3. Given the function $c(v) = v^2 + v$, the average rate of change from v=-1 to v=6 is:

Solution

Using the average rate of change formula:

The average rate of change =
$$\frac{c(6)-c(-1)}{6-(-1)}$$

 $= \frac{(1(6)^2+1(6))-(1(-1)^2+1(-1))}{7}$ $=\frac{42-0}{7}$