



SWEET
DREAMS
SLEEP
MASK

PAINTBOX

YARNS

SWEET DREAMS SLEEP MASK



easy

SIZES

Actual measurement Completed Eyemask is 16.5 cm, 6½ in, wide and 7 cm, 2¾ in, deep

YOU WILL NEED

- 1 × 50g ball of Paintbox Yarns Baby DK (As seen on cover) in Ballet Pink
- 4.00mm (UK 8 – US G/6) crochet hook

Optional

- 31 cm, 12¼ in, length of 6 mm, ¼ in, wide elastic
- Extra length of yarn for embroidery

TENSION (GAUGE)

18 stitches and 9 rows to 10 cm, 4 in, measured over treble (*double*) crochet fabric using a 4.00mm (UK 8 – US G/6) crochet hook, or size required to give correct tension.

It is vitally important to check your tension (*gauge*) before starting as working to the wrong tension (*gauge*) will mean your item will not be the size shown and could result in yarn being left over, or more yarn being required. Before beginning, crochet a tension (*gauge*) swatch at least 13 cm, 5 in, square and measure your tension (*gauge*). If there are more stitches and rows than stated, try again using a thicker hook. If there are fewer stitches and rows than stated, try again using a thinner hook.

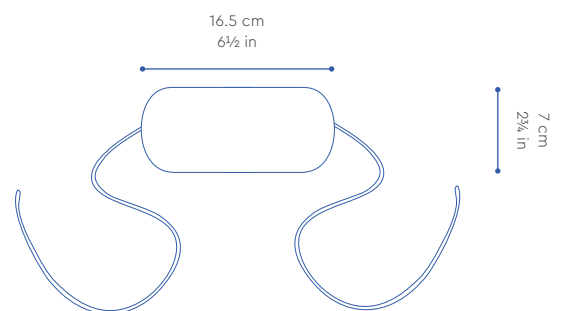
GOOD TO KNOW

- Paintbox Yarns cannot accept responsibility for the finished item if any yarn other than the recommended yarn is used.
- Yarn quantities are based on average requirements and are therefore approximate.
- Colour reproduction is as close as printing processes will allow.
- Instructions are written using UK terminology with changes for US terminology given in *italics* in round brackets () afterwards.
- Repeat figures in round brackets () the number of times stated afterwards.

ABBREVIATIONS

beg = beginning; **ch** = chain; **cm** = centimetres; **dc (sc)** = double crochet (*single crochet*); **in** = inches; **mm** = millimetre(s); **rep** = repeat; **rs** = right side; **ss** = slip stitch; **st(s)** = stitch(es); **tr (dc)** = treble (*double crochet*); **ws** = wrong side.

Visit www.paintboxyarns.com for more patterns or to buy yarn online



EYEMASK

Make 23 ch using 4.00mm (UK 8 – US G/6) crochet hook.

round 1 (rs) 1 tr (*dc*) into 4th ch from hook, 1 tr (*dc*) into each of next 18 ch, 2 tr (*dc*) into last ch, now work along the lower edge of the foundation ch as follows: 2 tr (*dc*) into same ch as last 2 tr (*dc*), 1 tr (*dc*) into each of next 18 ch, 2 tr (*dc*) into last ch, ss to top of 3 ch at beg of round. 44 sts.

round 2 3 ch (counts as 1 tr (*dc*)), 1 tr (*dc*) into st at base of 3 ch, 2 tr (*dc*) into next st, 1 tr (*dc*) into each of next 18 sts, 2 tr (*dc*) into each of next 4 sts, 1 tr (*dc*) into each of next 18 sts, 2 tr (*dc*) into each of last 2 sts, ss to top of 3 ch at beg of round. 52 sts.

round 3 3 ch (counts as 1 tr (*dc*)), miss st at base of 3 ch, (2 tr (*dc*) into next st, 1 tr (*dc*) into next st) twice, 1 tr (*dc*) into each of next 18 sts, (2 tr (*dc*) into next st, 1 tr (*dc*) into next st) 4 times, 1 tr (*dc*) into each of next 18 sts, 2 tr (*dc*) into next st, 1 tr (*dc*) into next st, 2 tr (*dc*) into next st, ss to top of 3 ch at beg of round. 60 sts.

round 4 1 ch (does NOT count as st), 1 dc (*sc*) into st at base of 1 ch, 1 dc (*sc*) into next st, (2 dc (*sc*) into next st, 1 dc (*sc*) into each of next 2 sts) twice, 1 dc (*sc*) into each of next 18 sts, (2 dc (*sc*) into next st, 1 dc (*sc*) into each of next 2 sts) 4 times, 1 dc (*sc*) into each of next 18 sts, 2 dc (*sc*) into next st, 1 dc (*sc*) into each of next 2 sts, 2 dc (*sc*) into next st, ss to top of 3 ch at beg of round. 68 sts.
Fasten off.

