
BioAmp EXG Pill

Upside Down Labs

Mar 19, 2024

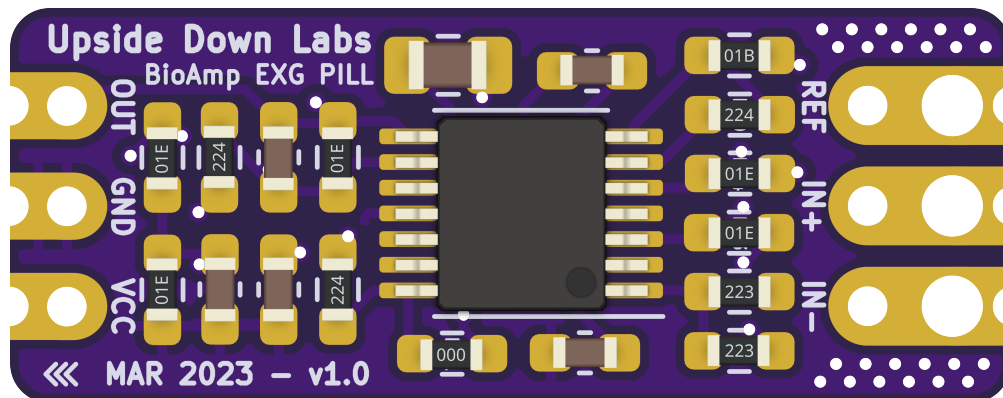
1	BioAmp EXG Pill	1
1.1	Overview	1
1.2	Features & Specifications	3
1.3	Board layout	3
1.4	ElectroMyoGraphy (EMG)	4
1.5	ElectroCardioGraphy (ECG)	5
1.6	Electrooculography (EOG)	5
1.7	Electroencephalography (EEG)	9
1.8	Glimpses of previous versions	9
1.9	Real-world Applications	11
1.10	Some project ideas	11

BIOAMP EXG PILL

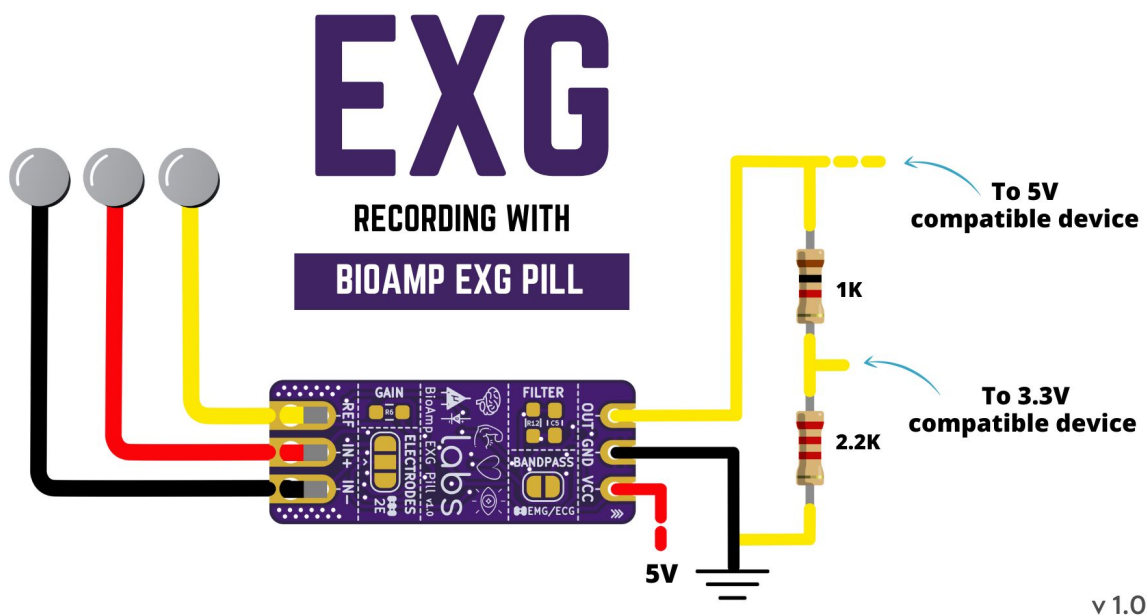
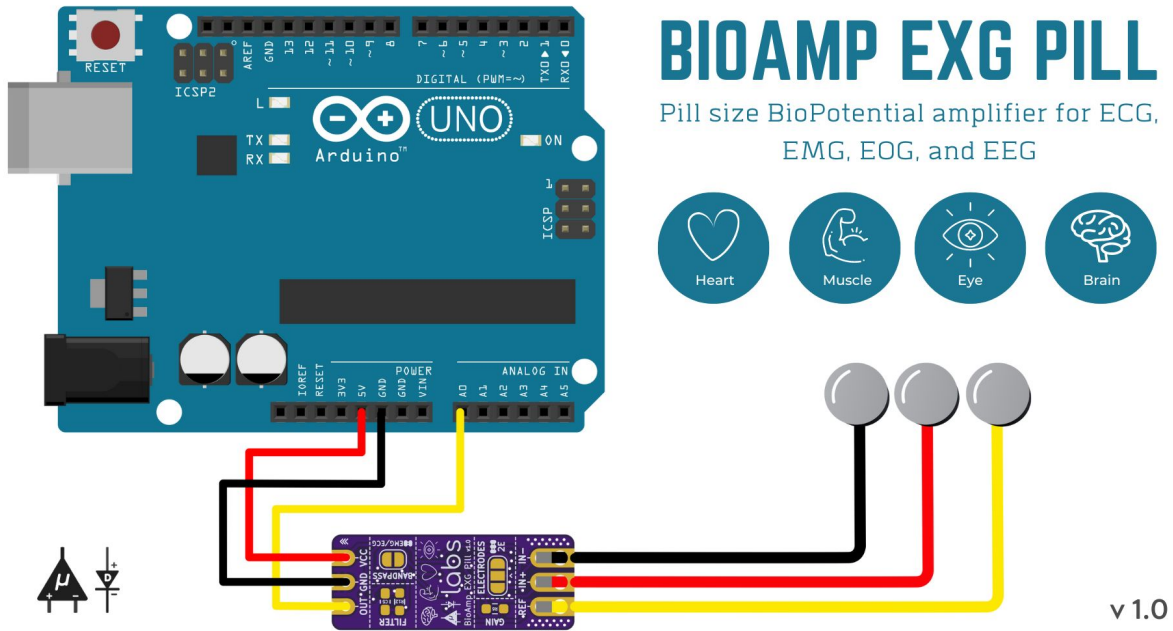
Professional-grade analog front-end amplification for ECG, EMG, EOG, and EEG biosensing on one tiny board.

