


Zi Ting You

Department of Psychology, University of Toronto
Toronto, ON, Canada

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Education

PhD in Psychology 2021 - present
University of Toronto
Faculty Advisor: Dr. Elizabeth Page-Gould

MA in Psychology 2020 - 2021
University of Toronto
Faculty Advisor: Dr. Elizabeth Page-Gould
Thesis: *Reaching across the aisle: An investigation of inter-political group contact*

BA in Peace, Conflict & Justice with high distinction 2016 - 2020
University of Toronto
Faculty Advisor: Dr. Paola Salardi
Thesis: *Ethnicity, Social Grievance, & Civil Wars*

Articles

You, Z. & Lee, S. W. S. (2024). Explanations of and interventions against affective polarization cannot afford to ignore the power of ingroup norm perception. *PNAS Nexus*, 3(10), <https://doi.org/10.1093/pnasnexus/pgae286>

Niemi, L., Stanley, M., Kljajic, M., **You, Z.**, & Doris, J. M. (2024). Political orientation and moral judgment of sexual misconduct. *Journal of Social and Political Psychology*, 11(2), 478-500. <https://doi.org/10.5964/jspp.9823>

SUBMITTED MANUSCRIPTS

You, Z., Page-Gould, E., Thai, S., & Le Forestier, J. M. The psychological boundaries of political groups. [Pre-Print <https://osf.io/5qvea>]

Manuscripts in progress (draft available)

You, Z., Page-Gould, E., Thai, S., & Le Forestier, J. M. Who is your ingroup? Racial group identification and minority coalitions.

You, Z., Page-Gould, E., Thai, S., & Le Forestier, J. M. Using experience sampling to examine the relationships between intergroup anxiety and intergroup contact between political groups.

Non-refereed reports and publications

Niemi, L., Leone, C., *Boychuk, N., *Hadjis, Z., *Roussos, G., *Warchol, M., & ***You, Z.** (2019). Extraordinary duties, extraordinary stressors: Assessing the need and potential for innovative approaches to first responders' stress injuries. *Ontario Ministry of the Solicitor General*

*contributed equally

Presentations

You, Z., Page-Gould E., Thai, S., & Le Forestier, J. M. (February 2024). Distinguishing the between- and within-person effects of intergroup contact. *Society for Personality and Social Psychology Annual Convention* (San Diego, CA).

You, Z. & Page-Gould E. (July 2023) Identifying political group boundaries. 46th Annual Scientific Meeting of the *International Society of Political Psychology* (Montreal, QC).

You, Z. & Page-Gould E. (February 2023) Identifying political group boundaries. *Society for Personality and Social Psychology Annual Convention - Early Career Data Blitz* (Atlanta, GA).

* Evaluated in top 2% of submissions

You, Z., Page-Gould E., Thai, S., & Le Forestier, J. M. (February 2022) Great divides: An experience sampling test of intergroup contact theory in political groups. *Society for Personality and Social Psychology Annual Convention - Early Career Data Blitz* (Talk delivered virtually).

* Evaluated in top 2% of submissions

You, Z. (July 2022) Data Blitz. *University of Toronto Summer Psychology Research Initiative (SPRINT)*

INVITED TALKS

You, Z. (March 2024) Identifying political group boundaries. *Social and Personality Research Group* (Toronto, ON).

You, Z. (December 2021) Don't try to change me: Intergroup anxiety as a barrier to political intergroup contact. *Social and Personality Research Group* (Talk delivered virtually).

You, Z. (October 2021) Reaching across the aisle: An investigation of inter-political group contact. *SPRQL Lab Meeting* (Talk delivered virtually).

CONFERENCE POSTERS

You, Z. & Page-Gould E. (February 2024). Political ingroup categorization. *Society for Personality and Social Psychology Annual Convention Political Psychology Pre-Conference* (San Diego, CA).

You, Z., Page-Gould E., Thai, S., & Le Forestier, J. M. (June 2022) Intergroup anxiety predicts intergroup contact motivation. *Social for the Psychological Study of Social Issues Annual Conference* (San Juan, PR).

You, Z., Page-Gould E., Thai, S., & Le Forestier, J. M. (January 2022) Don't try to change me: Intergroup anxiety as a barrier to political intergroup contact. *Psychology Graduate Student Association Symposium* (Presented virtually).

