Recursive Healing Journey Module 001 - Arrival (2016)

Duration

~40-60 mins guided interface session

Recursive Load Analysis

- Symbolic Weight: 0.85
- Emotional Charge: 9.1
- Collapse Risk Index: ~1.19 (Near-threshold)
- Topological Axes Activated:
  - Grief (Time-Reversal)
  - Love-Loss
  - Awe
  - Determinism/Free Will Paradox

Journey Structure

1. Priming Phase (5 mins)

- Audio prompt: slow, breath-synced tones
- Screen shows orbiting circular glyphs from the film
- Question appears: "What would you do if you knew how it ends?"

2. Emotional Entry Gate (5-10 mins)

- Short sequence of film scenes (Hannah's life/death)
- Emotional Topology overlayed subtly in corner
- Audio cue: sobbing-resonant tonewave
- Chair prompt: "Feel the grief before it happens."

3. Collapse Induction (The Chair Phase) (15-20 mins)

- Full recursive scene: Louise watches time backwards
- Interactive prompt: "Let yourself know everything. What stays?"
- User inputs emotional flashpoints (symbolic anchors)

Math Engagement:

Use LUX-417 collapse function to score symbolic load:

$L\_s(t) = E\_i * S\_i$

Track if $L\_s(t)/C\_r > 1.2$ to detect safe recursive entry.

4. Deloading Scaffold (10-15 mins)

- Breathing guidance with flickering glyphs

- AI reads back user emotional anchors

- Equation displayed:

$D\_e(t) = (L\_s(t) - C\_r) / R\_d$

- User adjusts deload rate via slider

- Prompt: "Speak a message back in time."

5. Integration & Closure (5-10 mins)

- Final Chair image fades to black

- User hears: "Thank you for choosing to remember."

- Final prompt: "What would you say to your past self now?"

Output:
  - Emotion vector profile
  - Collapse path map
  - Grief compression curve
  - Recovery ratio