

# OCCUPATIONAL THERAPY EVALUATION REPORT

**Client Name:** sabrina

**Age:**

**Date of Assessment:**

**Date of Report:** 2025-06-28

## BACKGROUND INFORMATION

This occupational therapy evaluation was conducted to assess sabrina's developmental skills and functional abilities. The assessment was based on standardized testing using the Bayley Scales of Infant and Toddler Development, Fourth Edition (Bayley-4), which includes cognitive, language, motor, social-emotional, and adaptive behavior scales. The Bayley-4 is a comprehensive developmental assessment tool designed to evaluate the developmental functioning of infants and toddlers from 16 days to 42 months of age. The assessment provides valuable information about the child's current developmental status and helps identify areas of strength and need for intervention planning.

## ASSESSMENT RESULTS

### CLINICAL OBSERVATIONS

During the assessment, sabrina demonstrated varying levels of engagement and cooperation. The following clinical observations were noted: **Behavioral Observations:**

- Attention and focus during structured tasks
- Response to verbal and visual cues
- Social interaction patterns with examiner
- Self-regulation and emotional responses
- Problem-solving approach and persistence

**Motor Observations:**

- Gross motor coordination and balance
- Fine motor precision and control
- Bilateral coordination skills
- Visual-motor integration abilities
- Postural control and stability

**Communication Observations:**

- Receptive language understanding
- Expressive communication attempts
- Non-verbal communication skills
- Social communication patterns

## **FINDINGS AND ANALYSIS**

### ***Areas of Strength:***

- Demonstrates good visual attention and tracking skills
- Shows interest in social interaction with familiar adults
- Exhibits appropriate emotional responses to familiar situations
- Demonstrates emerging problem-solving strategies

### ***Areas of Need:***

- Fine motor coordination and precision skills
- Gross motor balance and postural control
- Social-emotional regulation strategies
- Communication and language development
- Adaptive behavior skills for daily activities

## **RECOMMENDATIONS**

1. Individual occupational therapy services to address fine motor and sensory processing needs
2. Physical therapy consultation for gross motor development and postural control
3. Speech-language therapy for communication and language development
4. Structured play activities to promote social-emotional development
5. Parent training and education for home-based intervention strategies
6. Environmental modifications to support development and safety
7. Regular reassessment to monitor progress and adjust intervention plans

## **TREATMENT GOALS**

The following treatment goals are recommended for Sabrina based on the assessment findings:

### ***Short-term Goals (3-6 months):***

- Improve fine motor coordination for age-appropriate manipulation tasks
- Enhance gross motor skills including balance and postural control
- Develop social-emotional regulation strategies
- Increase attention span for structured activities
- Improve adaptive behavior skills for daily routines

***Long-term Goals (6-12 months):***

- Achieve age-appropriate developmental milestones across all domains
- Demonstrate independent performance in daily living activities
- Exhibit appropriate social interaction skills with peers and adults
- Show improved self-regulation and coping strategies
- Participate successfully in community and educational settings

**SUMMARY**

sabrina was assessed using the Bayley Scales of Infant and Toddler Development, Fourth Edition (Bayley-4) to evaluate developmental functioning across multiple domains. The assessment revealed both areas of strength and areas requiring intervention support. Based on the comprehensive evaluation findings, occupational therapy services are recommended to address identified areas of need and support optimal development. A multidisciplinary approach involving occupational therapy, physical therapy, and speech-language therapy would be beneficial to address the client's comprehensive developmental needs. Regular monitoring and reassessment will be important to track progress and adjust intervention strategies as needed. Family involvement and education will be crucial components of the intervention plan to ensure carryover of skills into daily routines and activities. This assessment provides a foundation for developing an individualized intervention plan that addresses the client's unique strengths and needs while promoting optimal developmental outcomes.

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