Solution

To find the vertex, we look at the coefficients in the function $r(x) = ax^2 + bx + c$

in this equation, a = 1 and b = 8

The first coordinate of the vertex has the formula: $rac{-b}{-b}$ now, plugging into formula to get:

The second coordinate of the vertex is $r(-4) = 1(-4)^2 + 8(-4) - 3$

Therefore, the vertex of the graph of f is (-4,-19)

 $\frac{-b}{2a} = -\frac{8}{2(1)} = -4$

= - 19