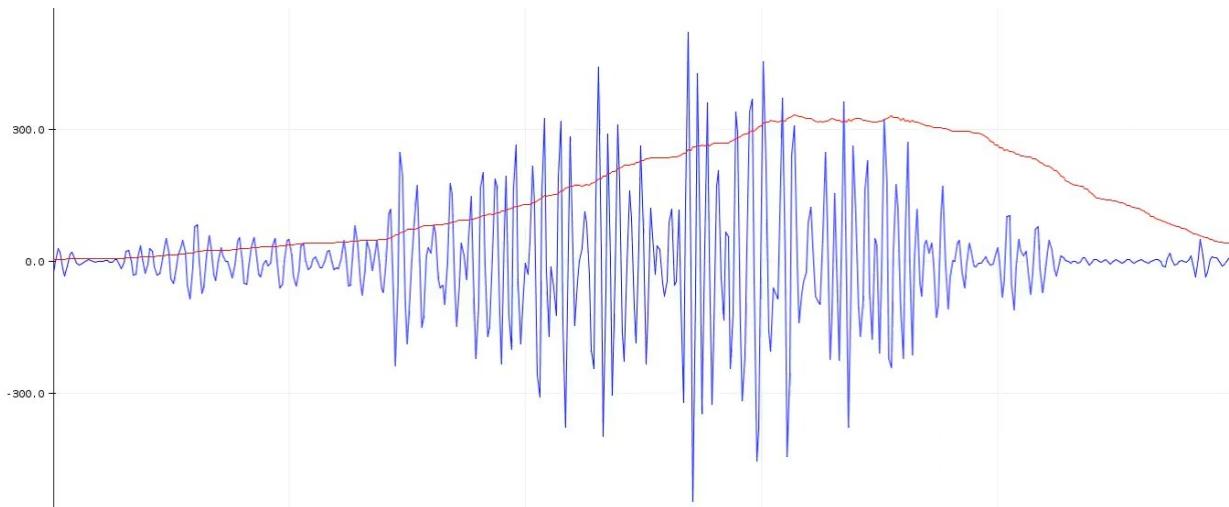
Brain

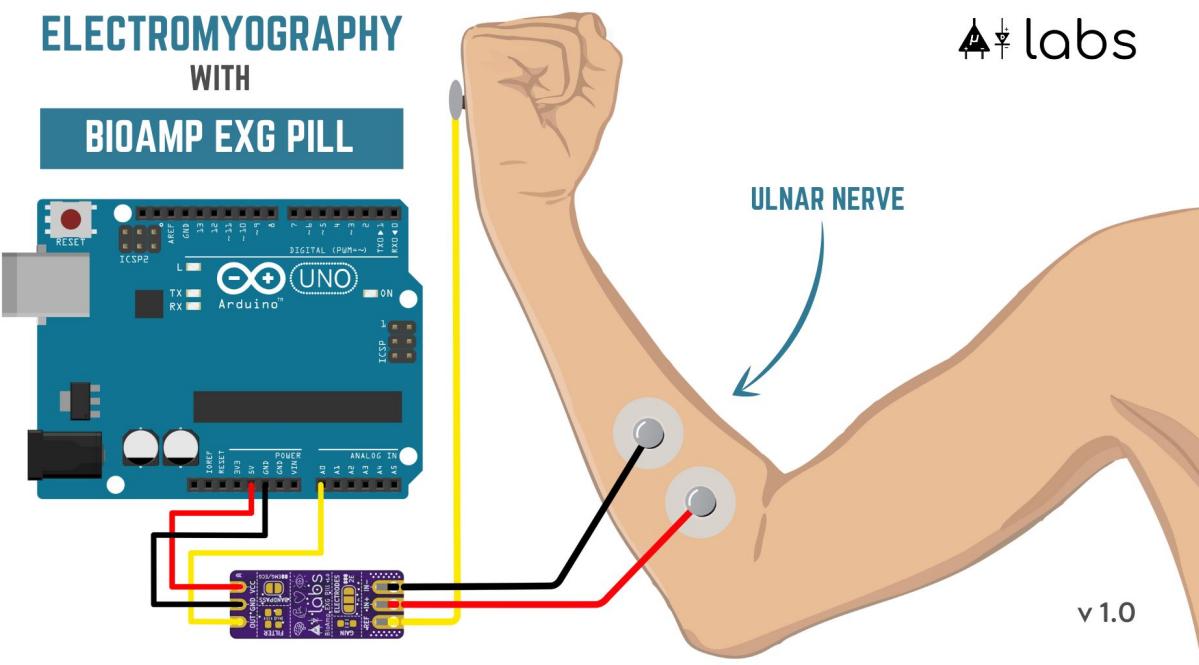
v 1.0



## **ELECTROMYOGRAPHY (EMG)**

Electromyography (EMG) is a technique for evaluating and recording the electrical activity produced by skeletal muscles. EMG is also used as a diagnostic procedure to assess the health of muscles and the nerve cells that control them (motor neurons). EMG results