4.

To find the vertical asymptote :
We must set the denominator equal to 0 and solve:
$j^4-16=0$
$(j^2-4)(j^2+4)=0$
$(j^2-4)=0$
$(j-2)(j+2)=0$
$j=2$ or $j=-2$
There is vertical asymptote at $j=2$ and at $j=-2$
To find the horizontal asymptote :
First we must compare the degrees of the polynomials.
The numerator contains a 3^{rd} degree polynomial while the denominator contains a 4^{th} degree polynomial.
Since the polynomial in the numerator is a lower degree than the denominator, the horizontal asymptote is located at $h=0$.
To find the oblique asymptote :
Since the degrees of the numerator are less than the degrees of the denominator, this rational does not have an oblique asymptote