Mental Health Risk Text Classifier

Can Text Data Identify Risk?

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The Problem

Diagnosing is limited

 Based on infrequent conversations between clinicians and patients

Some questionnaires; but many feel they are

outdated

Need More Data!!!



Text Classification with Reddit Posts

Methods:

- PRAW for web-scraping Reddit data
- Multinomial Naïve Bayes classification
- Deep neural networks
- Feature Extraction
- Count Vectorization
- TF-IDF Vectorization



RESULTS

 Mental Health Risk / Non-Mental Health Risk Classifier

- Precision: 0.76

Recall: 0.78

– Accuracy: 0.77

- F1 Score: 0.77



RESULTS

Suicide Risk Classifier

– Accuracy: 0.66

– Precision: 0.64

- Recall: 0.77

- F1 Score: 0.70



IMPORTANT FEATURES

- "anxiety"
- "suicide"
- "life"
- "die"
- "kill"
- "anymore"
- Post Length shorter contributed to more suicidal posts
- "live"
- "fuck"
- Percentage Absolutist Words used Higher percentage contributed to more suicidal posts

RECOMMENDATIONS

Clinicians can utilize to identify/diagnose

- Clinicians can track progress
 - New medications

- Can also be used by family members
 - Parents
 - spouses

FUTURE WORK

- More data!
 - My measly computer couldn't handle that much text data...
- Better data!
 - Relying on redditors to self-diagnose themselves by posting in suicide/depression/anxiety forums is not reliable!
 - Control forums used: cannot rule out that these redditors are also in fact suffering from mental illness

FUTURE WORK CONTINUED

PRIVACY!!!

- Ensure that text is not being used improperly
- Especially if future data utilizes unpublished texts



"Before I write my name on the board, I'll need to know how you're planning to use that data."

QUESTIONS?

