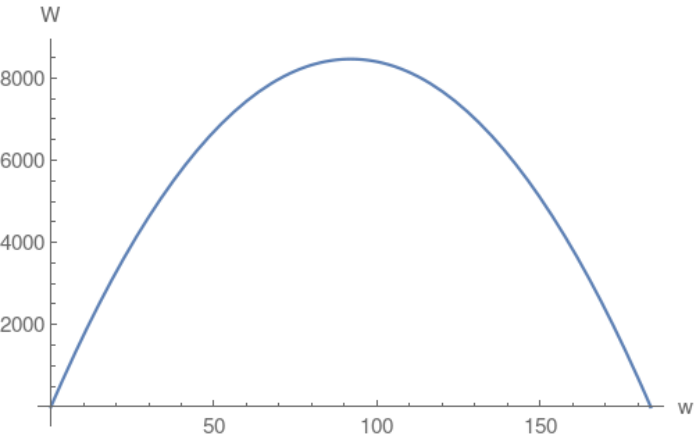
1.

1. Perimeter of rectangle $= 2(w+a) = 368$ where a is the length of the other edge of rectangle. Area of the rectangle is $= w \times a$.
Use perimeter equation
and solve for $a = \frac{368-2w}{2}$

Then reformulate the area $W = w \times a = 184\,w - w^2$ which turns out to be a quadratic Parabola:



Compute the vertex $\frac{368}{4}$ and then plug the vertex into the area which will compute the maximum area.