Lucy Taylor

Mr. Cassens

MART 120

30 January 2023

Reflection Paper 2

Based on my experience with having struggled through high school with particular learning methods, I would say that knowing what learning styles there are, and which one you favor is extremely important and useful when it comes to learning. Since I was a kid, I have always struggled with reading. Even today, I can't properly read and take in information from a chapter or article without having some sort of auditory stimulus in the background. It's the reason why test taking in school was always so intimidating, or why note taking felt pointless. It's why I wasn't at all shocked when my results for the Learning Styles Quiz came back as me being more of an auditory listener.

What's Your Learning Style? The Results Your Scores: ▶ Printer Friendly Version • Auditory: 55% Visual: 15% You are an Auditory learner! Check out the information below, or view all of the learning styles Auditory If you are an auditory learner, you learn by hearing and listening. You understand and remember things you have heard. You store information by the way it sounds, and you have an easier time understanding spoken instructions than written ones. You often learn by reading out loud because you have to hear it or speak it in order to know it. As an auditory learner, you probably hum or talk to yourself or others if you become bored. People may think you are not paying attention, even though you may be hearing and understanding everything being said Here are some things that auditory learners like you can do to learn better. · Sit where you can hear. · Have your hearing checked on a regular basis. • Use flashcards to learn new words; read them out loud. · Read stories, assignments, or directions out loud. · Record yourself spelling words and then listen to the recording Have test questions read to you out loud. · Study new material by reading it out loud. Remember that you need to hear things, not just see things, in order to learn well.

This makes sense to me
because, as an actor it's never
been difficult for me to learn
my lines when I read them out
loud, or learn music as a
musician. That type of
information has always come
quite naturally for me. How I
can apply that to my work in

school is by reading the assignments and chapters out loud, or even saying what I am typing to assure that it makes sense. Knowing how you take in information may not always make the assignment or task much easier, but I believe that it can help people take in the information that's needed at a level that's quicker and easier to understand. If I had applied what I know now about my learning type when I was in high school, I can guarantee I would have done much better and probably would have had a much better time in class.