NOTE: THIS IS A PLACEHOLDER
I have been a small business owner for
nearly 10 years. I have not needed a resume due to this fact. I will have a spiffy and
up to date resume here soon!

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Lucas Andrew King
9 Amber Drive
Greenville SC, 29607
Telephone # 864-593-0288
DOB- 02/19/1987

SUMMARY
• A self directed individual with focused energy and a passion for helping individuals
reach their own fitness and wellness goals.

QUALIFICATIONS
• Certified by National Gold Standard of Personal Training; expert in one-on-one personal
fitness training, group training and nutritional wellness.

WORK QUALIFICATIONS
2013-2020 Owner UNITED Personal Fitness
Greenville County
Job Titles/Duties: Owner, Manager. Sales and Lead Personal Trainer. Nutrition Specialist
& Personal Training manager.

2016-2020 Kidsmart Fitness
Job Titles/Duties: Co-Creator, Manager. Co-Creator of the KIDSMART Fitness curriculum.
The curriculum is written to the standard of a Greenville County School curriculum and
includes STEM activities. Sales & Networking-- selling KIDSMART Fitness to schools
throughout the upstate.

2015-2020 UNITED Personal Fitness Corporate Bootcamps
Greenville County
Job Titles/Duties: Owner, Manager. Sales & Networking, instructing and selling corporate
bootcamp
fitness packages throughout the upstate. Companies include, World Finance, Canteen
Commerce, Blood Connection etc. Team building & Productivity lectures. Nutrition Lectures.
Fitness on site corporate bootcamps.

2010-2013 Independent Contracting, Personal Trainer, HSN Health and Staffing Network
Greenville County, St. Francis Hospital
Job Titles/Duties: Personal Trainer, Health Education, Sales. Counseling LNs, RNs and
Physicians on their blood panel reports to help save them money on their insurance
premiums.

2011-2012 Certus Bank
Downtown Greenville
Job Titles/Duties: Personal Training Manager

EDUCATION
American College of Sports Medicine (ACSM), Certified Personal Trainer
American Heart Association, CPR/AED Certified
Greenville Technical College - Applied Science