

Loyal Heights Homeschool Program (LHH)

Winter 2024 Wednesdays

January 10 – March 13, 2024 (No Class February 21; 9 weeks)

Note: All classes subject to cancellation or change. Please make sure you are on the [LHH General Google Group](#) and [LHH Active Google Group](#) (2023-24) for timely announcements. To join, please state you and your children's names and ages in the *Request to Join* field.

Register online at <https://apm.activecommunities.com/seattle>. Use the keyword "homeschool" to filter search. Registration may also be done in person (Loyal Heights Community Center) or by phone (206) 684-4052. Registration opens at 12:00 pm on December 5, 2023.

For more information, and to view the class schedule, visit www.loyalheightshomeschool.org.

Anthropology Through Food

Instructor: Karen Radcliff

Ages: 10 - 18

Maximum class size: 10

\$155

Food. We all eat it, but not in the same way. Nor do we prepare it the same, find the same things delicious, obtain foods the same way, or have the same historical relationships to food. It's a human universal to eat, and one of humanity's strengths is our creative omnivorism. In this course we will explore the evolution of eating, the changing material culture of food, the relationship of culture to food, and how the necessity of eating has affected diverse aspects of human culture.

Art Adventure

Instructor: Stefanie Kahler

Ages: 4 - 10

Maximum class size: 10

\$95

Let's have an adventure exploring different styles of art and art media. Priority will be placed on process over product and on meeting each child where they are in their personal and artistic development. I look forward to making art together!

Circus Arts

Instructor: Six Impossible Things

Ages: 11 - 18

Maximum class size: 10

\$180

Come and join the circus for a session! Seemingly complicated skills such as juggling, acrobatics, and tumbling are broken down so that anyone can learn and experience success. In this introduction to circus arts, students will be able to find that practice and hard work can make the impossible possible.

Continuing Recorders & Music

Instructor: EllenAnn Chiddix-Johnston

Ages: 6 - 18

Maximum class size: 15

\$170

Come join us in continuing to play soprano recorder! This second introductory class will help further students' understanding of music: beat, rhythm, dynamics, and time signatures, plus much more. Students will continue learning to read treble clef music, concepts of melody and harmony, as well as musical forms including Rounds, Call and Response, Duets, Waltzes, and be exposed to different cultural forms of music. Prerequisites include previous recorder class or ability to read basic treble clef.

Fiber Arts

Instructor: Karen Radcliff

Ages: 9 - 18
Maximum class size: 8
\$165

In this introduction to fiber arts, we will try our hands at several techniques used the world over in the making of cloth, whether for garments or for other uses, as well as discuss many more. Plan to spin your own yarn, knit, and try different types of weaving. We will also make brief forays into crocheting and sprang, learn a bit about nalbinding and lacemaking, discuss the properties of different textile fibers, and share a bit of textile history while we work. No prior experience is necessary. I will provide all the needed patterns and materials.

Hands-On Analog Circuits

Instructor: Brandon Black

Ages: 6 - 10
Maximum class size: 10
\$105

Learn circuit theory and build your own circuits with lights and sounds. Using discrete circuit components (resistors, capacitors, switches, transistors, LEDs, and more), you'll build your own custom circuits. Along the way, you'll learn circuit concepts such as current, voltage, Ohm's law and more!

Hip Hop / Creative Dance Fusion Canceled

Instructor: Metropolis Dance

Ages: 6 - 12
Maximum class size: 15
\$165

This class will guide students in creative ways to move and express themselves to a variety of upbeat music. Students will learn foundational hip-hop skills and explore body movement through activities and games. The goal is to get comfortable in our bodies, improve coordination, and build self confidence!

Natural History of Puget Lowlands

Instructor: Stephanie Burkemoore

Ages: 11 - 18
Maximum class size: 9
\$160

There is always something new to learn about the place you call home. Join us as we learn more about the natural history wonders of the Puget Lowlands ecoregion: mudflats and intertidal zones, temperate forests and human settlement, salmon-bearing rivers and earthquake-jolted bluffs. We will learn through activities, reading, writing, and games. *This class partially meets the Washington State History requirement.

Park Play

All Ages

Meet us on the playground for open ended free play on the play structure or grassy field. In inclement weather, kids can play in the gym or in the lobby play area.

