

# Nedlastningsguide for R og RStudio

Louisa Boulaziz

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## Å laste ned R - en guide (på engelsk)

1. Open an internet browser and go to [www.r-project.org](http://www.r-project.org).
2. Click the "download R" link in the middle of the page under "Getting Started."
3. Select a CRAN location (a mirror site) and click the corresponding link. Here you should go to Norway click on the link.
4. Click on the "Download R for Windows" or the version for your computer. Link at the top of the page. The next page you enter needs to read carefully if you have an old Mac.
5. Click on the "install R for the first time" link at the top of the page (Windows). Mac users have to choose the version of R that is suitable for their Software system. Old Macbook-users needs to make sure that they click on the link for their software. If you are unsure about your software click the apple in the left hand corner and go to about this mac, there it will say macOS followed by the name of the software.
6. Click "Download R for Windows" and save the executable file somewhere on your computer. Run the .exe file and follow the installation instructions.
7. Now that R is installed, you need to download and install RStudio.

### Å laste ned RStudio (nok en guide på engelsk)

1. Go to [www.rstudio.com](http://www.rstudio.com) and click on the "Download RStudio" button.
2. Click on "Download RStudio Desktop."
3. Click on the version recommended for your system, or the latest Windows version, and save the executable file. Run the .exe file and follow the installation instructions.

### Etter nedlastning prøv å kjør følgende koder:

- `## Dette er en kommentar ##`
- `# === Dette er også en kommentar === #`
- `1+2`
- `10 / 5`
- `10*100`