

# Introductory Course on Non-smooth Optimisation

Lecture 01

Gradient method

## Outline

- 1 Unconstrained smooth optimisation
- 2 Descent methods
- 3 Gradient of convex functions
- 4 Gradient descent
- 5 Heavy-ball method
- 6 Nesterov's optimal schemes
- 7 Dynamical system

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# Convexity

## Definition (Convex set)

A set  $S \subset \mathbb{R}^n$  is convex if for any  $\theta \in [0, 1]$  and two points  $x, y \in S$ ,

$$\theta x + (1 - \theta)y \in S.$$

## Definition (Convex function)

Function  $F : \mathbb{R}^n \rightarrow \mathbb{R}$  is convex if  $\text{dom}(F)$  is convex and for all  $x, y \in \text{dom}(F)$  and  $\theta \in [0, 1]$ ,

$$F(\theta x + (1 - \theta)y) \leq \theta F(x) + (1 - \theta)F(y).$$

Proper convex:  $F(x) < +\infty$  at least for one  $x$  and  $F(x) > -\infty$  for all  $x$ .

First-order condition:  $F$  is continuous differentiable

$$F(y) \geq F(x) + \langle \nabla F(x), y - x \rangle, \forall x, y \in \text{dom}(F).$$

Second-order condition: if  $F$  is twice differentiable  $\nabla^2 F(x) \succeq 0, \forall x \in \text{dom}(F)$ .

# Unconstrained smooth optimisation

## Problem

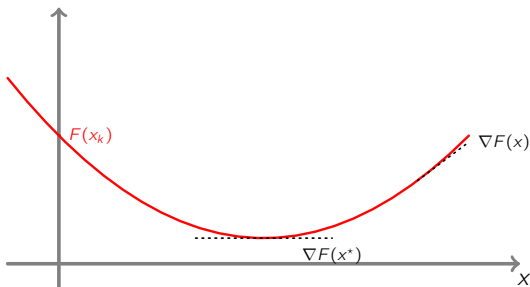
*Unconstrained smooth optimisation*

$$\min_{x \in \mathbb{R}^n} F(x),$$

*where  $F : \mathbb{R}^n \rightarrow \mathbb{R}$  is proper convex and smooth differentiable.*

Optimality condition: let  $x^*$  be a minimiser of  $F(x)$ , then

$$0 = \nabla F(x^*).$$



## Example: quadratic minimisation

### Example (Quadratic programming)

General quadratic programming problem

$$\min_{x \in \mathbb{R}^n} \frac{1}{2} x^T A x + b^T x + c,$$

where  $A \in \mathbb{R}^{n \times n}$  is symmetric positive definite,  $b \in \mathbb{R}^n$  and  $c \in \mathbb{R}$ .

Optimality condition:

$$0 = Ax^* + b.$$

**Special case:** LSE

$$\|Ax - b\|^2 = x^T (A^T A) x - 2(A^T b)^T x + b^T b.$$

Optimality condition

$$A^T A x^* = A^T b.$$

## Example: geometric programming

### Example (Geometric programming)

General quadratic programming problem

$$\min_{x \in \mathbb{R}^n} \log\left(\sum_{i=1}^m \exp(a_i^T x + b_i)\right).$$

Optimality condition:

$$0 = \frac{1}{\sum_{i=1}^m \exp(a_i^T x^* + b_i)} \sum_{i=1}^m \exp(a_i^T x^* + b_i) a_i.$$

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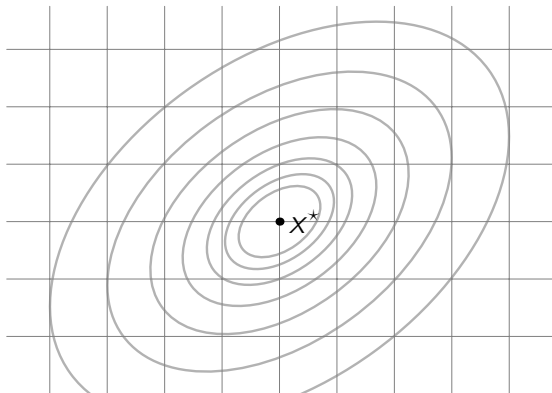
## Problem

### Problem (Unconstrained smooth optimisation)

Consider minimising

$$\min_{x \in \mathbb{R}^n} F(x),$$

where  $F : \mathbb{R}^n \rightarrow \mathbb{R}$  is proper convex and smooth differentiable.