1.1 Overview

BioAmp EXG Pill is a small, powerful analog-front-end (AFE) biopotential signal-acquisition board that can be paired with any microcontroller unit (MCU) or single-board computer (SBC) with an analog-to-digital converter (ADC) such as Arduino UNO & Nano, Espressif ESP32, Adafruit QtPy, STM32 Blue Pill, BeagleBone Black, and Raspberry Pi Pico, to name just a few. It also works with any dedicated ADC, like the Texas Instruments ADS1115 and ADS131M0x, among others.



BioAmp EXG Pill is capable of recording publication-quality biopotential signals like ECG, EMG, EOG, and EEG, without the inclusion of any dedicated hardware or software filters. Its small size allows easy integration into mobile and space-constrained projects, and its powerful noise rejection makes it usable even when the device is close to the AC mains supply. Any 1.5 mm diameter wire can be used as a strain-relieving electrode cable, making it very cost-effective in comparison to the other available.

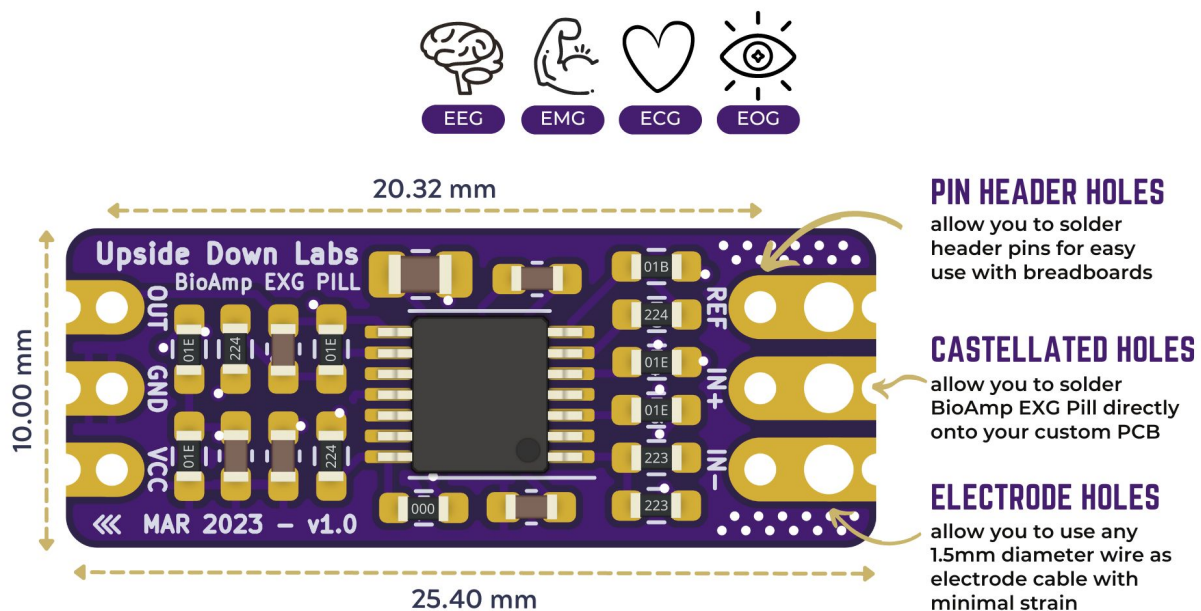


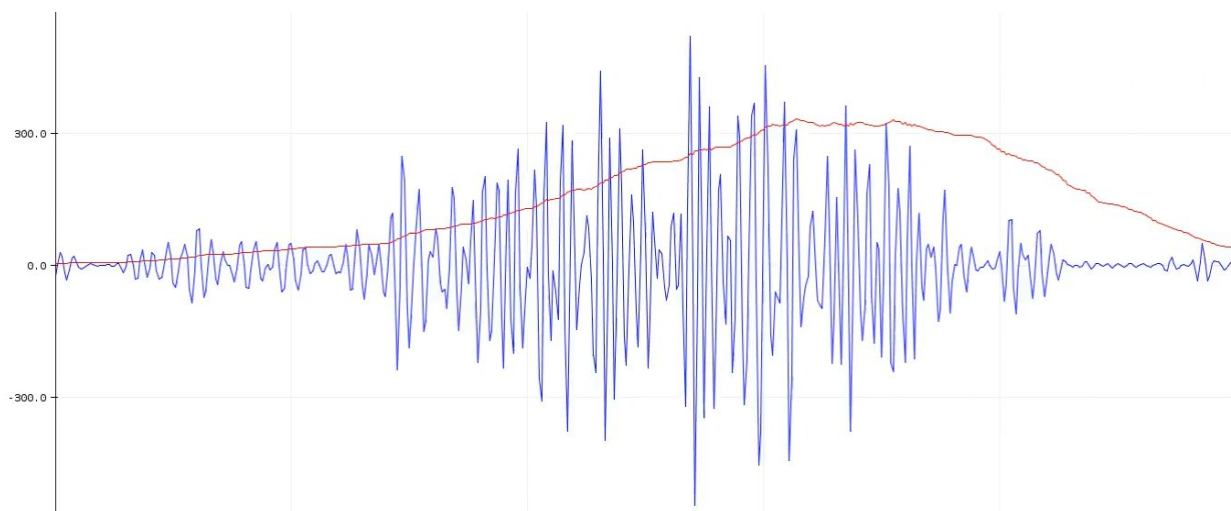
1.2 Features & Specifications

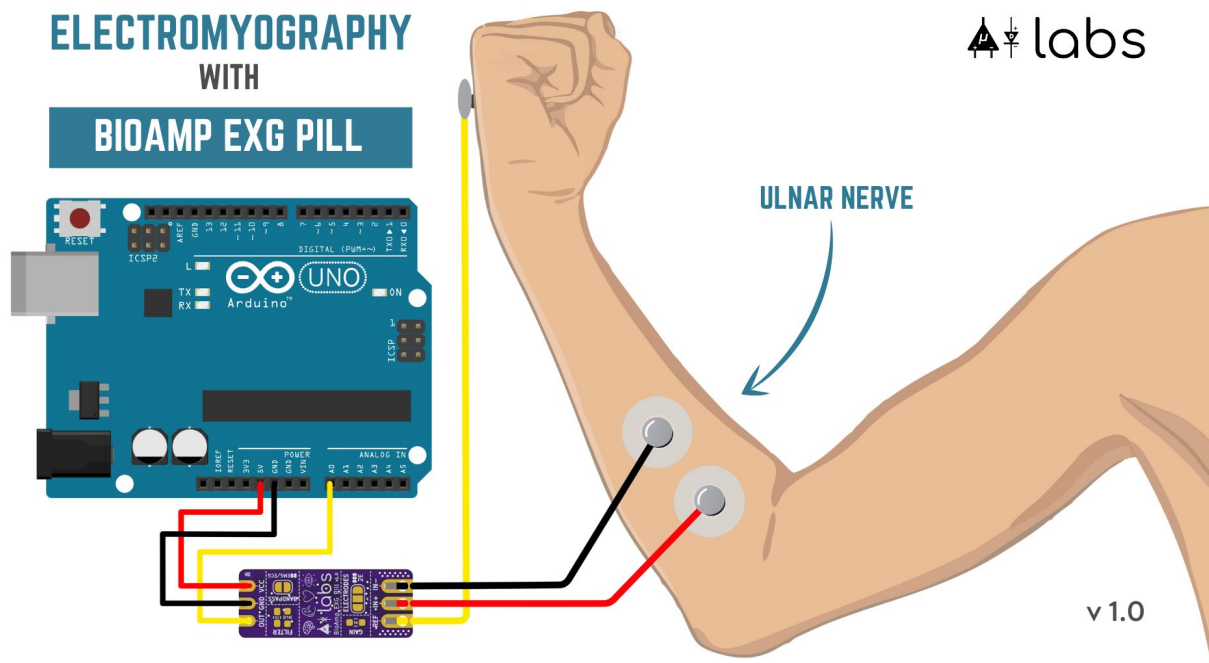
Minimum Input Voltage	4.5-40 V
Input Impedance	10^{12} ohm
Compatible Hardware	Any development board with an ADC (Arduino UNO & Nano, Espressif ESP32, Adafruit QtPy, STM32 Blue Pill, BeagleBone Black, Raspberry Pi Pico, to name just a few)
BioPotentials	EMG, ECG, EOG, EEG (configurable band-pass)
No. of channels	1
Electrodes	2 or 3 (configurable)
Dimensions	25.4 x 10 mm
Designed for use with carrier board	Yes
Open Source	Hardware + Software

