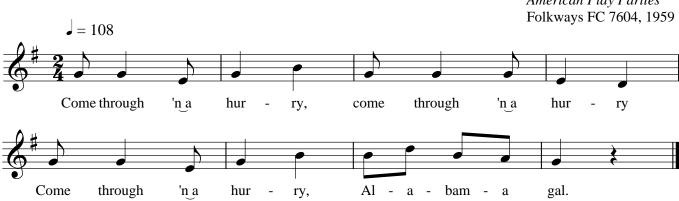
Alabama Gal

Informant/Performer: Pete Seeger, Mika Seeger, Rev. Larry Eisenberg Source:
Pete Seeger, Mika Seeger and Rev. Larry Eisenberg
American Play Parties
Folkways FC 7604 1959



- 2. I don't know how, how, (3x) Alabama gal.
- 3. I showed you how, how, (3x) Alabama gal.
- 4. Ain't I rock candy? (3x) Alabama gal.

Game Directions

Formation: Longways line, Virginia Reel style, men in one line, women in the other. The difference from an ordinary Virginia Reel is that as many as 20 couples or so can be in the same 'set.' About 6 feet of distance is necessary between the lines.

Action:

Verse 1: Head couple joins hands and sashays down the center of the set toward the foot for the 'Come through in a hurry' repeated.

For the third 'Come through in a hurry' they return to the head.

Verse 2-4: Head couple reels down the line. At the end of the fourth verse the singing begins again with 'Come through in a hurry. '

At this point the second couple begins the figures with a sashay down the set, going as far as the first couple if that couple has not yet finished reeling to the bottom. Continue the dance until all couples have taken part.