can reveal nerve dysfunction, muscle dysfunction, or problems with nerve-to-muscle signal transmission. The images below show an EMG wave recorded with BioAmp EXG Pill and the electrode placement for the recorded EMG respectively.





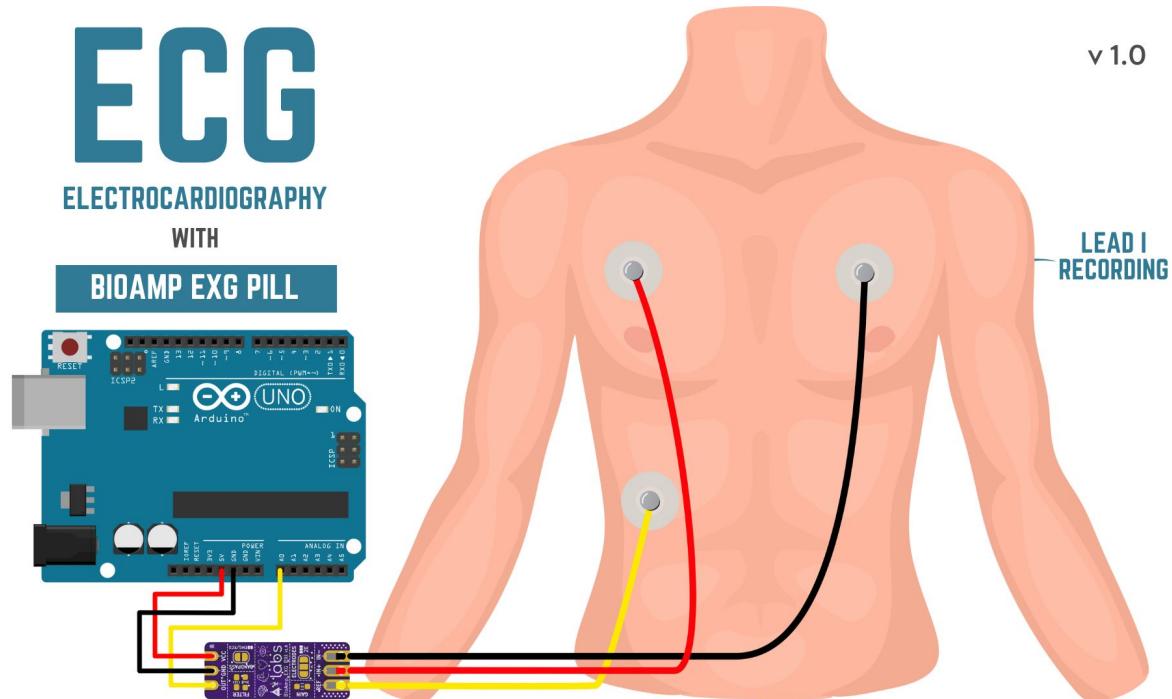
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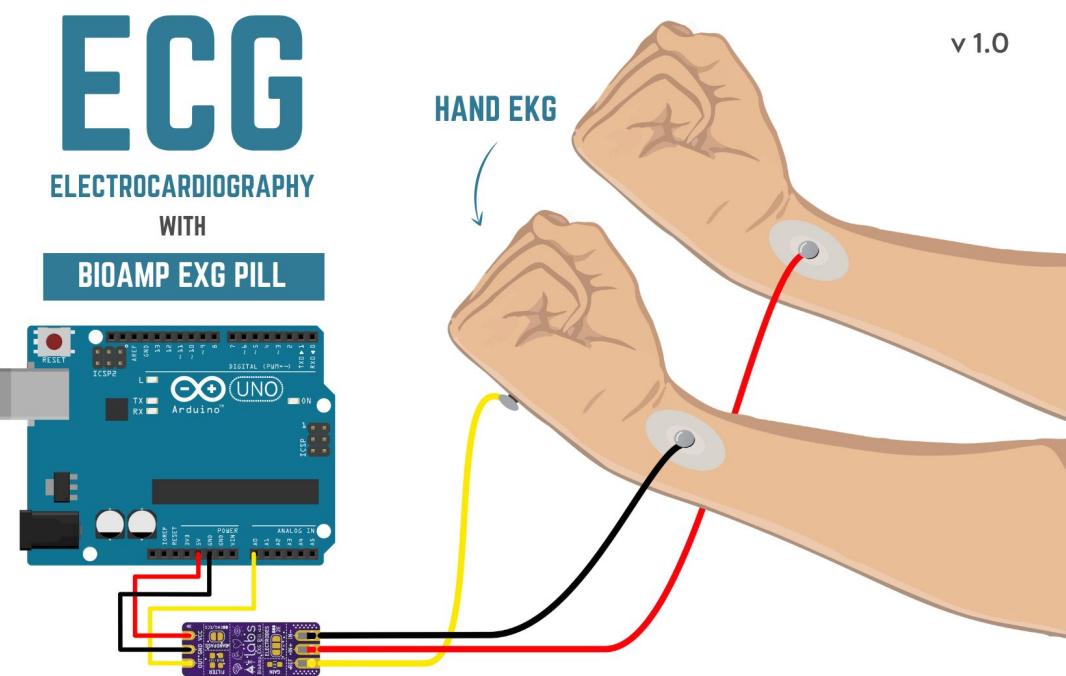
CHAPTER  
SIX

