

WARRIOR

Channel your inner
warrior with this intense mix
of Boxing, Boot Camp & Chen Tai Chi

JUNE 6TH – 10TH

5:45 – 7:00 AM

WORKOUT

with
Pat Brunetti!

For more information, please contact Christina at christinab@fitnessandwellness.org or (609) 683-7888
Sign up at the front desk, \$180 for the week-long class.