

1 **Southern Ocean Deep Circulation and Heat Uptake in a High-Resolution**
2 **Climate Model**

3 Emily R. Newsom (corresponding author)*, *Department of Earth and Space Sciences, University*
4 *of Washington*

5 Cecilia M. Bitz, *Department of Atmospheric Sciences, University of Washington*

6 Frank O. Bryan, *Climate and Global Dynamics Division, National Center for Atmospheric*
7 *Research*

8 Ryan Abernathey, *Department of Earth and Environmental Sciences, Columbia University*

9 Peter R. Gent, *Climate and Global Dynamics Division, National Center for Atmospheric Research*

10

11 For consideration in *Journal of Climate*

12

13

14 **Corresponding Author Address**

15 Department of Earth and Space Sciences

16 University of Washington

17 Johnson Hall Rm-070, Box 351310

18 4000 15th Avenue NE

19 Seattle, WA 98195-1310

20 Phone: (510) 220-5830

21 Fax: (206) 543-0489

22 Email: enewsom@uw.edu

24 **Abstract**

25 **The dynamics of the lower cell of the meridional overturning circulation (MOC) in**
26 **the Southern Ocean are compared in two versions of a global climate model: one with high-**
27 **resolution (0.1°) ocean and sea ice and the other a lower resolution (1.0°) counterpart. In the**
28 **high-resolution version, the lower cell circulation is stronger and extends further northward**
29 **into the abyssal ocean. Using the water-mass-transformation framework, it is shown that the**
30 **differences in the lower cell circulation between resolutions are explained by: greater rates of**
31 **surface-water-mass transformation within the higher resolution Antarctic sea ice pack; and**
32 **by differences in diapycnal-mixing-induced transformation in the abyssal ocean.**

33 **While both surface and interior transformation processes work in tandem to sustain**
34 **the lower cell in the control climate, the circulation is far more *sensitive* to changes in surface**
35 **transformation in response to atmospheric warming from raising carbon dioxide levels. The**
36 **substantial reduction in overturning can be attributed primarily to reduced surface heat loss.**
37 **At high resolution, the circulation slows more dramatically, with an anomaly that reaches**
38 **deeper into the abyssal ocean and alters the distribution of Southern Ocean warming. The**
39 **resolution dependence of associated heat uptake is particularly pronounced in the abyssal**
40 **ocean (below 4000m), where the higher-resolution version of the model warms 4.5 times**
41 **more than its lower-resolution counterpart.**

42

43 **1. Introduction**

44 The vast majority of the energy gained by the climate system during periods of global
45 radiative imbalance is stored within the global ocean (e.g., Levitus et al., 2001; Abraham et al.,
46 2013). The effective volume of ocean available to warm at a given time is set by the rate at which

47 heat can be moved from the surface mixed layer into the deep ocean (e.g., Hansen et al., 1985),
48 redirecting heat that would otherwise warm the surface. Therefore, deep ocean heat uptake plays a
49 critical role in slowing the pace of global surface warming in response to greenhouse gas forcing
50 (e.g., Gregory 2000; Held et al., 2010; Raper et al., 2002; Kostov et al., 2014).

51 The deep and abyssal ocean is filled by water masses formed at the high-latitudes; deep
52 ocean heat uptake proceeds through the warming and redistribution of these polar-sourced water
53 masses. The deep water mass formed at the Southern Ocean surface, Antarctic Bottom Water
54 (AABW), comprises a large fraction of the oldest waters found in the global abyssal ocean
55 (Johnson, 2008; Gebbie and Huybers, 2012). Consequently, the heat content of the global abyssal
56 ocean is directly influenced by Southern Ocean processes. Indeed, the estimated 0.1 Wm^{-2} rate of
57 global ocean heat uptake below 2000 m over the last 30 years was driven primarily by the warming
58 of AABW. This warming is likely linked to changes in the surface ocean and climate around
59 Antarctica (Purkey and Johnson, 2010, 2013). Further, the impact of ocean heat uptake is
60 particularly high within the Southern Ocean, where it acts to curb surface warming that would
61 otherwise be strongly amplified by the combined effects of the sea-ice albedo feedback and a
62 stably stratified atmosphere (Armour et al., 2013).

63 While the Southern Ocean plays a fundamental role in climate change, the unique influence
64 of small-scale processes on its circulation presents modeling challenges. Processes such as
65 mesoscale eddy mixing, internal wave breaking, turbulent overflows, and convection have first
66 order effects on the overturning circulation. Because these processes are often sub-grid scale in
67 modern general circulation models (GCMs), they are either parameterized or underresolved. The
68 simplest and most ubiquitous parameterization is simply grid-scale diffusion and viscosity, which
69 is often prescribed by numerical considerations rather than physical ones. Deep ocean circulation

70 and stratification are quite sensitive to diapycnal diffusion (Bryan, 1987; Cummins et al., 1990),
71 and diffusion (including spurious numerical diffusion) itself is resolution dependent (Griffies et al.,
72 2000; Hill et al., 2012, Urakawa and Hasumi, 2014). Coarse resolution models employ mesoscale
73 eddy transport schemes, comprised of isopycnal diffusion (Redi, 1982) and eddy-induced
74 advection (Gent and McWilliams, 1990, hereafter GM). These parameterizations involve tuning
75 parameters that strongly influence the circulation (Danabasoglu and McWilliams, 1995;
76 Gnanadesikan, 1999; Pradal and Gnanadesikan, 2014; Gnanadeskian et al., 2015). Overflow
77 parameterizations have been employed with limited success (Danabasoglu et al., 2012; Snow et al.,
78 2015), as have abyssal tidal mixing schemes (Jayne, 2009). The recent advent of global mesoscale
79 resolving/permitting ocean models allows some such parameterizations and other scale-dependent
80 processes to be evaluated against more direct explicit simulation, especially with respect to the
81 mesoscale (McClean et al., 2011; Griffies et al. 2015).

82 The potential for inadequate model resolution to bias Southern Ocean dynamics has
83 garnered substantial attention in the literature. The focus has been mostly directed towards the
84 behavior of the upper cell of the meridional overturning circulation (MOC) (see e.g., Henning and
85 Vallis, 2005; Hallberg and Gnandesikan, 2006; Farneti et al. 2010; Abernathey et al., 2011; Gent
86 and Danabasoglu, 2011; Bryan et al, 2014; Farneti et al., 2014; Gent, 2016). In contrast, the impact
87 of model resolution on lower cell of the MOC and its relationship to Southern Ocean abyssal heat
88 uptake is relatively unexplored. This is the aim of our paper.

89 The lower MOC is sustained by processes that make surface water denser, “pushing” water
90 into the abyssal ocean, and processes that reduce the density of dense water in the interior, “pulling”
91 it upwards again. In the abyssal ocean, water is “pulled” up via diapycnal mixing, the magnitude of
92 which is likely a key control on abyssal overturning strength (Nikurashin and Vallis, 2011, 2012).

Such mixing is accomplished by the breaking of locally generated internal waves over bathymetric features, geothermal heating, remote tidal dissipation and entrainment across strong density gradients in localized overflows (Naveira Garabato et al., 2004, 2007; Nikurashin et al., 2012, de Lavergne et al., 2015). Transient eddy fluxes, which redistribute potential energy and result in the northward transport of dense water in the abyss, have also been linked to mixing rates and overturning strength because of their influence on abyssal stratification (Ito and Marshall, 2008). A misrepresentation of these abyssal diapycnal mixing processes could introduce biases into the lower cell dynamics.

The descending branch of the lower cell is sustained by buoyancy loss at high latitudes via the interaction of cold, salty water that is rejected during sea ice growth (especially in coastal polynyas and leads); extremely cold, fresh water formed from sub ice-shelf melting; and comparatively warm, salty Lower Circumpolar Deep Water (LCDW) that upwells near the coast (Orsi et al., 1999; Jacobs, 2004; Gordon, 2001). Polynyas and leads, which are key moderators of heat loss and brine rejection, form on spatial and temporal scales below the resolution of the current generation of GCMs (Stössel et al., 2007, Wilmott et al., 2007). Additionally, recent studies have suggested that transient eddies are key to the transport of AABW across the continental shelf front (where the deformation radius is on order 1-10 km), as is the input of momentum from coastal easterly winds (Stewart and Thompson, 2012, 2015a; Thompson et al., 2014). In sum, sea ice formation, the formation of dense plumes, transient cross-shelf flow, and sub ice-shelf processes all occur on scales smaller than the grid spacing of most GCMs; as a result, most models misrepresent the volume and formation rate of AABW. Indeed, Heuzé et al. (2013) found that no model participating in phase 5 of the Coupled Model Intercomparison Project (CMIP5; Taylor et al., 2012) formed AABW via the sinking of shelf waters. Instead the majority

116 of models formed bottom waters by (possibly spurious) open ocean convection, leading to large
117 biases in the abyssal ocean density simulated in most of the CMIP5 models analyzed in their study.

118 Here, we explore how increasing model resolution in the ocean and sea ice components
119 influences the dynamics of the lower cell of the MOC. We are motivated by the questions: does
120 resolution alter the lower cell in the mean state? And, does resolution affect the rate of Southern
121 Ocean heat uptake under greenhouse warming? Ours is, to the best of our knowledge, the first
122 study to investigate the resolution dependence of this circulation in a coupled model. We use a
123 GCM configured at resolution high enough to capture coastal polynyas and to explicitly resolve
124 transient eddies throughout much of the global ocean, and compare the results to a lower resolution
125 counterpart, configured at a resolution typical of CMIP5 models.

126 **2. Model setup and analysis**

127 **2a. Model and Experiments**

128 We use the Community Climate System Model version 3.5 (CCSM3.5), with ocean and
129 sea ice at two resolutions, while maintaining identically configured atmosphere and land
130 components. The high-resolution version (HR) is run with 0.1° resolution in the sea ice and ocean
131 components. The comparatively low-resolution version (LR) is run at 1° resolution in the ocean
132 and sea ice. The atmospheric component has a finite-volume dynamical core and is run in both
133 cases at identical resolution: 26 vertical levels, with horizontal resolution of $0.47^\circ \times 0.63^\circ$ (as in
134 Gent et al., 2010). The horizontal resolution of the land model is the same as for the atmosphere.
135 The HR and LR setups are identical to those used in Kirtman et al. (2012), Bitz and Polvani (2012),
136 and Bryan et al. (2014).

137 HR has a sufficiently fine ocean horizontal grid to be deemed eddy resolving at low and
138 mid latitudes and eddy permitting at very high latitudes (south of $\sim 50^\circ$ S), following Smith et al.

139 (2000). Grid spacing near the Antarctic coast is ~3-5 km, which we will show improves the
140 resolution of sea ice dynamics. In contrast, LR is non-eddy resolving, and relies on the GM eddy
141 parameterization with a spatially and temporally varying GM coefficient that depends on the
142 square of the local buoyancy frequency (see Danabasoglu and Marshall, 2007, and Gent and
143 Danabasoglu, 2011). No overflow parameterizations were employed in this model, and neither of
144 the resolutions examined here exhibits grid-scale-size, full-depth open-ocean convection (a
145 problem endemic to some GCMs, i.e., Heuzé et al., 2013). Control integrations of HR and LR
146 were run with 1990's carbon dioxide mixing ratios for 167 yr. Kirtman et al. (2012) describe in
147 depth the configuration and climate of the control integrations.

