**Fruchtfolge, d.h. was darf wann wieder an der gleichen Stelle angepflanzt werden:**

[**https://www.mein-gartenbuch.de/fruchtfolge-fruchtwechsel/**](https://www.mein-gartenbuch.de/fruchtfolge-fruchtwechsel/)

Kombinationen der Fruchtfolge (Vorfrucht und mögliche Nachfrucht):

|  |  |  |
| --- | --- | --- |
| **Art** | **Mögliche Vorkultur** | **Mögliche Nachkultur** |
| Blumenkohl | Spinat | Feldsalat |
| Buschbohnen | Frühe Möhren, früher Kopfsalat, Kohlrabi, Radieschen | Endivien, Feldsalat, Grünkohl |
| Endivien | Buschbohnen, Möhren, Zwiebeln | - |
| Erbsen | - | Endivien, Grünkohl, Rosenkohl |
| Gurken | Puffbohnen, Senf | Spinat |
| Kartoffeln | - | Grünkohl, Rosenkohl |
| Knoblauch | Erbsen, Puff- und Stangenbohnen | Feldsalat |
| Kohl | Erbsen, Radieschen, Spinat, Stangensellerie | Feldsalat, Spinat |
| Kohlrabi | Radieschen, Salat, Spinat | Feldsalat, Winterrettich |
| Mangold | Senf | Feldsalat, Senf |
| Möhren | Winterlauch | Späte Buschbohnen, Endivien |
| Paprika | Radieschen, Salat | Senf |
| Porree | Kohlrabi, Salat | - |
| Radieschen | - | Feldsalat, Salat |
| Rote Bete | Kohlrabi, Radieschen, Salat | Senf |
| Schwarzwurzeln | - | Feldsalat, Senf |
| Sellerie | Winterspinat | - |
| Stangenbohnen | Frühe Möhren | Feldsalat |
| Tomaten | Kohlrabi, Senf, Spinat | Senf |
| Zucchini | - | Senf |
| Zwiebeln | - | Endivien |

**Nährstoffbedarf, d.h. wird der Boden über die Jahre zu stark beansprucht:**

[**https://kraut-kopf.de/saatgutliste-gemueseanbau/**](https://kraut-kopf.de/saatgutliste-gemueseanbau/)

