Solution

To find the h-intercept, we set u equal to 0, so :

 $u(h) = h^2 + h - 2 = (-1 + h) (2 + h) = 0$

2 + h = 0 or -1 + h = 0

h = -2 or h = 1

So, the h-intercepts are at the points (-2,0) and (1,0)