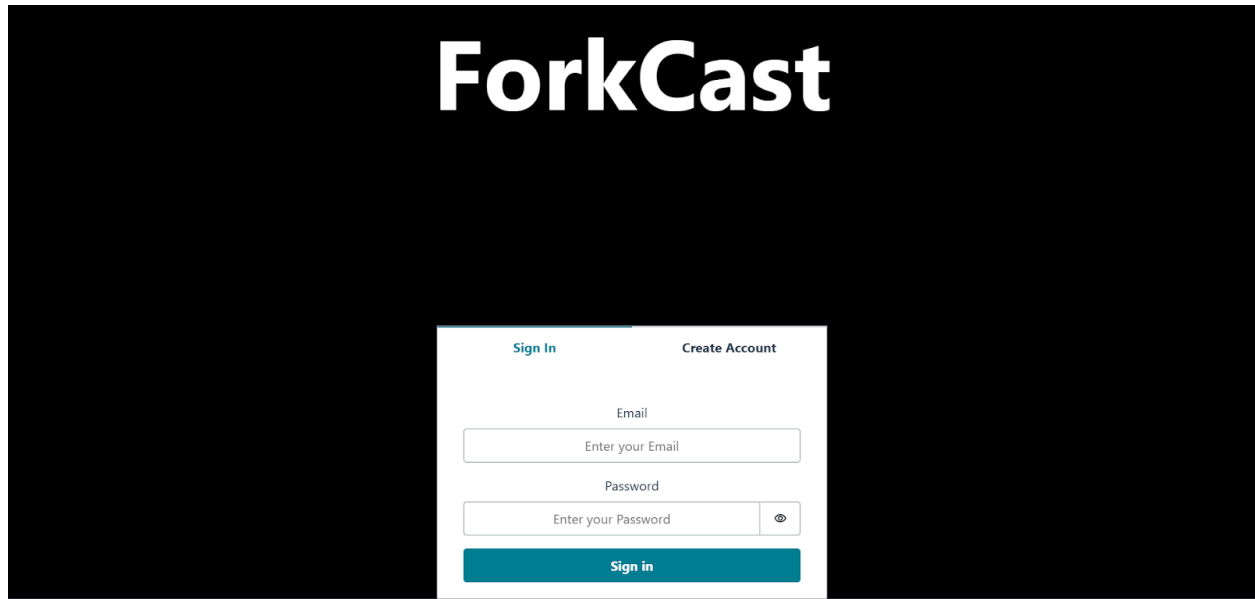
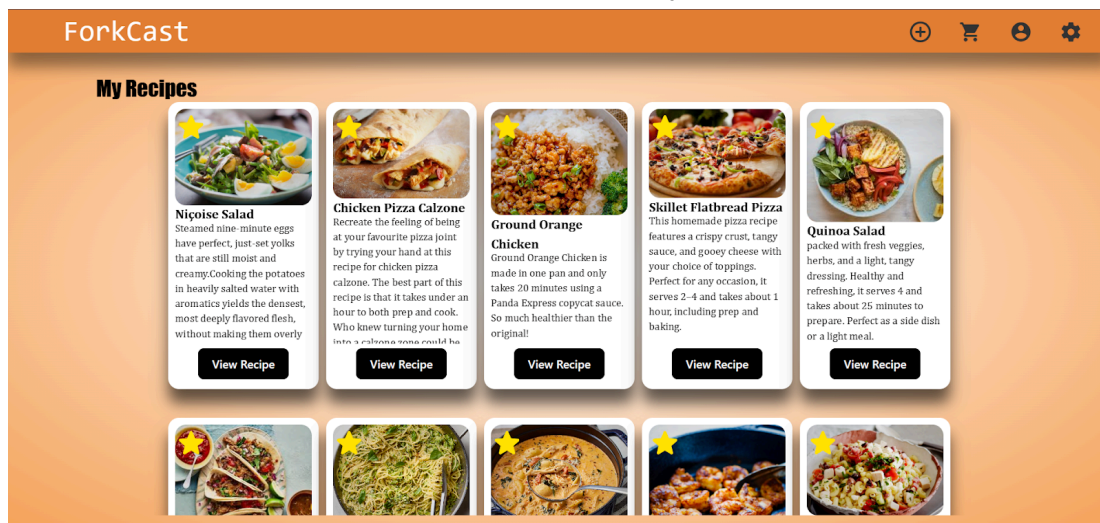


User Manual

The first step for every user will be to create an account with ForkCast, which is done easily with the help of Amazon Cognito. Users are prompted to enter their email address, and to create and confirm a password. After confirming their email, they will always sign in through this sign-in page here:



Upon successful sign-in, they will be prompted to go to the main page for ForkCast, which is where the user will find all of their recipes, once they add them.