## Problem

### Problem (Unconstrained smooth optimisation)

*Consider minimising*

$$\min_{x \in \mathbb{R}^n} F(x),$$

*where  $F : \mathbb{R}^n \rightarrow \mathbb{R}$  is proper convex and smooth differentiable.*

- The set of minimisers, *i.e.*

$$\text{Argmin}(F) = \{x \in \mathbb{R}^n : F(x) = \min_{x \in \mathbb{R}^n} F(x)\},$$

is non-empty

- However, given  $x^* \in \text{Argmin}(F)$ , no closed form expression
- Iterative strategy to find one  $x^* \in \text{Argmin}(F)$ : start from  $x_0$  and generate a train of sequence  $\{x_k\}_{k \in \mathbb{N}}$  such that

$$\lim_{k \rightarrow \infty} x_k = x^* \in \text{Argmin}(F)$$

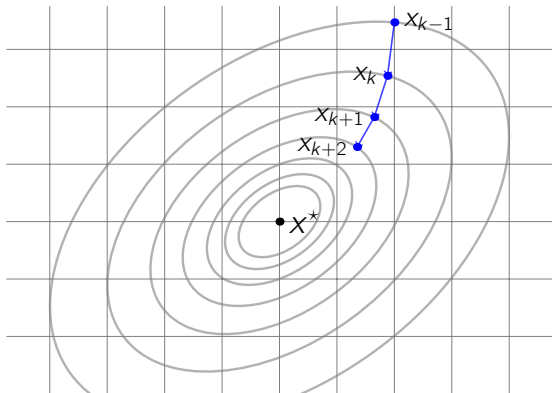
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## Descent methods

### Iterative scheme

For each  $k = 1, 2, \dots$ , find  $\gamma_k > 0$  and  $d_k \in \mathbb{R}^n$  and then

$$x_{k+1} = x_k + \gamma_k d_k,$$

where

- $d_k$  is called search/descent direction
- $\gamma_k$  is called step-size

### Definition (Descent methods)

An algorithm is called descent method, if there holds

$$F(x_{k+1}) < F(x_k).$$

**NB:** if  $x_k \in \text{Argmin}(F)$ , then  $x_{k+1} = x_k \dots$

## Conditions

From convexity of  $F$ , we have

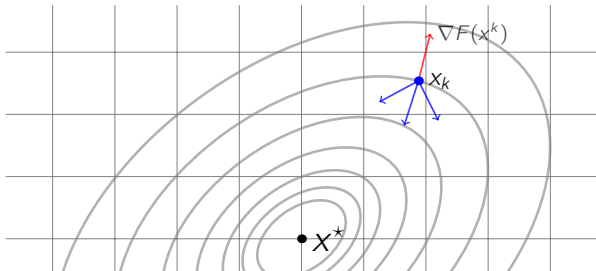
$$F(x_{k+1}) \geq F(x_k) + \langle \nabla F(x_k), x_{k+1} - x_k \rangle,$$

which gives

$$\langle \nabla F(x_k), x_{k+1} - x_k \rangle \geq 0 \implies F(x_{k+1}) \geq F(x_k).$$

Since  $x_{k+1} - x_k = \gamma_k d_k$ , the direction  $d_k$  should be such that

$$\langle \nabla F(x_k), d_k \rangle < 0.$$



# General descent method

## General descent method

**initial:**  $x_0 \in \text{dom}(F)$ ;

**repeat:**

1. Find a descent direction  $d_k$
2. Choose a step-size  $\gamma_k$ : line search
3. Update  $x_{k+1} = x_k + \gamma_k d_k$

**until:** stopping criterion is satisfied.

Stopping criterion:  $\epsilon > 0$  is the tolerance,

- Function value:  $F(x_{k+1}) - F(x_k) \leq \epsilon$  (can be time consuming)
- Sequence:  $\|x_{k+1} - x_k\| \leq \epsilon$
- Optimality condition:  $\|\nabla F(x_k)\| \leq \epsilon$

## Exact line search

### Exact line search

Choose  $\gamma_k$  such that  $F(x)$  is minimised along the ray  $x_k + \gamma d_k, \gamma > 0$ :

$$\gamma_k = \operatorname{argmin}_{\gamma > 0} F(x_k + \gamma d_k).$$

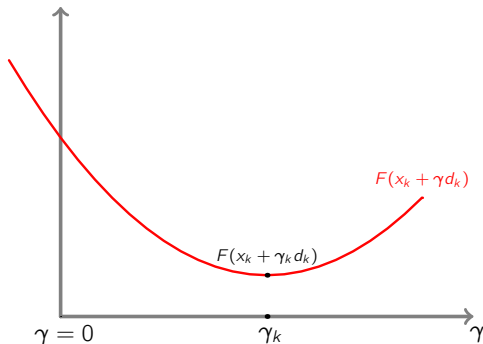
## Exact line search

### Exact line search

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$$\gamma_k = \operatorname{argmin}_{\gamma > 0} F(x_k + \gamma d_k).$$

- Useful when the minimisation problem for  $\gamma_k$  is simple
- $\gamma_k$  can be found analytically for special cases





## Backtracking/inexact line search

### Backtracking line search

Choose  $\delta \in ]0, 0.5[$  and  $\beta \in ]0, 1[$ , let  $\gamma = 1$

while  $F(x_k + \gamma d_k) > F(x_k) + \delta \gamma \langle \nabla F(x_k), d_k \rangle : \gamma = \beta \gamma$ .

