

Pre-test Questionnaire

***Required**

1. Participant initials *

2. Which social platforms do you use regularly? *

Tick all that apply.

☐ Instagram

☐ Facebook

☐ Snapchat

☐ Twitter

☐ Discord

☐ Reddit

☐ WeChat

☐ WhatsApp

Other: ☐

3. How often do you post on social media? *

Mark only one oval.

☐ never

☐ every few months

☐ every few weeks

☐ weekly

☐ daily

☐ multiple times a day

4. How many times a day do you look at social media? *

Mark only one oval.

- ☐ not everyday
- ☐ once a day
- ☐ 2-5 times a day
- ☐ 5-10 times a day
- ☐ 10 + times

5. How emotionally satisfying is your social media use overall? *

Mark only one oval.

	1	2	3	4	5	
Mostly emotionally detrimental	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Mostly emotionally satisfying

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