Solution

To find the u-intercept, we set y equal to 0, so :

 $y(u) = u^2 - 4 = (-2 + u) (2 + u) = 0$

2 + u = 0 or -2 + u = 0

So, the u-intercepts are at the points (-2,0) and (2,0)

u = -2 or u = 2