Since  $d_k$  is a descent direction

$$\langle \nabla F(x_k), d_k \rangle < 0.$$

Stopping criterion for backtracking:

$$F(x_k + \gamma d_k) \leq F(x_k) + \delta \gamma \langle \nabla F(x_k), d_k \rangle.$$

When  $\gamma$  is small enough

$$F(x_k + \gamma d_k) \approx F(x_k) + \gamma \langle \nabla F(x_k), d_k \rangle < F(x_k) + \delta \gamma \langle \nabla F(x_k), d_k \rangle,$$

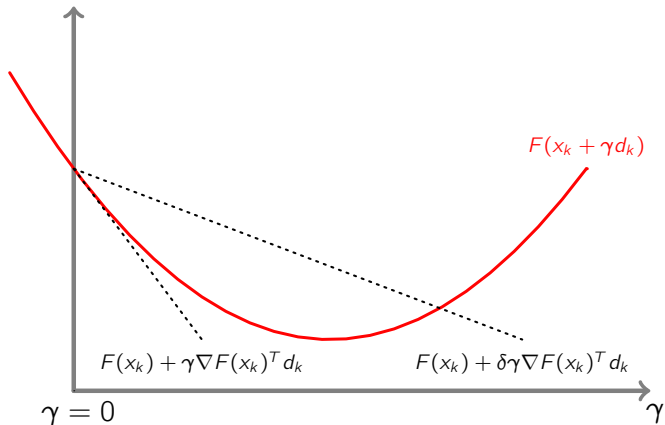
which means backtracking eventually will stop.

## Backtracking/inexact line search

### Backtracking line search

Choose  $\delta \in ]0, 0.5[$  and  $\beta \in ]0, 1[$ , let  $\gamma = 1$

while  $F(x_k + \gamma d_k) > F(x_k) + \delta \gamma \langle \nabla F(x_k), d_k \rangle : \gamma = \beta \gamma.$



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## Monotonicity

### Lemma (Monotonicity of gradient)

*Let  $F : \mathbb{R}^n \rightarrow \mathbb{R}$  be proper convex and smooth differentiable, then*

$$\langle \nabla F(x) - \nabla F(y), x - y \rangle \geq 0, \forall x, y \in \text{dom}(F).$$

$C^1$ : proper convex and smooth differentiable functions on  $\mathbb{R}^n$ .

## Monotonicity

### Lemma (Monotonicity of gradient)

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$C^1$ : proper convex and smooth differentiable functions on  $\mathbb{R}^n$ .

**Proof** Owing to convexity, given  $x, y \in \text{dom}(F)$ , we have

$$F(y) \geq F(x) + \langle \nabla F(x), y - x \rangle$$

and

$$F(x) \geq F(y) + \langle \nabla F(y), x - y \rangle.$$

Summing them up yields

$$\langle \nabla F(x) - \nabla F(y), x - y \rangle \geq 0.$$

**NB:** Let  $F \in C^1$ ,  $F$  is convex if and only if  $\nabla F(x)$  is monotone.

## Lipschitz continuous gradient

### Definition (Lipschitz continuity)

The gradient of  $F$  is  $L$ -Lipschitz continuous if there exists  $L > 0$  such that

$$\|\nabla F(x) - \nabla F(y)\| \leq L\|x - y\|, \forall x, y \in \text{dom}(F).$$

$C_L^1$ : proper convex functions with  $L$ -Lipschitz continuous gradient on  $\mathbb{R}^n$ .

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$C_L^1$ : proper convex functions with  $L$ -Lipschitz continuous gradient on  $\mathbb{R}^n$ .

If  $F \in C_L^1$ , then

$$H(x) \stackrel{\text{def}}{=} \frac{L}{2}\|x\|^2 - F(x)$$

is convex.

Hint: monotonicity of  $\nabla H(x)$ , i.e.

$$\begin{aligned}\langle \nabla H(x) - \nabla H(y), x - y \rangle &= L\|x - y\|^2 - \langle \nabla F(x) - \nabla F(y), x - y \rangle \\ &\geq L\|x - y\|^2 - L\|x - y\|^2 \\ &= 0.\end{aligned}$$

## Descent lemma

### Lemma (Descent lemma, quadratic upper bound)

Let  $F \in C_L^1$ , then there holds

$$F(y) \leq F(x) + \langle \nabla F(x), y - x \rangle + \frac{L}{2} \|y - x\|^2, \forall x, y \in \text{dom}(F).$$



## Descent lemma

### Lemma (Descent lemma, quadratic upper bound)

Let  $F \in C_L^1$ , then there holds

$$F(y) \leq F(x) + \langle \nabla F(x), y - x \rangle + \frac{L}{2} \|y - x\|^2, \forall x, y \in \text{dom}(F).$$

**Proof.** Define  $H(t) = F(x + t(y - x))$ , then

$$\begin{aligned} F(y) - F(x) &= H(1) - H(0) = \int_0^1 \nabla H(t) dt = \int_0^1 (y - x)^T \nabla F(x + t(y - x)) dt \\ &\leq \int_0^1 (y - x)^T \nabla F(x) dt + \int_0^1 \left| (y - x)^T (\nabla F(x + t(y - x)) - \nabla F(x)) \right| dt \\ &\leq (y - x)^T \nabla F(x) + \int_0^1 \|y - x\| \|\nabla F(x + t(y - x)) - \nabla F(x)\| dt \\ &\leq (y - x)^T \nabla F(x) + \|y - x\| \int_0^1 tL \|y - x\| dt \\ &= (y - x)^T \nabla F(x) + \frac{L}{2} \|y - x\|^2. \end{aligned}$$

