Solution

To find the vertex, we look at the coefficients in the function $\mathsf{p}\left(\mathsf{j}\right) = \mathsf{aj}^2 + \mathsf{bj} + \mathsf{c}$

in this equation, a = 3 and b = 3The first coordinate of the vertex has the formula: $\frac{-b}{2a}$ now, plugging into formula to get:

 $\frac{-b}{2a} = -\frac{3}{2(3)} = -\frac{1}{2}$

The second coordinate of the vertex is $p(-\frac{1}{2}) = 3(-\frac{1}{2})^2 + 3(-\frac{1}{2}) - 5$

Therefore, the vertex of the graph of f is $(-\frac{1}{2}, -\frac{23}{4})$