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## ELECTROCARDIOGRAPHY (ECG)

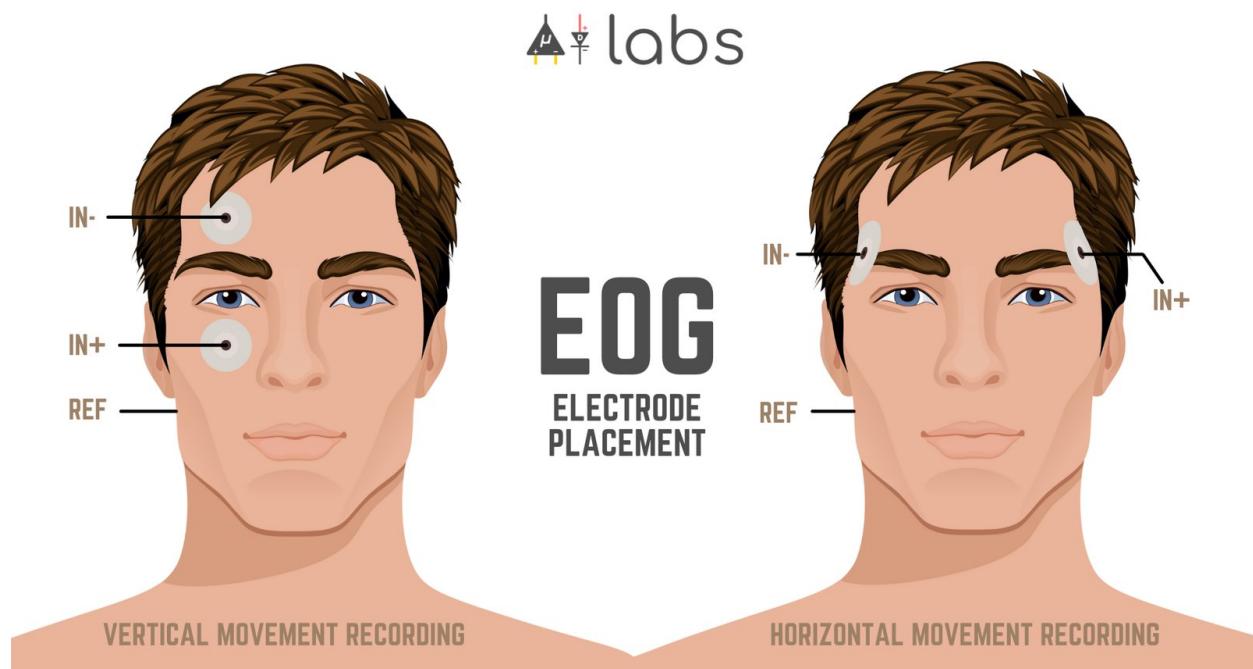
Electrocardiography (ECG) is the process of producing an electrocardiogram (ECG or EKG). It is a graph of voltage versus time of the electrical activity of the heart using electrodes placed on the skin. These electrodes detect the small electrical changes that are a consequence of cardiac muscle depolarization followed by repolarization during each cardiac cycle (heartbeat). The images below show electrode placement for lead 1 ECG recording, an ECG wave recorded with BioAmp EXG Pill and electrode placement for hand ECG/EKG recording respectively.