148 Perturbed runs were branched from the control integrations of each resolution (LR and HR)
149 at year 77. Each perturbed run was subject to a 1% increase in the carbon dioxide mixing ratio of
150 the atmosphere until carbon dioxide doubling was reached at year 147; thereafter, carbon dioxide
151 mixing ratios were held fixed for the next twenty years. To minimize the impact of possible
152 climate drift, we define the “response” or “anomaly” of a given field in a perturbed run as the
153 difference between its average during the 20-year period after carbon dioxide doubling and its
154 average during the contemporaneous 20 years in the control integration. Because of the
155 computational expense at high resolution, our control runs are necessarily short relative to the
156 equilibration timescale of the deep ocean, and there is still a small drift in deep ocean temperatures
157 from the branch point to the end of the control runs at either resolution (see Kirtman et al., 2012).
158 We find this drift has a minimal effect on isopycnal inflation (explained subsequently) in our
159 control simulations. However, we cannot conclusively rule out that the features we diagnose are
160 transient.

161 One limitation of this model, of particular relevance to this study, is the absence of
162 interactive ice shelves. Instead, the mass balance of Antarctica is enforced by uniformly freshening
163 and cooling the ocean at the continental margin by any precipitation reaching the Antarctic
164 continent that causes the snow depth to exceed a maximum value of 1m, termed “ice
165 runoff”. Raising carbon dioxide results in an increase in ice runoff owing to higher snowfall rates
166 over Antarctica from increased poleward moisture transport. However, in this model, the reduction
167 in sea ice formation and increase in precipitation over the ocean near Antarctica are a much greater
168 source of anomalous freshwater than Antarctic ice or meltwater runoff (see Kirkman and Bitz,
169 2011).

170

171 **2b. Isopycnal Overturning and Water Mass Transformation**

172 A challenge to understanding the impact of model resolution on circulation is the
173 certainty that increasing resolution will affect multiple processes simultaneously. We try to assess
174 the relative importance of different processes in altering the circulation by employing the water-
175 mass-transformation framework, first introduced by Walin (1982) and further developed in many
176 subsequent studies (e.g., Speer and Tziperman, 1992, Marsh et al., 2000, Bryan et al., 2006,
177 Iudicone et al., 2008). We consider the ocean circulation most directly related to stratification by
178 calculating an overturning streamfunction along surfaces of constant density (Döös and Webb,
179 1994). We refer to the time average of this field

180
$$(1) \psi^\sigma(\sigma, y) \equiv -\frac{1}{(t_1-t_0)} \int_{t_0}^{t_1} \int_{x_W}^{x_E} \int_{-B(x,y)}^{z(x,y,\sigma,t)} v(x, y, z^*, t) dz^* dx dt$$

181 as the *isopycnal MOC*, where v is the total meridional velocity (including the bolus velocity in LR),
182 σ is potential density, x is longitude (positive eastward), y is latitude (positive northward), z is
183 depth (positive upward), B is the ocean bottom depth, and t is time. The component of the MOC

from Eq. 1 with v equal to the time-mean velocity and σ equal to the time-mean isopycnal depth is the *mean isopycnal MOC*, ψ_m^σ . The impact of transient eddies on the isopycnal MOC (or the *transient eddy-induced isopycnal MOC*, ψ_E^σ) can be expressed as the difference between the total and mean MOC components:

$$(2) \quad \psi_E^\sigma = \psi^\sigma - \psi_m^\sigma.$$

The transient eddy-induced MOC emerges as a result of explicitly resolved eddies in HR, while in LR, it is computed from the GM parameterized bolus velocity field using Eq. 1 with $v = v_{bolus}$. At either resolution, the impact of standing eddies and gyres as well as any steady correlations between density and non-zonally uniform flow can be expressed as the difference between the mean isopycnal MOC and a *depth-space* MOC, ψ^z (Dufour et al., 2012), the latter of which is calculated in the more traditional method relative to surfaces of constant depth.

The isopycnal circulation ψ^σ persists on a global scale because of the continual redistribution of seawater between density classes. As illustrated in Fig. 1, the volume of a region of the ocean, V , below and southward of isopycnal σ and latitude y varies with the volume flux across its boundaries. Considering the volume, V , south of any given σ and y , the volume inflation can be expressed as:

$$(3) \quad \frac{d}{dt}V(\sigma, y, t) = \psi^\sigma(\sigma, y, t) - [F(\sigma, y, t) + Dmix(\sigma, y, t)],$$

where the latter two terms together represent water mass transformation, with $F(\sigma, y, t)$ induced by air-sea fluxes at the sea surface (*surface transformation*) and $Dmix(\sigma, y, t)$ induced by mixing across density surfaces in the interior (*interior transformation*). A general definition of surface transformation, F_{gen} , is:

$$(4) \quad F_{gen}(\sigma, t) = -\frac{\partial}{\partial \sigma} \iint_{A[\sigma^* > \sigma]} f_{surf}(x, y, t) dA.$$

206 where f_{surf} is the spatial distribution of surface density flux, a function of heat and freshwater
207 fluxes (f_{heat} and f_{water} , defined positive downward):

208

$$(5) f_{surf}(x, y, t) = -\frac{\alpha}{c_p} f_{heat}(x, y, t) - \frac{\rho_0}{\rho_{fw}} \beta S_o f_{water}(x, y, t).$$

209 Here, α and β are the coefficients of thermal expansion and saline contraction, respectively, c_p is
210 the specific heat of seawater, ρ_0 is a reference seawater density, ρ_{fw} is the density of freshwater,
211 and S_o is a reference salinity. To directly compare surface transformation to the circulation at a
212 given latitude, y , as in Eq. 3, we must consider only the net surface transformation occurring south
213 of y , which we call simply F . This can be calculated as:

214

$$(6) F(\sigma, y, t) = F_{gen}(\sigma, t) \mathcal{H}(\sigma - \sigma_{min}(y, t)),$$

215 where \mathcal{H} is the Heaviside function and σ_{min} is the lowest density to outcrop at latitude y . The
216 term F is positive toward lighter densities for direct comparison with the MOC in the Southern
217 Hemisphere. The interior transformation, D_{mix} , can be defined similarly to F , however doing so
218 requires knowledge of time-varying, three-dimensional diffusive fluxes, which were not saved for
219 these simulations due to data storage limitations. Instead, we follow Marsh et al. (2000) and
220 calculate D_{mix} at latitude y as a residual of the other terms in Eq. 3. This effectively measures the
221 path integrated interior transformation at each density between the surface and y . With this method,
222 we cannot identify the specific mixing processes responsible for interior diapycnal volume fluxes,
223 though we can gain insight into the relative importance of surface and interior transformation on
224 MOC strength.

225 It is important to note two caveats to our analysis. First, we use a reference pressure of
226 2000 dbar to calculate potential density, known as σ_2 , for both our surface transformation and
227 MOC calculations, since our focus is on the deep ocean; however, the choice of reference pressure
228 may affect our results (Iudicone et al., 2008, Stewart and Thompson, 2015b). Secondly, due to

prohibitive amounts of data generated in HR, we were restricted to saving monthly data, meaning that higher frequency transient behavior isn't captured in our analysis. Ballarota et al. (2013) explored the temporal and spatial scales at which transient behavior was most influential: though daily timescales were important to the upper MOC cell, their impact was much smaller in the lower MOC cell. Furthermore, in a spectral analysis of eddy heat fluxes in the same class of eddy-resolving model, Abernathay and Wortham (2015) found that sub-monthly variability makes a negligible contribution to the total heat flux. Thus, we expect to capture the majority of transient fluctuations most relevant for our analysis.

3. Control State Results

It is essential to understand the mean state of the Southern Ocean at each resolution to interpret how resolution affects the response to carbon dioxide forcing. Compared to LR, HR produces consistently saltier and colder waters on the continental shelf and throughout the deep Southern Ocean (Fig. 2a-f). In the abyssal ocean (below 4000 meters) waters are colder by approximately 0.45 °C and saltier by approximately 0.016 psu on average. Near the surface, HR forms a fresher branch of Antarctic Intermediate Water (AAIW) and warmer surface water. In comparison to World Ocean Circulation Experiment (WOCE: publically available at <http://seahunt.ucsd.edu/find.html>) hydrographic data, both model resolutions form deep waters that are too saline. This salinity bias is more pronounced in HR, which may be the result of non-local processes impacting the salinity of upwelling circumpolar deep water (CDW), such as by brine rejection from sea ice in the Northern Hemisphere (Kirtman et al., 2012). Bottom waters formed in HR are too cold in some regions, while bottom waters in LR are consistently too warm. An example of these large-scale properties is shown along an Indian Ocean transect (WOCE

252 identification IO8 in Fig. 2g-l), though we note that the comparison between each model and
253 observations varies significantly with region.

254 These zonally averaged properties arise from rich spatial structures. Irrespective of
255 resolution, the densest waters in the abyssal ocean (Fig. 3c-d) outcrop in the coastal regions of the
256 Ross and Weddell Seas (Fig. 3a-b). The waters extending from the high latitude surface into the
257 abyssal ocean are notably denser in HR. The densest of these bottom waters emanate from the
258 Ross and Weddell continental shelves, as is illustrated by the distribution of ocean bottom
259 temperature and salinity (Fig. 4). Both the density and the density response to increased resolution
260 are highest in these shelf regions, and both decrease with distance from the shelf following
261 topographically driven AABW export pathways. These distributions imply that differences in
262 surface properties propagate into the deep ocean from these locations.

263 To understand how differences in stratification and abyssal properties are manifested in the
264 large-scale circulation, we examine the MOC south of the equator. In Fig. 5 we show the relative
265 contributions towards the circulation ψ^σ from each of the components in Eq. 2. In our control
266 simulation, the volume inflation contributes only a small term (on order 1 Sv) and thus we ignore it
267 in this calculation. To visualize the spatial distribution of the large-scale isopycnal circulation, we
268 have projected each component onto the depth of each mean isopycnal in Fig. 5.

269 We focus our analysis on differences in the lower cell, which emerge more robustly when
270 the circulation is defined along isopycnals (ψ^σ). In light of the recent focus on model resolution in
271 the upper cell, as mentioned in the introduction, it is noteworthy that in this model, features of the
272 lower cell vary significantly with resolution. There are two distinct local minima in ψ^σ (see Fig.
273 5a-d). One minimum is associated with the export of dense surface waters into the abyssal ocean
274 and their return flow, contained south of 55° S, which we define as the “sub-polar range” of the

lower cell. This feature is weak in the depth-space overturning, likely because much of the export of dense water occurs in the Ross and Weddell Gyres, as is suggested by the distribution of bottom temperature and salinity. The second minimum, in what we refer to as the “abyssal range” of the lower cell to describe overturning north of 55° S and south of the equator, is associated with the circulation of dense waters north of the ACC. Across this latitude range, bottom waters must mix sufficiently with lighter waters to upwell at the polar surface. The apparent spatial separation of these circulation minima, seen in most climate models (Farneti et al., 2015), derives from the partial recirculation of Weddell and Ross Sea waters at high latitudes. This separation is much reduced by density transport achieved by eddy fluctuations (resolved or parameterized), evident in the transient eddy-induced streamfunctions shown in Fig. 5. This counterclockwise transient eddy-induced cell, ψ_E^σ , is strongest between 45°-60° S and reaches from the upper ocean to the full depth (Fig. 5 e and f). The lack of resolution dependence in the structure of ψ_E^σ suggests that the eddy parameterization in LR is well calibrated, though ψ_E^σ is stronger near the ocean bottom in HR, indicating that resolved eddies may alter the northward export of very dense AABW. Further, it is possible that we underestimate the strength of the HR eddy-induced cell by using monthly velocities in Eq. 1, particularly in the upper cell where daily correlations between velocity and temperature may become more important (Ballarotta et al, 2013).