**NB:** first-order condition of convexity for  $H(x) \stackrel{\text{def}}{=} \frac{L}{2} \|x\|^2 - F(x)$ .

## Descent lemma: consequences

### Corollary

Let  $F \in C_L^1$  and  $x^* \in \text{Argmin}(F)$ , then

$$\frac{1}{2L} \|\nabla F(x)\|^2 \leq F(x) - F(x^*) \leq \frac{L}{2} \|x - x^*\|^2, \forall x \in \text{dom}(F).$$

## Descent lemma: consequences

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**Proof.** Right-hand inequality:  $\nabla F(x^*) = 0$ ,

$$F(x) \leq F(x^*) + \langle \nabla F(x^*), x - x^* \rangle + \frac{L}{2} \|x - x^*\|^2, \forall x \in \text{dom}(F).$$

Left-hand inequality:

$$\begin{aligned} F(x^*) &\leq \min_{y \in \text{dom}(F)} \left\{ F(x) + \langle \nabla F(x), y - x \rangle + \frac{L}{2} \|y - x\|^2 \right\} \\ &= F(x) - \frac{1}{2L} \|\nabla F(x)\|^2. \end{aligned}$$

The corresponding  $y$  is  $y = x - \frac{1}{L} \nabla F(x)$ .

## Co-coercivity of gradient

### Lemma (Co-coercivity)

Let  $F \in C_L^1$ , then

$$\langle x - y, \nabla F(x) - \nabla F(y) \rangle \geq \frac{1}{L} \|\nabla F(x) - \nabla F(y)\|^2.$$

- Co-coercivity implies Lipschitz continuity
- For  $F \in C_L^1$ ,  $H(x) \stackrel{\text{def}}{=} \frac{L}{2} \|x\|^2 - F(x)$

$$\begin{aligned} \text{Lipschitz continuity of } \nabla F &\implies \text{Convexity of } H(x) \\ &\implies \text{Co-coercivity of } \nabla F(x) \\ &\implies \text{Lipschitz continuity of } \nabla F \end{aligned}$$

## Co-coercivity of gradient

### Lemma (Co-coercivity)

Let  $F \in C_L^1$ , then

$$\langle x - y, \nabla F(x) - \nabla F(y) \rangle \geq \frac{1}{L} \|\nabla F(x) - \nabla F(y)\|^2.$$

**Proof.** Define  $R(z) = F(z) - \langle \nabla F(x), z \rangle$ , then  $\nabla R(x) = 0$ .

Recall the lemma

$$F \in C_L^1 \text{ and } x^* \in \text{Argmin}(F): \frac{1}{2L} \|\nabla F(x)\|^2 \leq F(x) - F(x^*) \leq \frac{L}{2} \|x - x^*\|^2.$$

Then we have

$$\begin{aligned} F(y) - F(x) - \langle \nabla F(x), y - x \rangle &= R(y) - R(x) \geq \frac{1}{2L} \|\nabla R(y)\|^2 \\ &= \frac{1}{2L} \|\nabla F(y) - \nabla F(x)\|^2. \end{aligned}$$

Similarly, define  $S(z) = F(z) - \langle \nabla F(y), z \rangle$ , then

$$F(x) - F(y) - \langle \nabla F(y), x - y \rangle = S(x) - S(y) \geq \frac{1}{2L} \|\nabla F(x) - \nabla F(y)\|^2.$$

## Strongly convex function

### Definition (Strongly convex function)

Function  $F : \mathbb{R}^n \rightarrow \mathbb{R}$  is strongly convex if  $\text{dom}(F)$  is convex and for all  $x, y \in \text{dom}(F)$  and  $\theta \in [0, 1]$ , there exists  $\alpha > 0$  such that

$$F(\theta x + (1 - \theta)y) \leq \theta F(x) + (1 - \theta)F(y) - \frac{\alpha}{2}\theta(1 - \theta)\|x - y\|^2.$$

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$F$  is strongly convex with parameter  $\alpha > 0$  if

$$G(x) \stackrel{\text{def}}{=} F(x) - \frac{\alpha}{2}\|x\|^2$$

is convex.

Monotonicity:

$$\langle \nabla F(x) - \nabla F(y), x - y \rangle \geq \alpha\|x - y\|^2, \forall x, y \in \text{dom}(F).$$

Second-order condition for strong convexity: if  $F \in \mathcal{C}^2$ ,

$$\nabla^2 F(x) \succeq \alpha \text{Id}, \forall x \in \text{dom}(F).$$

## Quadratic lower bound

### Lemma (Quadratic lower bound)

Let  $F \in C^1$  and strongly convex, then

$$F(y) \geq F(x) + \langle \nabla F(x), y - x \rangle + \frac{\alpha}{2} \|y - x\|^2, \forall x, y \in \text{dom}(F).$$

**Proof.** first-order condition of convexity for  $G(x) \stackrel{\text{def}}{=} F(x) - \frac{\alpha}{2} \|x\|^2$ .



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**Proof.** first-order condition of convexity for  $G(x) \stackrel{\text{def}}{=} F(x) - \frac{\alpha}{2} \|x\|^2$ .