Grants, fellowships, and awards

FELLOWSHIPS

Ontario Graduate Scholarship (\$15 000 CAD)	2023-2024
Ontario Graduate Scholarship Program	

Canada Graduate Scholarship - Masters (\$17 500 CAD)	2020-2021
Social Sciences and Humanities Research Council of Canada	

PROJECT GRANTS

Grant-In-Aid (\$1000 USD) 2023
Society for the Psychological Study of Social Issues

AWARDS

Graduate Program Travel and Conference Award (\$1500 CAD) 2023
University of Toronto

Early Career Committee Travel Award (\$500 USD) 2023
International Society of Political Psychology

School of Graduate Studies (SGS) Conference Grant (\$1250 CAD) 2023
University of Toronto

Best Poster Award 2022
Psychology Graduate Students Association Symposium

School of Graduate Studies (SGS) Conference Grant (\$100 CAD) 2021
University of Toronto

Faculty of Arts & Science Domestic Graduate Entrance Award (\$1250 CAD) 2020
University of Toronto

Psychology Graduate Program Award (\$750 CAD) 2020
University of Toronto

University of Toronto Student Leadership Award 2020
University of Toronto

Petro and Paraskewia Wjunenko Memorial Scholarship (\$1100 CAD) 2020
University of Toronto

Robert Patrick Student Initiative Award (\$900 CAD) 2020
University of Toronto

Innis College Exceptional Achievement Award (\$350 CAD) 2020
University of Toronto

Innis College Recognition Award 2020
University of Toronto

Wasser Achievement Award (\$800 CAD) 2019
University of Toronto

Marjorie E. Simonds Travel Award (\$3000 CAD) 2018
University of Toronto

Taddle Creek Residence Life Award (\$2500 CAD) 2018
University of Toronto

President's Entrance Scholarship (\$2000 CAD) 2016
University of Toronto

Service

Psychology Undergraduate Research Community 2022; 2024
Mentor, Workshop Presenter

Quantitative Training for Intersectional Diversity in Engineering
(Quant-TIDE) 2021 - 2022
Co-Organizer

Psychology Graduate Student Association Symposium 2021 - 2022
Keynote Committee Head

Working Women Community Centre 2022
Volunteer Tutor

Teaching experience

TEACHING ASSISTANTSHIPS

Department of Psychology, University of Toronto St. George

Lead Writing Teaching Assistant June 2022 - April 2023

PSY100: Introductory Psychology (3 semesters)

PSY220: Social Psychology

PSY230: Personality and its Transformations (3 semesters)

PSY240: Abnormal Psychology

PSY320: Social Cognition: Attitudes

PSY322: Intergroup Relations (3 semesters)

Department of Psychology, University of Toronto Scarborough

PSYB70: Methods in Psychological Science

LECTURES

Inter-minority collaboration and well-being (guest lecture)

November 2022 (2 sections), November 2023, October 2024

PSY322: Intergroup Relations, University of Toronto

Managing the graduate school application process (invited workshop)

June 2021, June 2022, June 2023, July 2024

[Canada Summer Research Opportunity Program](#)

The academic writing process (workshop)

March 2021

Psychology 322: Intergroup Relations, University of Toronto

UNDERGRADUATE MENTORSHIP

Shi, S. (w/ Elizabeth Page-Gould) 2024

Project: Context affects the probability of inter-minority collaborations

Velev, N. (w/ Spike W. S. Lee)	2023 - 2024
Project: Thinking about you thinking of me: An exploration of the impact of intergroup contact on meta-perceptions among political partisans	
Jiang, J. (w/ Spike W. S. Lee)	2022 - 2024
Project: How can changing norm perceptions reduce affective polarization?	

Additional experience

RESEARCH POSITIONS

Research Assistant	2023
Public Health Agency of Canada (PHAC) Behavioural Science Office (BeSciO)	

CERTIFICATES AND WORKSHOPS

Advanced University Teaching Preparation Certificate	expected 2024
Summer Institute for Social and Personality Psychology (SISPP)	2023
Self-Regulation Course	

RESEARCH ASSISTANTSHIPS

Mind and Body Laboratory (PI: Dr. Spike W. S. Lee)	2019-2020
Rotman School of Management, University of Toronto	
Center for Infant Cognition (PI: Dr. Kiley Hamlin)	2019
University of British Columbia	
Applied Moral Psychology Laboratory (PI: Dr. Laura Niemi)	2018-2019
Munk School of Global Affairs and Public Policy, University of Toronto	

PROFESSIONAL AFFILIATIONS

Society for Personality and Social Psychology	2020-Present
Society for the Psychological Study of Social Issues	2022-Present
International Society of Political Psychology	2023-Present