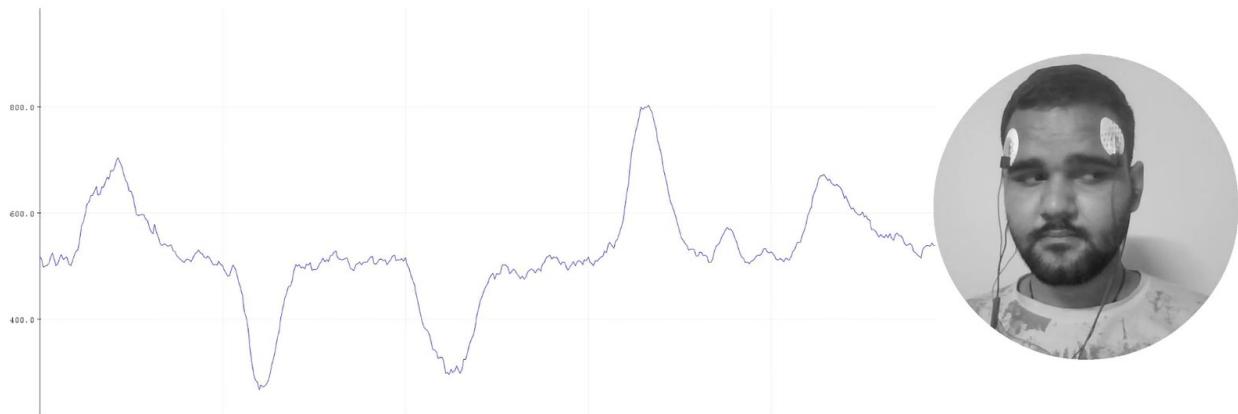
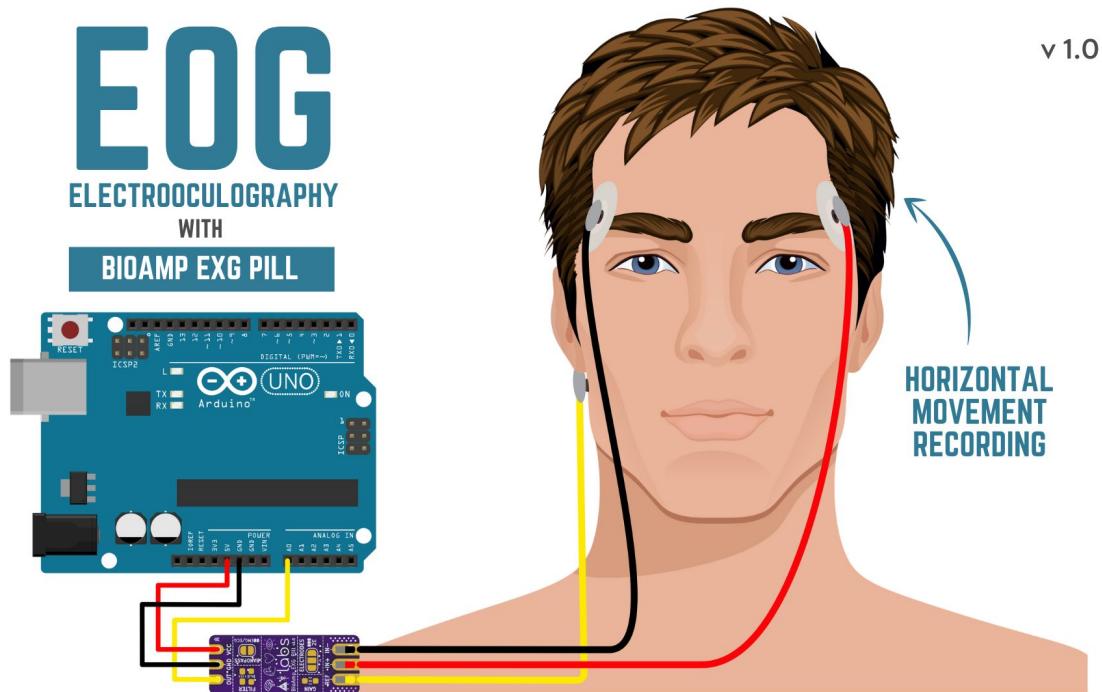