### Corollary

Let  $F \in C^1$  be  $\alpha$ -strongly convex and  $x^* \in \text{Argmin}(F)$ , then

$$\frac{\alpha}{2} \|x - x^*\|^2 \leq F(x) - F(x^*) \leq \frac{1}{2\alpha} \|\nabla F(x)\|^2, \forall x \in \text{dom}(F).$$

**Proof.** Left-hand inequality: quadratic lower bound. Right-hand inequality:

$$\begin{aligned} F(x^*) &\geq \min_{y \in \text{dom}(F)} \left\{ F(x) + \langle \nabla F(x), y - x \rangle + \frac{\alpha}{2} \|y - x\|^2 \right\} \\ &= F(x) - \frac{1}{2\alpha} \|\nabla F(x)\|^2. \end{aligned}$$

## Extension of co-coercivity

If  $F \in C_L^1$  and  $\alpha$ -strongly convex, then

$$G(x) \stackrel{\text{def}}{=} F(x) - \frac{\alpha}{2} \|x\|^2$$

is convex, and  $\nabla G$  is  $L - \alpha$ -Lipschitz continuous.

The co-coercivity of  $\nabla G$  yields

$$\langle \nabla F(x) - \nabla F(y), x - y \rangle \geq \frac{\alpha L}{\alpha + L} \|x - y\|^2 + \frac{1}{\alpha + L} \|\nabla F(x) - \nabla F(y)\|^2$$

for all  $x, y \in \text{dom}(F)$ .

$S_{\alpha, L}^1$ : functions in  $C_L^1$  that are  $\alpha$ -strongly convex.

## Rate of convergence

Sequence  $x_k$  converges linearly to  $x^*$  if

$$\lim_{k \rightarrow +\infty} \frac{\|x_{k+1} - x^*\|}{\|x_k - x^*\|} = \rho$$

holds for  $\rho \in ]0, 1[$ , and  $\rho$  is called the rate of convergence.

If  $x_k$  converges, let  $\rho_k = \frac{\|x_{k+1} - x^*\|}{\|x_k - x^*\|}$ ,

- if  $\lim_{k \rightarrow +\infty} \rho_k = 0$ : super-linear convergence
- if  $\lim_{k \rightarrow +\infty} \rho_k = 1$ : sub-linear convergence

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Superlinear convergence:  $q > 1$

$$\lim_{k \rightarrow +\infty} \frac{\|x_{k+1} - x^*\|}{\|x_k - x^*\|^q} < \eta$$

for some  $\eta \in ]0, 1[$ .

- $q = 2$ : quadratic convergence
- $q = 3$ : cubic convergence

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# Unconstrained smooth optimisation

## Problem (Unconstrained smooth optimisation)

*Consider minimising*

$$\min_{x \in \mathbb{R}^n} F(x),$$

*where  $F : \mathbb{R}^n \rightarrow \mathbb{R}$  is proper convex and smooth differentiable.*

Assumptions:

- $F \in C^1$  is convex
- $\nabla F(x)$  is  $L$ -Lipschitz continuous for some  $L > 0$
- Set of minimisers is non-empty, i.e.  $\text{Argmin}(F) \neq \emptyset$

## Gradient descent

Descent direction: let  $d = -\nabla F(x)$ , then

$$\langle \nabla F(x), d \rangle = -\|\nabla F(x)\|^2 \leq 0.$$

### Gradient descent

**initial:**  $x_0 \in \text{dom}(F)$ ;

**repeat:**

1. Choose step-size  $\gamma_k > 0$
2. Update  $x_{k+1} = x_k - \gamma_k \nabla F(x_k)$

**until:** stopping criterion is satisfied.

## Convergence analysis: constant step-size

- Owing to the quadratic upper bound

$$\begin{aligned} F(x_{k+1}) &\leq F(x_k) + \langle \nabla F(x_k), x_{k+1} - x_k \rangle + \frac{L}{2} \|x_{k+1} - x_k\|^2 \\ &= F(x_k) - \gamma \|\nabla F(x_k)\|^2 + \frac{\gamma^2 L}{2} \|\nabla F(x_k)\|^2 \\ &= F(x_k) - \gamma \left(1 - \frac{\gamma L}{2}\right) \|\nabla F(x_k)\|^2. \end{aligned}$$

Hence

$$F(x_k) - F(x_{k+1}) \geq \gamma \left(1 - \frac{\gamma L}{2}\right) \|\nabla F(x_k)\|^2.$$



## Convergence analysis: constant step-size

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Hence

$$F(x_k) - F(x_{k+1}) \geq \gamma \left(1 - \frac{\gamma L}{2}\right) \|\nabla F(x_k)\|^2.$$

