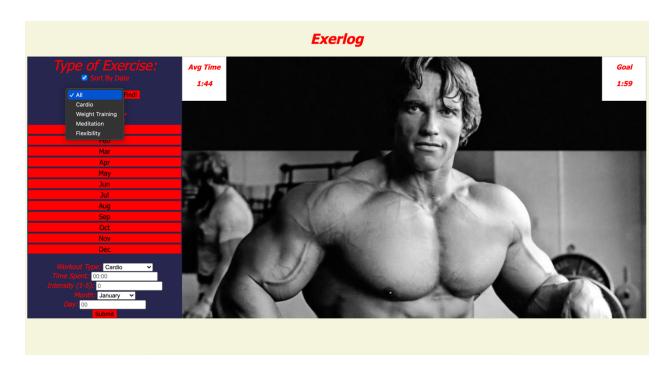
CPSC 314 Web Project Deliverable 4 Exerlog Lucas Abeln 12/6/21

Github Link: https://github.com/Gonzaga-CPSC-Fall-2021-Olivares/cpsc-314-web-development-final-project-lucasabeln.git

Front End Functional Requirement 1

Must be able to use a dropdown to sort between workout categories

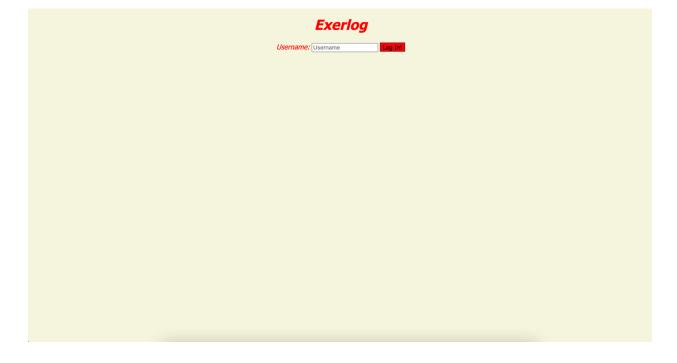
The user is able to sort logs by workout category using a dropdown menu on the main page of the site, the user can select any of the individual categories or select "All" to see every workout log that has been submitted. After choosing the category, you simply press the "Find!" button to show the results of the query.



Logs					
Type Meditation Meditation Meditation Meditation	Time 02:45 01:00 02:45 01:00	Intensity 3 3 4 5	<i>Month</i> January March July October	Day 31 31 2 8	Delete Delete Delete Delete

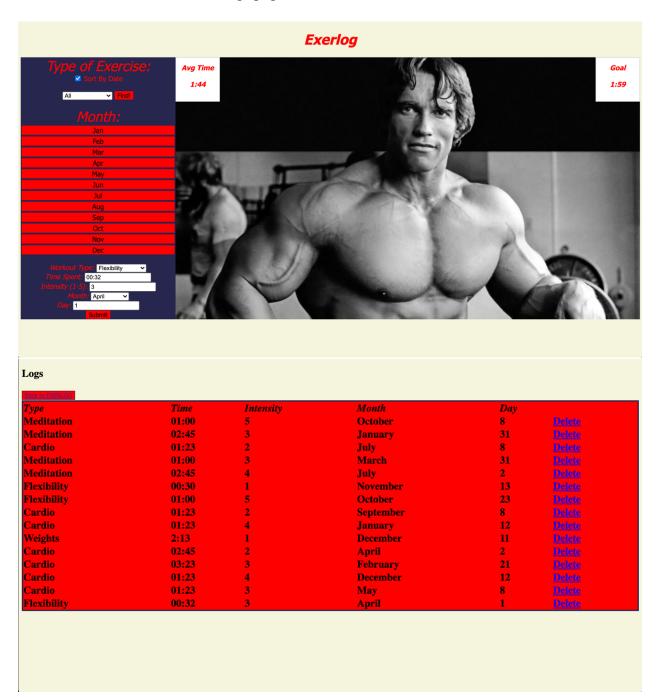
Must be able to log in to a user profile or create a new profile

On the front end, the user logs in by entering their username into the first page which they encounter. After entering their login information, they are brought to the main exerlog page where their username is saved in the backend. The user must press the "Log In!" button to continue onto the main page.