1.3 Board layout

Images below shows a quick overview of the BioAmp EXG Pill hardware design.







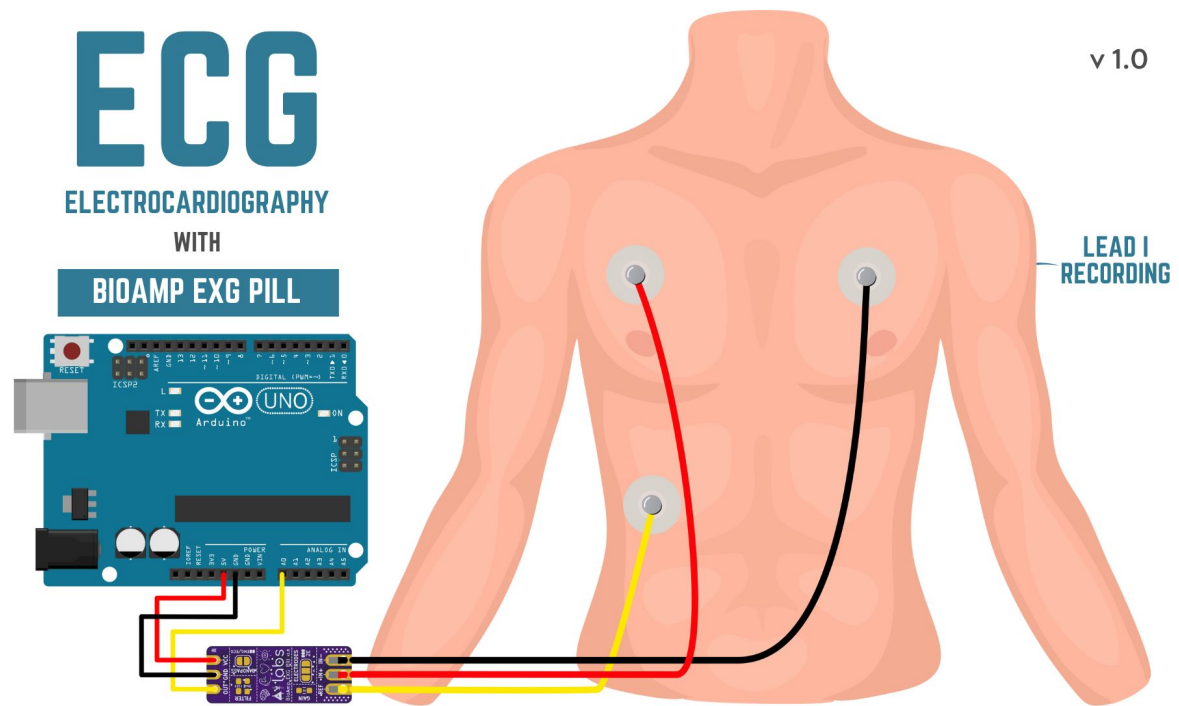
1.5 ElectroCardioGraphy (ECG)

