Lorin Shamos

lshamos.github.io/Lorin-Shamos-Portfolio | Github.com/lshamos | linkedin.com/in/lorin-shamos

Summary

I'm a web developer working in the languages and frameworks of HTML, CSS, JavaScript, JQuery, Ruby on Rails, Node.js, and React, as well I've built some really cool apps. Before a developer I worked in fitness as a Personal Trainer specializing in Pilates, strength, rehabilitation and barbell. As a trainer, I developed effective results driven programs that helped clients reach their fitness goals. Currently I am working on Workout Buddy, an application for weightlifters to log and track their progress.

Technical Skills

HTML, CSS, JavaScript, JQuery, Ruby, Node.js, React, MongoDB, Express, git, GitHub, SQL, PostgreSql, SPA, Authentication, API, Trello and the Agile method.

Projects

Whack a Wonk- A two player game that gives you the chance to whack the wonks. Whack correctly and earn points, incorrectly and lose points. A winner will be declared after both players play. This game was built using HTML, CSS, JavaScript, and JQuery.

Eventbook- An event memory keeper for to store all the details of that awesome event and all the great people you shared it with. Keep pictures, lists, stories, friends, and comments about it. This application was built using Ruby, Rails and styled with Bootstrap.

The Drop- "Surf spots at a pin drop." Quick access to surf report information like location, weather, tide report and water temperature. I contributed on this team effort as the Project Manager, and the Facebook Outside Authorization API.

Workout Buddy- Workout Buddy is your go to weight room workout logger. Record your exercises, sets, the number of reps and weight performed each and every time. I built this application using HTML, CSS, JavaScript, Node.js, React, Bootstrap and MongoDB.

Professional Experience

Lorin Shamos Pilates & Fitness, Beverly Hills, CA · 2004- Present
Self-owned and operated Pilates and fitness practice providing studio and in-home private training.
· Advised and implemented structured goal oriented fitness plans that get results.
· Built years long business relationships through referrals and networking.
· Established online presence with website and social media marketing.
· Managed all financial aspects of business, (*i.e.* bookkeeping, accounting, and retirement accounts)

FollowMyFitness, Inc., Santa Monica, CA 2010-2014
Founder of mobile fitness game that awards good behavior with virtual and non-virtual goods.
· Presented investment materials to high net-worth investors, and potential cofounders.
· Crafted fundraising and pitch materials such as emails, video deck, and PowerPoint.
· Created an Executive Summary detailing the market research and potential opportunity.
· Supervised technological development and structured Functional Specifications for UX/UI
· Acted as Project Manager and controlled creative decisions through product completion.

Education

General Assembly, Santa Monica, CA | Web Development Immersive
California Institute of the Arts, Valencia, CA | Master of Fine Arts in Acting
Arizona State University, Tempe, AZ | Bachelor of Arts in Theatre | **Stott Pilates** · *Full Certification*