A first time user should go straight to the profile page to start adding all of their liked and disliked foods. The profile icon looks like this:



Upon successful navigation to the profile page, the user will see a collection of select menus to modify. The Liked Foods and Disliked Foods have a collection of the most common ingredients, but if needed, the user can also create their own to use. The Diet section has all of the most popular diets, and the intolerance section has the most common intolerances

The image shows two versions of a 'Profile' form. The left version is a static form with four 'Select...' dropdown menus for 'Liked Foods', 'Disliked Foods', 'Diet', and 'Intolerances', and a 'Save' button at the bottom. The right version shows the 'Diet' dropdown menu open, displaying a list of diet options: Ketogenic, Vegetarian, Lacto-Vegetarian, Ovo-Vegetarian, Vegan, Pescetarian, and Paleo. The 'Diet' section in the right version also shows 'Gluten Free' selected in the dropdown, with 'linguine' and 'broccoli' listed in the 'Liked Foods' and 'Disliked Foods' sections respectively.

Once the user is done modifying their profile, they can click save and have all of their preferences saved for use when submitting a meal request.

The button to make a meal request looks like this:



And on press, the user will be presented with this popup:

Request Meal

Add Custom Meal

Preferred Cuisines

Select...

▼

Cuisines to Exclude

Select...

▼

Request

Cancel

Submit

Here, the user will be able to select what kind of cuisine they would like to include or exclude, which is optional, as well as a specific kind of prompt or meal they would like to give to our AI. On submit, they will be presented with multiple recipes, and they can select to favorite some to put on their main page for future use, as seen under “My Recipes”

Alternatively, a user can choose to import their own recipe in the “Add Custom Meal” section, where they will be prompted to fill out various parts of the recipe, such as the recipe name, description, ingredient list, and instructions.

Request Meal

Add Custom Meal

Recipe Title

Recipe Description

Ingredients

Item name

Measurement

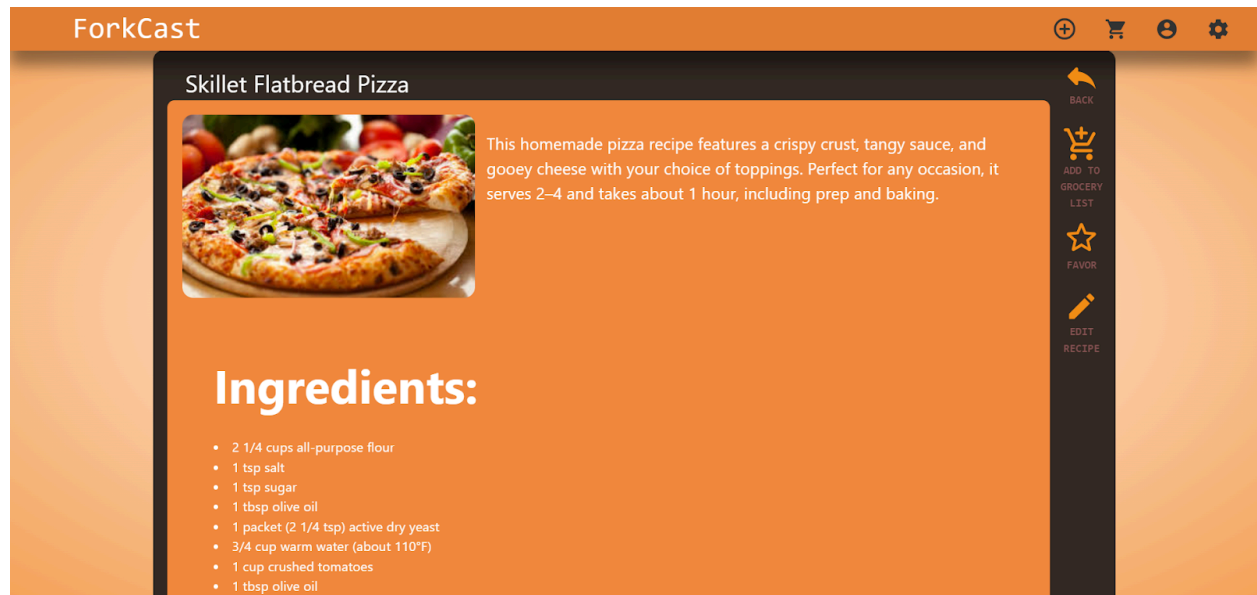
Add Item

Recipe Instructions

Cancel

Submit

The last part of our website that users may find helpful is the grocery list. While looking at a recipe, the user can export the ingredients to the grocery list.



From the grocery list, the user can add or delete items, and can easily check off any ingredient that they get.

