

# Adaptive Text to Speech for Spontaneous Style

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#### Abstract

While recent text to speech (TTS) models perform very well in synthesizing reading-style (e.g., audiobook) speech, it is still challenging to synthesize spontaneous-style speech (e.g., podcast or conversation), mainly because of two reasons: 1) the lack of training data for spontaneous speech; 2) the difficulty in modeling the filled pauses (um and uh) and diverse rhythms in spontaneous speech. In this paper, we develop AdaSpeech 3, an adaptive TTS system that fine-tunes a well-trained readingstyle TTS model for spontaneous-style speech. Specifically, 1) to insert filled pauses (FP) in the text sequence appropriately, we introduce an FP predictor to the TTS model; 2) to model the varying rhythms, we introduce a duration predictor based on mixture of experts (MoE), which contains three experts responsible for the generation of fast, medium and slow speech respectively, and fine-tune it as well as the pitch predictor for rhythm adaptation; 3) to adapt to other speaker timbre, we fine-tune some parameters in the decoder with few speech data. To address the challenge of lack of training data, we mine a spontaneous speech dataset to support our research this work and facilitate future research on spontaneous TTS. Experiments show that AdaSpeech 3 synthesizes speech with natural FP and rhythms in spontaneous styles, and achieves much better MOS and SMOS scores than previous adaptive TTS systems.

### 1. Introduction

Text to speech (TTS) aims to synthesize intelligible and natural speech [1, 2, 3, 4, 5]. While many models have been designed [1, 3] to synthesize reading-style speech and good quality has been achieved, the synthesis of spontaneous style, which usually occurs in scenarios like conversation, talk show or podcast [6], has not been well studied. According to previous studies [7, 8, 9, 10], spontaneous speech has two unique characteristics that distinguish it from reading-style speech: 1) The existence of filled pauses (FP) such as um and uh, which can increase the authenticity of perceived speakers [11]. 2) Diverse rhythms. Spontaneous speech is more diverse in rhythms (which can be characterized by speaking rate and pitch, etc.) [12]. Speakers sometimes lengthen or shorten a syllable and change their intonation in spontaneous scenarios [13].

While there have been some previous works on building spontaneous TTS system, many of them are restricted to statistical parametric speech synthesis [14, 15]. Although some works apply existing neural network based TTS system to synthesize spontaneous speech [11], the essential characteristics

like FP and diverse rhythms have not been considered and modeled. That is, there are few neural network structures specifically designed for spontaneous speech synthesis. Besides, compared with reading-style speech, the training data for spontaneous speech is very limited, which hinders the research related.

In this paper, we develop AdaSpeech 3, an adaptive TTS system that fine-tunes a well-trained reading-style TTS model for spontaneous-style speech<sup>1</sup>. AdaSpeech 3 is built upon a previous adaptive TTS system AdaSpeech [16], with the following specific designs for spontaneous speech. 1) To insert filled pauses (FP) into the text sequence appropriately, we introduce an FP predictor to the TTS model. 2) Considering the difficulty in capturing the diverse rhythms, we design a duration predictor based on mixture of expert (MoE) and fine-tune it as well as the pitch predictor in the TTS model. To support the training of AdaSpeech 3, we mine a spontaneous speech dataset from a podcast collected from Internet, which contains three subsets that correspond to the key adaptation components in AdaSpeech 3: 1) SPON-FP, which consists of text-FP data pairs to train the PF predictor; 2) SPON-RHYTHM, which consists of text-pitch/duration data pairs to fine-tune the pitch predictor and MoE based duration predictor; 3) SPON-TIMBRE, which consists of text-speech data pairs for speaker timbre adaptation.

AdaSpeech 3 has three main advantages. 1) Data efficiency. We adapt the model from a source TTS model that is welltrained on reading-style data, which is beneficial considering the shortage of spontaneous data. On the other hand, we only need the easily accessible text-FP and text-pitch/duration data pairs to adapt the FP/pitch/duration predictors, which reduces the data requirement for the scarce high-quality spontaneous speech data. 2) Controllability. We can easily control the intensity of FP (how many FP occurs in an utterance) by adjusting the prediction threshold in FP predictor. 3) Transferability. We can transfer the spontaneous style to other speaker with few adaptation speech data no matter it is spontaneous or not.