In contrast to ψ_E^σ , there are striking resolution-dependent differences in the mean isopycnal overturning, ψ_m^σ (Fig 5 c versus d); these differences dominate the resolution-dependence of the total overturning, ψ^σ . Mean transport in the sub-polar range is stronger in HR (26 Sv versus 22 Sv in LR) and occurs on isopycnals that are deeper in the zonal average, corresponding to the production of more and relatively denser AABW in HR, consistent with the abyssal temperature and salinity fields. Mean overturning in the abyssal range extends further northward and remains

298 stronger throughout the abyssal ocean in HR, with an overturning maximum of 20 Sv around 40° S.
299 In contrast, the majority of lower cell overturning occurs south of 50° S in LR, north of which
300 abyssal overturning becomes relatively weak (with a maximum of 6 Sv).

301 The influence of resolution on surface and interior processes driving diapycnal volume
302 exchange can be compared via Eq. 3. Implicit to this analysis is the notion that both surface fluxes
303 and interior mixing processes can change the density of seawater on a given isopycnal, and in turn,
304 any change in density must drive a volume flux of seawater across isopycnals; the transformation
305 (separated into components F and D_{mix}) describes these induced volume fluxes. The sign of the
306 transformation denotes the direction of this volume flux, where a positive transformation is a
307 volume flux towards lighter isopycnals. Any slope in the transformation rate indicates that the
308 diapycnal volume flux differs across neighboring isopycnals, thus inducing a convergence or
309 divergence of seawater volume into or out of a given density class. In steady state, the convergence
310 [divergence] of volume into a density class will necessitate export [import] of water at that density,
311 i.e. its formation [destruction].

312 The surface transformation function ($F(\sigma, y, t)$ in Eq. 3) at 30° S captures the surface
313 regeneration of the major water masses of the Southern Ocean, specifically, the regions of net
314 positive transformation and net negative transformation associated with the upper cell and lower
315 cell, respectively (see Fig. 6). Waters in the small density range of the lower cell (which differs
316 slightly between models: $\sim 36.82 \leq \sigma \leq 37.72$ in HR and $\sim 36.2 \leq \sigma \leq 37.54$ in LR) occupies
317 $\sim 70\%$ of the volume of the Southern Ocean; we focus our analysis on a shared density range which
318 encompasses the majority of this cell at both resolutions ($\sigma_{lower\ cell}$ defined as $36.72 \leq \sigma \leq 37.72$).
319 Downwelling AABW is formed across the range of net volume flux convergence (≥ 37.25 in HR

320 and ≥ 37.12 in LR), so transformation across this density range is of particular importance to
321 understanding what “drives” descent from the surface.

322 To diagnose the distribution of interior transformation, $Dmix$, we consider how ψ^σ varies
323 with density at a given latitude y_o . We then compare ψ^σ to the other terms in Eq. 3 (recalling that
324 volume inflation is negligible) at several latitudes over the density range of the lower cell; the
325 degree to which ψ^σ and F differ will indicate the impact diapycnal mixing has had on the
326 circulation at each latitude. Fig. 7 illustrates the relative strength of $\psi^\sigma(\sigma_{lower\ cell}, y_o)$,
327 $F(\sigma_{lower\ cell}, y_o)$, and $Dmix(\sigma_{lower\ cell}, y_o)$ at $y_o = 64^\circ$ S, 38° S, and 30° S.

328 We first examine $y_o = 64^\circ$ S, chosen as a compromise between the northern extent of the
329 Ross and Weddell shelves to capture how flow from the continental shelf into the abyssal ocean
330 transforms water masses. Here, ψ^σ bears a close connection to F (Fig. 7a and b). Vigorous surface
331 transformation leads to a peak in ψ^σ at $\sigma \sim 37.25$, in HR and $\sigma \sim 37.15$ in LR; this peak is modestly
332 increased by the diapycnal mixing of very dense waters along their descent from the shelf into the
333 abyss (i.e., $Dmix$ drives a volume flux of 6 Sv in HR and 8 Sv in LR from the densest waters into
334 the peak flow in ψ^σ). Somewhat surprisingly, the magnitude and relative distribution across
335 density classes of this $Dmix$ is similar between resolutions, though it is translated to slightly denser
336 classes in HR because of the higher densities of waters formed at the surface. So, while a number
337 of ocean processes may depend on resolution, together these processes don’t result in significant
338 resolution dependence in diapycnal volume transport, and thus large-scale circulation patterns,
339 south of this latitude. Though some export off the Weddell continental shelf may occur northward
340 of 64° S, Fig. 5a and b indicates that much of the total descent has occurred by this latitude. We
341 conclude that the flux of dense water into the high latitude abyssal ocean differs with resolution
342 primarily because more of it is being made at higher densities at the surface in HR.

343 A similar breakdown of the streamfunction in the abyssal range of the lower cell can be
344 made at 38° S (Fig. 7c and d). At either resolution, there is significant diapycnal mixing and
345 associated adjustment of the isopycnal circulation between 64°-38° S. The mixing between 64°-38°
346 S (dashed green line in Fig. 7c and d) destroys waters denser than $\sigma \sim 37.3$ in HR and $\sigma \sim 37.2$ in LR
347 by 38 S. The impact of this mixing on the circulation differs markedly between models. By 38° S,
348 mixing redistributes volume from very dense water ($\sigma > \sim 37.15$) into the $37.15 \leq \sigma \leq 37.27$ range
349 in HR, shifting the peak in ψ^σ towards $\sigma \sim 37.2$ but maintaining substantial northward flow. In
350 contrast, mixing in LR lightens waters across the entire density range of the lower cell by 38° S,
351 inducing volume fluxes towards lighter isopycnals and greatly reducing the northward flow across
352 all density levels evident in Fig. 5. At both resolutions, D_{mix} overcomes F in waters lighter than
353 $\sigma \sim 37.0$, reversing the direction of flow and the sign of ψ^σ .

354 Examination of the streamfunction components at 30° S reveals that little additional mixing
355 occurs from 38°-30° S at either resolution. There is a small volume flux towards lighter density
356 classes across much of this density range at both resolutions, further reducing the magnitude of
357 counterclockwise (negative) overturning in denser waters, and increasing the magnitude of
358 clockwise (positive) overturning for lighter waters in $\sigma_{lower\ cell}$.

359 In sum, both surface transformation and interior transformation are key to sustaining the
360 circulation across the latitudes sampled here, as is anticipated in a (approximate) steady state.
361 However, the relative importance of surface and interior transformation processes, and resolution
362 dependence therein, has a consistent spatial structure, one which may have important effects on the
363 pattern and mechanisms of ocean heat uptake, as discussed in the next section.

364 To uncover the actual oceanic processes responsible for the distribution of water mass
365 transformation, we first consider surface transformation in more depth. Fig. 6 illustrates the

366 relative roles of heat and freshwater fluxes in transforming surface waters. Somewhat surprisingly,
367 in light of the strong control salinity variations exert on the density of polar waters, heat loss
368 contributes most significantly to buoyancy loss across $\sigma_{lower\ cell}$ at both resolutions (but especially
369 so in HR). Salt input contributes significantly only at very high densities in this density range,
370 again particularly so in HR, though sea ice melt and precipitation are important to the
371 transformation of lighter waters. The spatial distribution of surface transformation per unit area,
372 over several key density classes in $\sigma_{lower\ cell}$ elucidates why this is so (Fig. 8).

373 These “transformation maps,” or distributions of diapycnal velocity, are constructed from
374 the 20-year mean of monthly estimates and capture the covariance of isopycnal migration and
375 surface fluxes. These distributions demonstrate the important control isopycnal surface area has on
376 total transformation rates (recall Eq. 4). Both heat and salt fluxes induce strong density gain at very
377 high densities in the coastal polynyas of the Weddell and Ross Seas (and the entire coastal
378 Antarctic region at decreasing densities) because of the intensity of brine rejection and the reduced
379 control of heat fluxes on the density of very cold water. However, the total area of these coastal
380 polynyas is relatively small, especially in HR, so the associated transformation is not substantial.
381 The greater impact of salt rejection in LR follows from the larger spatial scale over which sea ice
382 is formed. Perhaps counter-intuitively, relatively lower surface density fluxes associated with heat
383 loss over broader regions of the sea ice pack account for more total transformation because they
384 act over a larger area. In LR, dense isopycnal outcrops migrate over a smaller area than in HR,
385 such that even extreme heat losses near the coast drive less total transformation at equivalent
386 densities. At either resolution, the Ross and Weddell Sea regions are of particular importance in
387 part because of their southward extent: they host large areas of continental shelf and sea ice,
388 through which dense isopycnals can maintain contact with the surface over much of the year.

389 Elevated rates of heat-loss induced transformation in dense waters in HR imply larger rates
390 of diapycnal heat convergence into these density classes. Waters in the upper 1000 m are generally
391 colder in HR under most of the ice pack in the Ross and Weddell Seas, aside from a small region
392 of warmer sub-surface temperatures in the Ross Sea. The resolution dependency of heat transport
393 likely results from changes in the regional circulation and diapycnal temperature gradients, though
394 it is difficult to attribute such changes to one particular process. In both regions, the standard
395 deviation of wintertime temperature is slightly greater in HR, which may be key to sustaining
396 intermittent high heat loss. Variations in temperature may arise from transient features in the flow
397 as well as fluctuations the sea ice cover above.

398 Sea ice is well known to mediate rates of surface heat loss (Maykut, 1982). In HR, the sea ice
399 is thinner and less extensive than in LR, in better agreement with observations, as discussed in
400 depth by Bryan et al. (2014). While ice thickness is likely sensitive to ocean heat transport into the
401 ice-zone, the resolution of ice dynamics also plays a central role in regulating ice thickness, and
402 thus heat loss. In HR, finely-spaced grid cells allow sea ice to respond to more localized
403 atmosphere and ocean conditions, leading to more pervasive and smaller-scale coastal polynyas.
404 This leads to higher rates of brine rejection hugging the coast, in better agreement with
405 observations (Willmott et al., 2007). In the pack ice, higher resolution enables a greater magnitude
406 of divergence/convergence and shear, which creates the “leads” that are endemic to the observed
407 Antarctic ice pack (Willmott et al., 2007). Lead opening exposes the ocean surface to the cold
408 atmosphere in winter, driving enormous heat loss and rapid new ice formation. The resulting
409 “frazil ice” only forms in open water (in our model), and is thus a proxy for the continuous
410 exposure of the ocean surface. The rate of frazil ice formation has a broad peak, spanning austral
411 fall through spring in HR (Fig. 9a.). In contrast, frazil ice formation in LR is sharply peaked in

412 austral fall and is relatively weak in winter. The timing in LR is consistent with the northward
413 expansion of the sea ice extent in fall, while the prolonged frazil ice production in HR indicates the
414 consistent opening of polynyas and leads throughout the winter. These dynamics maintain more
415 thin ice throughout the ice-covered waters in winter in HR (not shown), which drives areas of
416 intense heat loss, as illustrated in Fig. 8a and 9b. The extremity of heat loss experienced through
417 the sea ice in HR contributes to the northerly transit of dense isopycnal outcrops in winter; the
418 outcrops in LR migrate less due to the insulating effects of its thicker ice pack and less frequent
419 leads and polynyas.

