

# Homework 1 HDP

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**Exercise 1.** We want to prove the inequalities

$$\left(\frac{n}{m}\right)^m \leq \binom{n}{m} \leq \sum_{k=0}^m \binom{n}{k} \leq \left(\frac{en}{m}\right)^m \quad (0.1)$$

for all integers  $m \in [1, n]$ .

The first inequality is equivalent to  $\frac{n^m(n-m)!}{n!} \leq \frac{m^m}{m!}$ , which expanded is

$$\begin{aligned} \frac{n \cdots n \cdot (n-m) \cdots 2 \cdot 1}{n \cdot (n-1) \cdots 2 \cdot 1} &\leq \frac{m \cdots m}{m \cdot (m-1) \cdots 2 \cdot 1} \\ \frac{n}{n} \cdot \frac{n}{n-1} \cdots \frac{n}{n-m+1} \cdot \frac{n-m}{n-m} \cdot \frac{n-m-1}{n-m-1} \cdots \frac{2}{2} \cdot \frac{1}{1} &\leq \frac{m}{m} \cdot \frac{m}{m-1} \cdots \frac{m}{2} \cdot \frac{m}{1} \\ \frac{n}{n-1} \cdots \frac{n}{n-m+1} &\leq \frac{m}{m-1} \cdots \frac{m}{2} \cdot m \end{aligned}$$

Now we can notice that every factor on the left-hand side is less or equal than the respective factor on the right-hand side of the inequality<sup>1</sup>, hence we obtain the thesis.

The second inequality is quite obvious because

$$\binom{n}{m} \leq \binom{n}{0} + \binom{n}{1} + \cdots + \binom{n}{m-1} + \binom{n}{m} = \sum_{k=0}^m \binom{n}{k} \quad (0.2)$$

For the third inequality we multiply both sides by  $(m/n)^m$ , obtaining the equivalent thesis

$$\left(\frac{m}{n}\right)^m \sum_{k=0}^m \binom{n}{k} \leq e^m \quad (0.3)$$

Now we have that

$$\sum_{k=0}^m \binom{n}{k} \left(\frac{m}{n}\right)^m \leq \sum_{k=0}^m \binom{n}{k} \left(\frac{m}{n}\right)^k = \left(1 + \frac{m}{n}\right)^n \leq \left(1 + \frac{m}{n}\right)^n \nearrow e^m$$

where we used the fact that  $\frac{m}{n} \leq 1$ , the binomial theorem and a known limit. Therefore,

$$\left(\frac{m}{n}\right)^m \sum_{k=0}^m \binom{n}{k} \leq e^m \quad (0.4)$$

which was equivalent to the last inequality.

**Exercise 2.** We still consider the same set of centers

$$\mathcal{N} := \left\{ \frac{1}{k} \sum_{j=1}^k x_j \mid x_j \text{ are vertices of } P \right\} \quad (0.5)$$

used in the proof of Corollary 0.0.4, but now we want to give a better estimate of its cardinality. Recall that the number of ways to choose  $k$  elements with repetition (and this time without considering the order of choice, which

<sup>1</sup>Because, for each  $i \in \mathbb{R}$ , the real function  $x \mapsto \frac{x}{x-i}$  is decreasing for  $x \in ]i, +\infty[$  (and because  $m \leq n$ ).

is indeed irrelevant in our case) from a set with  $N$  elements is  $\binom{N+k-1}{k}$ . This is therefore greater or equal than the cardinality of  $\mathcal{N}$ , and by the previous exercise we get that, assuming WLOG  $k \geq 1$ ,

$$|\mathcal{N}| \leq \binom{N+k-1}{k} \leq \left( \frac{e(N+k-1)}{k} \right)^k = \left( e \frac{k-1}{k} + \frac{eN}{k} \right)^k \leq \left( e + \frac{eN}{k} \right)^k. \quad (0.6)$$

In our case  $k := \lceil 1/\epsilon^2 \rceil$ , so  $1/k \leq \epsilon^2$  and

$$|\mathcal{N}| \leq \left( e + \frac{eN}{k} \right)^k \leq [e + e\epsilon^2 N]^{\lceil 1/\epsilon^2 \rceil} \quad (0.7)$$

which is what we wanted (with  $C := e$ ).

**Exercise 3.** We want to show that

$$\mathbb{E}|X|^p = \int_0^{+\infty} pt^{p-1} \mathbb{P}\{|X| > t\} dt \quad (0.8)$$

(whenever the right-hand side is finite), where  $X$  is a r.v. and  $p \in (0, +\infty)$ .