We conduct several experiments to evaluate the performance of AdaSpeech 3<sup>2</sup>. For voice quality, the MOS of AdaSpeech 3 is 0.24 higher than the baseline AdaSpeech [16] (a customized TTS model adapted by only the SPON-TIMBRE subset), in terms of different aspects such as naturalness, speaking rate, etc. For the similarity to spontaneous style, the SMOS of AdaSpeech 3 is 0.3 higher than that of AdaSpeech. Further method analyses demonstrate the effectiveness of each design

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<sup>&</sup>lt;sup>1</sup>Considering spontaneous speech data is limited, adapting a TTS model trained on reading-style is a natural and good choice.

<sup>&</sup>lt;sup>2</sup>Synthesized speech samples can be found at https:// speechresearch.github.io/adaspeech3/

in AdaSpeech 3.

# 2. Spontaneous Dataset Mining

Since there is no public available spontaneous speech dataset, in this paper, we mine the dataset by ourself. Our dataset mining consists of several steps:

- Data crawling. We collected the untranscribed spontaneous audio data from a podcast named "ThinkComputers" [11] on Internet Archive (archive.org). We selected the data for the first 30 episodes with a total length of about 28 hours.
- ASR Transcription. We used an internal ASR tool to get the audio transcriptions, which include marked FP and the aligned timestamps. We used the given timestamps to cut the audio and text into fragments ranging from 7 to 10 second. We then convert each text sequence into phoneme sequence with grapheme-to-phoneme conversion [17].
- SPON-FP dataset construction. To get the text-FP data pairs (denoted as SPON-FP) for the training of FP predictor, we remove the FP from the original phoneme sequence to get the sequence without FP, and extract the FP tag for each phoneme. The FP tag is defined as follows: If a phoneme is followed by an *uh* or an *um*, its corresponding tag is 1 or 2 respectively, otherwise its tag is 0. Table 1 shows an example of text-FP data pair that consists of a phoneme sequence and its corresponding FP tags.
- SPON-RHYTHM dataset construction. We extract pitch
  from the spontaneous speech and get the duration through
  a forced-alignment tool [18]. The SPON-RHYTHM dataset
  contains the pitch and duration along with the phoneme sequence, which is used to fine-tune the pitch and duration predictors.
- SPON-TIMBRE dataset construction. We use the phoneme sequence as well as the spontaneous speech data pairs to construct the SPON-TIMBRE dataset, which is used for speaker adaptation.

The statistics of the three datasets: SPON-FP, SPON-RHYTHM and SPON-TIMBRE are shown in Table 2. For SPON-FP, there are 338 *ums* and 2614 *uhs* in total.

Table 1: An example of text-FP data pair. Phoneme w/o FP is the phoneme sequence with filled pauses (FP) removed.

Raw text	It's called <b>um</b> right <b>uh</b> apple
Raw phomeme	It's called <b>um</b> right <b>uh</b> apple ih t s k ao l <mark>d</mark> <b>ah m</b> r ay <b>t ah</b> ae p ax l
Phomeme w/o FP	ih t s k ao l <mark>d</mark> r ay t ae p ax l
FP tag	ih t s k ao l d r ay t ae p ax l 0,0,0,0,0,0,0,2,0,0,1,0,0,0,0

Table 2: The statistics of the three datasets mined for spontaneous speech.

Adaptation Step	Name	Sentence Num
FP prediction	SPON-FP	2952
Rhythm fine-tuning	SPON-RHYTHM	14273
Speaker adaptation	SPON-TIMBRE	50

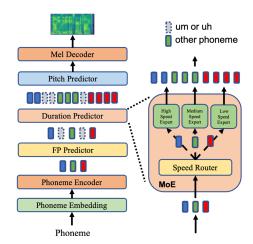


Figure 1: Model structure of AdaSpeech 3. The MoE based duration predictor is illustrated on the right side. Acoustic condition modeling and conditional normalization in AdaSpeech are also used but do not showed here mainly for simplicity.

### 3. Method

In this section, we first give an overview of our method, and then describe the important parts in the method in detail in the following subsections.

### 3.1. Model Overview

As shown in Figure 1, AdaSpeech 3 is composed of: 1) a multi-speaker TTS model, which is based on the backbone of AdaSpeech [16], a non-autoregressive adaptive TTS system with fast and high-quality speech synthesis as well as powerful and efficient adaptation capability; 2) an additional FP predictor, which is used to insert FP in the appropriate places in the sentences; 3) a newly designed duration predictor based on mixture of experts (MoE) [19, 20, 21]. In order to adapt the TTS model with spontaneous style, the pipeline of AdaSpeech 3 consists of the following steps:

