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Salah Journal (Paperback)

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Independently Published, United States, 2019. Paperback. Condition: New. Language: English. Brand new Book. The Salah Journal is the first of its kind ever published! This prayer journal is inspired by the need to become more consistent and focused in salah. Through journaling your salah goals and ideals often, it can help in reminding and thus improving your prayers effectively. The Salah Journal begins with a Quranic verse to inspire you on your journaling journey about the importance of worshipping and remembering our Lord. Each two-page spread covers one week and contains check boxes and text boxes in bullet-style format for simple, daily journaling that keeps you focused and for free expression. Here's what you will find per week inside the Salah Journal: *A section to tick your five fard salah, namely fajr, dhur, asr, maghrib, and isha each day for the week. * A section to tick your sunnah salah for the week. *A section to record any nafl salah namely, istikhara, duha, tahajjud, haja, shukr, or other for the week. *A section to rate your salah progress for the week. *A section to rate your khushoo (focus and humility) for the week. *A section to journal about any salah...



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