

8. Solve the inequalities  $8 \leq 1 + |4x + 5|$   
express your solution sets using interval notation.

$$(-3, \frac{1}{2})$$

$$[-3, \frac{1}{2}]$$

$$(-\infty, -3] \cup [\frac{1}{2}, +\infty)$$

$$(-\infty, -3) \cup (\frac{1}{2}, +\infty)$$

**Solution**

**Intervals**

Solve:

$$8 \leq |4x + 5| + 1$$

$$7 \leq |4x + 5|$$

$$7 \leq 4x + 5 \text{ or } 4x + 5 \leq -7$$

$$7 - (5) \leq 4x \text{ or } 4x \leq -7 - (5)$$

$$2 \leq 4x \text{ or } 4x \leq -12$$

Divide each side by 4

$$8 \leq |4x + 5| + 1$$

$$x \leq -3 \text{ or } x \geq \frac{1}{2}$$