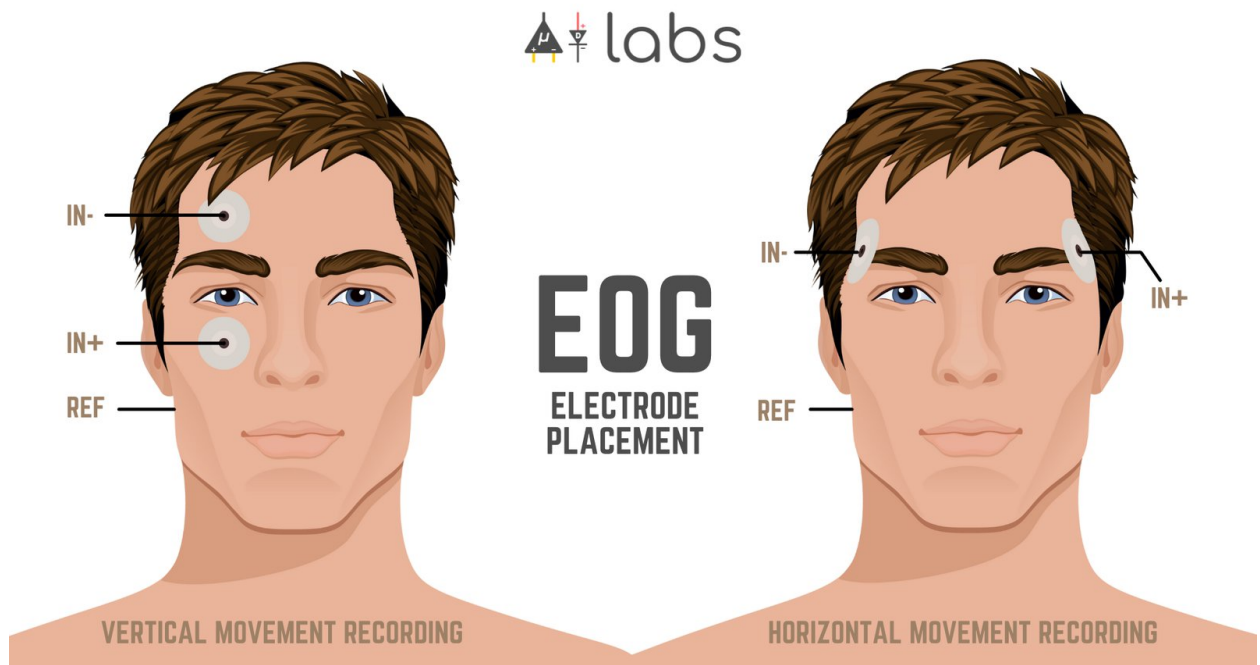
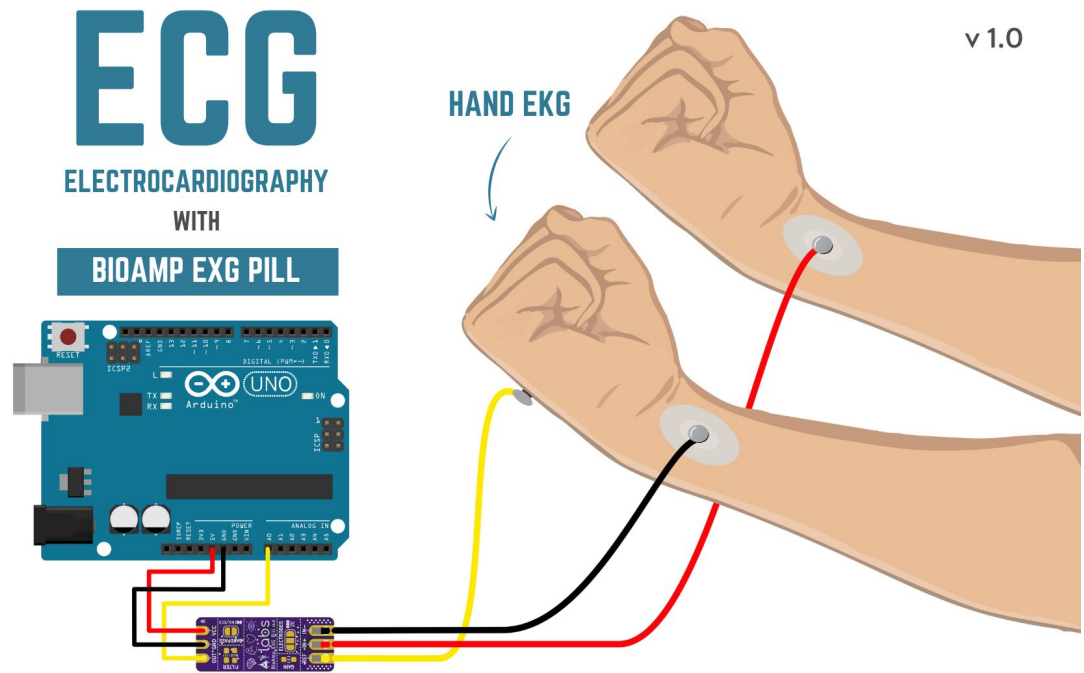
Electrocardiography (ECG) is the process of producing an electrocardiogram (ECG or EKG). It is a graph of voltage versus time of the electrical activity of the heart using electrodes placed on the skin. These electrodes detect the small electrical changes that are a consequence of cardiac muscle depolarization followed by repolarization during each cardiac cycle (heartbeat). The images below show electrode placement for lead 1 ECG recording, an ECG wave recorded with BioAmp EXG Pill and electrode placement for hand ECG/EKG recording respectively.

