

8.2.

"i) One cannot not communicate"- All behaviour is a form of communication ind

Any perceivable behaviour, including the absence of action, has the botential to be interpreted by other people as having some meaning.

having some meaning.

3) Everything one does is a message, even when we donothing, verbally or non-verbally we are transmitting something: "Activity or inactivity, words or silence all have as messaging value: they influence others of these other, in turns, cannot respond to these communication. I are thus themselves communicating."

being silent is a way of communicating some kind of message. So its impossible not to communicate.

does. In not imply that we are communicating must be understood.

by each other.

2