The domain is all values that m is allowed to be.

 $m^2 - 4 = 0$

The domain will then be all other m-values. When is this denominator equal to zero?

 $m=\pm 2$ then the domain of t is $\{m \mid m \neq 2 \text{ or } -2\}$

Since I can't divide by zero (division by zero isn't allowed,

I need to find all values of m that would cause division by zero.