$$16 u^2 - 2 u + \frac{1}{4}$$

$$16 u^2 + 4 u + \frac{1}{4}$$

$$16 u^2 - 4 u + \frac{1}{4}$$

$$16 u^2 + 2 u - \frac{1}{4}$$

## الحل:

$$4u - \frac{1}{2})^2 = (4u)$$

$$(4 u - \frac{1}{2})^2 = (4 u)^2 - 2 (4 u) (\frac{1}{2}) + (\frac{1}{2})^2$$

$$(4 u - \frac{1}{2})^{-} = (4 u)^{-} - 2 (4 u) (9 + \frac{1}{4})$$

$$= 16 u^{2} - 4 u + \frac{1}{4})$$