

Bounce High

Source:

Eleanor G. Locke, ed.

American Folk Songs for Teaching

(unpublished edition)

Oakland, Calif: Holy Names College, 1978



Game Directions

Form a circle. A volleyball is passed from person to person in a drop-catch pattern, with the ball hitting the floor on accented beats, picked up and passed on, keeping the activity in time with the singing.

- Eleanor G. Locke, *Sail Away*