- Let  $\gamma \in ]0, 2/L[$ ,

$$\gamma \left(1 - \frac{\gamma L}{2}\right) \sum_{i=0}^k \|\nabla F(x_i)\|^2 \leq F(x_0) - F(x_{k+1}) \leq F(x_0) - F(x^*),$$

- $F(x^*) > -\infty$ , rhs is a positive constant
- for lhs, let  $k \rightarrow +\infty$ ,

$$\lim_{k \rightarrow +\infty} \|\nabla F(x_k)\|^2 = 0.$$

**NB:** convexity is not required here.

## Convergence analysis: constant step-size

- Let  $\gamma \in ]0, 1/L]$ , then  $\gamma(1 - \frac{\gamma L}{2}) \geq \frac{\gamma}{2}$ , and

$$F(x_{k+1}) \leq F(x_k) - \frac{\gamma}{2} \|\nabla F(x_k)\|^2$$

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## Convergence analysis: constant step-size

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- Summability of  $F(x_k) - F(x^*)$ ,

$$\begin{aligned} \sum_{i=1}^k (F(x_i) - F(x^*)) &\leq \frac{1}{2\gamma} \sum_{i=1}^k (\|x_{i-1} - x^*\|^2 - \|x_i - x^*\|^2) \\ &= \frac{1}{2\gamma} (\|x_0 - x^*\|^2 - \|x_{k+1} - x^*\|^2) \\ &\leq \frac{1}{2\gamma} \|x_0 - x^*\|^2. \end{aligned}$$

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- Since  $F(x_k) - F(x^*)$  is decreasing

$$F(x_k) - F(x^*) \leq \frac{1}{k} \left( \sum_{i=1}^k (F(x_i) - F(x^*)) \right) \leq \frac{1}{2\gamma k} \|x_0 - x^*\|^2.$$

## Convergence analysis: strongly convex $F$

Besides the basic assumptions, let's further assume  $F \in S_{\alpha, L}^1$ .

Recall that, for all  $x, y \in \text{dom}(F)$

$$\langle \nabla F(x) - \nabla F(y), x - y \rangle \geq \frac{\alpha L}{\alpha + L} \|x - y\|^2 + \frac{1}{\alpha + L} \|\nabla F(x) - \nabla F(y)\|^2.$$

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Analysis for constant step-size: let  $\gamma \in ]0, 2/(\alpha + L)[$

$$\begin{aligned} \|x_{k+1} - x^*\|^2 &= \|x_k - \gamma \nabla F(x_k) - x^*\|^2 \\ &= \|x_k - x^*\|^2 - 2\gamma \langle \nabla F(x_k), x_k - x^* \rangle + \gamma^2 \|\nabla F(x_k)\|^2 \\ (\nabla F(x^*) = 0) &\leq \left(1 - \frac{2\gamma\alpha L}{\alpha + L}\right) \|x_k - x^*\|^2 + \gamma \left(\gamma - \frac{2}{\alpha + L}\right) \|\nabla F(x_k)\|^2 \\ &\leq \left(1 - \frac{2\gamma\alpha L}{\alpha + L}\right) \|x_k - x^*\|^2. \end{aligned}$$

## Convergence analysis: strongly convex $F$

Distance to minimiser:  $\rho = 1 - \frac{2\gamma\alpha L}{\alpha+L}$

$$\|x_k - x^*\|^2 \leq \rho^k \|x_0 - x^*\|^2.$$

- linear convergence
- for  $\gamma = \frac{2}{\alpha+L}$ ,

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Convergence rate of objective function value:

$$F(x_k) - F(x^*) \leq \frac{L}{2} \|x_k - x^*\|^2 \leq \frac{\rho^k L}{2} \|x_0 - x^*\|^2.$$

Numer of iterations  $k$  needed for  $F(x_k) - F(x^*) \leq \epsilon$

- $F \in C_L^1$ :  $O(1/\epsilon)$
- $F \in S_{\alpha,L}^1$ :  $O(\log(1/\epsilon))$



## Limits on convergence rate of gradient descent

First-order method:  $x_k$  is an element from the set

$$x_0 + \text{span}\{\nabla F(x_0), \dots, \nabla F(x_i), \dots, \nabla F(x_{k-1})\}. \quad (4.1)$$

Problem class:  $C_L^1$

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Problem class:  $C_L^1$

### Theorem (Nesterov)

*For every integer  $k \leq (n - 1)/2$  and every  $x_0$ , there exist functions in the problem class such that for any first-order method satisfies (4.1),*

$$\begin{aligned} F(x_k) - F(x^*) &\geq \frac{3}{32} \frac{L \|x_0 - x^*\|^2}{(k+1)^2}, \\ \|x_k - x^*\|^2 &\geq \frac{1}{8} \|x_0 - x^*\|^2. \end{aligned}$$

- Suggests  $O(1/k)$  is not the optimal rate
- Accelerated gradient methods can achieve  $O(1/k^2)$  rate

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- 1 Unconstrained smooth optimisation
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- 5 Heavy-ball method**
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## Observations

