1.
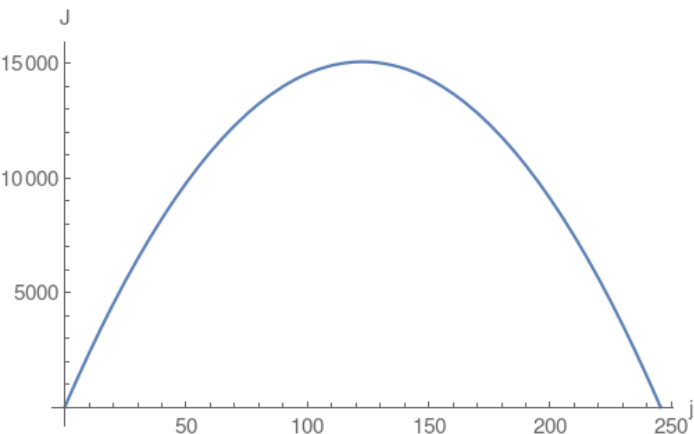
1. Perimeter of rectangle $= 2(j+a) = 491$ where a is the length of the other edge of rectangle. Area of the rectangle is $= j \times a$.
Use perimeter equation
and solve for $a = \frac{491-2j}{2}$

Then reformulate the area $J = j \times a = \frac{491j}{2} - j^2$ which turns out to be a quadratic Parabola:

Compute the vertex $\frac{491}{4}$ and then plug the vertex into the area which will compute the maximum area.