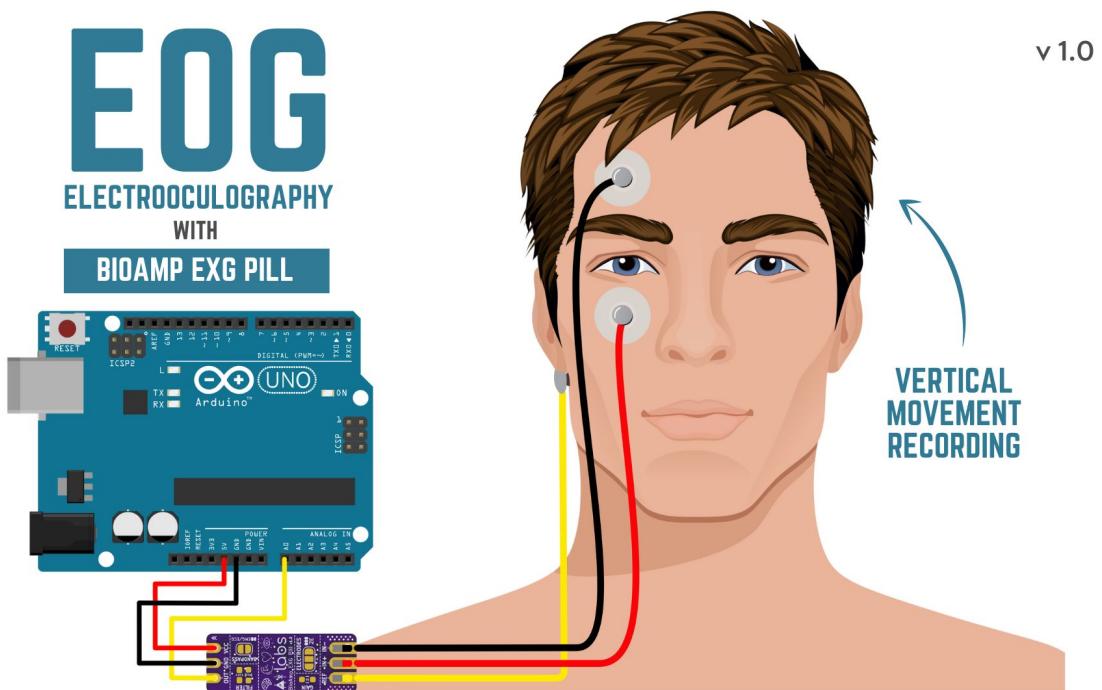
## ELECTROOCULOGRAPHY (EOG)

Electrooculography (EOG) is a technique for measuring the corneo-retinal standing potential that exists between the front and the back of the human eye. The resulting signal is called EOG. Common electrode placement for vertical & horizontal EOG recording is shown in the image below.



