

Plainsies, Clapsies

Informant/Performer:
School children
West Hartford, CT

Source:
Collected by Tom Alvord, 1970s

Plain - sies, clap - sies, twirl a - round to back - sies,
Right hand, left hand, toss it high, toss it low,
Touch your knee, touch your toe, touch your heel and un - der you go.

Game Directions

Throw the ball up and catch it; throw the ball up, clap hands, catch it, and so on.

Game may be structured to last until a single player misses, while the class sings, or in other ways.