Proposition 1. For any matrices $A \in \mathbb{R}_+^{n \times n}$, $B \in \mathbb{R}_+^{k \times k}$, $S \in \mathbb{R}_+^{n \times k}$, $S' \in \mathbb{R}_+^{n \times k}$, and A, B are symmetric, the following inequality holds

$$\sum_{i=1}^{n} \sum_{p=1}^{k} \frac{(AS'B)_{ip} S_{ip}^{2}}{S'_{ip}} \geq Tr(S^{T}ASB)$$
 (1)

Proof. Let $S_{ip}=S'_{ip}u_{ip}$. Using the explicit index, the difference $\Delta=LHS-RHS$ can be written as

$$\Delta = \sum_{i,j=1}^{n} \sum_{p,q=1}^{k} A_{ij} S'_{jq} B_{qp} S'_{ip} (u_{ip}^{2} - u_{ip} u_{jq})$$
 (2)

Because, A, B are symmetric, this is equal to

$$= \sum_{i,j=1}^{n} \sum_{p,q=1}^{k} A_{ij} S'_{jq} B_{qp} S'_{ip} \left(\frac{u_{ip}^{2} + u_{jq}^{2}}{2} - u_{ip} u_{jq} \right)$$

$$= \frac{1}{2} \sum_{i,j=1}^{n} \sum_{p,q=1}^{k} (u_{ip} - u_{jq})^{2} \ge 0$$
(3)