

Reflective Exercise Assessment Guide PHL1104 Spring 2023

The purpose of this exercise is to develop your capacity to think critically and creatively by reflecting on your understanding of the nature of happiness and the good life. In weeks 1-2 of the unit you will write down your best answer to the question: 'What are the keys to happiness?' In the reflective exercise to be submitted in week 5, you will reflect again on this question, this time in light of the reading you have done and discussions you have had in Part 1 of the course. You are encouraged to reflect on how your thinking about the nature of happiness has changed through your study of the ancient philosophers.

The reflection should be no longer than 2 pages and submitted through HuskyCT.

The reflection will contribute 20 marks to your final percentage score. The following guidelines will be used for grading.

Grade	Typical assignment characteristics
A range	Excellent written reflection. Shows high degree of engagement with the issue; shows high degree of critical self-reflection; shows a very good understanding of the relevant philosophical texts; gives accurate interpretations of the relevant texts; contains evidence of creativity; writing is consistently good and without grammatical errors.
B range	Good written reflection. Shows high degree of engagement with the issue; shows high degree of critical self-reflection; shows a good understanding of the relevant philosophical texts; gives largely accurate interpretations of the relevant texts; contains evidence of creativity; writing is mostly good with few grammatical errors.
C range	Adequate written reflection. Shows some degree of engagement with the issue but only a barely satisfactory level of critical self-reflection; shows some understanding of the relevant philosophical texts but at a superficial level; interpretation of the relevant texts is adequate but may contain some inaccuracy; writing is satisfactory but has some errors.
D range	Marginally adequate written reflection. Lacks serious engagement with the issue and shows barely any degree of critical self-reflection; shows a superficial level understanding of the relevant philosophical texts; interpretations of the relevant texts contain significant errors; writing contains several grammatical errors.
F	Inadequate written reflection. Lacks engagement with the issue and shows very little evidence of critical self-reflection; shows just a superficial level understanding of the relevant philosophical texts; interpretations of the relevant texts contain serious errors; writing contains many grammatical errors.

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