Parkour

Instructor: Six Impossible Things

Ages: 7 - 13
Maximum class size: 10
\$180

Parkour is an art as old as humans: finding the most efficient way with only your body to get from point A to point B. Seen in action movie chases or even in a playground game of tag, parkour unleashes your inner monkey as you run, climb, and vault your way through obstacles. This class focuses on finding safe and legal ways to pursue this art that can make participants feel free and empowered in their bodies.

Philosophy

Instructor: PLATO Philosophy

Ages: 7 - 12

Maximum class size: 12

\$170

Join us to explore the field of philosophy in a fun and inspiring way; together we'll be asking questions, playing games, and exploring topics like ethics, knowledge, and beauty.

Philosophy & Technology

Instructor: PLATO Philosophy

Ages: 12 - 18

Maximum class size: 12

\$170

Join us as we explore some of the big ponderings around novel and everyday technologies. Throughout the course, we'll be sure to touch on ethics, reasoning, knowledge, and much more!

Tabletop Game Club & Drop-In Art Time

Parent Volunteers Requested

All Ages

Free (& Suggested Donations for Art Materials)

Come join us for some indoor tabletop game and/or art time. Children under 10 must be supervised by a parent/caregiver. Set up and clean up is the responsibility of participants. Please make sure to put games away and clean up art materials at the end of the day.

Tinkergarten

Instructor: Malinda Sorci

Ages: 2 - 6

Maximum class size: 10

\$165

Through outdoor exploration following Tinkergarten's curriculum, students and their grown-ups will use song, movement, and purposeful play to capture imagination, connect with nature, and build key skills needed for students to thrive. Each season has a different focus, but we will always learn about animals while nurturing our innate sense of curiosity. I can't wait to see you outside!

Tumbling

Instructor: Six Impossible Things

Ages: 6 - 12

Maximum class size: 10

\$170

Cartwheel, roll, or even flip your way into tumbling! This all levels course promises to improve your tumbling skills in a safe, fun, and disciplined atmosphere. Various skills like round offs or front tucks are introduced and broken down into manageable drills so participants can move at their own pace. Individualized instruction assures that each student may meet a personal challenge in every class and consistently progress. Get ready to stand on your hands and jump off your feet!

Woodworking

Instructor: Kids Carpentry

Ages: 5 - 10

Maximum class size: 10

\$525

This hands-on toy building class is designed to teach students practical woodworking skills with an emphasis on the safe use of hand tools. We create unique opportunities for students to construct fun and exciting projects while empowering them to become independent thinkers-building confidence, self-esteem, and a repertoire of practical skills that last them a lifetime. At the end of the session, each student will go home with wooden toys that they have made and painted by hand.

Offsite Classes – Wednesdays

Fish Hawk Winter Session 2024 ~ Wednesdays at Carkeek Park

Instructor: Ignite Nature Connection

Ages: 7 - 9

Maximum class size: 8

\$430 / \$380 sibling rate

This is a weekly program designed for children to become immersed in a community who come together in the outdoors to build on the skills and practices of nature connection.

A collective environment which allows children to build community through shared experiences and deepen connection with earth and each other.

We begin each day with an acknowledgement of gratitude for the natural world around us and everything that it provides. Children learn quickly and authentically to identify all of the things around them in which they are grateful for. This is a precious and important practice and a theme that is held throughout the day. Students are taught how to safely use knives as tools for skills such as fire building, carving and crafting. There is a strong focus on community building through working together on shelter creating, fire building, cooperative nature games and conflict resolution.

Offsite Classes – Thursdays

Fish Hawk Winter Session 2024 ~ Thursdays at Carkeek Park

Instructor: Ignite Nature Connection

Ages: 12 - 13

Maximum class size: 8

\$860 / \$700 sibling rate

This is a weekly program designed for children to become immersed in a community who come together in the outdoors to build on the skills and practices of nature connection.

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We begin each day with an acknowledgement of gratitude for the natural world around us and everything that it provides. Children learn quickly and authentically to identify all of the things around them in which they are grateful for. This is a precious and important practice and a theme that is held throughout the day. Students are taught how to safely use knives as tools for skills such as fire building, carving and crafting. There is a strong focus on community building through working together on shelter creating, fire building, cooperative nature games and conflict resolution.