$$36 \text{ w}^2 - \frac{6 \text{ w}}{7} + \frac{1}{49}$$

$$36 w^{2} + \frac{12 w}{7} + \frac{1}{49}$$
$$36 w^{2} - \frac{12 w}{7} + \frac{1}{49}$$

$$36 w^2 - \frac{12 w}{7} + \frac{1}{49}$$
$$36 w^2 + \frac{6 w}{7} - \frac{1}{49}$$

$$(6 \text{ W} - \frac{1}{7})^2 = (6 \text{ W})^2 - 2(6 \text{ W})(\frac{1}{7}) + (\frac{1}{7})^2)$$

= $36 \text{ W}^2 - \frac{12 \text{ W}}{7} + \frac{1}{49})$