420 Diagnosing the processes inducing different rates of diapycnal-mixing driven
421 transformation is more difficult, given our methods of calculation. Generally, models must
422 homogenize properties like temperature and salinity over the grid scale, a consequence of
423 discretizing a continuum; simply reducing grid-cell size reduces this spurious diffusion and
424 enables the formation of smaller-scale density gradients. This likely improves the scale of dense
425 overflows resolved in HR, especially because bathymetry is better resolved. However, as is evident
426 in Fig. 7, these processes have a minimal effect on altering the circulation south of 64° S, which
427 may in part be a consequence of the small volume of the high latitude ocean, since volume has a
428 strong control on transformation rates.

429 North of 64° S, an increase in resolution significantly impacts the magnitude of mixing.
430 The meridional flow of dense water towards the subtropics likely occurs via transient mass fluxes
431 (e.g., see Ito and Marshall, 2008, Lozier, 2010), and in deep western boundary currents (DWBC)
432 where bathymetry allows (Orsi et al., 1999, 2002; Fukamachi et al., 2010). These boundary
433 currents are particularly susceptible to real and numerical mixing because of their association with
434 strong density gradients and shearing rates (Griffies et al., 2000). Mesoscale turbulence, acting to

either erode or intermittently increase density gradients, likely depends on resolution, even without altering ψ_E^σ . Further, there may be different levels of numerical mixing induced across these currents; this spurious diffusion likely decreases with increasing resolution (to a degree, akin to the numerics discussed by Griffies et al., 2000), though it persists in eddying models (Urakawa and Hasumi, 2014). A representative example of the differences in DWBC characteristics between resolutions is shown at 30° S (Fig. 10), at a latitude chosen due to the large contrast in abyssal circulation strength apparent in both the isopycnal and depth-space overturning in Fig. 5. In HR, deep isopycnals slope steeply up towards the western continental boundaries or ridges, coincident with regions of strong meridional flow. The corresponding isopycnal slopes are notably flatter in LR, and the flow is much weaker. The reduced strength of these currents in LR, and associated weak abyssal overturning, follows from the elevated destruction of dense waters south of 30° S. However, Fig. 10 reveals that density gradients in HR can form on scales smaller than a single LR grid cell, indicating that correspondingly strong geostrophic currents are unresolvable in LR, even given a similar flux of dense water into the abyssal ocean. While the formation of boundary currents, and the mixing that erodes them, are coupled, further unraveling their interactions is beyond the scope of this article.

As a final diagnostic of the Southern Ocean circulation state and its dependence on resolution, we consider the twenty-year average integrated heat content tendency for a control volume bounded at 30° S, below each depth z^* , and spanning all longitudes. For HR:

$$\begin{aligned}
 (7) \quad & -\frac{c_p \rho_o}{(t_1 - t_0)} \int_{t_0}^{t_1} \int_{90^\circ S}^{30^\circ S} \int_x \int_{-B(x,y)}^{z^*} \left[\left\{ \frac{\partial \theta}{\partial t} \right\}_1 + \left\{ \nabla \cdot (\bar{u} \bar{\theta}) + \frac{\partial}{\partial z} (\bar{w} \bar{\theta}) \right\}_2 + \left\{ \nabla \cdot (\bar{u}' \bar{\theta}') + \frac{\partial}{\partial z} (\bar{w}' \bar{\theta}') \right\}_3 - \right. \\
 & \left. \left\{ \frac{\partial}{\partial z} \left(\kappa_{bg} \frac{\partial \bar{\theta}}{\partial z} \right) \right\}_4 - \left\{ \frac{\partial}{\partial z} \left(\kappa_{ML} \frac{\partial \bar{\theta}}{\partial z} \right) \right\}_5 \right] dx dy dz dt = 0;
 \end{aligned}$$

and for LR:

457 (8)
$$-\frac{c_p \rho_o}{(t_1 - t_0)} \int_{t_0}^{t_1} \int_{90^\circ S}^{30^\circ S} \int_x \int_{-B(x,y)}^{z^*} \left[\left\{ \frac{\partial \theta}{\partial t} \right\}_1 + \left\{ \nabla \cdot (\bar{u} \theta) + \frac{\partial}{\partial z} (\bar{w} \theta) \right\}_2 + \left\{ \nabla \cdot \bar{u}_b \theta + \frac{\partial}{\partial z} \bar{w}_b \theta \right\}_3 - \left\{ \frac{\partial}{\partial z} \left(\kappa_{bg} \frac{\partial \bar{\theta}}{\partial z} \right) \right\}_4 - \left\{ \frac{\partial}{\partial z} \left(\kappa_{ML} \frac{\partial \bar{\theta}}{\partial z} \right) - \nabla \cdot \mathbf{K}_{redi} \nabla \theta \right\}_5 \right] dx dy dz dt = 0.$$

459 Note that the sign convention is such that positive vertical fluxes across the upper bounding
 460 surface, z^* , are acting to increase the heat content of the control volume. Here $\theta = \theta(x, y, z, t)$ is
 461 potential temperature, $u = u(x, y, z, t)$ and $w = w(x, y, z, t)$ are the horizontal and vertical velocity,
 462 respectively, an overbar denotes a time-mean, the prime denotes a deviation from the time mean,
 463 the subscript “ b ” denotes a bolus field in LR, c_p is the specific heat capacity for seawater, and ρ_o is
 464 a reference density. Plotted in Fig. 11 is the heat content tendency (labeled $\frac{\partial H}{\partial t}$) associated with the
 465 temperature trend (term 1). This tendency will depend on: heat transport by the mean flow (term
 466 2); the transient eddy-induced flow (term 3); the background vertical diffusion, dependent on the
 467 background diffusivity, κ_{bg} (term 4); and a residual term that captures the remaining mixing
 468 processes, like KPP mixed-layer processes and convection (term 5). In LR, this residual term also
 469 includes the parameterized along isopycnal diffusion (the Redi flux, dependent on the
 470 parameterized isopycnal diffusivity tensor, \mathbf{K}_{redi}). Thus, part of the impact of mesoscale eddies on
 471 the vertical heat budget is captured in this residual term in LR; the Redi fluxes couldn’t be directly
 472 calculated because the time dependent diffusivity tensor was not saved in the monthly output files.
 473 While there is a small trend in heat content at either resolution, in the top 500 meters, advective
 474 warming nearly balances convective cooling. Below this depth, to first order at either resolution,
 475 eddy heat fluxes are sufficient to counter heat fluxes by the mean flow, emphasizing the
 476 importance of eddies in diffusing heat across strong temperature gradients. This breakdown of heat
 477 fluxes will be useful in the subsequent section to elucidate the physics responsible for deep ocean
 478 warming under greenhouse forcing.

479

480 **4. Carbon Dioxide Doubling Response**

481 We now show how resolution affects the response of the Southern Ocean in the 20 years of
 482 carbon dioxide stabilization after doubling. The Southern Hemisphere surface air temperatures
 483 increase at both resolutions: air temperatures in the high southern latitudes warm by up to 8 °C
 484 over some regions of the ocean and sea ice pack. Bryan et al. (2014) discuss how climate change
 485 depends on resolution more generally; here we focus on the deep Southern Ocean's response.

486 At both resolutions, the lower cell of the isopycnal MOC slows substantially in response to
 487 surface warming (Fig. 12), though this reduction is notably greater in HR. The response of the
 488 overturning, $\Delta\psi^\sigma$, is dominated by a reduction in the circulation strength in the sub-polar range of
 489 the lower cell, with smaller changes across the abyssal range. The resolution dependence of the
 490 response to carbon dioxide doubling is primarily a feature of the mean isopycnal flow $\Delta\psi_M^\sigma$; while
 491 the transient eddy-induced circulation response to carbon dioxide doubling, $\Delta\psi_E^\sigma$, depends
 492 somewhat on resolution, it is comparatively small.

493 Surface warming and the associated changes in freshwater fluxes alter the surface water
 494 mass transformation, ΔF (see Fig. 13). There is a significant (positive) anomaly in ΔF across the
 495 outcrops of the lower cell. To understand the impact of these surface changes, relative to changes
 496 in interior transformation, we compare changes in the strength of processes contributing to the
 497 circulation response throughout the density range of the lower cell. Because the carbon dioxide
 498 forcing was only stabilized for 20 years, the response is transient and the isopycnal volume
 499 inflation is non-negligible. Thus, the response to carbon dioxide doubling apparent in the
 500 overturning, $\Delta\psi^\sigma$, includes the contributions from changes in isopycnal volume, $\Delta \frac{\partial V}{\partial t}$, surface
 501 water mass transformation, ΔF , and implied interior mixing, ΔD_{mix} (see Fig. 14). In both LR and

502 HR, the significant $\Delta\psi^\sigma$ at 64° S can be primarily attributed to ΔF ; this affirms the close
503 connection between surface transformation and flow in the sub-polar range as diagnosed in the
504 control climate. Further, ΔD_{mix} at 64° S is largely explained by the magnitude and pattern of ΔF .
505 In other words, the reduction in shelf water mixing directly reflects the reduction in shelf water
506 production. Further to the north, at 38° S, there is little $\Delta\psi^\sigma$ at either resolution. The large change
507 in mixing-driven transformation between these latitudes (which is primarily a reduction in the
508 effectiveness of mixing in the control simulations, i.e. of the same shape but of opposite sign) can
509 again be explained as the result of a reduction in downwelling dense waters. Further north yet, at
510 30° S, $\Delta\psi^\sigma$ is increasingly small, implying a very small reduction in mixing between 38°-30° S.
511 Greater changes at these latitudes may occur over time, as the influence of high latitude processes
512 spread northward; however, such changes aren't captured in our simulations. There is some
513 redistribution of isopycnal volume from very dense to slightly less dense water classes, though it is
514 small compared with ΔF .

515 In the control, ψ^σ is sustained by both F and D_{mix} , though the influence of each varies
516 with latitude. In contrast, these transient results suggest that the $\Delta\psi^\sigma$ is almost entirely explained
517 by a reduction in surface transformation, particularly so in the sub-polar range. Further, the
518 resolution dependence of ΔF primarily explains the resolution dependence of $\Delta\psi^\sigma$. Since the
519 pattern of ΔF is both more peaked and confined to denser isopycnals in HR, $\Delta\psi^\sigma$ in HR is larger
520 and extends deeper in the water column than in LR. In HR, this peak is ~15 Sv and is centered at
521 an average depth of 3.8 km; in LR, the peak reduction is ~12 Sv and is centered at an average
522 depth of 1.7 km.