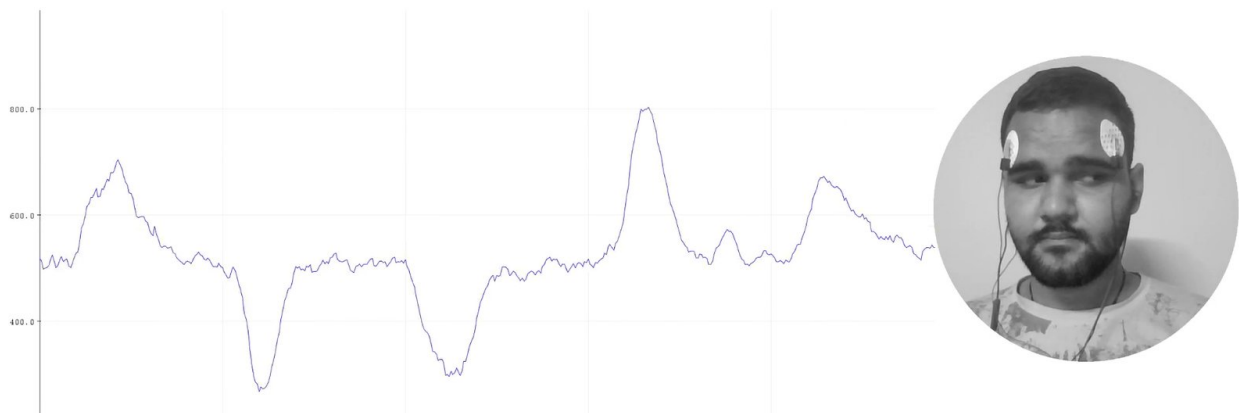
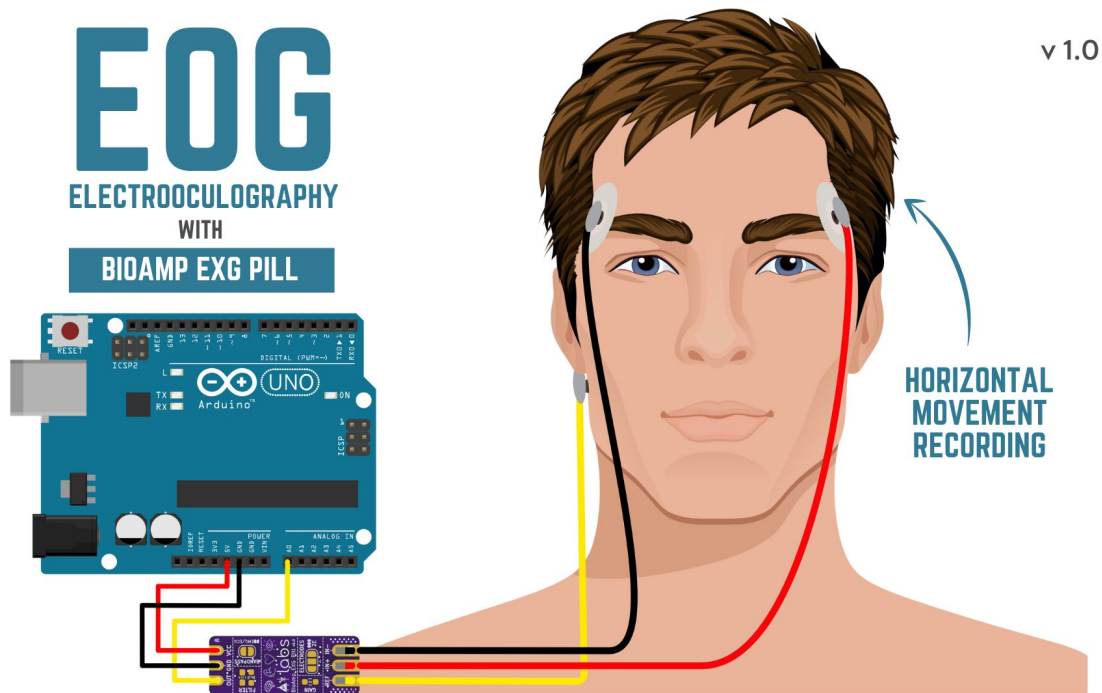
1.6 Electrooculography (EOG)

