



When you give an order or an instruction (especially a set of instructions guiding the use of equipment) you give directions.

**Direction is also something one gives**

How do we know which way to turn to reach our destination?

offer an approach to how bodies take shape

It is by understanding how we become orientated in moments of dis-orientation that we might learn what it means to be orientated in the first place. Kant, in his classic essay "What Does It Mean to Orient Oneself in the bodily horizon."