Must be able to create a new work out log

To create a new workout log on Exerlog you enter the needed information into the form on the left-hand side of the page. The user enters the workout type, time spent working out, intensity, month of entry and day of entry. The data from that form is then sent to the back end and the user is forwarded to the logs page.



Users must be able to toggle sorting logs by date

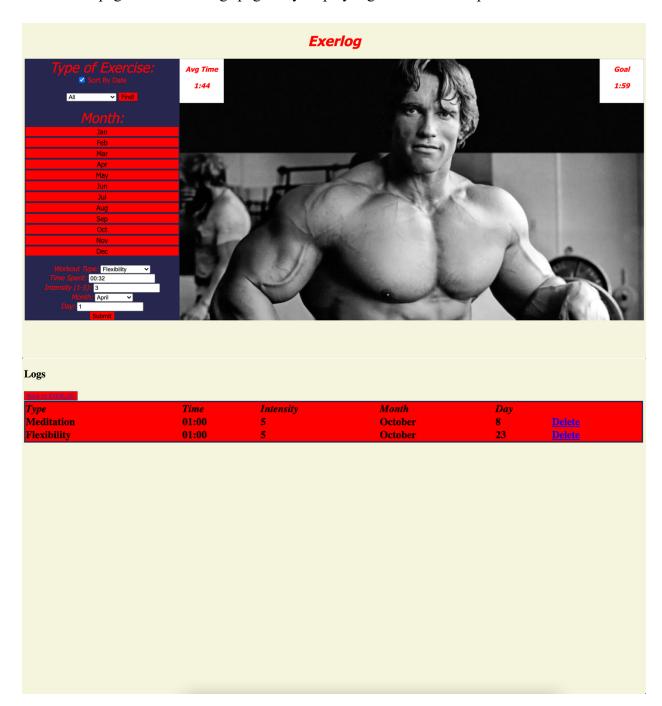
The user is able to toggle sorting the lists by category by hitting the checkbox beneath the "Exercise Types" label. If the checkbox is checked, the results of hitting the "Find" button regardless of type will be sorted by date on the logs page. If the button is not checked they will not be sorted on the logs page.



Logs					
Back to EXERLOG Type	Time	Intensity	Month	Day	
Cardio	01:23	4	January	12	<u>Delete</u>
Meditation	02:45	3	January	31	Delete
Cardio	03:23	3	February	21	<u>Delete</u>
Meditation	01:00	3	March	31	<u>Delete</u>
Flexibility	00:32	3	April	1	Delete
Cardio	02:45	2	April	2	Delete
Cardio	01:23	3	May	8	Delete
Meditation	02:45	4	July	2	Delete
Cardio	01:23	2	July	8	Delete
Cardio	01:23	2	September	8	Delete
Meditation	01:00	5	October	8	Delete
Flexibility	01:00	5	October	23	Delete
Flexibility	00:30	1	November	13	Delete
Weights	2:13	1	December	11	<u>Delete</u>
Cardio	01:23	4	December	12	Delete

