Fat Percentage Calculator

Calculate Fat Percentage

Get total number of calories for a food item from user

(test to make sure the number is >0)

Get the number of fat grams in that food item from user

(test to make sure the number is >0 and more than the amount of calories entered)

Calculate the calories from fat using “Calories from fat = Fat grams \* 9”

Calculate the percentage of calories from fat using “(calories from fat / total calories) \* 100”

If calories from fat are < 30% then display low fat

Else display this food is not low fat

Display the number of calories from fat

Display the percentage of calories from fat

Clear Form

Clear values in text boxes and labels.

Set focus to first control.