- Source model training. Our source multi-speaker TTS model follows the structure used in AdaSpeech [16]. The phoneme encoder and the mel-spectrogram decoder both consist of 4 feed-forward Transformer blocks [22, 3, 4]. The ground-truth duration is extracted from a forced-alignment tool [18], and is used to train the duration predictor, which expands the hidden encoder output sequence to match to the length of melspectrogram sequence. The ground-truth durations are used for expansion in training while the predicted durations are used in inference. Similarly, the ground-truth pitch is used to train the pitch predictor and taken as input to the decoder in training while predicted pitch is used in inference. For the acoustic condition modeling and conditional layer normalization as used in [16, 23], we integrate it in the phoneme encoder and mel decoder respectively, and do not explicitly show in Figure 1.
- FP predictor adaptation. FP is an important characteristic of spontaneous speech, and adding appropriate FP in a sentence can increase the spontaneous style. We add an FP predictor upon the phoneme encoder, which predicts the FP tag (0 for no FP, 1 for *uh* and 2 for *um*) for each phoneme, and insert the embedding of *uh* or *um* right after its corresponding phoneme hidden if FP tag is 1 or 2. SPON-FP is used for FP predictor

adaptation. We will introduce the details in Section 3.2.

- Rhythm adaptation. In addition to FP, rhythm is another important factor that distinguishes spontaneous speech from reading-style speech. We adapt the rhythm (e.g., pitch and duration) to make it closer to spontaneous speech. We just adapt the pitch predictor normally with fine-tuning. However, in order to cover the large variations of duration in spontaneous speech, we design a mixture-of-expert (MoE) based duration predictor. SPON-RHYTHM is used for pitch and duration adaptation. We will introduce the details in Section 3.3.
- Speaker timbre adaptation. We fine-tune the conditional layer normalization and speaker embedding as used in AdaSpeech [16] to adapt the timbre using adaptation data (e.g., the SPON-TIMBRE dataset or VCTK). In this way, we can transfer the spontaneous style to any custom voice with few adaptation data (e.g., 20 utterances), where the adaptation data is not necessarily to be spontaneous.

### 3.2. FP Predictor Adaptation

We build the FP predictor upon the phoneme encoder, which takes the phoneme hidden sequence as input and predicts the FP tags for each phoneme (a 3-class classification: 0 for no FP, 1 for *uh*, and 2 for *um*). The FP predictor consists of 1) a 2-layer 1D-convolutional network with ReLU activation, each followed by the layer normalization and the dropout layer; 2) an extra linear layer and a 3-way softmax layer to predict probability of each tag.

A challenge in training FP predictor is that the positive labels (i.e., 1 or 2) are extremely sparse. In other word, the ratio of sentences that contain FP is small and the ratio of tokens that contain positive FP tags (1 or 2) is extremely small (e.g., there are usually one *um* or *uh* in a sentence with more than 20 tokens). In this way, the model will easily predict no FP (tag is 0) for all tokens. To alleviate the data sparse problem, we 1) use SPON-FP dataset mentioned in Table 1, where sentences without FP are discarded to increase the density of positive labels, and 2) use the weighted cross entropy function as loss function:

 $L=-y_0\log s_0-\sigma\sum_{i=1}^2y_i\log s_i$ , where  $[s_0,s_1,s_2]$  is the probability of the output belonging to three specific categories:  $s_0$  for no FP,  $s_1$  for uh and  $s_2$  for um.  $[y_0,y_1,y_2]$  represents the one-hot encoding of the ground-truth label accordingly. We can adjust  $\sigma$  to ensure the data balance in the training. Besides, we can adjust the prediction threshold in FP predictor to control the intensity of FP (how many FP occurs in an utterance) in inference, which is described in detail in Section 4.3. After FP prediction, we can add the FP embeddings³ to the corresponding place in the phoneme hidden sequence as shown in Figure 1.

# 3.3. Rhythm Adaptation

Duration and pitch are two main characteristics to determine the speech rhythm. To better adapt the rhythm of the TTS model, we analyze the difference in the distribution of pitch and duration between the spontaneous-style (SPON-RHYTHM) and reading-style (LibriTTS and VCTK) speech corpora. We have several observations: 1) For each speaker, pitch follows similar Gaussian distributions no matter it is from spontaneous or reading style; 2) However, as we mentioned before, speakers

in spontaneous style sometimes lengthen or shorten a syllable, which causes the difference in duration distribution. The durations of each phoneme in LibriTTS and VCTK are mostly distributed between 0-25, while quite a few in SPON-RHYTHM is above 25. What is more, the duration distribution is more evenly distributed in the range of 0-40 (unlike the tailed distribution from LibriTTS and VCTK), which is caused by the speaker lengthening or shortening the phoneme in spontaneous style. The statistical results encourage us to enhance the duration predictor with more fine-grained speech rate control.

