Zi Ting (Louisa) You

Department of Psychology, University of Toronto Toronto, ON, Canada

Education

PhD in Psychology 2021 - present

University of Toronto

Faculty Advisor: Dr. Elizabeth Page-Gould

MA in Psychology 2020 - 2021

University of Toronto

Faculty Advisor: Dr. Elizabeth Page-Gould

Thesis: Reaching across the aisle: An investigation of inter-political group contact

Honours BA in Peace, Conflict & Justice with high distinction 2016 - 2020

University of Toronto

Faculty Advisor: Dr. Paola Salardi

Thesis: Ethnicity, Social Grievance, & Civil Wars

Research areas: intergroup relations, intergroup contact, racial identity, political polarization

Publications

Published: Journal Articles

You, Z. & Lee, S. W. S. (2024). Explanations of and interventions against affective polarization cannot afford to ignore the power of ingroup norm perception. PNAS Nexus, 3(10), https://doi. org/10.1093/pnasnexus/pgae286

Niemi, L., Stanley, M., Kljajic, M., You, Z., & Doris, J. M. (2024). Political orientation and moral judgment of sexual misconduct. Journal of Social and Political Psychology, 11(2), 478-500. https: //doi.org/10.5964/jspp.9823

UNDER REVIEW: JOURNAL ARTICLES

You, Z., Page-Gould, E., Thai, S., & Le Forestier, J. M. The psychological boundaries of political groups. [Pre-Print https://osf.io/5qvea]

IN PREPARATION: JOURNAL ARTICLES

Thai, S., Page-Gould, E., & Lockwood, P., Sharples, A., You, Z., & Le Forestier, J. M. When two is better than one: The benefits of studying two events in daily life.

You, Z. & Page-Gould, E. Are you (with) me? Asian American ingroup categorization and identification.

You, Z., Page-Gould, E., Thai, S., & Le Forestier, J. M. Who are my people? A dynamic model of Asian Americans' intergroup contact, cooperation, and conflict.

You, Z., Page-Gould, E., Thai, S., & Le Forestier, J. M. Distinctiveness versus belonging: Supporting ingroup identities can facilitate cooperation with other minorities.

Non-Refereed Publications

Niemi, L., Leone, C., *Boychuk, N., *Hadjis, Z., *Roussos, G., *Warchol, M., & *You, Z. (2019). Extraordinary duties, extraordinary stressors: Assessing the need and potential for innovative approaches to first responders' stress injuries. *Ontario Ministry of the Solicitor General*

Presentations

CHAIRED SYMPOSIUM

Le Forestier, J. M.& You, Z. (2024). Advancing intergroup contact research through methodological innovation in field contexts. *Society for Personality and Social Psychology* Annual Convention (San Diego, CA).

CONFERENCE TALKS

You, Z., Page-Gould E., Thai, S., & Le Forestier, J. M. (May 2025). Different Degrees of Intergroup: A Model of Asian American Ingroups and Intergroup Contact Experiences. Paper presented at the *Association for Psychological Science* Annual Convention (Washington, DC).

Page-Gould, E. & You, Z. (February 2025). Keynote speech delivered at the *Society for Personality* and *Social Psychology* Annual Convention Social Cognition Pre-Conference (Denver, CO).

You, Z., Page-Gould E., Thai, S., & Le Forestier, J. M. (February 2024). Distinguishing the between- and within-person effects of intergroup contact. Paper presented at the *Society for Personality and Social Psychology* Annual Convention (San Diego, CA).

You, Z. & Page-Gould E. (July 2023) Identifying political group boundaries. Paper presented at the 46th Annual Scientific Meeting of the *International Society of Political Psychology* (Montreal, QC).

tVelev, N. & You, Z. (March 2023) Thinking about you thinking about me: An exploration of the impact of intergroup contact on meta-perceptions among political partisans. Paper presented at the *Trinity College Undergraduate Research Conference* (Toronto, Canada).

