Solution

The second coordinate of the vertex is $t(-\frac{1}{2}) = 2(-\frac{1}{2})^2 + 2(-\frac{1}{2}) - 3$

Therefore, the vertex of the graph of f is $(-\frac{1}{2}, -\frac{7}{2})$

To find the vertex, we look at the coefficients in the function $\mathsf{t}\left(\mathsf{y}\right) = \mathsf{ay}^2 + \mathsf{by} + \mathsf{c}$

The first coordinate of the vertex has the formula: $\frac{-b}{2a}$ now, plugging into formula to get:

 $\frac{-b}{2a} = -\frac{2}{2(2)} = -\frac{1}{2}$

in this equation, a=2 and b=2