Thus, we adopt a simple strategy (just fine-tuning) for pitch adaptation and make a targeted design for duration adaptation. Specifically, we introduce mixture of experts (MoE) in the duration predictor to better capture the large duration range, where the MoE consists of a speed router and three expert predictors. We describe the process to build the MoE based duration predictor as follows: 1) We categorize the phoneme durations evenly into low, medium and high speed (corresponding to large, medium and small durations), which we call speed tag. 2) We use the phoneme hidden and its corresponding speed tag to train a speed router, which shares the same structure with the FP predictor. 3) We initialize the three duration experts from the duration predictor in the well-trained source TTS model, where each duration expert is fine-tuned with the phoneme hidden and duration pairs in low, medium and high speed respectively, as shown in Figure 1. 4) The ground-truth duration is used to expand the phoneme hidden sequence in training, while in inference, the predicted duration is used. To get the predicted duration from MoE, we calculate a weighted average of the predictions from three experts, where the weights are the probabilities predicted by the speed router.

# 4. Experiments and Results

### 4.1. Experimental Setting

We use LibriTTS [24] dataset (reading-style) to train the source TTS model, and use SPON-FP, SPON-RHYTHM and SPON-TIMBRE to adapt the FP predictor, duration/pitch predictor and speaker timbre respectively. To evaluate the ability to transfer spontaneous style to reading-style speaker, we randomly select two males and two females (each with 50 utterances) in VCTK [25] (reading-style) for speaker adaptation.

The hidden dimension (including the embedding size, the hidden size in self-attention, and the input and output size of feed-forward network) is set to 256. The attention head, the feed-forward filter size and kernel size are set to 2, 1024 and 9 respectively. The output linear layer converts the 256-dimensional hidden into 80-dimensional mel-spectrogram.

We first take 100,000 steps to train the source TTS model on 4 NVIDIA P40 GPUs, and then takes 4,000 steps to adapt the FP predictor, and then takes 4,000 steps to adapt the MoE based duration predictor (including the speed router and the three experts) and the pitch predictor. We further take 2,000 steps following the setting used in [16] for speaker adaptation. All the adaptations are conducted in 1 NVIDIA P40 GPU. The Adam optimizer is used with  $\beta_1 = 0.9$ ,  $\beta_2 = 0.98$ ,  $\epsilon = 10^{-9}$ . The quality of the synthesized speech is evaluated with MOS (Mean Opinion Score) [26], SMOS (Similarity MOS) and CMOS (comparison MOS).

#### 4.2. The Quality of AdaSpeech 3

We compare the synthesized speech of AdaSpeech 3 with other settings, including: 1) GT, the ground truth recordings;

<sup>&</sup>lt;sup>3</sup>Note that the FP embeddings added here are not shared with the phoneme embeddings in the input of encoder.

Table 3: The SMOS results of AdaSpeech 3 and the baseline.

Setting	SMOS	
GT	$4.33 \pm 0.14$	
GT mel+Vocoder	$4.07 \pm 0.14$	
AdaSpeech	$3.45 \pm 0.18$	
AdaSpeech 3	$3.75 \pm 0.16$	

Table 4: The MOS results of AdaSpeech 3 and the baseline in terms of different evaluation aspects.

Setting	Naturalness	Pause	Speaking Rate
GT	$4.14 \pm 0.06$	$4.01 \pm 0.06$	$3.04 \pm 0.06$
GT mel+Voc	$3.84 \pm 0.06$	$3.78 \pm 0.06$	$3.06 \pm 0.08$
AdaSpeech	$3.21 \pm 0.06$	$3.36 \pm 0.06$	$2.66 \pm 0.08$
AdaSpeech 3	$3.45 \pm 0.06$	$3.53 \pm 0.06$	$2.79 \pm 0.06$

2) GT mel + Vocoder (Voc), using MelGAN vocoder [27] to synthesize waveform from ground-truth mel-spectrogram; 3) AdaSpeech [16], a previous reading-style TTS adaptation system. AdaSpeech 3 uses the same source TTS model as in AdaSpeech, but differs in that AdaSpeech 3 performs FP, rhythm and speaker timbre adaptation while AdaSpeech only performs speaker timbre adaptation. The comparison with AdaSpeech can verify the effectiveness of the specific adaptation designs in AdaSpeech 3 for spontaneous style<sup>4</sup>.

