## Extremely enthusiastic and high-energy University graduate with over eight years of assorted part-time positions that maximize interpersonal skills and guest/client satisfaction. Seeking to excel in customer service and sales in a demanding sector of the workforce.

## EXPERIENCE

### CytoSport, Muscle MLK, Montreal, QC

May 2014-Current

Regional Account Manager, Brand Ambassador, Protein Trainer

* Organized and set-up events and product samplings in Eastern Canada
* Relationship management with external agencies and business employees
* Appropriated staff scheduling and accounted product supply charts
* Marketed myself, my protein trainer staff, and the brand with utmost respectability

*Towne Hall Moderne Bistro, Montreal, QC*

April 2012-April 2013

Bartender/Waitress

* Full-time employee in Montreal, simultaneously full-time student in Sherbrooke
* Mastered time management and organizational behaviour
* Opened/closed the bar and began training new staff to ensure the restaurants consistency

### Something Else Steakhouse, Jasper, AB

May 2011-July 2011, withstanding position

Fine Dining Server, Daytime Floor/Bar Manager, Barmaid

* Daytime floor manager, responsible for effectively leading and developing a team
* Worked two full-time serving positions (one being Managerial)
* Service Plus and Guest Satisfaction ‘Employee of the Month’ at prestigious resort
* Ensured Health & Safety standards
* Organized and advertised special events and private parties

*Recyclex, Montreal-Est, QC*

June 2006- September 2012

Administrative Assistant

* Assisted President with scheduling, facilitated daily activities
* Attained superior computer knowledge and developed a flawless filing system]
* Greeted clients, engaged in basic company account management and balanced dividends

## EDUCATION

### 

### Bishop's University, Sherbrooke, QC

September 2009-April 2014

* B.A. in English Culture and Media Studies; minors in Creative Writing, Journalism
* L.E.A.P. Portfolio with Distinction
* Fashion Show Volunteer; Cumulative +80 hours community service
* Big Brother Volunteer, Frosh Queen, Leader and Judge

### Portsmouth Abbey School, Portsmouth, RI

September 2007-May 2009

* GPA: 3.8
* Hockey Team Captain, leading scorer All-New England 2 consecutive years
* V Lacrosse Assistant Captain, V Track and Field, V Soccer

### Queen of Angels Academy, Dorval, QC

September 2002- June 2007

* Honor Roll Student 5 years
* Volunteered at over a dozen events, completing +60 hrs of community service
* MC Performing Arts Festival, Social Events Coordinator, Numerous Extra Curriculars

## 

## SKILLS

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

* Communication skills; Bilingual in French and English, verbal and written
* Excellent Customer Service etiquette
* Ability to handle pressure, easily able to work in fast-paced environment
* Team Oriented and Goal Driven, Passionate, Personable, Approachable
* Dynamic, Proactive, Outgoing, Genuine and Balanced

*References available upon request*