Strava node documentation

# Strava node#

Use the Strava node to automate work in Strava, and integrate Strava with other applications. n8n has built-in support for a wide range of Strava features, including creating new activities, and getting activity information.

On this page, you'll find a list of operations the Strava node supports and links to more resources.

Credentials

Refer to Strava credentials for guidance on setting up authentication.

## Operations#

• Activity  
Create a new activity  
Get an activity  
Get all activities  
Get all activity comments  
Get all activity kudos  
Get all activity laps  
Get all activity zones  
Update an activity

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• Update an activity

## Templates and examples#

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## What to do if your operation isn't supported#

If this node doesn't support the operation you want to do, you can use the HTTP Request node to call the service's API.

You can use the credential you created for this service in the HTTP Request node:

• In the HTTP Request node, select Authentication > Predefined Credential Type.

• Select the service you want to connect to.

• Select your credential.

Refer to Custom API operations for more information.