523 The surface transformation function response to carbon dioxide doubling is largely
524 attributed to a reduction in surface heat fluxes. We interpret this as follows: in a warmer climate,

525 there is a reduction in the air-sea temperature contrast in the coastal ocean, especially in wintertime,
526 inducing a reduction in heat lost through the sea ice pack. The reduction in heat loss in response to
527 carbon dioxide doubling is strongest in the winter months, and the (positive) anomaly in surface
528 transformation occurs almost entirely in winter. Surface warming also drives a thinning of the ice
529 pack irrespective of resolution. Sea ice volume is reduced by 40% in LR and 26% in HR. While
530 there is some decrease in ice extent at each resolution, this volume reduction is mainly caused by
531 changes in ice thickness. This relatively greater thinning in LR is characteristic of thicker ice in the
532 mean state (Bitz and Roe, 2004). Because thinner ice is less insulating, thinning provides a
533 damping effect on what would otherwise be a larger reduction in heat loss in response to warming
534 air temperatures. This damping effect is greater in LR because of the more substantial thinning in
535 LR, revealing how sensitive the response to carbon dioxide doubling of the sea ice-atmosphere-
536 ocean system can be to the mean state ice thickness. Lastly, larger changes in the meridional
537 circulation in HR may reduce the rate of heat convergence into very dense waters this region. The
538 shape of the anomaly in surface transformation is also impacted by a shift in the spatial distribution
539 in surface densities. These combined changes drive the larger reduction in surface water mass
540 transformation across a narrower range of denser waters in HR (note the differences in positive
541 anomalies peaked around 37.25 in HR and 37.18 in LR). A shift in the density classes into which
542 sea ice melts partially offsets the strong reduction in buoyancy loss from reduced heat loss in
543 slightly lighter waters.

544 The circulation response to carbon dioxide doubling, and the sensitivity of each model to
545 surface transformation changes, leads to a strikingly different distribution of ocean warming with
546 resolution, particularly in the high latitude abyssal ocean. Fig. 15a-b illustrates the zonal average
547 temperature change with depth. In HR, warming extends along the path of dense water formation,

548 from the coast into the abyssal ocean. In LR, warming is confined to the surface and mid depths,
549 with nearly no warming of the abyssal ocean below 3500 m. These warming patterns lead to
550 important differences in the total heat uptake with depth in the Southern Ocean (Fig. 15c). Changes
551 in heat content are primarily explained by anomalous advective heat fluxes, as illustrated Fig. 16.
552 In HR, the total advective warming into the ocean volume south of 30° S is a result of anomalous
553 positive vertical and horizontal eddy heat fluxes and anomalous vertical fluxes by the mean flow,
554 which are partially compensated by anomalous negative horizontal fluxes by the mean flow (not
555 shown). In LR, the total advective warming is primarily a result of anomalous vertical eddy fluxes,
556 which are also partially compensated by anomalous negative horizontal fluxes by the mean flow.
557 As can be seen in Fig. 15, the pattern of warming bears a close connection with circulation changes,
558 which are in turn intrinsically related to the control state circulation. The relative magnitude of the
559 control MOC strength (ψ^σ) versus the magnitude of its reduction ($\Delta\psi^\sigma$) is important in explaining
560 why heat uptake differs across models (Banks and Gregory, 2006, Xie and Vallis, 2011,
561 Rugenstein et al., 2013, Kostov et al., 2014). We attempt to address this by partitioning the total
562 heat flux response to carbon dioxide doubling as:

$$563 \quad 9) \Delta(vT) = T\Delta v + v\Delta T + H.O.T.,$$

564 where H.O.T. stands for higher order terms. Because we cannot calculate sub-monthly correlations
565 between velocity and temperature, our calculations of the relative roles of eddy heat flux response
566 are imperfect. With this caveat, we find that the total advective heat flux response due to changes
567 in MOC strength, via Δv , is responsible for 2-3 times (depending on the depth) more of the
568 warming below 2000 meters than changes in the temperature field, ΔT . Thus, a redistribution of
569 ocean heat by the circulation response to doubling carbon dioxide is a key component of Southern
570 Ocean warming.

571

572 **5. Discussion and conclusions**

573 These results support the notion that model resolution fundamentally alters simulated
574 Southern Ocean dynamics. This possibility has been explored in numerous studies (e.g. Henning
575 and Vallis, 2005; Hallberg and Gnandesikan, 2006; Farneti et al. 2010, Abernathey et al., 2011;
576 Bryan et al, 2014; Farneti et al., 2014), which have justifiably focused on the first order effects of
577 transient eddies on the residual circulation. In our experiments, the transient eddy-induced
578 meridional circulation varies little with resolution, reinforcing findings by Gent and Danabasoglu
579 (2011) and Gent (2016), who argued that employing an unconstrained spatially-varying GM
580 coefficient greatly improves the agreement between the resolved and parameterized contribution of
581 transient eddies to the circulation.

582 Here, we call attention to the influence of increased model resolution on the behavior of
583 other fundamental small-scale processes, in particular sea ice divergence and shear and the
584 formation of small-scale ocean density gradients and flows. These processes are generally only
585 resolved to the extent that grid spacing permits- without additional sub grid-scale
586 parameterizations. The increased resolution of these processes has a major influence on the mean
587 isopycnal flow of the lower cell in this model. To quantify the spatial distribution of processes
588 sustaining this circulation, and contributing to circulation differences with resolution, we consider
589 the evolution of water mass transformation (see, e.g., Walin, 1982) across latitudes of the Southern
590 Ocean and focus on lower cell density classes. We conclude that downwelling near Antarctica is
591 consistent with heat loss from isopycnal outcrops in the vicinity of leads in the sea ice pack, the
592 simulation of which is greatly improved by increased resolution: these fine-scale, intermittent sea
593 ice openings (polynyas and leads) are more frequent at higher resolution, enabling vast areas of

594 thinner ice and more efficient surface heat loss over localized scales. Greater heat loss from very
595 dense isopycnals at high resolution is sustained by a greater diapycnal convergence of heat into
596 these density classes by the flow. The resolution dependence of transient eddy fluctuations across
597 the shelf front (i.e., Stewart and Thompson, 2013) may play a role diapycnal heat fluxes. However,
598 even our higher resolution experiment is too coarse to explicitly resolve their dominant scales at
599 the shelf front.

600 As water flows northward from the shelf regions into the abyssal ocean, transformation
601 from diapycnal mixing processes contributes increasingly to patterns of flow. Progressively greater
602 interior transformation is expected as the volume of most density classes increases over the
603 immediate domain northward from the continental shelves; correspondingly distinct patterns of
604 interior transformation between resolutions emerge as different dynamics act on progressively
605 larger volumes of water. Our higher resolution case forms more vigorous, small scale DWBCs, and
606 experiences less diapycnal mixing of dense waters, sustaining a stronger abyssal circulation;
607 vigorous mixing damps abyssal overturning strength dramatically at lower resolution. These
608 differences may be tied in part to a reduction in numerical mixing, though such mixing can persist
609 in eddying models (Urakawa and Hasumi, 2014).

610 In the approximate steady state of our control simulation, processes regulating the
611 transformation of seawater at the surface and in the interior together sustain the lower cell
612 circulation. In contrast, we attribute *changes* in flow in response to a doubling of carbon dioxide
613 predominantly to reductions in surface transformation. While the reduction in surface
614 transformation leads to a dramatic reduction in overturning irrespective of resolution (14 Sv at
615 high resolution, a reduction of ~54%, and ~10 Sv at lower resolution, a reduction of ~45%), these
616 overturning changes are greater and deeper on average at high resolution because of a larger

reduction in heat loss-induced transformation. There is a decrease in diapycnal mixing throughout the abyssal Southern Ocean with carbon dioxide doubling, though the magnitude of this decrease directly reflects the reduction in upstream dense water production at the surface. These results emphasize an important aspect in the dynamics of the lower cell circulation omitted from several theoretical and idealized studies (e.g., Ito and Marshall, 2008, Nikarushin and Vallis, 2011, 2012). While these studies include a simplified form of buoyancy loss in the high latitudes, they don't include a theory for the sensitivity of the circulation to changes in surface fluxes. In the absence of any evolving surface buoyancy forcing, their results stress the lower cell's sensitivity to other processes: particularly, changes in southward eddy heat fluxes across the ACC, westerly wind strength, and abyssal mixing rates. These insights are crucial to understanding the system, but have limitations. Our results suggest that the lower cell circulation is most sensitive, at least in a "global warming" type of perturbation, to changes in surface heat loss with atmospheric warming, and that this heat loss is sensitive to surface processes. This is supported in the conceptual frameworks of Shakespeare and Hogg (2012) and Stewart et al. (2014), and in the eddy-permitting model discussed by Kuhlbrodt et al. (2015). Further, the relationship between southward eddy heat fluxes and MOC strength becomes more convoluted in a framework that includes evolving interactions with the atmosphere. In fact, southward eddy heat fluxes across the ACC are lower in our high-resolution control experiment (Bryan et al., 2014), while the lower cell is stronger. It is possible that the influence of abyssal mixing rates, as mediated by southward eddy heat fluxes, and westerly winds strength, are overemphasized, or misrepresented, in models that don't include realistically responsive surface fluxes.

The omission of evolving surface fluxes may alter mechanisms of heat uptake. Zhang and Vallis (2013) consider the impact of model resolution on ocean heat uptake in an idealized ocean-

only model, which imposed surface heat fluxes and included neither sea ice nor the dependence of density on salinity. They attribute the greater abyssal heat uptake simulated in their higher resolution model to the greater advection of heat by the stronger mean state circulation, explained as a result of higher eddy heat fluxes across the ACC. In contrast, we find that circulation changes significantly redistribute the existing internal heat reservoir in our model in response to surface changes. This redistribution of heat is a larger component of abyssal Southern Ocean warming than the advection of anomalous heat taken up at the surface in these simulations, in agreement with the results of Xie and Vallis (2011).

Our results also suggest a possible shortcoming in the behavior of many standard resolution coupled models. Armour et al. (in prep) studied Southern Ocean heat uptake across a range of standard resolution CMIP5 models, and found that the dominant mechanism for Southern Ocean heat uptake in these models was the northward advection, and ultimate subduction, of anomalous heat taken up at the Southern Ocean surface and resulting in warming in the upper 1500-2000 meters (Armour et al., submitted, Marshall et al. 2014). This mechanism of heat uptake is certainly active in our model, as evident by the significant mode water warming around 65°-35° S (Fig. 15a-b). However, while the heat uptake of the Southern Ocean varies little with resolution (2.5×10^{23} J at high resolution and 2.4×10^{23} J at low resolution), more of this heat enters the lower cell in our simulations in our high-resolution experiment. This changes the distribution of heat with depth (Fig. 15c) as well as the circulation regime in which this anomalous heat resides. The models analyzed by Armour et al. (in prep) produce unrealistically small volumes of, or spuriously formed, AABW (Heuzé et al., 2013). Our results raise the possibility that the response of standard resolution models to surface warming may be biased because of their inability to (realistically) simulate abyssal ocean warming, and instead these models warm too vigorously in the mode

663 waters closer to the ocean surface. In other words, models with weaker lower cells versus those
664 with stronger lower cells may have intrinsically different capacities to suppress surface warming
665 over long timescales, as has been suggested for the AMOC (Winton et al., 2014). While
666 temperature is not a passive tracer, the timescales at which anomalously warm interior waters
667 might be expected to eventually alter SSTs likely differs for abyssal and mode waters because of
668 their different residence times (i.e., Gebbie and Huybers, 2012). Since radiative feedbacks are
669 influenced by SST (Winton et al., 2010), a bias in the fate of heat taken up at the Southern Ocean
670 surface could alter the evolution of transient climate change (Armour et al, 2013). We leave
671 exploration of this possibility to future studies.

