(Reduced hours June 18-24 & August 26-Sept 2)

BABY POOL HOURS:

Monday to Thursday: 9am-8pm Friday: 12pm-8pm EXCEPT during water polo team practices (M,Tu,Th,F 5-6pm) or during events.

Saturday and Sunday: 10:30am-8pm

	MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY
6:30 AM	Maintenance	Maintenance		Maintenance		Maintenance						
6:45 AM	Earlybird swim	vbird swim		Earlybird swim		Earlybird Earlybird						
7:00 AM	. ,	swim		. ,		swim						
7:30 AM	Synchro solo & duet Synchro solo & duet		lo & duet	Synchro solo & duet		Synchro solo & duet						
8:00 AM	cynonio solo a dact	Synding colo a dact										
8:30 AM		Lessons Lessons		Lessons		Lessons Aquafit Synchro team 6 & under ST						
9:00 AM	Lessons							Synchro Technical (all)				
9:30 AM										Maintenance		Maintenance
10:00 AM								Staff training				
10:30 AM	Aquafit	Aquafit		Aquafit Synchro team 6 & under ST								Rubber ducky swim
11:00 AM	Complement and	Synchro team 6 & under ST										
11:30 AM	Synchro team									Rubber ducky swim		
12:00 PM	0.1	Swim team		Swim team		Swim team		Swim team				
12:30 PM	Swim team											
1:00 PM		Adult swim Diving		Adult swim Diving		Adult swim Diving		Adult swim Diving		Adult swim		Adult swim
1:30 PM	Adult swim											
2:00 PM		Free Swim		Free Swim								
2:30 PM						Free Swim		Free Swim		Free Swim		Free Swim
3:00 PM												
3:30 PM	Free Swim											
4:00 PM												
4:30 PM												
5:00 PM										Adult		
5:30 PM	Water Polo team	Water Polo team				Water Polo team		Water Polo team		lessons & Masters	Adult swim	Adult swim
6:00 PM		Adult Lessons/ Evening lessons		Adult swim		Adult swim Adult Lessons/ Mosters Evening lessons		Adult & family swim		- Wasters		
6:30 PM	Adult & family swim											
7:00 PM		Bronze Free Swim		Free Swim		Masters lessons		Free Swim		Free	swim	Free swim
7:30 PM	Free swim									Free swim		1100 011111
8:00 PM	i icc swiiii											
8:30 PM	Teen Swim	Teen S	hwim	Teen	Swim	Toon	Swim	Teen	Swim	Toor	ı swim	Teen swim
0.3U PIVI	reen Swiiii	reen S	WIIII	reen	OWIIII	reen	SWIIII	reen	SWIIII	reer	SWIII	reen swiin

ADULT SWIM: Must be 18 years old or older. Any children are to remain behind the blue lines.

TEEN SWIM: Must be 13 to 19 years of old

RUBBER DUCKY SWIM: Open to all members. Pool toys permitted.

FAMILY SWIM: Must be accompanied by one adult family member (18+yrs old).

FREE SWIM: Open to all ages, one lane reserved for swimming lengths