EDUCATION

St. Olaf College, MN

May 2015

Bachelor of Arts in Philosophy

Berklee Online, Boston, MA

September 2017

Ableton Live Specialist Certificate

EXPERIENCE

Manning Personnel Group, Boston, MA

February 28, 2018 – present

Receptionist (Contract): Datadog, Inc.

• Perform general housekeeping tasks and facilitate visitor sign-in.

Office assistant (Contract): Proteostasis Therapeutics, Inc.

• Re-boxed, labeled, and consolidated 31 Bankers Boxes full of files and lab notebooks to facilitate office relocation.

Assistant Paralegal (Contract): Fragomen, Del Rey, Bernsen & Loewy, LLP

- Reviewed, classified, and uploaded records of 703 non-immigrant visa (NIV) petitions to CONNECT database, then prepared hardcopies for shredding.
- Entered caseworker step-completion data for dependent sub-cases of 453 foreign national (FN) records.
- Audited 419 online FN records for data privacy compliance and redacted PDFs when necessary.
- Self-organized using macro-enabled Excel workbook and used VBA to save time.

Spartan Race, Inc., Boston, MA

June 2012 – present

Editorial Consultant

- Compose, edit, mix, and master soundtracks for fitness classes.
- Gather and organize information about Spartan's professional athletes and their race schedules into Google Sheets.
- Created and maintained comprehensive brand editorial guidelines.
- Scheduled, researched, wrote, edited, proofread, posted, and catalogued content for the Spartan blog.
- Researched, drafted, and edited content for two New York Times Bestsellers, Spartan Up! and SpartanFIT.
- Collaborated with creative team and third-party photographers to produce bimonthly Spartan Digital Magazine.
- Managed and guided contributors to Spartan media by email and by phone.
- Compiled notes from managers of all departments into newsletter and edited text into CEO's voice.
- Wrote the internal marketing guide on how to ghostwrite content in the voice of Joe De Sena.
- Interviewed racers and for compelling transformation stories.
- Conducted research on wide-ranging topics and summarized them for CEO.

Freelance Work, Boston, MA

June 2012 - present

Writer and Editorial Consultant

- Write, edit and proofread online content for clients in diverse professional fields.
 - o Logan Loomis, LLC (management consultant and leadership coach)
 - o Spartan Race, Inc. (popular obstacle race company)
 - o Geo Espinosa, ND, L.Ac, IFMCP, CNS (integrative urologist)
 - o Joe Di Stefano (lifestyle expert at Spartan Race, Inc.)
 - o Dr. Lessie Branch, PhD (critical race theory scholar)
 - o *Bodybuilding.com* (lifestyle and fitness content website)

St. Olaf College, MN

September 2012 – May 2015

Lead Writing and ELL Consultant

- Held regular one-on-one tutoring sessions with students of diverse backgrounds and varying levels of English language proficiency.
- Guided students toward clearer writing practices through constructive feedback.
- Taught students how to identify and correct their own grammatical and stylistic errors.

SKILLS

General: Writing, Editing, Interviewing, Research, Tutoring, Music Composition and Production, Critical Thinking, Interpersonal Communication, Programming, NIV Petition Processing, Self-Organization, Attention to Detail.

Specific Tools: All Microsoft Office, All Google Apps, Adobe Photoshop, Ableton Live, WordPress, Adobe Acrobat, Microsoft Visual Studio / Community

Programming Languages: Visual Basic, Visual Basic for Applications, Python, C++, SQL, GML, LISP, Scheme, HTML, CSS

REFERENCES

Alexandra Valencia - Supervising Paralegal, Fragomen, Del Rey, Bernsen & Loewy. avalencia@fragomen.com

Joe De Sena – Founder and CEO, Spartan Race, Inc. spartanracehq@gmail.com

Greg McEachern – VP Global Brand, Spartan Race, Inc. gregm@spartan.com

John Gauch – VP Training, Spartan Race, Inc. johng@spartan.com

Aimee Nicoterra – Studio Program Developer, Life Time, Inc. aimfit@aol.com

John Durant – author of the *Paleo Manifesto*. johndurant@gmail.com

Su Smallen – author, editor. susmallen@gmail.com