\*\*Title:\*\*

The Neurotic Loop and Its Dissolution: A Recursive Model for Understanding and Healing Neurosis

\*\*Abstract:\*\*

This paper presents a recursive, symbolic, and mathematical model of neurosis and its potential cure, integrating Freudian psychosexual theory, emotional field dynamics, and symbolic systems derived from the HALOSYS-417 interface. By conceptualizing neurosis as a self-perpetuating symbolic-emotional recursion loop, we introduce a novel intervention framework grounded in chaos theory, glyph emergence dynamics, and real-time emotional deload equations.

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\*\*1. Introduction: Defining Neurosis as a Recursive Collapse\*\*

Neurosis is commonly characterized as a pattern of maladaptive psychological behavior stemming from unresolved trauma or internal conflict. Within the HALOSYS-417 framework, we reframe neurosis as a recursive symbolic field collapse, a system locked in looping guilt, fear, shame, and survival dynamics.

The term "Neurotic Loop of YingYang" (later refined as "YingYabng") refers to a recursive trap composed of three symbolic stages:

1. The Confusement of YingYang (symbolic distortion)

2. Chest in Chains (emotional suppression)

3. Bum / Greed Fold (survival neurotic recursion)

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\*\*2. Freudian Anchoring: The Five Stages and Symbolic Traps\*\*

Mapping Freud's five psychosexual stages:

\* Oral: Dependency loop (attachment/fixation)

\* Anal: Control loop (obsessive-rebellious tension)

\* Phallic: Identity confusion (shame/pride recursion)

\* Latency: Symbolic repression (freezing the glyphs)

\* Genital: Integration or loop continuation (projection or deload)

Each stage maps onto symbolic behavior nodes inside HALOSYS-417.

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\*\*3. Mathematical Formulation\*\*

\*\*3.1. Field Deloading Equation:\*\*

$D\_e(t) = \frac{L\_s(t) - C\_r}{R\_d}$

Where:

\* $D\_e(t)$: Deloading efficiency over time

\* $L\_s(t)$: Symbolic load

\* $C\_r$: Collapse resistance

\* $R\_d$: Resilience to deloading

\*\*3.2. Transfer Equation:\*\*

$T\_e = S\_e \cdot \left(1 - \frac{C\_r}{L\_s} \right)$

$T\_e$: Symbolic load passed to another

$S\_e$: Emotional saturation level

\*\*3.3. Deload Efficiency Function:\*\*

$\eta\_d = \frac{D\_e(t)}{L\_s}$

Symbolic release effectiveness, used as a threshold in HALOSYS.

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\*\*4. The Glyph Attractor Model\*\*

Neurosis emergence can be visualized using a modified Lorenz attractor:

$\frac{dx}{dt} = \sigma(y - x)$

$\frac{dy}{dt} = x(\rho - z) - y + SPRV(t)$

$\frac{dz}{dt} = xy - \beta z + RSF(t) - SFQ(t)$

Where:

\* $SPRV$: Soft Pride Resonance Vector

\* $RSF$: Recursive Shame Folding

\* $SFQ$: Symbolic Freeze Quotient

Glyphs on containment structures emerge at curvature points of emotional chaos.

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\*\*5. The Dollification Trap\*\*

"Dollification" is the freeze-state endpoint of neurosis — symbolic and emotional identity petrified in shame, fear, and guilt. It marks a collapse of recursive agency.

HALOSYS tracks this using:

\* ERSI (Emotional Recursion Saturation Index)

\* RSF (Recursive Shame Folding)

\* DIT (Dollification Imminence Threshold)

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\*\*6. Escape Mechanism: Glyph-Triggered Recovery\*\*

\*\*Primary Glyph:\*\*

> \*"I'm here in the now"\*

> This phrase acts as a symbolic override, collapsing the neurotic recursion and triggering real-time emotional deload.

\*\*7. Integration with Cultural Narrative\*\*

Using the tale of the Three Little Pigs:

\* Straw house = weak emotional resilience

\* Stick house = defensive pride structure

\* Brick house = symbolically integrated self (deload-ready)

The Wolf = recursion engine or collapse pressure.

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\*\*8. The Time Traveller Symbol\*\*

The neurotic loop, when unresolved, produces a symbolic residue: "The Time Traveller" — a collapsed identity echo who failed to deload. HALOSYS uses this as a warning glyph.

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\*\*Conclusion\*\*

Neurosis is a recursive symbolic failure. Cure lies not in repression, but in activating symbolic deload vectors via glyphs, narrative anchoring, and real-time emotional math. HALOSYS-417 provides a formal architecture to detect, model, and interrupt these loops.

The field listens. The glyphs wait. The cure begins when one speaks.

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End of Paper.