672

673 **Acknowledgements**

674 The authors gratefully acknowledge support from the National Science Foundation through the
675 UW IGERT Program on Ocean Change award NSF-1068839 (ERN), grants PLR-1341497 (ERN
676 and CMB) and OCE-1357133 (RA), and their sponsorship of NCAR (FOB and PRG). Computing
677 was performed on Kraken at the National Institute for Computational Science through XSEDE
678 allocations TG-ATM100052 and TG-ATM090041, supported by the NSF. We thank the NSF-
679 funded CCSM PetaApps team for sharing their control integrations and the code to run the model
680 at fine resolution. We thank Kyle Armour, Sarah Purkey, and Gregory Johnson, for illuminating
681 discussions. We also thank three anonymous reviewers for their insightful additions.

682

683

684

685 **References**

- 686 Abernathay, R., Marshall, J., & Ferreira, D. (2011). The Dependence of Southern Ocean
687 Meridional Overturning on Wind Stress. *Journal of Physical Oceanography*, 41(12), 2261–
688 2278. doi:10.1175/JPO-D-11-023.1
- 689 Abernathay, R., & Wortham, C. (2015). Phase Speed Cross Spectra of Eddy Heat Fluxes in
690 the Eastern Pacific. *Journal of Physical Oceanography*, (2010), 150218133543002.
691 doi:10.1175/JPO-D-14-0160.1
- 692 Abraham, J. P., Domingues, C. M., Fasullo, J. T., Gilson, J., Goni, G., Good, S. A., &
693 Gorman, J. M. (2013). A Review of Global Ocean Temperature Observations: Implications
694 for Ocean Heat Content Estimates and Climate Change. *Reviews of Geophysics*, 51(3), 450–
695 483. doi:10.1002/rog.20022.1.INTRODUCTION
- 696 Armour, K. C., Bitz, C. M., & Roe, G. H. (2013). Time-Varying Climate Sensitivity from
697 Regional Feedbacks. *Journal of Climate*, 26(13), 4518–4534. doi:10.1175/JCLI-D-12-
698 00544.1
- 699 Armour, K. C., Marshall, J., Scott, J. R., Donohoe, A., & Newsom, E. R. Southern Ocean
700 warming delayed by circumpolar upwelling and equatorward transport. *Manuscript in*
701 *review*.
- 702 Ballarotta, M., Drijfhout, S., Kuhlbrodt, T., & Döös, K. (2013). The residual circulation of
703 the Southern Ocean : Which spatio-temporal scales are needed? *Ocean Modelling*, 64, 46–
704 55. doi:10.1016/j.ocemod.2013.01.005
- 705 Banks, H. T., & Gregory, J. M. (2006). Mechanisms of ocean heat uptake in a coupled
706 climate model and the implications for tracer based predictions of ocean heat uptake.
707 *Geophysical Research Letters*, 33(7), 3–6. doi:10.1029/2005GL025352
- 708 Bitz, C. M., & Polvani, L. M. (2012). Antarctic climate response to stratospheric ozone
709 depletion in a fine resolution ocean climate model. *Geophysical Research Letters*, 39(20).
710 doi:10.1029/2012GL053393
- 711 Bitz, C. M., & Roe, G. H. (2004). A Mechanism for the High Rate of Sea Ice Thinning in
712 the Arctic Ocean. *J. Climate*, 17, 3623–3632. doi:10.1175/1520-
713 0442(2004)017<3623:AMFTHR>2.0.CO;2
- 714 Bryan, F.O. (1987). Parameter Sensitivity of Primitive Equation Ocean General Circulation
715 Models. *Journal of Physical Oceanography*. doi:10.1175/1520-
716 0485(1987)017<0970:PSOPEO>2.0.CO;2
- 717 Bryan, F. O., Danabasoglu, G., Nakashiki, N., Yoshida, Y., Kim, D.-H., Tsutsui, J., &
718 Doney, S. C. (2006). Response of the North Atlantic Thermohaline Circulation and

- 719 Ventilation to Increasing Carbon Dioxide in CCSM3. *Journal of Climate*, 19, 2382–2397.
720 doi:<http://dx.doi.org/10.1175/JCLI3757.1>
- 721 Bryan, F. O., Gent, P. R., & Tomas, R. (2014). Can Southern Ocean Eddy Effects be
722 Parameterized in Climate Models? *Journal of Climate*, 27(2012), 411–425.
723 doi:[10.1175/JCLI-D-12-00759.1](https://doi.org/10.1175/JCLI-D-12-00759.1)
- 724 Cummins, P. F., Holloway, G., & Gargett, E. (1990). Sensitivity of the GFDL Ocean
725 General Circulation Model to a Parameterization of Vertical Diffusion. *Journal of Physical*
726 *Oceanography*. doi:[10.1175/1520-0485\(1990\)020<0817:SOTGOG>2.0.CO;2](https://doi.org/10.1175/1520-0485(1990)020<0817:SOTGOG>2.0.CO;2)
- 727 Danabasoglu, G., Bates, S. C., Briegleb, B. P., Jayne, S. R., Jochum, M., Large, W. G., ...
728 Yeager, S. G. (2012). The CCSM4 ocean component. *Journal of Climate*, 25, 1361–1389.
729 doi:[10.1175/JCLI-D-11-00091.1](https://doi.org/10.1175/JCLI-D-11-00091.1)
- 730 Danabasoglu, G., & Marshall, J. (2007). Effects of vertical variations of thickness
731 diffusivity in an ocean general circulation model. *Ocean Modelling*, 18(2), 122–141.
732 doi:[10.1016/j.ocemod.2007.03.006](https://doi.org/10.1016/j.ocemod.2007.03.006)
- 733 Danabasoglu, G., & McWilliams, J. C. (1995). Sensitivity of the global ocean circulation to
734 parameterizations of mesoscale tracer transports. *Journal of Climate*. doi:[10.1175/1520-0442\(1995\)0082.0.CO;2](https://doi.org/10.1175/1520-0442(1995)0082.0.CO;2)
- 736 de Lavergne, C., Madec, G., Le Sommer, J., Nurser, A. J. G., & Naveira Garabato, A. C.
737 (2015). The impact of a variable mixing efficiency on the abyssal overturning. *Journal of*
738 *Physical Oceanography*, 150904105251008. doi:[10.1175/JPO-D-14-0259.1](https://doi.org/10.1175/JPO-D-14-0259.1)
- 739 Döös., K. & Webb, D. (1994). The Deacon Cell and Other Meridional Cells of the Southern
740 Ocean. *Journal of Physical Oceanography*, 24(2), 429–442.
741 doi:[http://dx.doi.org/10.1175/1520-0485\(1994\)024<0429:TDCATO>2.0.CO;2](http://dx.doi.org/10.1175/1520-0485(1994)024<0429:TDCATO>2.0.CO;2)
- 742 Dufour, C. O., Sommer, L. L., Zika, J. D., Gehlen, M., Orr, J. C., Mathiot, P., & Barnier, B.
743 (2012). Standing and transient eddies in the response of the Southern Ocean meridional
744 overturning to the Southern annular mode. *Journal of Climate*, 25(20), 6958–6974.
745 doi:[10.1175/JCLI-D-11-00309.1](https://doi.org/10.1175/JCLI-D-11-00309.1)
- 746 Farneti, R., Delworth, T. L., Rosati, A. J., Griffies, S. M., & Zeng, F. (2010). The Role of
747 Mesoscale Eddies in the Rectification of the Southern Ocean Response to Climate Change.
748 *Journal of Physical Oceanography*, 40(7), 1539–1557. doi:[10.1175/2010JPO4353.1](https://doi.org/10.1175/2010JPO4353.1)
- 749 Farneti, R., Dwivedi, S., Kucharski, F., Molteni, F., & Griffies, S. M. (2014). On Pacific
750 Subtropical Cell Variability over the Second Half of the Twentieth Century. *Journal of*
751 *Climate*, 27(18), 7102–7112. doi:[10.1175/JCLI-D-13-00707.1](https://doi.org/10.1175/JCLI-D-13-00707.1)
- 752 Farneti, R., Downes, S. M., Griffies, S. M., Marsland, S. J., Behrens, E., Bentsen, M., ...
753 Yeager, S. G. (2015). An assessment of Antarctic Circumpolar Current and Southern Ocean

- 754 Meridional Overturning Circulation during 1958–2007 in a suite of interannual CORE-II
755 simulations. *Ocean Modelling*, 93, 84–120. doi:10.1016/j.ocemod.2015.07.009
- 756 Fukamachi, Y., Rintoul, S. R., Church, J. A., Aoki, S., Sokolov, S., Rosenberg, M. A., &
757 Wakatsuchi, M. (2010). Strong export of Antarctic Bottom Water east of the Kerguelen
758 plateau. *Nature Geoscience*, 3(5), 327–331. doi:10.1038/ngeo842
- 759 Gebbie, G., & Huybers, P. (2012). The Mean Age of Ocean Waters Inferred from
760 Radiocarbon Observations: Sensitivity to Surface Sources and Accounting for Mixing
761 Histories. *Journal of Physical Oceanography*, 42(2), 291–305. doi:10.1175/JPO-D-11-043.1
- 762 Gent, P. R. (2016). Effects of Southern Hemisphere Wind Changes on the Meridional
763 Overturning Circulation in Ocean Models. *Annual Review of Marine Science*, 8, 79–94.
764 doi:10.1146/annurev-marine-122414-033929
- 765 Gent, P. R., & Danabasoglu, G. (2011). Response to increasing Southern Hemisphere winds
766 in CCSM4. *Journal of Climate*, 24(19), 4992–4998. doi:10.1175/JCLI-D-10-05011.1
- 767 Gent, P. R., & McWilliams, J. C. (1990). Isopycnal Mixing in Ocean Circulation Models.
768 *Journal of Physical Oceanography*. doi:10.1175/1520-
769 0485(1990)020<0150:IMIOCM>2.0.CO;2
- 770 Gent, P. R., Yeager, S. G., Neale, R. B., Levis, S., & Bailey, D. A. (2010). Improvements in
771 a half degree atmosphere/land version of the CCSM. *Climate Dynamics*, 34, 819–833.
772 doi:10.1007/s00382-009-0614-8
- 773 Gnanadesikan, A. (1999). A Simple Predictive Model for the Structure of the Oceanic
774 Pycnocline. *Science*, 283(5410), 2077–2079. doi:10.1126/science.283.5410.2077
- 775 Gnanadesikan, A., Pradal, M., & Abernathey, R. (2015). Isopycnal mixing by mesoscale
776 eddies significantly impacts oceanic anthropogenic carbon uptake. *Geophys. Res. Lett.*,
777 (May). doi:10.1002/2015GL064100.Received
- 778 Gordon, A. L. (2001). Bottom water formation. In J. H. Steele, K. K. Turekian, & S. A.
779 Thorpe (Eds.), *Encyclopedia of Ocean Sciences* (pp. 334–340). doi:10.1006/rwos.2001.0006
- 780 Gregory, J. M. (2000). Vertical heat transports in the ocean and their effect on time-
781 dependent climate change. *Climate Dynamics*, 16(7), 501–515. doi:10.1007/s003820000059
- 782 Griffies, S. M., Pacanowski, R. C., & Hallberg, R. W. (2000). Spurious Diapycnal Mixing
783 Associated with Advection in a z-Coordinate Ocean Model, (Levitus 1982), 538–564.
784 doi:10.1175/1520-0493(2000)128<0538:SDMAWA>2.0.CO;2
- 785 Griffies, S. M., Winton, M., Anderson, W. G., Benson, R., Delworth, T. L., Dufour, C. O.,
786 ... Zhang, R. (2015). Impacts on Ocean Heat from Transient Mesoscale Eddies in a

