# Loyal Heights Homeschool Program (LHH) Fall 2023 Wednesdays September 20 - November 15 (9 weeks, no break)

**Note:** All classes subject to cancellation or change. Please make sure you are on the <u>LHH Email Group</u> for timely announcements. (At this time, all students are encouraged, but not required, to wear masks during classes).

Register online at https://apm.activecommunities.com/seattle. Use the keyword "homeschool" to filter search.

Registration may also be done in person (Loyal Heights Community Center) or by phone (206) 684-4052. Registration opens at 12:00 pm on August TBD, 2023.

For more information, and to view the class schedule, visit www.loyalheightshomeschool.org.

Celebrating the Season: Autumn Instructor: Sara Cammeresi

Ages: 12 - 18

Maximum class size: 10

\$165

In this class we will explore the ways in which people from different cultures have marked the Autumn season. We will look at both astronomical and agricultural calendars in order to understand the importance of seasonal festivals, celebrations, and traditions.

Circus Arts Instructor: Six Impossible Things

Ages: 12 - 18

Maximum class size: 10

\$270

Come and join the circus for a session! Seemingly complicated skills such as juggling, acrobatics, and tumbling are broken down so that anyone can learn and experience success. In this introduction to circus arts, students will be able to find that practice and hard work can make the impossible possible.

Crafting for Charity Instructor: Stefanie Kahler

Ages: 12 - 18

Maximum class size: 10

Classes only on Oct 18, Oct 25, Nov 1

\$80

In this mini class we will pick a charity and craft items to donate to the cause! Bring your ideas and enthusiasm.

## Ecology Games and Crafts

Ages: 6 - 9

Maximum class size: 9

\$165

Come learn about our local ecology – the ways living and nonliving things interact. What is a watershed? How does symbiosis work? What happens to salmon when they set out to sea? How do peregrine falcons hunt? We will use games and crafts to explore how our environment stays in balance through overlapping cycles like the water cycle, some local life cycles, and seasonal change. Parents are encouraged to join in! This class will be held both outdoors and indoors.

Instructor: Stephanie Burkemoore

Instructor: Metropolis Dance

### Canceled Family Dance

Ages: 2 - 5

Maximum class size: 20

\$165

Move, smile, and bond with your little one! In this class we'll guide students and their grown ups through dance moves, games, and fun partner activities. Come join the party!

Hip Hop Instructor: Metropolis Dance

Ages: 6 - 9

Maximum class size: 15

\$165

Let's dance to pop and hip-hop based music! We will warm-up, play games, and learn exclusive dance choreography! Classes are focused on building confidence! Some dance experience will benefit participants.

Math Explorations Instructor: Elizabeth Black

Ages: 4 - 7

Maximum class size: 10

\$100

Let's explore how math is used every day! We'll focus on cooking/baking, money, and games, among other every day things that use math.

Parkour Instructor: Six Impossible Things

Ages: 7 - 12

Maximum class size: 10

\$180

Parkour is an art as old as humans: finding the most efficient way with only your body to get from point A to point B. Seen in action movie chases or even in a playground game of tag, parkour unleashes your inner monkey as you run, climb, and vault your way through obstacles. This class focuses on finding safe and legal ways to pursue this art that can make participants feel free and empowered in their bodies.

Canceled Parkour Instructor: Six Impossible Things

Ages: 12 - 18

Maximum class size: 10

\$180

Parkour is an art as old as humans: finding the most efficient way with only your body to get from point A to point B. Seen in action movie chases or even in a playground game of tag, parkour unleashes your inner monkey as you run, climb, and vault your way through obstacles. This class focuses on finding safe and legal ways to pursue this art that can make participants feel free and empowered in their bodies.

Philosophy Instructor: PLATO Philosophy

Ages: 12 - 18

Maximum class size: 15 No class Oct 18, Oct 25, Nov 1

\$170

How do you know something? What is friendship? Children ask philosophical questions that explore the human condition all the time. Thinking about these questions in a community of inquiry bolsters students' abilities to listen, reason deeply about their values and assumptions; construct sound and valid arguments; and evaluate the arguments of others while respecting perspectives different from their own – skills essential to becoming critical, creative, and analytic thinkers. Each class, I will present a prompt that encourages questioning, reflection, and discussion, allowing students to philosophize collaboratively.