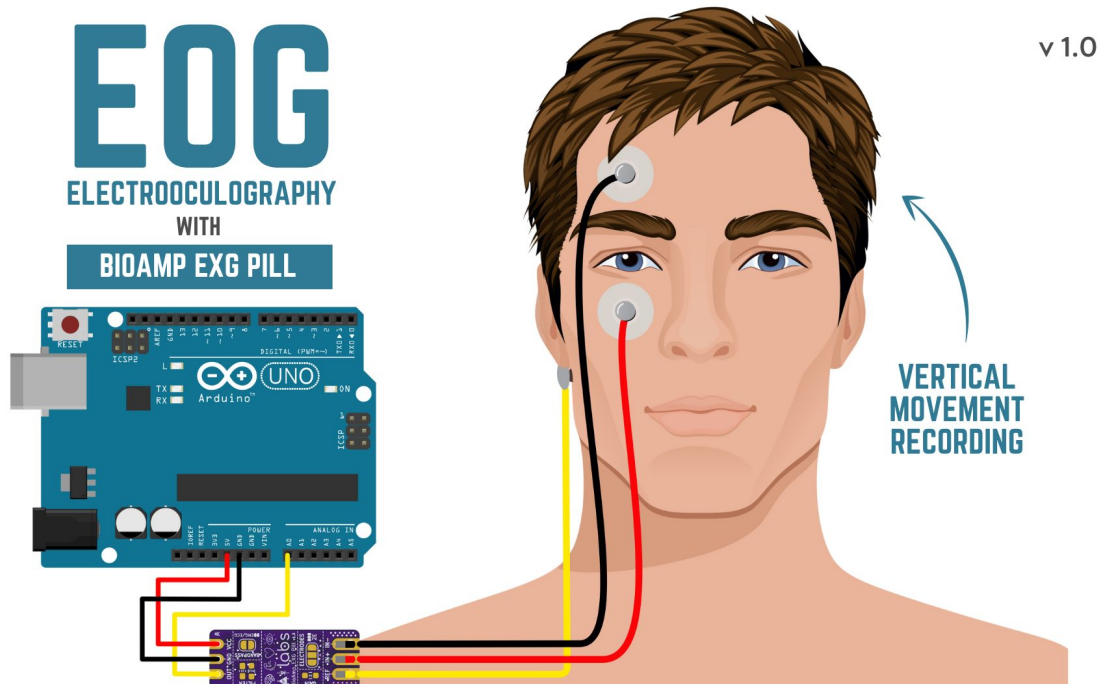
Electrooculography (EOG) is a technique for measuring the corneo-retinal standing potential that exists between the front and the back of the human eye. The resulting signal is called EOG. Common electrode placement for vertical & horizontal EOG recording is shown in the image below.

To measure eye movement, pairs of electrodes are typically placed either above and below the eye or to the left and right of the eye. If the eye moves from the center position toward one of the two electrodes, this electrode “sees” the positive side of the retina, and the opposite electrode “sees” the negative side of the retina. Consequently, a potential difference occurs between the electrodes. Assuming the resting potential is constant, the recorded potential is a measure of the eye’s position. The images below show electrode placement for vertical EOG recording, an EOG signal recorded with BioAmp EXG Pill and electrode placement for vertical EOG respectively.









1.7 Electroencephalography (EEG)

Electroencephalography (EEG) is an electrophysiological monitoring method to record electrical activity on the scalp. During the procedure, electrodes consisting of small metal discs with thin wires are pasted onto your scalp. The electrodes detect tiny electrical charges that result from the activity of your brain cells which are then amplified to appear on the computer screen. It is typically non-invasive, with the electrodes placed along the scalp. The images below show an EEG wave recorded with BioAmp EXG Pill and the electrode placement for the frontal cortex EEG recording respectively.