By the integral identity we have that

$$\mathbb{E}|X|^p = \int_0^{+\infty} \mathbb{P}\{|X|^p > s\} ds \quad (0.9)$$

and with a change of variables  $s = t^p$  we get

$$\mathbb{E}|X|^p = \int_0^{+\infty} \mathbb{P}\{|X|^p > s\} ds = \int_0^{+\infty} \mathbb{P}\{|X|^p > t^p\} pt^{p-1} dt. \quad (0.10)$$

whenever the right-hand side is finite. To conclude, we just notice that  $\mathbb{P}\{|X|^p > t^p\} = \mathbb{P}\{|X| > t\}$ , since the two events  $\{|X|^p > t^p\}$  and  $\{|X| > t\}$  are clearly the same.

**Exercise 4.** We want to prove the inequality

$$\cosh(x) \leq \exp\left(\frac{x^2}{2}\right)$$

for all  $x \in \mathbb{R}$ .

Recall that

$$\cosh(x) = \sum_{k=0}^{\infty} \frac{x^{2k}}{(2k)!} \quad \text{and} \quad \exp\left(\frac{x^2}{2}\right) = \sum_{k=0}^{\infty} \frac{2^{-k}}{k!} x^{2k}$$

for all  $x \in \mathbb{R}$ . Our thesis has now become

$$\sum_{k=0}^{\infty} \frac{x^{2k}}{(2k)!} \leq \sum_{k=0}^{\infty} \frac{2^{-k}}{k!} x^{2k}.$$

If it holds that  $1/(2k)! \leq 2^{-k}/k!$  for all  $k \in \mathbb{N}$ , then we obtain the thesis. The fact that it holds is trivial for  $k = 0$ , so let us suppose  $k \geq 1$ . In this case the inequality we want to show is equivalent to

$$\frac{k(k-1) \cdots 2 \cdot 1}{(2k)(2k-1) \cdots (2k-k+1)k(k-1) \cdots 2 \cdot 1} \leq \frac{1}{2^k}$$

$$\frac{1}{(2k)(2k-1) \cdots (k+1)} \leq \frac{1}{2^k}$$

or in one line

$$2^k \leq (2k)(2k-1) \cdots (k+1)$$

$$2 \cdots 2 \leq (2k) \cdots (k+1)$$

which is obviously true.

**Exercise 5.** Let  $X_1, \dots, X_N$  be independent Bernoulli random variables with parameters  $p_i$ ,  $i = 1, \dots, N$ . Let  $S_N := \sum_{i=1}^N X_i$  and  $\mu := \mathbb{E}S_N$ . We want to show that

$$\mathbb{P}\{|S_N - \mu| \geq \delta\mu\} \leq 2e^{-C\mu\delta^2} \quad (0.11)$$

for any  $\delta \in (0, 1]$ , where  $C > 0$  is a constant.

First, let us show that for any  $t < \mu$  we have

$$\mathbb{P}\{S_N \leq t\} \leq e^{-\mu} \left( \frac{e\mu}{t} \right)^t. \quad (0.12)$$

We redo the steps of the proof of Chernoff's inequality, but now considering  $\lambda < 0$ :

$$\mathbb{P}\{S_N \leq t\} = \mathbb{P}\{\lambda S_N \geq \lambda t\} = \mathbb{P}\{\exp(\lambda S_N) \geq \exp(\lambda t)\} \leq \quad (0.13)$$

$$\leq e^{-\lambda t} \mathbb{E} \exp(\lambda S_N) = e^{-\lambda t} \prod_{i=1}^N \mathbb{E} \exp(\lambda X_i) \leq \quad (0.14)$$

$$\leq e^{-\lambda t} \exp[(e^\lambda - 1)\mu] \quad (0.15)$$

and 0.12 follows by substituting  $\lambda = \log(t/\mu)$  (which is indeed  $\leq 0$  because we are assuming  $t \leq \mu$ ) into 0.15.

Now,

$$\mathbb{P}\{|S_N - \mu| \geq \delta\mu\} = \mathbb{P}\{S_N \geq (1 + \delta)\mu\} + \mathbb{P}\{S_N \leq (1 - \delta)\mu\} \leq \quad (0.16)$$

$$\leq e^{-\mu} \left( \frac{e}{1 + \delta} \right)^{(1 + \delta)\mu} + e^{-\mu} \left( \frac{e}{1 - \delta} \right)^{(1 - \delta)\mu} = \frac{e^{\delta\mu}}{(1 + \delta)^{(1 + \delta)\mu}} + \frac{e^{-\delta\mu}}{(1 - \delta)^{(1 - \delta)\mu}} \quad (0.17)$$

by Chernoff's inequality and 0.12.

