The domain is all values that u is allowed to be.
Since I can't divide by zero (division by zero isn't allowed,

The domain will then be all other u-values. When is this denominator equal to zero?

 $4~u^4+9=0$ impossible , then the domain of t is $(-\infty,\infty)$ i.e. $u\in\mathbb{R}$

I need to find all values of u that would cause division by zero.