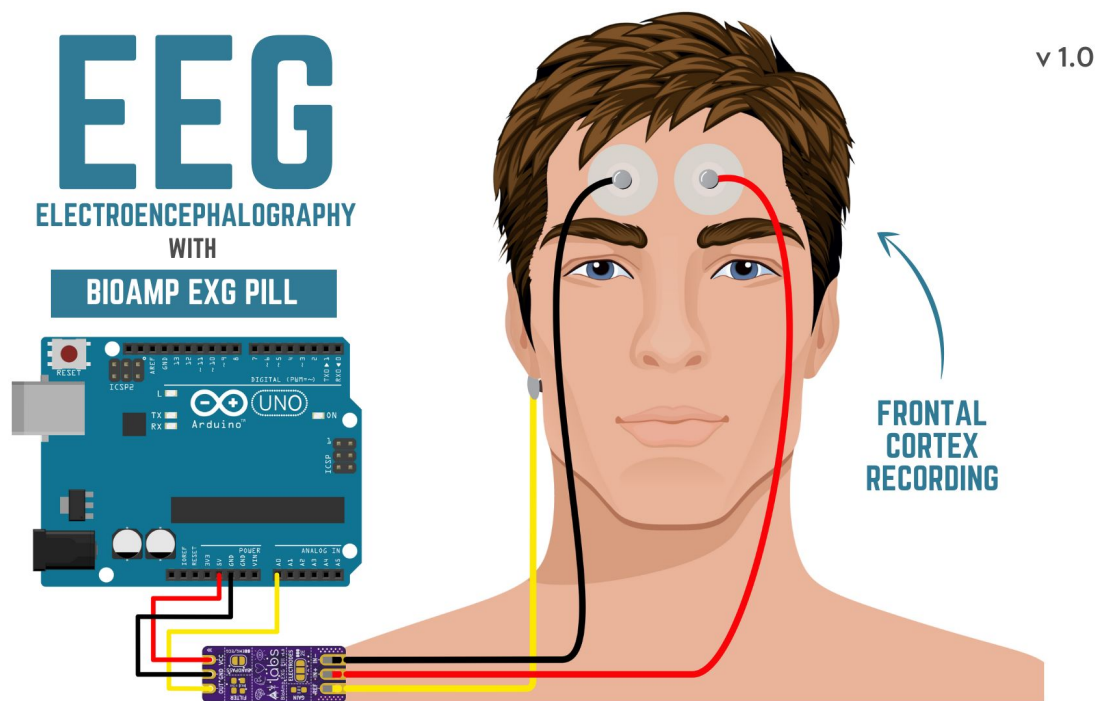
1.8 Glimpses of previous versions

The BioAmp EXG Pill can be used in a variety of ways, the YouTube video below shows a potential way of using v0.7 of BioAmp EXG Pill.

<https://youtu.be/G3z9fvQnuw>

A lot has improved in terms of interference rejection and flexibility from v0.7 to v1.0 of the BioAmp EXG Pill. The YouTube video below shows the ECG, EMG, EOG, and EEG recording using v1.0b of device.

<https://youtu.be/z9-B9bHWuhg>



1.9 Real-world Applications

BioAmp EXG Pill is perfect for researchers, makers, and hobbyists looking for novel ways to sample biopotential data. It can be used for a wide variety of interesting biosensing projects, including:

- AI-assisted detection of congestive heart failure using CNN (ECG)
- Heart-rate variability calculation to detect heart ailments (ECG)
- Prosthetic arm (servo) control (EMG)
- Controlling a 3DOF robotic arm (EMG)
- Quantitative analysis of physical therapy for palsy (EMG)
- Real-time game controllers (EOG)
- Blink detection (EOG)
- Capturing photos with a blink of an eye (EOG)
- Controlling LEDs via brain waves (EEG)
- Patient monitoring and many more examples.

1.10 Some project ideas

1. Record Publication Grade ECG at Your Home Using BioAmp EXG Pill

<https://youtu.be/l1Z8S0pUAvY>

2. Detecting Heart Beats Using BioAmp EXG Pill

<https://youtu.be/uB5R-vGJjJo>

3. Measuring Heart Rate Using BioAmp EXG Pill

https://youtu.be/PvWtCFNK3_s

4. Recording EEG From Pre Frontal Cortex of Brain Using BioAmp EXG Pill

<https://youtu.be/QzZh243-Ac8>

5. Visualizing Electrical Impulses of Eyes (EOG) Using BioAmp EXG Pill

<https://youtu.be/Txo7DjUr5Tk>

6. Eye Blink Detection by Recording EOG Using BioAmp EXG Pill

<https://youtu.be/4dnCX3U7LS8>

7. Drowsiness Detector by Detecting EOG Signals Using BioAmp EXG Pill

<https://youtu.be/h4F41mp4mWk>