Hence, it is enough to prove that

$$\frac{e^{\delta\mu}}{(1 + \delta)^{(1 + \delta)\mu}} \leq e^{-C\mu\delta^2} \quad (0.18)$$

for all  $\delta \in [-1, 0) \cup (0, 1]$  and a suitable constant  $C > 0$ .

We can rewrite it into the equivalent form<sup>2</sup>

$$e^{\delta + C\delta^2} \leq (1 + \delta)^{(1 + \delta)} \quad (0.19)$$

or better

$$\delta + C\delta^2 \leq (1 + \delta) \log(1 + \delta). \quad (0.20)$$

So, let us study when the function  $f(x) = (1 + x) \log(1 + x) - x - Cx^2$  (extended by continuity in  $x = -1$ ) is non-negative in the interval  $[-1, 1]$ . We notice that 0 is a root of  $f(x)$  for every  $C > 0$ , and 1 is a root when  $C = 2 \log 2 - 1 = 0.386 \dots$ ; let us show that this value of  $C$  is sufficient. We notice that  $f'(x) = \log(1 + x) - 2Cx$  and  $f''(x) = \frac{1}{1+x} - 2C$ , so that  $f'(x) < 0$  for all  $x \in (-1, 0)$ ,  $f'(0) = 0$  and if

$$\bar{x} := \frac{1}{2C} - 1 = \frac{1}{4 \log 2 - 2} - 1 = 0.294 \dots \in (0, 1),$$

then  $f''(x) > 0$  (i.e.  $f$  is convex) for all  $x \in (-1, \bar{x})$  and  $f''(x) < 0$  (i.e.  $f$  is concave) for all  $x \in (\bar{x}, 1)$ . It is easy to see that this (together with the fact that  $f(0) = f(1) = 0$ ) is enough to show that  $f(x) \geq 0$  for all  $x \in [-1, 1]$ , and this concludes the proof.

**Exercise 6.** We want to show that for  $p \geq 1$ , the r.v.  $X \sim N(0, 1)$  satisfies

$$\|X\|_{L^p}^p = \mathbb{E}|X|^p = 2^{p/2} \frac{\Gamma((1+p)/2)}{\Gamma(1/2)} \quad (0.21)$$

and that therefore  $\|X\|_{L^p} \in O(\sqrt{p})$  as  $p \rightarrow \infty$ .

Recall that by definition  $\Gamma(z) = \int_0^{+\infty} t^{z-1} e^{-t} dt$ . Now,

$$\|X\|_{L^p}^p = \mathbb{E}|X|^p = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{+\infty} |x|^p e^{-x^2/2} dx = \frac{2}{\sqrt{2\pi}} \int_0^{+\infty} x^p e^{-x^2/2} dx. \quad (0.22)$$

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<sup>2</sup>In case  $\mu = 0$  the thesis is trivially verified, so WLOG  $\mu \neq 0$ .

We perform a change of variables  $t = x^2/2$  (meaning that  $x = (2t)^{1/2}$  and  $dx = (2t)^{-1/2}dt$ ):

$$\|X\|_{L^p}^p = \frac{2}{\sqrt{2\pi}} \int_0^{+\infty} x^p e^{-x^2/2} dx = \quad (0.23)$$

$$= \frac{2}{\sqrt{2\pi}} \int_0^{+\infty} (2t)^{p/2} e^{-t} (2t)^{-1/2} dt = \quad (0.24)$$

$$= \frac{2^{p/2}}{\sqrt{\pi}} \int_0^{+\infty} t^{(p-1)/2} e^{-t} dt = \quad (0.25)$$

$$= \frac{2^{p/2}}{\Gamma(1/2)} \Gamma((p+1)/2), \quad (0.26)$$

which is what we wanted. In the last passage we used the fact that (with the same change of variable as before)

$$\Gamma(1/2) = \int_0^{+\infty} t^{-1/2} e^{-t} dt = \sqrt{2} \int_0^{+\infty} e^{-x^2/2} dx = \sqrt{\pi}. \quad (0.27)$$

