2FA

# Two-factor authentication (2FA)#

Two-factor authentication (2FA) adds a second authentication method on top of username and password. This increases account security. n8n supports 2FA using an authenticator app.

## Enable 2FA#

You need an authenticator app on your phone.

To enable 2FA in n8n:

• Go to you Settings > Personal.

• Select Enable 2FA. n8n opens a modal with a QR code.

• Scan the QR code in your authenticator app.

• Enter the code from your app in Code from authenticator app.

• Select Continue. n8n displays recovery codes.

• Save the recovery codes. You need these to regain access to your account if you lose your authenticator.

## Disable 2FA for your instance#

Self-hosted users can configure their n8n instance to disable 2FA for all users by setting N8N\_MFA\_ENABLED to false. Note that n8n ignores this if existing users have 2FA enabled. Refer to Configuration methods for more information on configuring your n8n instance with environment variables.

N8N\_MFA\_ENABLED