$$(v-3) (v+1) (v+2)$$
 $v^2 (v+2)$

1. $v^3 + v^2 - 8v - 12$ has a factor (v - (-2)) compute all other factors:

(v - 1) v (v + 2)

 $(v-3)(v+2)^2$

Solution

Apply Long Division.

 $(V-3) (V+2)^2$