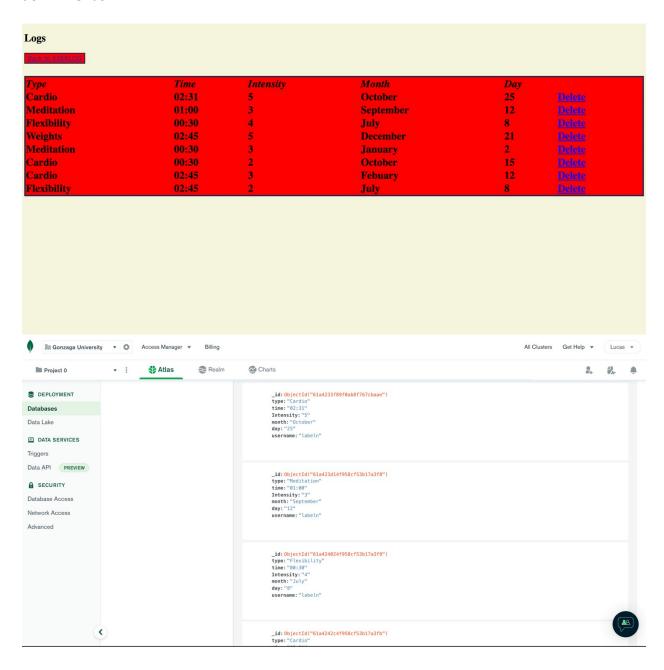
Users must be able to use calendar to access certain months logs

The user can press large buttons corresponding to months of the year on the left hand side of the main page to have the logs page only display logs from those respective months.



Must log data from logs in a JSON

Each Log is submitted through a form on the main Exerlog page. After hitting the submit button, the users log is sent to MongoDB to be stored and the user is redirected to the "Logs" page where they can view all their logs. Inputs are taken through text fields as well as drop down menus.



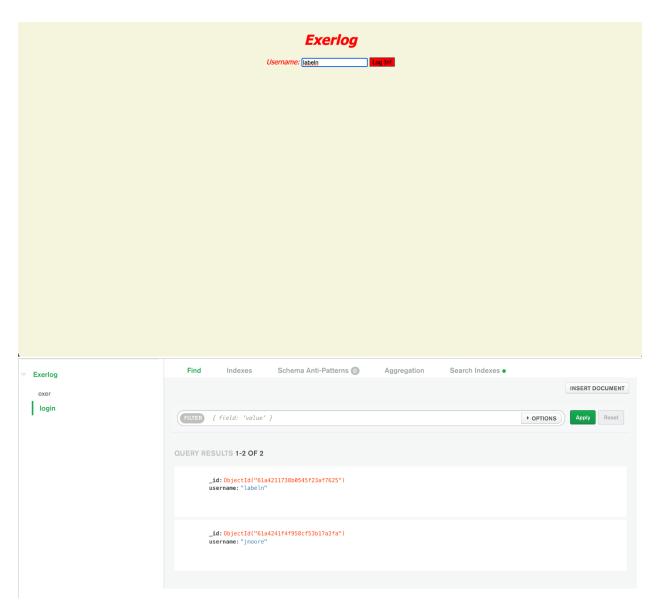
Must be able to delete a workout log.

On the logs page the user is redirected to either after hitting the submit button or choosing the month from which they'd like to view logs they will see a delete button on the farright side of the screen next to each log. If the button is hit the log will be removed from the logs page and removed from the database itself, meaning it will no longer show up on the logs page even after logging in on a separate occasion.

pe	Time	Intensity	Month	Day	
ardio	02:31	5	October	25	<u>Delete</u>
leditation	01:00	3	September	12	Delete
lexibility	00:30	4	July	8	Delete
Veights	02:45	5	December	21	Delete
leditation	00:30	3	January	2	<u>Delete</u>
Cardio	00:30	2	October	15	<u>Delete</u>
Cardio	02:45	3	Febuary	12	Delete
lexibility	02:45	2	July	8	Delete
Tlexibility	02:45	2	July	8	<u>Delete</u>
calhost:3000/delete/61a5ac9h755d65d	ad678e873				
	iad678e973				
ogs	lad678e873. Time	Intensity	Month	Day	
ogs Sype Cardio	<i>Time</i> 02:31	5	October	25	Deleng
ogs sype Cardio Teditation	Time 02:31 01:00	5 3	October September	25 12	<u>Delete</u>
ogs (ype Cardio lexibility	Time 02:31 01:00 00:30	5 3 4	October September July	25 12 8	Delete Delete
ogs Six 10 Extenses Sype Cardio Aeditation Texibility Veights	Time 02:31 01:00 00:30 02:45	5 3 4 5	October September July December	25 12 8 21	Delete Delete Delete
ogs Six is patiette. Type Cardio Meditation Texibility Veights Meditation	Time 02:31 01:00 00:30 02:45 00:30	5 3 4 5 3	October September July December January	25 12 8 21 2	Delete Delete Delete Delete
ogs Type Cardio Meditation Tlexibility Veights Meditation Cardio	Time 02:31 01:00 00:30 02:45 00:30 00:30	5 3 4 5 3 2	October September July December January October	25 12 8 21 2 15	Delete Delete Delete Delete Delete
ogs Sype Cardio Meditation Clexibility Veights Meditation	Time 02:31 01:00 00:30 02:45 00:30	5 3 4 5 3	October September July December January	25 12 8 21 2	Delete Delete Delete Delete

