Solution

 $\frac{-b}{2a} = -\frac{2}{2(2)} = -\frac{1}{2}$

The first coordinate of the vertex has the formula: $\frac{-b}{2a}$ now, plugging into formula to get:

To find the vertex, we look at the coefficients in the function $p(r) = ar^2 + br + c$ in this equation, a=2 and b=2

The second coordinate of the vertex is $p(-\frac{1}{2}) = 2(-\frac{1}{2})^2 + 2(-\frac{1}{2}) - 4$

Therefore, the vertex of the graph of f is $(-\frac{1}{2}, -\frac{9}{2})$