You, Z. & Page-Gould E. (February 2023) Identifying political group boundaries. Paper presented at the *Society for Personality and Social Psychology* Annual Convention - Early Career Data Blitz (Atlanta, GA). Evaluated in **top 2**% of submissions

You, Z., Page-Gould E., Thai, S., & Le Forestier, J. M. (February 2022) Great divides: An experience sampling test of intergroup contact theory in political groups. Paper presented at the *Society for Personality and Social Psychology* Annual Convention - Early Career Data Blitz (Talk delivered virtually). Evaluated in **top 2**% of submissions

† Indicates mentee coauthor

^{*} Indicates equal contribution

INVITED TALKS

- **You, Z.** (March 2024) Identifying political group boundaries. Paper presented at the *Social and Personality Research Group* (Toronto, ON).
- **You, Z.** (July 2022) Data Blitz. *University of Toronto Summer Psychology Research Initiative (SPRINT)*
- **You, Z.** (December 2021) Don't try to change me: Intergroup anxiety as a barrier to political intergroup contact. Paper presented at the *Social and Personality Research Group* (Talk delivered virtually).

CONFERENCE POSTERS

- **You, Z.** & Page-Gould E. (February 2025). Who is your ingroup? Racial group identification and minority coalitions. *Society for Personality and Social Psychology* Annual Convention & Critical Perspectives in Psychology Pre-Conference (Denver, CO).
- **You, Z.** & Lee, S. W. S. (February 2025). Explanations of and interventions against affective polarization cannot afford to ignore the power of ingroup norm perception. *Society for Personality and Social Psychology* Annual Convention Political Psychology Pre-Conference (Denver, CO).
- **You, Z.** & Page-Gould E. (February 2024). Political ingroup categorization. *Society for Personality and Social Psychology* Annual Convention Political Psychology Pre-Conference (San Diego, CA).
- **You, Z.**, Page-Gould E., Thai, S., & Le Forestier, J. M. (June 2022) Intergroup anxiety predicts intergroup contact motivation. *Social for the Psychological Study of Social Issues* Annual Conference (San Juan, PR).
- **You, Z.**, Page-Gould E., Thai, S., & Le Forestier, J. M. (January 2022) Don't try to change me: Intergroup anxiety as a barrier to political intergroup contact. *Psychology Graduate Student Association* Symposium (Presented virtually).

Grants, fellowships, and awards

FELLOWSHIPS

Ontario Graduate Scholarship (\$15 000 CAD)

2023-2024

Ontario Graduate Scholarship Program

Canada Graduate Scholarship - Masters (\$17 500 CAD) Social Sciences and Humanities Research Council of Canada 2020-2021

PROJECT GRANTS

Grant-In-Aid (\$1000 USD)

2023

Society for the Psychological Study of Social Issues

Role: Principal Investigator

Awards

Doctoral Completion Award (\$8000 CAD)

2025

University of Toronto

Graduate Department of Psychology Conference Travel Award (\$500 CAD) University of Toronto	2025
Graduate Program Travel and Conference Award (\$1500 CAD) University of Toronto	2023
Early Career Committee Travel Award (\$500 USD) International Society of Political Psychology	2023
School of Graduate Studies (SGS) Conference Grant (\$1250 CAD) University of Toronto	2023
Best Poster Award Psychology Graduate Students Association Symposium	2022
School of Graduate Studies (SGS) Conference Grant (\$100 CAD) University of Toronto	2021
Faculty of Arts & Science Domestic Graduate Entrance Award (\$1250 CAD) University of Toronto	2020
Psychology Graduate Program Award (\$750 CAD) University of Toronto	2020
University of Toronto Student Leadership Award University of Toronto	2020
Petro and Paraskewia Wjunenko Memorial Scholarship (\$1100 CAD) University of Toronto	2020
Robert Patrick Student Initiative Award (\$900 CAD) University of Toronto	2020
Innis College Exceptional Achievement Award (\$350 CAD) University of Toronto	2020
Innis College Recognition Award University of Toronto	2020
Wasser Achievement Award (\$800 CAD) University of Toronto	2019
Marjorie E. Simonds Travel Award (\$3000 CAD) University of Toronto	2018
Taddle Creek Residence Life Award (\$2500 CAD) University of Toronto	2018
President's Entrance Scholarship (\$2000 CAD) University of Toronto	2016