To measure eye movement, pairs of electrodes are typically placed either above and below the eye or to the left and right of the eye. If the eye moves from the center position toward one of the two electrodes, this electrode “sees” the positive side of the retina, and the opposite electrode “sees” the negative side of the retina. Consequently, a potential difference occurs between the electrodes. Assuming the resting potential is constant, the recorded potential is a measure of the eye’s position. The images below show electrode placement for vertical EOG recording, an EOG signal recorded with BioAmp EXG Pill and electrode placement for vertical EOG respectively.







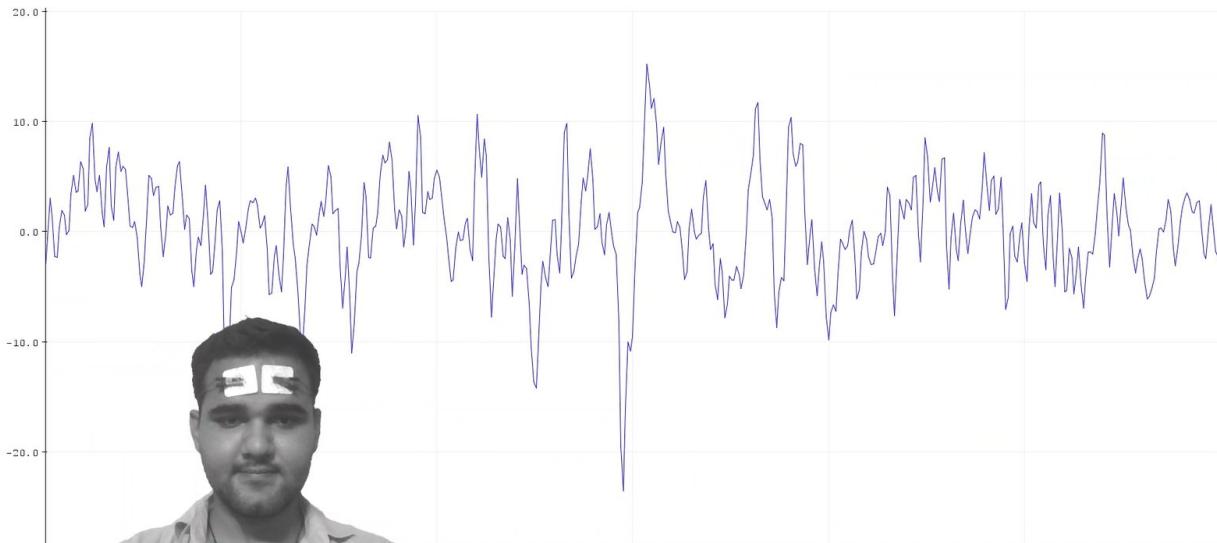
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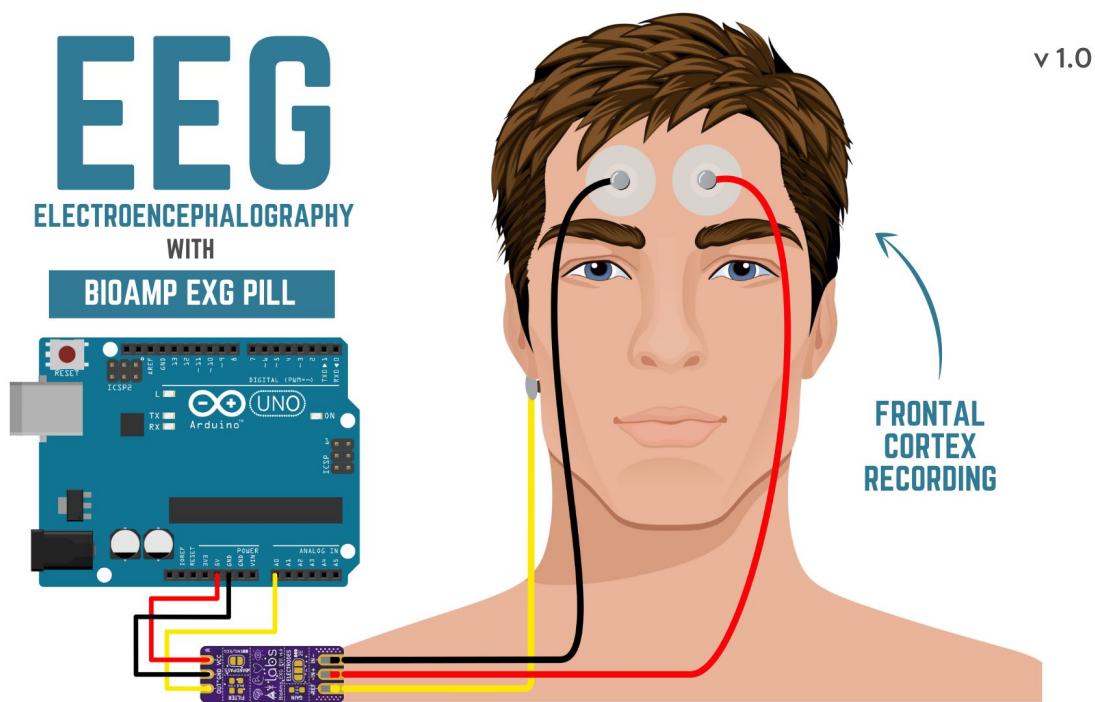
**CHAPTER  
EIGHT**