TIES (MAKE 2)

With rs facing, insert crochet hook into centre of one rounded end of the Eyemask and pull a loop through. Make 1 ch with both ends of yarn, then make a 35 cm, 13¾ in, length of ch with working yarn only.

next row (rs) ss into 2nd ch from hook, ss into each ch to end, ss into the same st as yarn was joined. Fasten off.
Rep on the other side of the Eyemask.

MAKING UP

Do NOT press.

Weave in ends and block to measurements if required.

Add embroidery detail as shown in photographs if you desire.

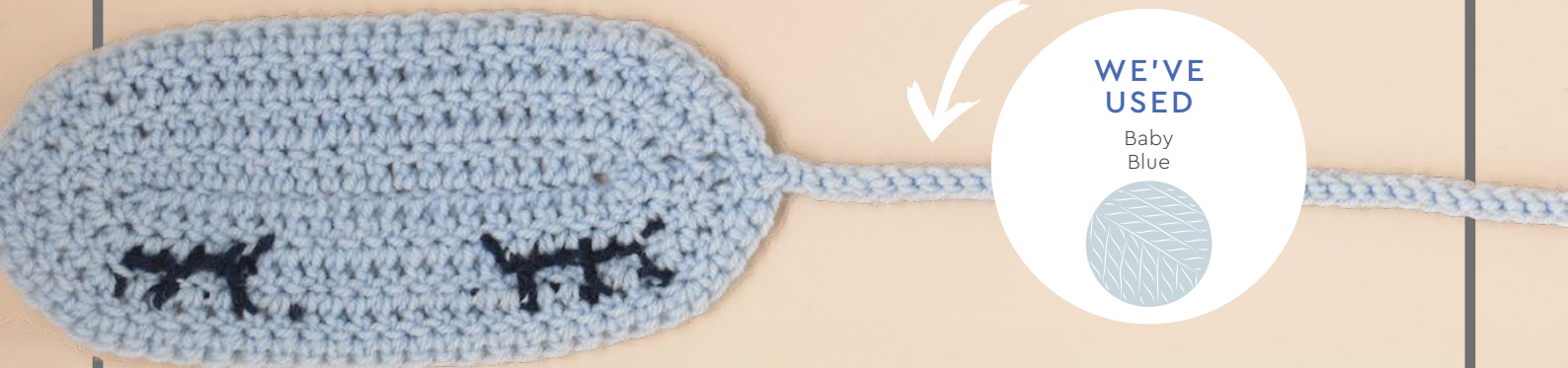
OPTIONAL

If required, sew ends of the length of elastic to each side of the Eyemask on ws for a snug fit.



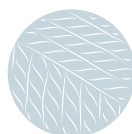
TOP TIP

Take the flower motifs from the [Garden Garland](#) pattern to add a cute detail to your eye mask!



WE'VE USED

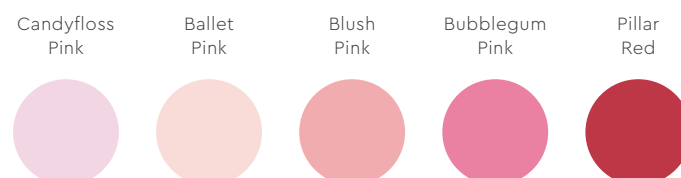
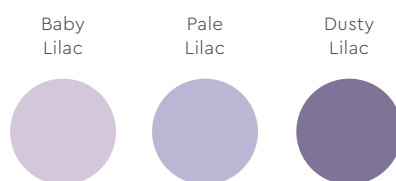
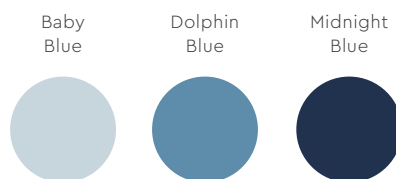
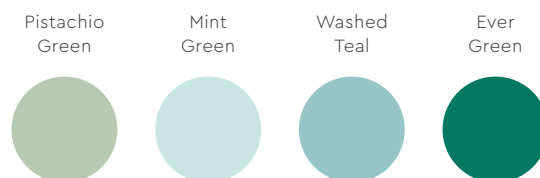
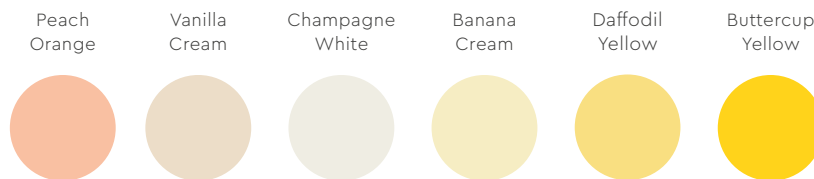
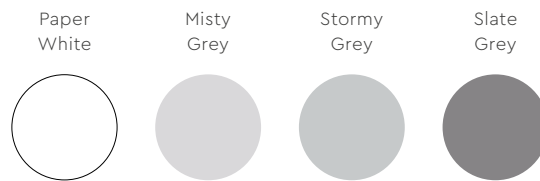
Baby Blue



PAINTBOX

YARNS

pick your palette



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