Solution

To find the vertex, we look at the coefficients in the function $q(r) = ar^2 + br + c$ in this equation, a=2 and b=3

The first coordinate of the vertex has the formula:
$$\frac{-b}{2a}$$
 now, plugging into formula to get:

 $\frac{-b}{2a} = -\frac{3}{2(2)} = -\frac{3}{4}$

The second coordinate of the vertex is $q(-\frac{3}{4}) = 2(-\frac{3}{4})^2 + 3(-\frac{3}{4}) - 5$

Therefore, the vertex of the graph of f is $\left(-\frac{3}{4}, -\frac{49}{8}\right)$