id int (Primary Key) audience text sessionInfo text starttime text endtime text

e.g.

id	audience	sessionInfo	starttime	endtime
0	Junior	Junior Club for Under 11's	10:00	13:00

Racing Team:	
id title	int(Primary Key)
title	text
body	text

e.g.

id	title	body
0	Ski Event	The ski event in