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## **ELECTROENCEPHALOGRAPHY (EEG)**

Electroencephalography (EEG) is an electrophysiological monitoring method to record electrical activity on the scalp. During the procedure, electrodes consisting of small metal discs with thin wires are pasted onto your scalp. The electrodes detect tiny electrical charges that result from the activity of your brain cells which are then amplified to appear on the computer screen. It is typically non-invasive, with the electrodes placed along the scalp. The images below show an EEG wave recorded with BioAmp EXG Pill and the electrode placement for the frontal cortex EEG recording respectively.





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**CHAPTER  
NINE**

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## **GLIMPSES OF PREVIOUS VERSIONS**

The BioAmp EXG Pill can be used in a variety of ways, the YouTube video below shows a potential way of using v0.7 of BioAmp EXG Pill.

<https://youtu.be/G3z9fvQnuw>

A lot has improved in terms of interference rejection and flexibility from v0.7 to v1.0 of the BioAmp EXG Pill. The YouTube video below shows the ECG, EMG, EOG, and EEG recording using v1.0b of device.

<https://youtu.be/z9-B9bHWuhg>



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**CHAPTER  
TEN**

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## **REAL-WORLD APPLICATIONS**

BioAmp EXG Pill is perfect for researchers, makers, and hobbyists looking for novel ways to sample biopotential data. It can be used for a wide variety of interesting biosensing projects, including:

- AI-assisted detection of congestive heart failure using CNN (ECG)
- Heart-rate variability calculation to detect heart ailments (ECG)
- Prosthetic arm (servo) control (EMG)
- Controlling a 3DOF robotic arm (EMG)
- Quantitative analysis of physical therapy for palsy (EMG)
- Real-time game controllers (EOG)
- Blink detection (EOG)
- Capturing photos with a blink of an eye (EOG)
- Controlling LEDs via brain waves (EEG)
- Patient monitoring and many more examples.



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CHAPTER  
ELEVEN

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## SOME PROJECT IDEAS

**1. Record Publication Grade ECG at Your Home Using BioAmp EXG Pill**

<https://youtu.be/l1Z8S0pUAvY>

**2. Detecting Heart Beats Using BioAmp EXG Pill**

<https://youtu.be/uB5R-vGJjJo>

**3. Measuring Heart Rate Using BioAmp EXG Pill**

[https://youtu.be/PvWtCFNK3\\_s](https://youtu.be/PvWtCFNK3_s)

**4. Recording EEG From Pre Frontal Cortex of Brain Using BioAmp EXG Pill**

<https://youtu.be/QzZh243-Ac8>

**5. Visualizing Electrical Impulses of Eyes (EOG) Using BioAmp EXG Pill**

<https://youtu.be/Txo7DjUr5Tk>

**6. Eye Blink Detection by Recording EOG Using BioAmp EXG Pill**

<https://youtu.be/4dnCX3U7LS8>

**7. Drowsiness Detector by Detecting EOG Signals Using BioAmp EXG Pill**

<https://youtu.be/h4F41mp4mWk>