**自我健康状况监测表**

**Personal Health Monitoring Form**

姓名Name：李俊彦，护照号Passport No.：EJ5151230

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **7天** 7 Days | **日期** Date | **体温** | **是否与核酸阳性人员有过近距离接触** | **是否有发热、乏力、呼吸道不适等疑似症状** | **是否服用退烧药、感冒药等药物** |
| 第1天 Day 1 | **2022-09-06** | **36.9** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第2天 Day 2 | **2022-09-07** | **36.4** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第3天 Day 3 | **2022-09-08** | **37.0** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第4天 Day 4 | **2022-09-09** | **36.8** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第5天 Day 5 | **2022-09-10** | **36.3** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第6天 Day 6 | **2022-09-11** | **36.7** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第7天 Day 7 | **2022-09-12** | **36.3** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |

**本人保证以上填写信息真实、准确、完整，除外出检测、转机外均自我闭环管理，并知悉我将承担瞒报的法律后果。**I hereby declare that the information provided above is true, accurate and complete, and I have been in self-isolation during last 7 days except for required tests and transit flight. I am aware of the legal consequences in the case of partial or false disclosures.

**本人签名Signature：李俊彦 联系电话Telephone Number：4389410358\_**

**自我健康状况监测表**

**Personal Health Monitoring Form**

姓名Name：李俊彦，护照号Passport No.：EJ5151230

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| --- | --- | --- | --- | --- | --- |
| **7天** 7 Days | **日期** Date | **体温** | **是否与核酸阳性人员有过近距离接触** | **是否有发热、乏力、呼吸道不适等疑似症状** | **是否服用退烧药、感冒药等药物** |
| 第1天 Day 1 | **2022-09-13** | **36.3** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第2天 Day 2 | **2022-09-14** | **36.9** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第3天 Day 3 | **2022-09-15** | **36.1** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第4天 Day 4 | **2022-09-16** | **37.0** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第5天 Day 5 | **2022-09-17** | **36.3** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第6天 Day 6 | **2022-09-18** | **36.4** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第7天 Day 7 | **2022-09-19** | **36.5** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |

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**自我健康状况监测表**

**Personal Health Monitoring Form**

姓名Name：李俊彦，护照号Passport No.：EJ5151230

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| **7天** 7 Days | **日期** Date | **体温** | **是否与核酸阳性人员有过近距离接触** | **是否有发热、乏力、呼吸道不适等疑似症状** | **是否服用退烧药、感冒药等药物** |
| 第1天 Day 1 | **2022-09-20** | **37.1** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第2天 Day 2 | **2022-09-21** | **36.2** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第3天 Day 3 | **2022-09-22** | **36.9** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第4天 Day 4 | **2022-09-23** | **36.8** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第5天 Day 5 | **2022-09-24** | **36.8** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第6天 Day 6 | **2022-09-25** | **36.5** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第7天 Day 7 | **2022-09-26** | **36.5** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |

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**自我健康状况监测表**

**Personal Health Monitoring Form**

姓名Name：李俊彦，护照号Passport No.：EJ5151230

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| --- | --- | --- | --- | --- | --- |
| **7天** 7 Days | **日期** Date | **体温** | **是否与核酸阳性人员有过近距离接触** | **是否有发热、乏力、呼吸道不适等疑似症状** | **是否服用退烧药、感冒药等药物** |
| 第1天 Day 1 |  |  | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第2天 Day 2 |  |  | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第3天 Day 3 |  |  | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第4天 Day 4 |  |  | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第5天 Day 5 |  |  | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第6天 Day 6 |  |  | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |
| 第7天 Day 7 |  |  | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** | 是Yes□ 否No**☑** |

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