As for the limit with  $p \rightarrow \infty$ , what we need to prove is that there exists a constant  $C > 0$  such that

$$\frac{\|X\|_{L^p}}{\sqrt{p}} = \frac{\sqrt{2} \Gamma((1+p)/2)^{1/p}}{\sqrt{p} \Gamma(1/2)^{1/p}} \leq \frac{\sqrt{2}}{\sqrt{p}} \Gamma((1+p)/2)^{1/p} \leq C \quad (0.28)$$

for all  $p$  sufficiently large. Now, by the properties of the function  $\Gamma$ , we have that  $\Gamma((1+p)/2) = \frac{p+1}{2} \frac{p-1}{2} \dots \frac{3}{2} \Gamma(1/2)$  if  $p$  is even and  $\Gamma((1+p)/2) = ((1+p)/2)!$  if  $p$  is odd. In both cases it is clear that  $\Gamma((1+p)/2) \leq ((1+p)/2)^{(p+1)/2}$  for all  $p$  sufficiently large. Therefore, for such large  $p$ 's,

$$\frac{\sqrt{2}}{\sqrt{p}} \Gamma((1+p)/2)^{1/p} \leq \frac{\sqrt{2}}{\sqrt{p}} ((1+p)/2)^{\frac{p+1}{2p}} \xrightarrow{p \rightarrow \infty} 1.$$

This is enough to conclude.

**Exercise 7.** We want to compute the sub-gaussian norm of a random variable  $X \sim N(0, \sigma^2)$ . By definition the sub-gaussian norm is

$$\|X\|_{\psi_2} := \inf \left\{ t > 0 : \mathbb{E} \left[ \exp \left( \frac{X^2}{t^2} \right) \right] \leq 2 \right\}$$

We need to calculate the expected value explicitly:

$$\begin{aligned} \mathbb{E} \left[ \exp \left( \frac{X^2}{t^2} \right) \right] &= \int_{\mathbb{R}} \exp \left( \frac{x^2}{t^2} \right) \frac{1}{\sqrt{2\pi\sigma^2}} \exp \left( -\frac{x^2}{2\sigma^2} \right) dx \\ &= \frac{1}{\sqrt{2\pi\sigma}} \int_{\mathbb{R}} \exp \left[ -x^2 \left( \frac{1}{2\sigma^2} - \frac{1}{t^2} \right) \right] dx \end{aligned}$$

which is finite for  $t > \sqrt{2}\sigma$ . We can use the change of variables

$$-x^2 \left( \frac{t^2 - 2\sigma^2}{2t^2\sigma^2} \right) = -\frac{y^2}{2}$$

and obtain

$$\mathbb{E} \left[ \exp \left( \frac{X^2}{t^2} \right) \right] = \frac{1}{\sqrt{2\pi\sigma}} \int_{\mathbb{R}} \exp \left( -\frac{y^2}{2} \right) \frac{t\sigma}{\sqrt{t^2 - 2\sigma^2}} dy = \frac{t}{\sqrt{t^2 - 2\sigma^2}}$$

Now, if we want

$$\frac{t}{\sqrt{t^2 - 2\sigma^2}} \leq 2$$

we need to take  $t \geq \sqrt{\frac{8}{3}}\sigma$ . Hence the sub-gaussian norm of  $X$  is  $\|X\|_{\psi_2} = \sqrt{\frac{8}{3}}\sigma$ .

**Exercise 8.** Similarly to the previous exercise we want to compute the sub-gaussian norm of  $X \sim \text{SymBer}$ . The Symmetric Bernoulli r.v. is characterized by  $P(X = -1) = P(X = 1) = 1/2$ . We compute the expected value as before:

$$\mathbb{E} \left[ \frac{X^2}{t^2} \right] = \exp \left( \frac{1}{t^2} \right)$$

and  $\exp(1/t^2) \leq 2$  when

$$t \geq \sqrt{\frac{1}{\ln(2)}}.$$

Taking the infimum we obtain the sub-gaussian norm  $\|X\|_{\psi_2} = \sqrt{\frac{1}{\ln(2)}}$ .

**Exercise 9.** We want to prove the inequality

$$\|X\|_{\psi_2} \leq \frac{\|X\|_{\infty}}{\sqrt{\ln(2)}}$$

Let's consider the following sets:

$$A = \left\{ t > 0 : \mathbb{E} \left[ \exp \left( \frac{X^2}{t^2} \right) \right] \leq 2 \right\}$$

$$B = \left\{ t > 0 : \exp \left( \frac{\|X\|_{\infty}^2}{t^2} \right) \leq 2 \right\}$$

We notice that  $B \subseteq A$ , hence  $\inf A \leq \inf B$ . We observe the following equivalence chain

$$\begin{aligned} \exp \left\{ \frac{\|X\|_{\infty}^2}{t^2} \right\} &\leq 2 \\ \frac{\|X\|_{\infty}^2}{t^2} &\leq \ln(2) \\ t &\geq \frac{\|X\|_{\infty}}{\sqrt{\ln(2)}} \end{aligned}$$

We deduce that  $\inf B = \|X\|_{\infty} / \sqrt{\ln(2)}$ . In conclusion we have

$$\|X\|_{\psi_2} = \inf(A) \leq \inf(B) = \frac{\|X\|_{\infty}}{\sqrt{\ln(2)}}$$

and the thesis.

