Solution

To find the vertex, we look at the coefficients in the function $\mathsf{j}\left(\mathsf{q}\right) = \mathsf{aq}^2 + \mathsf{bq} + \mathsf{c}$ in this equation, a=2 and b=6

The first coordinate of the vertex has the formula:
$$\frac{-b}{2a}$$
 now, plugging into formula to get:

 $\frac{-b}{2a} = -\frac{6}{2(2)} = -\frac{3}{2}$

The second coordinate of the vertex is $j(-\frac{3}{2}) = 2(-\frac{3}{2})^2 + 6(-\frac{3}{2}) - 4$

Therefore, the vertex of the graph of f is $(-\frac{3}{2}, -\frac{17}{2})$