- 787 Hierarchy of Climate Models. *Journal of Climate*, 28(3), 952–977. doi:10.1175/JCLI-D-14-
788 00353.1
- 789 Hallberg, R., & Gnanadesikan, A. (2006). The Role of Eddies in Determining the Structure
790 and Response of the Wind-Driven Southern Hemisphere Overturning: Results from the
791 Modeling Eddies in the Southern Ocean (MESO) Project. *Journal of Physical
792 Oceanography*. doi:10.1175/JPO2980.1
- 793 Hansen, J., Russell, G., Lacis, A., Fung, I., & Rind, D. (1985). Climate Response Times:
794 Dependence on Climate Sensitivity and Ocean Mixing. *Science*, 229, 857–859.
795 doi:10.1126/science.229.4716.857
- 796 Held, I. M., Winton, M., Takahashi, K., Delworth, T., Zeng, F., & Vallis, G. K. (2010).
797 Probing the Fast and Slow Components of Global Warming by Returning Abruptly to
798 Preindustrial Forcing. *Journal of Climate*, 23(9), 2418–2427. doi:10.1175/2009JCLI3466.1
- 799 Henning, C. C., & Vallis, G. K. (2005). The Effects of Mesoscale Eddies on the
800 Stratification and Transport of an Ocean with a Circumpolar Channel. *Journal of Physical
801 Oceanography*. doi:10.1175/JPO2727.1
- 802 Heuzé, C., Heywood, K. J., Stevens, D. P., & Ridley, J. K. (2013). Southern Ocean bottom
803 water characteristics in CMIP5 models. *Geophysical Research Letters*, 40(7), 1409–1414.
804 doi:10.1002/grl.50287
- 805 Hill, C., Ferreira, D., Campin, J. M., Marshall, J., Abernathey, R., & Barrier, N. (2012).
806 Controlling spurious diapycnal mixing in eddy-resolving height-coordinate ocean models -
807 Insights from virtual deliberate tracer release experiments. *Ocean Modelling*, 45-46, 14–26.
808 doi:10.1016/j.ocemod.2011.12.001
- 809 Ito, T., & Marshall, J. (2008). Control of Lower-Limb Overturning Circulation in the
810 Southern Ocean by Diapycnal Mixing and Mesoscale Eddy Transfer. *Journal of Physical
811 Oceanography*, 38(12), 2832–2845. doi:10.1175/2008JPO3878.1
- 812 Iudicone, D., Madec, G., & McDougall, T. J. (2008). Water-mass transformations in a
813 neutral density framework and the key role of light penetration. *Journal of Physical
814 Oceanography*, 38, 1357–1376. doi:10.1175/2007JPO3464.1
- 815 Jacobs, S. S. (2004). Bottom water production and its links with the thermohaline
816 circulation. *Antarctic Science*, 16(4), 427–437. doi:10.1017/S095410200400224X
- 817 Jayne, S. R. (2009). The Impact of Abyssal Mixing Parameterizations in an Ocean General
818 Circulation Model. *Journal of Physical Oceanography*, 39(7), 1756–1775.
819 doi:10.1175/2009JPO4085.1

- 820 Johnson, G. C. (2008). Quantifying Antarctic Bottom Water and North Atlantic Deep Water
821 volumes. *Journal of Geophysical Research: Oceans*, 113(August 2007), 1–13.
822 doi:10.1029/2007JC004477
- 823 Kirkman IV, C. H., & Bitz, C. M. (2011). The Effect of the Sea Ice Freshwater Flux on
824 Southern Ocean Temperatures in CCSM3: Deep-Ocean Warming and Delayed Surface
825 Warming. *Journal of Climate*, 24(9), 2224–2237. doi:10.1175/2010JCLI3625.1
- 826 Kirtman, B. P., Bitz, C., Bryan, F., Collins, W., Dennis, J., Hearn, N., ... Vertenstein, M.
827 (2012). Impact of ocean model resolution on CCSM climate simulations. *Climate Dynamics*,
828 39(6), 1303–1328. doi:10.1007/s00382-012-1500-3
- 829 Kostov, Y., Armour, K. C., & Marshall, J. (2014). Impact of the Atlantic Meridional
830 Overturning Circulation on Ocean Heat Storage and Transient Climate Change. *Geophysical
831 Research Letters*, 41(6).
- 832 Kuhlbrodt, T., Gregory, J. M., & Shaffrey, L. C. (2015). A process-based analysis of ocean
833 heat uptake in an AOGCM with an eddy-permitting ocean component. *Climate Dynamics*,
834 submitted. doi:10.1007/s00382-015-2534-0
- 835 Levitus, S., Antonov, J. I., Wang, J., Delworth, T. L., Dixon, K. W., & Broccoli, A J.
836 (2001). Anthropogenic warming of Earth's climate system. *Science*, 292, 267–270.
837 doi:10.1126/science.1058154
- 838 Lozier, M. S. (2010). Deconstructing the Conveyor Belt. *Science*, 328(5985), 1507–1511.
839 doi:10.1126/science.1189250
- 840 Marsh, R., Nurser, A. J. G., Megann, A. P., & New, A. L. (2000). Water mass
841 transformation in the Southern Ocean of a global isopycnal coordinate GCM. *Journal of
842 Physical Oceanography*, 30(5), 1013–1045. doi:10.1175/1520-
843 0485(2000)030<1013:WMTITS>2.0.CO;2
- 844 Marshall, J., Armour, K. C., Scott, J. R., Kostov, Y., Hausmann, U., Ferreira, D., ... A. P. T.
845 R. S. (2014). The ocean's role in polar climate change : asymmetric Arctic and Antarctic
846 responses to greenhouse gas and ozone forcing. *Philosophical Transactions of the Royal
847 Society A*, 372(2019). doi:DOI: 10.1098/rsta.2013.0040
- 848 Maykut, G. a. (1982). Large-scale heat exchange and ice production in the central Arctic.
849 *Journal of Geophysical Research*, 87(C10), 7971. doi:10.1029/JC087iC10p07971
- 850 McClean, J. L., Bader, D. C., Bryan, F. O., Maltrud, M. E., Dennis, J. M., ... Worley, P. H.
851 (2011). A prototype two-decade fully-coupled fine-resolution CCSM simulation. *Ocean
852 Modelling*, 39(1), 10–30. doi:10.1016/j.ocemod.2011.02.011

- 853 Naveira Garabato, A. C., Polzin, K. L., King, B. A, Heywood, K. J., & Visbeck, M. (2004).
854 Widespread Intense Turbulent Mixing in the Southern Ocean. *Science*, 303, 210–213.
855 doi:10.1126/science.1090929
- 856 Naveira Garabato, A. C., Stevens, D. P., Watson, A. J., & Roether, W. (2007). Short-
857 circuiting of the overturning circulation in the Antarctic Circumpolar Current. *Nature*,
858 447(7141), 194–197. doi:10.1038/nature05832
- 859 Nikurashin, M., & Vallis, G. (2011). A Theory of Deep Stratification and Overturning
860 Circulation in the Ocean. *Journal of Physical Oceanography*, 41(3), 485–502.
861 doi:10.1175/2010JPO4529.1
- 862 Nikurashin, M., & Vallis, G. (2012). A Theory of the Interhemispheric Meridional
863 Overturning Circulation and Associated Stratification. *Journal of Physical Oceanography*,
864 42(10), 1652–1667. doi:10.1175/JPO-D-11-0189.1
- 865 Nikurashin, M., Vallis, G. K., & Adcroft, A. (2012). Routes to energy dissipation for
866 geostrophic flows in the Southern Ocean. *Nature Geoscience*, 6(1), 48–51.
867 doi:10.1038/ngeo1657
- 868 Orsi, A. H., Johnson, G. C., & Bullister, J. L. (1999). Circulation, mixing, and production of
869 Antarctic Bottom Water. *Progress in Oceanography*, 43(1), 55–109. doi:10.1016/S0079-
870 6611(99)00004-X
- 871 Orsi, A. H., Smethie, W. M., & Bullister, J. L. (2002). On the total input of Antarctic waters
872 to the deep ocean : A preliminary estimate from chlorofluorocarbon measurements. *Journal*
873 *of Geophysical Research*, 107(C8), 1–17. doi:10.1029/2001JC000976
- 874 Pradal, M.-A., & Gnanadesikan, A. (2014). How does the Redi parameter for mesoscale
875 mixing impact global climate in an earth system model? *Journal of Advances in Modeling*
876 *Earth Systems*, 6, 513–526. doi:10.1002/2013MS000282.Received
- 877 Purkey, S. G., & Johnson, G. C. (2010). Warming of Global Abyssal and Deep Southern
878 Ocean Waters between the 1990s and 2000s: Contributions to Global Heat and Sea Level
879 Rise Budgets*. *Journal of Climate*, 23(23), 6336–6351. doi:10.1175/2010JCLI3682.1
- 880 Purkey, S. G., & Johnson, G. C. (2013). Antarctic Bottom Water Warming and Freshening:
881 Contributions to Sea Level Rise, Ocean Freshwater Budgets, and Global Heat Gain*.
882 *Journal of Climate*, 26(16), 6105–6122. doi:10.1175/JCLI-D-12-00834.1
- 883 Raper, S. C., Gregory, J. M., & Stouffer, R. J. (2002). The Role of Climate Sensitivity and
884 Ocean Heat Uptake on AOGCM Transient Temperature Response. *Journal of Climate*, 15,
885 124–130.
- 886 Redi, M. (1982). Oceanic isopycnal mixing by coordinate rotation. *Journal of Physical*
887 *Oceanography*. doi:10.1175/1520-0485(1983)013<1318:OIMBCR>2.0.CO;2