Gradient descent:

$$-\gamma \nabla F(x_k) = x_{k+1} - x_k.$$

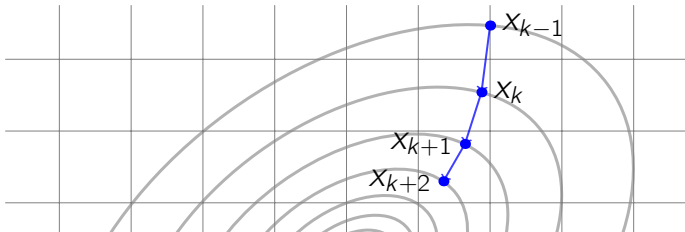
Consider the angle:  $\theta_k \stackrel{\text{def}}{=} \text{angle}(\nabla F(x_{k+1}), \nabla F(x_k))$ ,

$$\lim_{k \rightarrow +\infty} \theta_k = 0.$$

Prove this claim.

Let  $a > 0$  be some constant,

$$-\nabla F(x_{k+1}) \approx a(x_{k+1} - x_k).$$



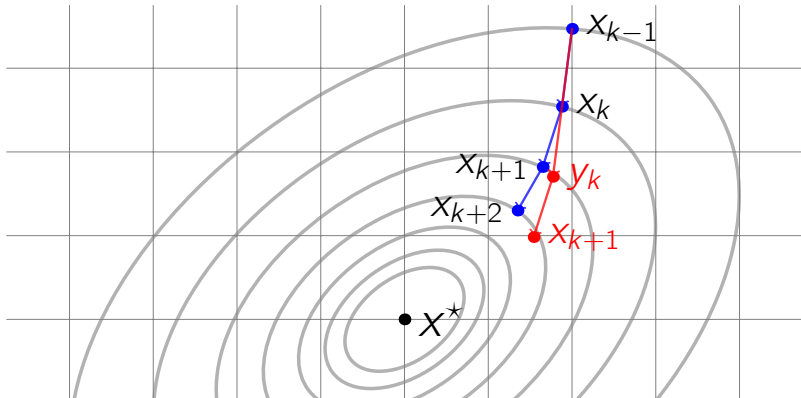
# Heavy-ball method

## Heavy-ball method (Polyak)

**Initial:**  $x_0 \in \text{dom}(F)$  and  $\gamma \in ]0, 2/L[$ ;

$$y_k = x_k + a_k(x_k - x_{k-1}), \quad a_k \in [0, 1],$$

$$x_{k+1} = y_k - \gamma \nabla F(x_k).$$



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**Initial:**  $x_0 \in \text{dom}(F)$  and  $\gamma \in ]0, 2/L[$ ;

$$\begin{aligned}y_k &= x_k + a_k(x_k - x_{k-1}), \quad a_k \in [0, 1], \\x_{k+1} &= y_k - \gamma \nabla F(x_k).\end{aligned}$$

- $x_k - x_{k-1}$  is called the inertial term or momentum term
- $a_k$  is called the inertial parameter
- Convergence can be proved by studying the Lyapunov function

$$\mathcal{E}(x_k) \stackrel{\text{def}}{=} F(x_k) + \frac{a_k}{2\gamma} \|x_k - x_{k-1}\|^2.$$

- In general, no convergence rate for  $F \in C_L^1$ . Local rate for  $F \in S_{\alpha,L}^2$

## Convergence rate

### Theorem

Let  $x^*$  be a (local) minimiser of  $F$  such that  $\alpha \text{Id} \preceq \nabla^2 F(x^*) \preceq L \text{Id}$  and choose  $a, \gamma$  with  $a \in [0, 1[, \gamma \in ]0, 2(1+a)/L[$ . There exists  $\underline{\rho} < 1$  such that if  $\underline{\rho} < \rho < 1$  and if  $x_0, x_1$  are close enough to  $x^*$ , one has

$$\|x_k - x^*\| \leq C\rho^k.$$

Moreover, if

$$a = \left( \frac{\sqrt{L} - \sqrt{\alpha}}{\sqrt{L} + \sqrt{\alpha}} \right)^2, \quad \gamma = \frac{4}{(\sqrt{L} + \sqrt{\alpha})^2} \quad \text{then} \quad \underline{\rho} = \frac{\sqrt{L} - \sqrt{\alpha}}{\sqrt{L} + \sqrt{\alpha}}.$$

- Starting points need to be close enough to  $x^*$
- Almost the optimal rate can be achieved by gradient method (or first-order method)
- Gradient descent

$$\underline{\rho} = \frac{L - \alpha}{L + \alpha}.$$

## Convergence rate: proof

- Taylor expansion

$$x_{k+1} = x_k + a(x_k - x_{k-1}) - \gamma \nabla^2 F(x^*)(x_k - x^*) + o(\|x_k - x^*\|).$$

- Let  $z_k = (x_k - x^*, x_{k-1} - x^*)^T$  and  $H = \nabla^2 F$ , then

$$z_{k+1} = \underbrace{\begin{bmatrix} (1+a)\text{Id} - aH & -a\text{Id} \\ \text{Id} & 0 \end{bmatrix}}_M z_k + o(\|z_k\|).$$

- Spectral radius  $\rho(M)$ ,  $\eta = 1 - \gamma\alpha$

$$0 = \rho^2 - (a + \eta)\rho + a\eta.$$

- $\rho(M)$  is a function of  $a$  and  $\eta$  (essentially  $\gamma$ ).



