

Survey Executive Summary

Respondents

855

Individuals

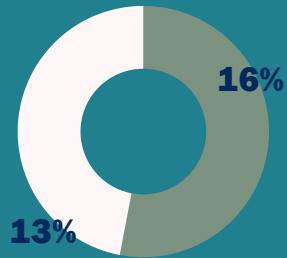
*34 not from PNM region
821 total included



Substance Use

47%

of survey respondents consume alcohol, tobacco, or illegal drugs.



Stress

Boredom

Health Status

POOR HEALTH

status was primarily reported by White and Black or African American population.



8%

of survey respondents faced transportation issues



*reported to be from 25-44 years of age

Content

Survey consisted of questions related:



General, mental & oral health

Access to health care

Substance use

Impact of COVID-19 on health & quality of life

Community wellbeing

Income

\$20K

People with an annual income less than \$20k and between \$35k-\$49,999 mainly reported worsening of financial situation.



Delayed Health Care



About **26%** of people experienced delay in seeking professional help for mental health during pandemic and this was mainly because the mental health care was expensive, or they did not think that the problem was serious enough.

Most reported reason for delay in obtaining oral health care were expense, unable to get an appointment and lack of insurance coverage.

Access to Health Information



Majority of respondents received health information from social media, family, friends, health officials or county media website and television news.

38%
doubted whether the source was trustworthy.

19%
had an issue understanding medical terms.

12%
don't know where to find health information