3.
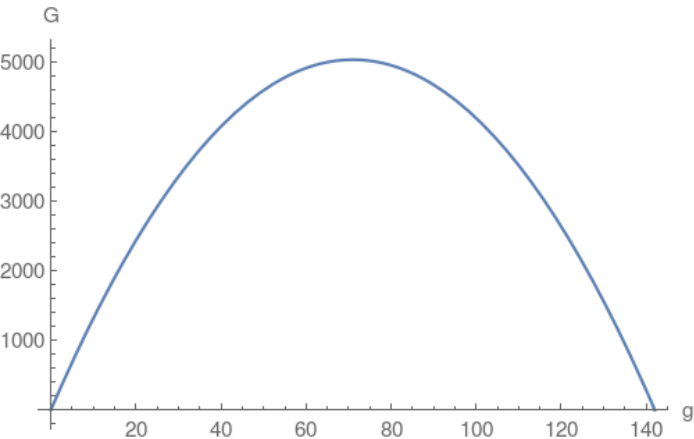
3. Perimeter of rectangle $= 2(g+a) = 284$ where a is the length of the other edge of rectangle. Area of the rectangle is $= g \times a$.

Use perimeter equation and solve for $a = \frac{284-2g}{2}$

Then reformulate the area $G = g \times a = 142\,g - g^2$ which turns out to be a quadratic Parabola:

Compute the vertex $\frac{284}{4}$ and then plug the vertex into the area which will compute the maximum area.