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## Convergence rate of gradient descent

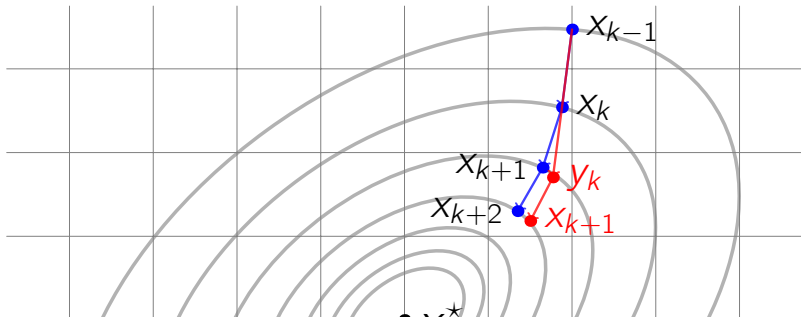
Gradient descent with constant step-size:

- $F \in C_L^1$

$$F(x_k) - F(x^*) \leq \frac{L\|x_0 - x^*\|^2}{k+4}.$$

- $F \in S_{\alpha,L}^1$

$$F(x_k) - F(x^*) \leq \frac{L}{2} \left( \frac{L-\alpha}{L+\alpha} \right)^2 \|x_0 - x^*\|^2.$$



## Nesterov's optimal scheme

### Optimal scheme with constant step-size

**initial:** Choose  $x_0 \in \mathbb{R}^n$ ,  $\phi_0 \in ]0, 1[$ ; Let  $y_0 = x_0$  and  $q = \alpha/L$ .

**repeat:**

1. Compute  $\phi_{k+1} \in ]0, 1[$  from equation

$$\phi_{k+1}^2 = (1 - \phi_{k+1})\phi_k^2 + q\phi_{k+1}.$$

Let  $a_k = \frac{\phi_k(1-\phi_k)}{\phi_k^2 + \phi_{k+1}}$  and

$$y_k = x_k + a_k(x_k - x_{k-1}).$$

2. Update  $x_{k+1}$  by

$$x_{k+1} = y_k - \frac{1}{L}\nabla F(y_k).$$

**until:** stopping criterion is satisfied.

## Convergence rate

### Theorem (Convergence rate)

Let  $\phi_0 \geq \sqrt{\alpha/L}$ , then

$$F(x_k) - F(x^*) \leq \min \left\{ \left(1 - \sqrt{\frac{\alpha}{L}}\right)^k, \frac{4L}{(2\sqrt{L} + k\sqrt{\nu})^2} \right\} \\ \times \left( F(x_0) - F(x^*) + \frac{\nu}{2} \|x_0 - x^*\|^2 \right),$$

where  $\nu = \frac{\phi_0(\phi_0 L - \alpha)}{1 - \phi_0}$ .

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Parameter choices:

- $F \in C_L^1$ :  $\phi_0 = 1$ ,

$$q = 0, \quad \phi_k \approx \frac{2}{k+1} \rightarrow 0 \quad \text{and} \quad a_k \approx \frac{1 - \phi_k}{1 + \phi_k} \rightarrow 1.$$

- $F \in S_{\alpha,L}^1$ :  $\phi_0 = \sqrt{\alpha/L}$

$$q = \sqrt{\frac{\alpha}{L}}, \quad \phi_k \equiv \sqrt{\frac{\alpha}{L}} \quad \text{and} \quad a_k \equiv \frac{\sqrt{L} - \sqrt{\alpha}}{\sqrt{L} + \sqrt{\alpha}}.$$

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## Dynamical system of gradient descent

From gradient descent

$$\frac{x_{k+1} - x_k}{\gamma} = -\nabla F(x_k).$$

Let  $\gamma$  be small enough

$$\dot{X}(t) + \nabla F(X(t)) = 0.$$

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Discretisation

- Explicit Euler method

$$\dot{X}(t) = \frac{X(t+h) - X(t)}{h}.$$

- Implicit Euler method

$$\dot{X}(t) = \frac{X(t) - X(t-h)}{h}.$$



## Dynamical system of inertial schemes

Given a 2nd order dynamical system

$$\ddot{X}(t) + \lambda(t)\dot{X}(t) + \nabla F(X(t)) = 0.$$

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Choices:

- Heavy-ball:  $h\lambda(t) \in ]0, 1[$ .
- Nesterov:  $\lambda(t) = \frac{d}{t}$ ,  $d > 3$ .

## Reference

- S. Boyd and L. Vandenberghe. Convex optimization. Cambridge university press, 2004.
- B. Polyak. Introduction to optimization. Optimization Software, 1987.
- Y. Nesterov. Introductory lectures on convex optimization: A basic course. Vol. 87. Springer Science & Business Media, 2013.