**Exercise 10.** We want to show that the subgaussian norm is indeed a norm. Just a reminder of the definition

$$\|X\|_{\psi_2} = \inf \left\{ t > 0 : \mathbb{E} \left[ \exp \left( \frac{X^2}{t^2} \right) \right] \leq 2 \right\}$$

1. The positivity is obvious since the infimum is taken over the real positive numbers.
2. If  $X = 0$  we have  $\exp(0/t^2) = 1$  for all  $t > 0$ , hence  $\|X\|_{\psi_2} = 0$ . Viceversa, if  $\|X\|_{\psi_2} = 0$  we want to show that  $X = 0$  almost everywhere. By hypothesis we know that  $\lim_{t \rightarrow 0} \mathbb{E}(\exp(X^2/t^2)) \leq 2$ . Ab absurdam there exists a set  $M \subset \Omega$  such that  $\mathbb{P}(M) > 0$  in which  $|X| \neq 0$ . Since

$$M = \bigcup_{n=1}^{\infty} \left\{ |X| > \frac{1}{n} \right\}$$

and

$$\left\{ |X| > \frac{1}{n} \right\} \subseteq \left\{ |X| > \frac{1}{n+1} \right\}$$

we have that

$$\lim_{n \rightarrow \infty} \mathbb{P} \left( |X| > \frac{1}{n} \right) = \mathbb{P}(M)$$

Thus there must exist an  $\bar{n}$  such that  $\mathbb{P}(|X| > 1/\bar{n}) > \mathbb{P}(M) - \epsilon > 0$ . Now letting  $A = \{|X| > 1/\bar{n}\}$ ,

$$\lim_{t \rightarrow 0} \mathbb{E} \left[ \exp \left( \frac{X^2}{t^2} \right) \right] \geq \lim_{t \rightarrow 0} \int_A \exp(X^2/t^2) d\mathbb{P} \geq \lim_{t \rightarrow 0} \exp \left( \frac{(1/\bar{n})^2}{t^2} \right) \mathbb{P}(A) = +\infty.$$

This is in contradiction with our hypothesis, so we conclude that  $X = 0$  almost everywhere.

3. Homogeneity: for any  $\lambda \neq 0$ ,

$$\begin{aligned} \|\lambda X\|_{\psi_2} &= \inf \left\{ t > 0 : \mathbb{E} \left[ \exp \left( \frac{\lambda^2 X^2}{t^2} \right) \right] \leq 2 \right\} \\ &= |\lambda| \inf \left\{ \frac{t}{|\lambda|} > 0 : \mathbb{E} \left[ \exp \left( \frac{X^2}{(t/\lambda)^2} \right) \right] \leq 2 \right\} \\ &= |\lambda| \|X\|_{\psi_2} \end{aligned}$$

4. Last the triangular inequality  $\|X + Y\|_{\psi_2} \leq \|X\|_{\psi_2} + \|Y\|_{\psi_2}$ .

$$\begin{aligned} \mathbb{E} \left[ \exp \left( \left( \frac{X + Y}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \right)^2 \right) \right] &= \mathbb{E} \left[ \exp \left( \left( \frac{\|X\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \frac{X}{\|X\|_{\psi_2}} + \frac{\|Y\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \frac{Y}{\|Y\|_{\psi_2}} \right)^2 \right) \right] \\ &\leq \frac{\|X\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \mathbb{E} \left[ \exp \left( \left( \frac{X}{\|X\|_{\psi_2}} \right)^2 \right) \right] + \frac{\|Y\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} \mathbb{E} \left[ \exp \left( \left( \frac{Y}{\|Y\|_{\psi_2}} \right)^2 \right) \right] \\ &\leq \frac{\|X\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} 2 + \frac{\|Y\|_{\psi_2}}{\|X\|_{\psi_2} + \|Y\|_{\psi_2}} 2 \leq 2 \end{aligned}$$

where we used the convexity of the function  $x \mapsto \exp(x^2)$  in the first inequality and the definition of sub-Gaussian norm in the second. Again by the definition of sub-Gaussian norm, we get that  $\|X\|_{\psi_2} + \|Y\|_{\psi_2} \geq \|X + Y\|_{\psi_2}$ .