We ask 20 native English speakers to evaluate the similarity and naturalness of the synthesized speech (15 sentences) by each setting. We evaluate the similarity with spontaneous style in terms of pitch, speed, volume, intonation, rhythm and stress, and show the SMOS results in Table 3. We also evaluate the quality of the synthesized speech in different aspects, including naturalness, inappropriate pause and speaking rate, and show the MOS results in Table 4. It can be seen that AdaSpeech 3 outperforms the baseline AdaSpeech in all aspects.

### 4.3. Method Analyses

Effectiveness of FP prediction. We compare our FP prediction with a setting that inserts the same amount of FP randomly in the sentence, and conduct a CMOS evaluation focusing on the rationality of FP insertion. The result shows that our FP prediction achieves 0.156 CMOS higher than the random insertion setting, demonstrating the effectiveness of our FP prediction.

As described in Section 3.2, we can control the intensity of FP by changing the prediction threshold. For prediction probability  $s_0, s_1, s_2$  which corresponds to the three categories (no FP, uh, and um). If  $s_0$  is larger than a threshold T, we classify it as no FP, otherwise, we classify it to the FP with larger probability. The recall, precision and accuracy rate are measured on 40 test sentences from SPON-FP. When T increases from 0.10 to 0.99, the recall rate increases from 0.800 to 0.950 (at the cost of a slight drop in precision), which means the system has a higher tendency to insert FP.

**Effectiveness of rhythm adaptation.** We compare our default adaptation with different variations and conduct CMOS evaluation focusing on tone and rhythm. The results are evaluated in

Table 5: The CMOS results in the ablation studies of rhythm fine-tuning. w/o MoE: fine-tuning with the single duration predictor instead of MoE; w/o duration adaptation: using the single duration predictor without fine-tuning. w/o pitch adaptation: using the pitch predictor without fine-tuning. w/o pitch/duration adaptation: using the pitch/duration predictor without fine-tuning.

Setting	with FP	without FP
AdaSpeech 3	/	/
w/o MoE	-0.332	-0.274
w/o duration adaptation	-0.356	-0.289
w/o pitch adaptation	-0.157	-0.112
w/o pitch/duration adaptation	-0.384	-0.308

two settings (with and without FP insertion) and are shown in Table 5. We have several observations: 1) Replacing MoE based duration predictor with a single duration predictor but still with fine-tuning (denoted as w/o MoE) causes genral quality drop, which demonstrates the advantages of MoE design in duration predictor. 2) Further removing fine-tuning on the single duration predictor (denoted as w/o duration adaptation) causes more quality drop, which verifies the effectiveness of fine-tuning. 3) Removing pitch fine-tuning (denoted as w/o pitch adaptation) causes quality drop, but with smaller drops than removing duration adaptation. 4) Removing both pitch and duration adaptation (denoted as w/o pitch/duration adaptation) further degrades the quality. 5) The quality degradation in all variations are more severe in the "with FP" setting compared with the "without FP" setting, indicating that rhythm fine-tuning can improve the spontaneous style especially when FP is inserted, showing that rhythm fine-tuning and FP prediction are complementary for spontaneous speech synthesis.

### 4.4. Cross-Speaker Spontaneous-Style Transfer

AdaSpeech 3 can also transfer the spontaneous style to other speakers originally without spontaneous data, with only a few extra reading-style data for adaptation. We select two males and two females from VCTK for speaker timbre adaptation and synthesize speech based on the same text in the test set of SPON-TIMBRE. We evaluate the improvement in spontaneous style by conducting a CMOS test focusing on tone and rhythm. AdaSpeech 3 achieves 0.175 CMOS score higher than AdaSpeech in male's voice and 0.205 higher in female's voice.

# 5. Conclusion

In this paper, we develop AdaSpeech 3, an adaptive TTS system for spontaneous-style speech. To enable the research work in this paper and facilitate potential future research in this area, we mine a spontaneous speech dataset that contains three subsets (SPON-FP, SPON-RHYTHM and SPON-TIMBRE) for spontaneous-style adaptation. We design an FP predictor to insert filled pauses appropriately in the sentence and introduce a mixture-of-expert based duration predictor to capture the diverse rhythms in spontaneous speech. AdaSpeech 3 achieves better quality in the synthesized spontaneous speech in terms of MOS, SMOS and CMOS, compared with a strong adaptive TTS system AdaSpeech. For future work, we will explore more characteristics in spontaneous speech such as repetition and discourse marker to improve spontaneous TTS.

<sup>&</sup>lt;sup>4</sup>Synthesized speech samples can be found at https://speechresearch.github.io/adaspeech3/.

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