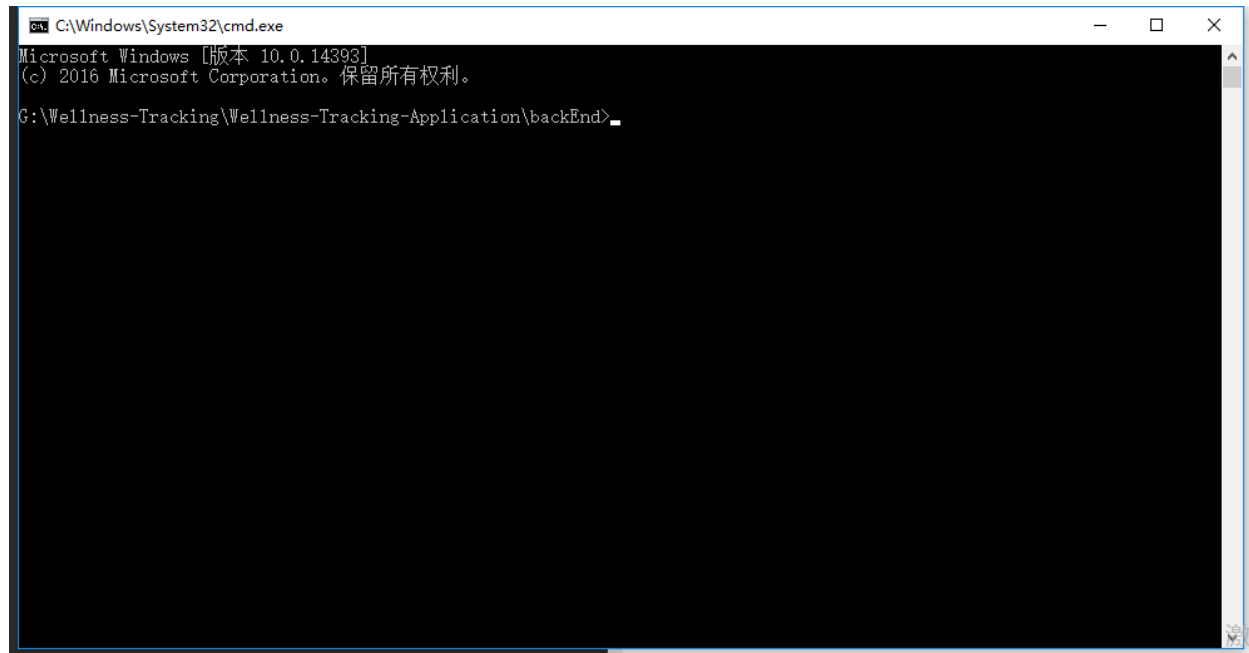


Since I have created an app on Heroku, what we need to do is download CLI tool:
<https://devcenter.heroku.com/articles/heroku-cli>

It's easier to deploy the project by CLI.

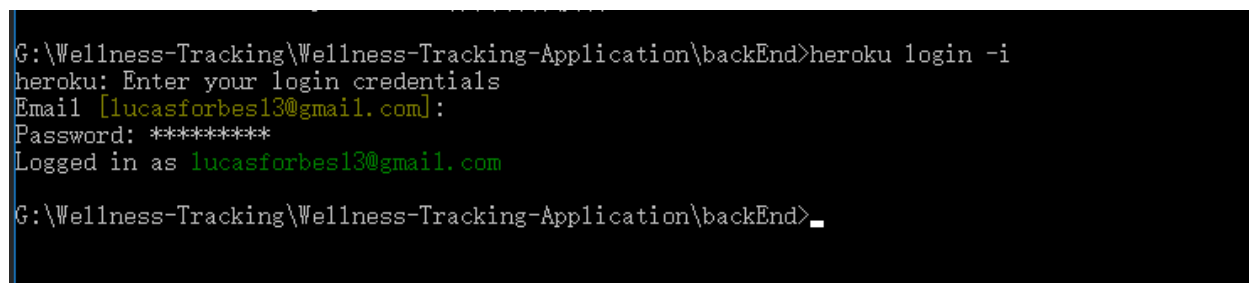
Then change directory into workspace. For example, I used Windows and I will open cmd in workspace:



```
C:\Windows\System32\cmd.exe
Microsoft Windows [版本 10.0.14393]
(c) 2016 Microsoft Corporation。保留所有权利。
G:\Wellness-Tracking\Wellness-Tracking-Application\backEnd>_
```

Ignore the Chinese Characters _||

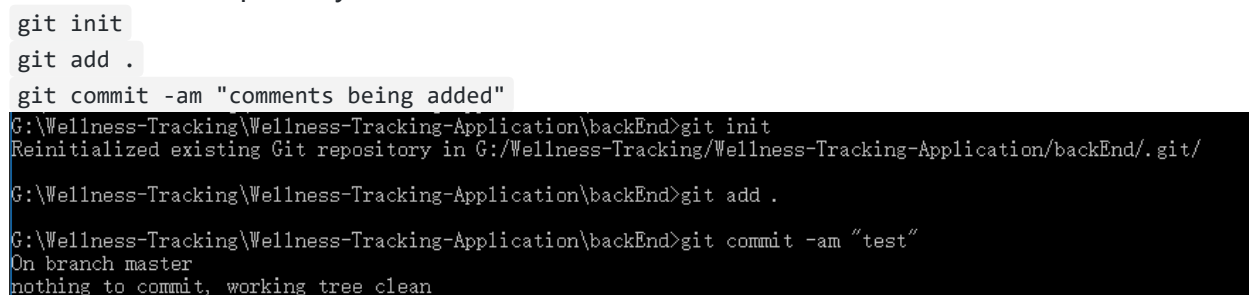
Then `heroku login -i` and u will get:



```
G:\Wellness-Tracking\Wellness-Tracking-Application\backEnd>heroku login -i
heroku: Enter your login credentials
Email [lucasforbes13@gmail.com]:
Password: *****
Logged in as lucasforbes13@gmail.com
G:\Wellness-Tracking\Wellness-Tracking-Application\backEnd>_
```

Because we have already create an app, we just need to deploy it on heroku.

#1 create local repository:



```
git init
git add .
git commit -am "comments being added"
G:\Wellness-Tracking\Wellness-Tracking-Application\backEnd>git init
Reinitialized existing Git repository in G:/Wellness-Tracking/Wellness-Tracking-Application/backEnd/.git/
G:\Wellness-Tracking\Wellness-Tracking-Application\backEnd>git add .
G:\Wellness-Tracking\Wellness-Tracking-Application\backEnd>git commit -am "test"
On branch master
nothing to commit, working tree clean
```

#2 connect it with remote one:

```
heroku git:remote -a bloom-wellness-back
```

```
G:\Wellness-Tracking\Wellness-Tracking-Application\backEnd>heroku git:remote -a bloom-wellness-back  
set git remote heroku to https://git.heroku.com/bloom-wellness-back.git
```

#3 submit the new deployment. `git push heroku master`

```
G:\Wellness-Tracking\Wellness-Tracking-Application\backEnd>git push heroku master  
Everything up-to-date
```

NOTE: #2 is for the first use. If we change the code and re-deploy the project, just:

```
git add .
```

```
git commit -am "comment"
```

```
git push heroku master
```