Teaching

TEACHING ASSISTANT COORDINATOR

Lead Writing Teaching Assistant

2022-2023

Department of Psychology, University of Toronto St. George

TUTORIAL INSTRUCTOR

PSYB70: Methods in Psychological Science

2022

Department of Psychology, University of Toronto Scarborough

TEACHING ASSISTANT

PSY100: Introductory Psychology	2021; 2022
PSY220: Social Psychology	2022; 2025
PSY230: Personality and its Transformations	2020; 2023; 2024
PSY240: Abnormal Psychology	2022
PSY320: Social Cognition: Attitudes	2024
PSY322: Intergroup Relations	2021; 2023; 2024
Department of Psychology University of Toronto St. George	

Department of Psychology, University of Toronto St. George

Guest Lecturer

Inter-minority contact

2024

PSY322: Intergroup Relations, University of Toronto

New research in intergroup contact

2023

PSY322: Intergroup Relations, University of Toronto

Inter-minority collaboration and well-being

2022 (2 sections)

PSY322: Intergroup Relations, University of Toronto

Undergraduate Supervision

Waschke, A. (w/ Elizabeth Page-Gould)

2025

Project: Dynamics of multi-level group identification

Awarded University of Toronto Excellence Award (\$7500)

Shi, **S.** (w/ Elizabeth Page-Gould)

2024

Project: Context affects the probability of inter-minority collaborations

Awarded University of Toronto Excellence Award (\$7500)

Velev, N. (w/ Spike W. S. Lee)

2023-2024

Project: Thinking about you thinking of me: An exploration of the impact of intergroup contact on metaperceptions among political partisans

Jiang, J. (w/ Spike W. S. Lee)

2022-2024

Project: How can changing norm perceptions reduce affective polarization?

Service

Mentorship & Volunteerism Poster Judge 2025 Psychology Graduate Student Association Symposium, University of Toronto Mentor, Workshop Presenter, Poster Judge 2022; 2024 Psychology Undergraduate Research Community, University of Toronto Mentor, Workshop Presenter, Data Blitz Presenter 2022; 2025 Summer Psychology Research Initiative (SPRINT), University of Toronto **Volunteer Tutor** 2022 Working Women Community Centre, Toronto Volunteer 2021 Psychology Graduate Program Orientation, University of Toronto **EVENT ORGANIZATION** Co-Organizer 2021-2022 Quantitative Training for Intersectional Diversity in Engineering, University of Toronto **Keynote Committee lead** 2021-2022 Psychology Graduate Student Association Symposium, University of Toronto WORKSHOP LEADER **Statistical Methods** 2025 Summer Psychology Research Initiative (SPRINT), University of Toronto Academic Writing Using R Markdown 2025 Department of Psychology, University of Toronto Managing graduate school applications (developed materials) 2025 Department of Psychology, York University Managing graduate school applications (invited workshop) 2021; 2022; 2023; 2024 Canada Summer Research Opportunity Program The academic writing process (workshop) 2021 Department of Psychology, University of Toronto

AD HOC PEER REVIEWER

Personality and Social Psychology Bulletin Self and Identity

Additional experience

Professional Positions

Statistical Advisor 2025 - present

University of Toronto Statistics Help Center

Statistical Consultant 2025 - present

Lockwood Laboratory

Research Assistant 2023

Public Health Agency of Canada (PHAC) Behavioural Science Office (BeSciO)

CERTIFICATES & TRAINING

Advanced University Teaching Preparation Certificate 2024

Workshop list available on request

Summer Institute for Social and Personality Psychology (SISPP) 2023

Course: Self-Regulation

Quantitative Training for Intersectional Diversity in Engineering 2022

Courses: Deep Learning, Multilevel Modeling, Structural Equation Modelling

RESEARCH ASSISTANT

Mind and Body Laboratory (PI: Dr. Spike W. S. Lee) 2019-2020

Rotman School of Management, University of Toronto

Center for Infant Cognition (PI: Dr. Kiley Hamlin) 2019

Department of Psychology, University of British Columbia

Applied Moral Psychology Laboratory (PI: Dr. Laura Niemi) 2018-2019

Munk School of Global Affairs and Public Policy, University of Toronto

Professional affiliations

Society for Personality and Social Psychology Society for the Psychological Study of Social Issues

International Society of Political Psychology

Association for Psychological Science