Recorders & Music Instructor: EllenAnn Chiddix-Johnston

Ages: 6 - 18

Maximum class size: 15

\$170

Come join us for a class exploring sound and music! This introduction to Recorder and Music class will help students learn the basic concepts of music: beat, rhythm, dynamics, and time signatures, plus much more. Students will learn the first skills in reading treble clef music, concepts of melody and harmony, as well as musical forms including Rounds, Call and Response, Duets, Waltzes, and be exposed to different cultural forms of music. All of this, while learning to play the soprano recorder!

Tinkergarten Instructor: Malinda Sorci

Ages: 2 - 6

Maximum class size: 10

\$135

Through outdoor exploration following Tinkergarten's curriculum, students and their grown-ups will use song, movement, and purposeful play to capture imagination, connect with nature, and build key skills needed for students to thrive. Each season has a different focus, but we will always learn about animals while nurturing our innate sense of curiosity. I can't wait to see you outside!

Tumbling Instructor: Six Impossible Things

Ages: 8 - 12

Maximum class size: 12

\$165

Cartwheel, roll, or even flip your way into tumbling! This all levels course promises to improve your tumbling skills in a safe, fun, and disciplined atmosphere. Various skills like round offs or front tucks are introduced and broken down into manageable drills so participants can move at their own pace. Individualized instruction assures that each student may meet a personal challenge in every class and consistently progress. Get ready to stand in your hands and jump off your feet!

You VS Animals Instructor: Shannon Hillinger

Ages: 3 - 7

Maximum class size: 12

No class Nov 8

\$100

Can you run as fast as a cheetah? Can you hold your breath longer than a hippo? Come learn about the animal world and how humans are different and the same from them in so many ways!

You VS Animals Instructor: Shannon Hillinger

Ages: 8 - 12

Maximum class size: 15

No class Nov 8

\$100

Can you run as fast as a cheetah? Can you hold your breath longer than a hippo? In this class each kid will pick an animal and every week we will do research and data modeling to explore how humans compare to the animal world!

Teen & Tween Book Club Parent Liaison: Sara Cammeresi

Ages: 11 - 16

3rd Wednesdays: September 20, October 18, November 15

No registration needed

Let's meet up to talk about our favorite books! The participants will take turns picking books. Parents are welcome to attend, but the teens and tweens will be encouraged to take the lead in facilitating the discussion.

Teen & Tween Handicrafts Club Parent Liaison: Stefanie Kahler

Ages: 11 - 16

Remaining Wednesdays No registration needed

Supplies will be provided for various crafts, feel free to also bring your own projects to work on!

#### Offsite Classes - Wednesdays September 20 - November 15

Baking Grettie's Goodies

Ages: 6 - 11

Maximum class size: 8 \$50 for Individual Classes \$450 for 9 Class Session

Each week our young bakers will create two delicious items, usually one sweet and one savory. Bakers take home everything they make.

#### Offsite Classes - Thursdays September 21 - November 16

#### Fish Hawk Autumn Session 2023

Ignite Nature Connection - Briana "Bri" McFarland

Ages: 8 - 13

Thursdays, 10:00 am - 2:00 pm

No class October 19 Carkeek Park. Seattle, WA

Tuition: \$770 Sibling tuition: \$640

This is a weekly program designed for children to become immersed in a community who come together in the outdoors to build on the skills and practices of nature connection.

A collective environment which allows children to build community through shared experiences and deepen connection with earth and each other.

We begin each day with an acknowledgement of gratitude for the natural world around us and everything that it provides. Children learn quickly and authentically to identify all of the things around them in which they are grateful for. This is a precious and important practice and a theme that is held throughout the day. Students are taught how to safely use knives as tools for skills such as fire building, carving and crafting. There is a strong focus on community building through working together on shelter creating, fire building, cooperative nature games and conflict resolution.