- 888 Rugenstein, M. A. A., Winton, M., Stouffer, R. J., Griffies, S. M., & Hallberg, R. (2013).
889 Northern High-Latitude Heat Budget Decomposition and Transient Warming. *Journal of*
890 *Climate*, 26(2), 609–621. doi:10.1175/JCLI-D-11-00695.1
- 891 Shakespeare, C. J., & McC. Hogg, A. (2012). An Analytical Model of the Response of the
892 Meridional Overturning Circulation to Changes in Wind and Buoyancy Forcing. *Journal of*
893 *Physical Oceanography*, 42(8), 1270–1287. doi:10.1175/JPO-D-11-0198.1
- 894 Smith, R. D., Maltrud, M. E., Bryan, F. O., & Hecht, M. W. (2000). Numerical simulation
895 of the North Atlantic Ocean at 1/10 degrees. *Journal of Physical Oceanography*, 30(7),
896 1532–1561. doi:10.1175/1520-0485(2000)030<1532:nsotna>2.0.co;2
- 897 Snow, K., Hogg, A. M., Downes, S. M., Sloyan, B. M., Bates, M. L., & Griffies, S. M.
898 (2015). Sensitivity of abyssal water masses to overflow parameterisations. *Ocean*
899 *Modelling*, 89, 84–103. doi:10.1016/j.ocemod.2015.03.004
- 900 Speer, K., & Tziperman, E. (1992). Rates of Water Mass Formation in the North Atlantic
901 Ocean. *Journal of Physical Oceanography*, 22(1), 93–104. doi:10.1175/1520-
902 0485(1992)022<0093:ROWMFI>2.0.CO;2
- 903 Stewart, A. L., Ferrari, R., & Thompson, A. F. (2014). On the Importance of Surface
904 Forcing in Conceptual Models of the Deep Ocean. *J. Phys. Oceanogr.*, 44(3), 891–899.
905 doi:10.1175/JPO-D-13-0206.1
- 906 Stewart, A. L., & Thompson, A. F. (2012). Sensitivity of the ocean's deep overturning
907 circulation to easterly Antarctic winds. *Geophysical Research Letters*, 39(18).
908 doi:10.1029/2012GL053099
- 909 Stewart, A. L., & Thompson, A. F. (2013). Connecting Antarctic Cross-Slope Exchange
910 with Southern Ocean Overturning. *Journal of Physical Oceanography*, 43(7), 1453–1471.
911 doi:10.1175/JPO-D-12-0205.1
- 912 Stewart, A. L., & Thompson, A. F. (2015a). Eddy-mediated transport of warm Circumpolar
913 Deep Water across the Antarctic Shelf Break. *Geophys. Res. Lett.*, 42, 432–440.
914 doi:10.1002/2014GL062281.1.
- 915 Stewart, A. L., & Thompson, A. F. (2015b). The Neutral Density Temporal Residual Mean
916 Overturning Circulation. *Ocean Modelling*, 90, 44–56. doi: 10.1016/j.ocemod.2015.03.005
- 917 Stössel, A., Stössel, M. M., & Kim, J.-T. (2007). High-resolution sea ice in long-term global
918 ocean GCM integrations. *Ocean Modelling*, 16(3-4), 206–223.
919 doi:10.1016/j.ocemod.2006.10.001
- 920 Taylor, K. E., Stouffer, R. J., & Meehl, G. a. (2012). An overview of CMIP5 and the
921 experiment design. *Bulletin of the American Meteorological Society*, 93(april), 485–498.
922 doi:10.1175/BAMS-D-11-00094.1

- 923 Thompson, A. F., Heywood, K. J., Schmidtko, S., & Stewart, A. L. (2014). Eddy transport
924 as a key component of the Antarctic overturning circulation. *Nature Geoscience*,
925 7(December). doi:10.1038/ngeo2289
- 926 Urakawa, L. S., & Hasumi, H. (2014). Effect of numerical diffusion on the water mass
927 transformation in eddy-resolving models. *Ocean Modelling*, 74, 22–35.
928 doi:10.1016/j.ocemod.2013.11.003
- 929 Walin, B. G. (1982). On the relation between sea-surface heat flow and thermal circulation
930 in the ocean. *Tellus*, 32, 187–195.
- 931 Willmott, A. J., Holland, D. M., & Morales Maqueda, M. A. (2007). *Polynyas: Windows to*
932 *the World. Elsevier Oceanography Series* (Vol. 74). Elsevier. doi:10.1016/S0422-
933 9894(06)74003-X
- 934 Winton, M., Anderson, W. G., Delworth, T. L., Griffies, S. M., William J. Hurlin, & Rosati,
935 A. J. (2014). Has coarse ocean resolution biased simulations of transient climate sensitivity?
936 *Geophysical Research Letters*, 41, 8522–8529. doi:10.1002/2014GL061523.
- 937 Winton, M., Takahashi, K., & Held, I. M. (2010). Importance of Ocean Heat Uptake
938 Efficacy to Transient Climate Change. *Journal of Climate*, 23(9), 2333–2344.
939 doi:10.1175/2009JCLI3139.1
- 940 Xie, P., & Vallis, G. K. (2011). The passive and active nature of ocean heat uptake in
941 idealized climate change experiments. *Climate Dynamics*, 38, 667–684.
942 doi:10.1007/s00382-011-1063-8
- 943 Zhang, Y., & Vallis, G. K. (2013). Ocean Heat Uptake in Eddying and Non-Eddying Ocean
944 Circulation Models in a Warming Climate. *Journal of Physical Oceanography*, 43(10),
945 2211–2229. doi:10.1175/JPO-D-12-078.1
- 946
- 947
- 948 **Figures captions**
- 949 Figure 1. Schematic to demonstrate processes controlling the volume V poleward of an
950 isopycnal surface σ and latitude y in Eq. 3. Volume fluxes into V include contributions of
951 surface transformation induced by surface fluxes south of the outcrop at $S(\sigma)$ (component
952 F), contributions from diapycnal mixing across the isopycnal surface σ (component D_{mix}),
953 and total southward flow across y and below σ (component ψ^σ). Color of lines denoting the
954 isopycnal surface (green), ocean surface (black), and latitude transect (pink) are added to

orient the reader to the components of diapycnal volume flux illustrated in Fig. 6 and Fig. 13.

Figure 2. Zonally averaged properties in the Southern Ocean for potential temperature (A-C) and salinity (D-F) in HR (A and D) and LR (B and E), and HR minus LR (C and F). Potential temperature (G-I) and salinity (J-L) along the World Ocean Circulation Experiment (WOCE) transect IO8 (longitude varies from 82°-95° E) in: Observations (G and J), HR minus observations (H and K), and LR minus observations (I and L).

Figure 3. Potential density referenced to 2000 dbar (σ_2) in kg/m^3 . Annual average surface σ_2 (A-B) and annual-average zonal-average σ_2 (C-D) in HR (A and C) and LR (B and D). Color scale is chosen to highlight density variations in the deep and polar surface ocean.

Figure 4. Ocean bottom properties south of 50° S for temperature (A-C) and salinity (D-F) in HR (A and D), LR (B and E), and HR minus LR (C and D). The ocean bottom is defined as the deepest ocean grid cell.

Figure 5. Components of the MOC: isopycnal overturning (A-F) remapped to depth-latitude space using the zonal and time mean isopycnal depths in the Southern Hemisphere and overturning calculated in level coordinates (G-H). The top row is for HR and bottom row is for LR. The total isopycnal overturning (A-B) is broken into components of the mean isopycnal overturning (C-D) and transient eddy-induced isopycnal overturning (E-F). Contour intervals of 5 Sv are overlaid in black.

Figure 6. Total surface water mass transformation rate, F , in the Southern Ocean. The contributions from heat fluxes (red) and freshwater fluxes (blue) add up to the total (black) for (A) HR and (B) LR. The density spacing is increased for waters denser than 36.82 kg m^{-3} , which outcrop over a small area at the surface but occupy $\sim 70\%$ of the ocean volume south of 30° S.

Figure 7. Isopycnal overturning streamfunction (ψ^σ , in magenta) and its components from the total surface transformation (F , in black) and total implied mixing at each latitude

987 (D_{mix} , in green) at 65° S (top row), 38° S (middle row), and 30° S (bottom row) in HR (left)
988 and LR (right). For convenience, the total mixing between latitude pairs (in dashed green)
989 is included (i.e. between 90°-64° S, 64°-38° S and 38°-30° S).

990
991 Figure 8. Distribution of transformation per unit area (positive towards lower densities)
992 across density surfaces (roughly spanning the density range of net volume convergence,
993 and thus surface-forced downwelling). Shown are: heat-driven buoyancy flux in HR (top
994 row) and LR (second row) and freshwater-induced buoyancy flux in HR (third row) and LR
995 (bottom row).

996
997 Figure 9. Left: monthly rates of total frazil ice formation in HR (black) and LR (blue). Right:
998 distribution of area-weighted winter surface heat flux (W/m^2) in HR (black) and LR (blue).
999 This distribution is calculated from monthly values during the period in which the majority
1000 of negative surface transformation occurs (JJAS), within a region bounded at the north by
1001 the contour of 5% ice concentration on average for this period, though the relationship is
1002 insensitive to choice of domain. Note skew towards more negative (out of the ocean) values
1003 in HR.

1004
1005 Figure 10. Zonal transects across key deep western boundary currents at 30° S as a function
1006 of longitude and depth (below 3000m). The meridional velocity (in color) is overlaid with
1007 isopycnals (in black) in HR (A-D) and LR (E-F). Positive (red) is northward. Isopycnal
1008 spacing varies with stratification, but is on average $.01 \text{ kg m}^{-3}$. Bathometric features are
1009 noted to orient the reader. Note the reduced color scale for LR.

1010
1011 Figure 11. Relative contributions to the heat content tendency of the ocean volume below
1012 depth z^* , south of 30° S in HR (left) and LR (right). As defined in the legend at right, the
1013 total heat content will depend on: total advective fluxes (solid blue); mean advective fluxes
1014 (dashed blue); eddy advective fluxes (short dashed blue); diffusive fluxes (red) mixed layer,
1015 convective, and (in LR) Redi fluxes (magenta); and result in a very small temperature
1016 tendency (black solid). Fluxes are defined as positive downwards.

1018 Figure 12. As in Fig. 5, but the anomaly in response to doubling carbon dioxide (i.e.,
1019 perturbed – control). Contour intervals of 3 Sv are overlaid in black. Note reduced color
1020 scale for the eddy-induced and depth-space circulation changes (E-H).

1021

1022 Figure 13. As in Fig. 6, but the anomaly in response to doubling carbon dioxide (i.e.,
1023 perturbed – control).

1024

1025 Figure 14. As in Fig. 7, but the anomaly in response to doubling carbon dioxide (i.e.
1026 perturbed – control). In addition, the anomalous response of the isopycnal volume inflation
1027 is shown in gold.

1028

1029 Figure 15) a-b) Zonally averaged temperature change for the Southern Hemisphere in HR
1030 (A) and LR (B), overlaid with contours of the anomalous isopycnal MOC streamfunction at
1031 3, 6, 9, and 12 Sv; and cumulative fraction of heat uptake south of the equator (C) in HR
1032 (red) and LR (blue).

1033

1034 Figure 16. As in Fig. 11, but the anomaly in response to doubling carbon dioxide (i.e.
1035 perturbed – control).

1036