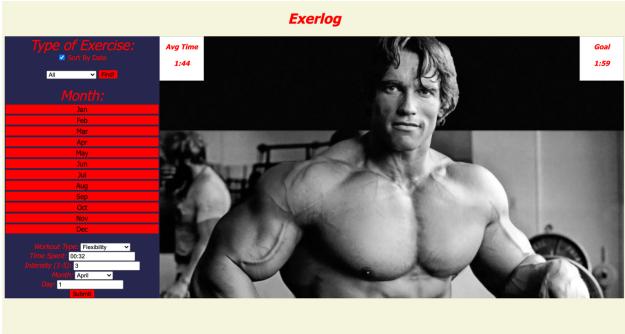
Must store unique data under each user login for retrieval upon login.

On Exerlog each user has unique logs that are specifically associated with their username. This is achieved by storing each username entered MongoDB and appending that username to each log the user makes. It then uses their username during get requests to retrieve only their logs. Usernames are only saved into the database if they have not been used before (each username only appears once in the database.) The user enters their username on the login screen before being redirected to the main Exerlog page.



Must compute average time spent exercising for display.

Exerlog displays the average amount of time you spent doing physical activities by averaging the amount of time you spent on each log. This is then displayed on the main Exerlog page for the user to see to the right of the form and filters of the main page. The app computes this average using embedded JavaScript and data taken from MongoDB.



Must Set Goals for the Users Next Week

Exerlog displays ta goal for the user to achieve their next week of exercising based off the average from the previous week. This motivates the user to see that goal number steadily climb from week to week. This feature is also achieved using embedded java script and adds on to the current weeks' time based off past improvements the user has shown. (Screenshot shown above.) The average and goal are computed through embedded JavaScript that works with the data provided by the back end database after running a special query for the main page display through NodeJS.

```
</div>
<% var i = 0 %>
<% var g = 0 %>
<% exer.forEach( function (x) { %>
<% var time = x.time %>
<% var array = time.split(":")%>
\ll var seconds = (parseInt(array[0], 10) * 60) + parseInt(array[1], 10)%
<% i += seconds%>
<% g++%>
<%})%>
<% var avg = i / g %>
<% var hours = avg / 60 %>
<% hours = Math.floor(hours) %>
% var minutes = avg - (hours * 60) %>
<% minutes = Math.floor(minutes) %>
<% if(minutes < 10){ %>
<% holder = "0" %>
<% }else holder = "" %>
<div id="log-canvas">
   <div id="avg" class="avgLeft">
       <h2 class="metric">Avg Time <br> <br> <%= hours %>:<%= holder %><%= minutes %></h2>
   </div>
   <% if(minutes + 15 >= 60){ %>
   <% hours++ %>
          var interval = 15 %>
   <% while(minutes != 60){ %>
        minutes++ %>
   <%
   <%
             interval-- %>
         }
   <%
   <% minutes = interval %>
   <% } else minutes = minutes + 15 %>
   <% holder = "" %>
   <% holder = "0" %>
   <% }else holder = "" %>
   <div id="avg" class="avgRight">
       <h2 class="metric">Goal <br> <br> <%= hours %>:<%= holder %><%= minutes %></h2>
```