Saatgut Gemüse 2022

**Kultur, Sorte**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | **Kultur, Sorte** | **Menge** | **Jan** | | | **Feb** | | | **Mrz** | | | **Apr** | | | **Mai** | | | **Jun** | | | **Jul** | | | **Aug** | | | **Sep** | | | **Okt** | | | **Nov** | | | **Dez** | | | **Pﬂanzort** | **Pﬂanzung** | **Fruchtfolge** | **Lieferant** |
| **Gemüse** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Amaranth „Hot Biscuits“ | Einstreuer |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 20 cm | Mittelzehrer | Chiltern Seeds |
|  | Andenbeere „Schönbrunner Gold“ | 10 |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 60 x 60 cm | Starkzehrer | Rein Saat |
|  | Aubergine „De Barbentane“ | 4 |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 50 cm | Starkzehrer | Bingenheimer |
|  | Aubergine „Zora (AS)“ | 4 |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 50 cm | Starkzehrer | Bingenheimer |
|  | Bete, Gelbe Bete „Burpees Golden“ | 2x 2 m |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 8 cm | Mittelzehrer | Dreschﬂegel |
|  | Bete, Rote Bete „Robuschka" | 2x 2 m |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 8 cm | Mittelzehrer | Bingenheimer |
|  | Bete, Rote Bete „Formanova“ | 2 m |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 8 cm | Mittelzehrer | Sativa |
|  | Blumenkohl „Neckarperle“ | 2x 8 |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 60 x 60 cm | Starkzehrer | Bingenheimer |
|  | Blumenkohl „Goodman“ | 8 |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 60 cm | Starkzehrer | Sativa |
|  | Bohne, Buschbohne „Purple Teepee“ | 24 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 30 cm | Schwachzehrer | Bingenheimer |
|  | Bohne, Buschbohne „Auskernbohne schwarz“ | 15 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 40 cm | Schwachzehrer | Sativa |
|  | Bohne, Buschbohne, "Borlotto" | 18 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 40 cm | Schwachzehrer | Hof Jeebel |
|  | Bohne, Buschbohne, "Canadian Wonder" | 15 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 60 cm | Schwachzehrer | Rein Saat |
|  | Bohne, Stangenbohne „Forellenbohne“ | 4x 5 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 80 x 80 cm | Schwachzehrer | Rein Saat |
|  | Bohne, Stangenbohne „Klosterfrauen“ | 4x 5 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 70 cm | Schwachzehrer | Sativa |
|  | Bohne, Puﬀbohne „Crimson Flowered“ | 2x 2 m |  |  |  | **•** |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 10 cm | Schwachzehrer | Dreschﬂegel |
|  | Brokkoli „Ramoso calabrese“ | 10 |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 40 cm | Starkzehrer | Dreschﬂegel |
|  | Brokkoli „Sprouting Farbmischung“ | 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 50 cm | Starkzehrer | Dreschﬂegel |
|  | Chili, Jalapeno „Ruben“ | 6 |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 70 x 50 cm | Mittelzehrer | Rein Saat |
|  | Chili „Vietnam - Landsorte“ | 6 |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 25 cm | Mittelzehrer | Eigenes |
|  | Chinakohl „Auslese“ | 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 35 cm | Starkzehrer | Sativa |
|  | Chinakohl „Atsuko“ | 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 35 cm | Starkzehrer | Rein Saat |
|  | Erbse, Markerbse „Wunder von Klevedon“ | 8 m |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 3 cm | Schwachzehrer | Bingenheimer |
|  | Erbse, Zuckererbse „Sweet Horizon“ | 2x 2 m |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 35 x 3 cm | Schwachzehrer | Bingenheimer |
|  | Erbse, Winter-Zuckererbse „Frieda Welten“ | 4 m |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  | Freiland | 35 x 3 cm | Schwachzehrer | Sativa |
|  | Erbse, Wintermarkerbse „Sima“ | 8 m |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  | Freiland | 35 x 3 cm | Schwachzehrer | Sativa |
|  | Fenchel, Knollenfenchel „Perfektion" | 5x 6 |  |  |  |  | **•** |  |  | **•** |  |  |  |  |  | **•** |  |  | **•** |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 20 cm | Mittelzehrer | Rein Saat |
|  | Grünkohl „Halbhoher Grüner Krauser“ | 6 |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 50 cm | Starkzehrer | Dreschﬂegel |
|  | Grünkohl "Hoher roter Krauser“ | 8 |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 50 cm | Starkzehrer | Culinaris |
|  | Gurke, Einlegegurke „Vorgebirgstrauben“ | 6 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 30 cm | Starkzehrer | Bingenheimer |
|  | Gurke, Salatgurke „Bono“ | 2 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 100 x 30 cm | Starkzehrer | Dreschﬂegel |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | **Kultur, Sorte** | **Menge** | **Jan** | | | **Feb** | | | **Mrz** | | | **Apr** | | | **Mai** | | | **Jun** | | | **Jul** | | | **Aug** | | | **Sep** | | | **Okt** | | | **Nov** | | | **Dez** | | | **Pﬂanzort** | **Pﬂanzung** | **Fruchtfolge** | **Lieferant** |
|  | Gurke, Salatgurke „Tanja“ | 2 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 100 x 30 cm | Starkzehrer | Rein Saat |
|  | Gurke, Salatgurke „Persika“ | 2 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 100 x 30 cm | Starkzehrer | Bingenheimer |
|  | Kohlrabi „Azur-Star“ | 3x10 |  |  |  |  | **•** |  |  | **•** |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 25 cm | Mittelzehrer | Bingenheimer |
|  | Kürbis „Futsu Black“ Moschata-Kürbis | 2 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 100 cm | Starkzehrer | Bingenheimer |
|  | Kürbis „Red Kuri“ Roter Hokkaido | 2 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 100 cm | Starkzehrer | Bingenheimer |
|  | Kürbis „Blue Ballet“ | 3 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 100 cm | Starkzehrer | Rein Saat |
|  | Kürbis „Thelma Sanders' Sweet Potato“ | 2 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 100 cm | Starkzehrer | Dreschﬂegel |
|  | Kürbis „Moschus Napolitaner“ | 2 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 100 cm | Starkzehrer | Dreschﬂegel |
|  | Lauch, Sommerporree „Hilari“ | 15 |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 15 cm | Starkzehrer | Bingenheimer |
|  | Lauch , Herbstporree „ Philomene“ | 10 |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 10 cm | Starkzehrer | Bingenheimer |
|  | Lauch, Winterporree „Freezo“ | 20 |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 10 cm | Starkzehrer | Bingenheimer |
|  | Lauchzwiebel „Ischikrona" | 3x2 m |  |  |  |  |  |  |  | **•** |  |  |  |  |  | **•** |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 25 x 2,5 cm | Mittelzehrer | Bingenheimer |
|  | Mairübe "Blanc globe à collet violet" | 2 x 8 |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 20 x 5 cm | Schwachzehrer | Rein Saat |
|  | Mangold „Bright Lights“ | 1 m |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 20 cm | Mittelzehrer | Dreschﬂegel |
|  | Möhre „Milan" | 3x 2 m |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  | **•** |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 35 x 3 cm | Mittelzehrer | Bingenheimer |
|  | Möhre „Colorada“ | 2x 2 m |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 5 cm | Mittelzehrer | Dreschﬂegel |
|  | Möhre „Treenetaler SG“ | 2x 2 m |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 8 cm | Mittelzehrer | Sativa |
|  | Palmkohl „Negro Romano“ | 8 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 50 cm | Starkzehrer | Dreschﬂegel |
|  | Paprika „Albaregia“ | 3 |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 60 cm | Mittelzehrer | Rein Saat |
|  | Paprika „Karmen“ | 3 |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 60 cm | Mittelzehrer | Rein Saat |
|  | Paprika „Pantos“ | 3 |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 70 cm | Mittelzehrer | Bingenheimer |
|  | Paprika „Pusztagold“ | 3 |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 50 cm | Mittelzehrer | Dreschﬂegel |
|  | Pastinake „Tender and True“ | 2x 2 m |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 8 cm | Mittelzehrer | Samen Maier |
|  | Pfeﬀeroni „Taeyang medium" | 4 |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 40 cm | Mittelzehrer | Rein Saat |
|  | Radieschen "Flamboyant 2“ | 3x 2 m |  |  |  |  |  |  |  | **•** |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 20 x 3 cm | Schwachzehrer | Sativa |
|  | Radieschen „De dix-huit-jours (18 Tage)“ | 3x 2 m |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  | Freiland | 20 x 3 cm | Schwachzehrer | Dreschﬂegel |
|  | Rettich „Daikon" | 10 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 10 cm | Mittelzehrer | Sativa |
|  | Rosenkohl „Rubine“ | 4 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 50 cm | Starkzehrer | Dreschﬂegel |
|  | Rosenkohl „Groninger“ | 4 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 50 cm | Starkzehrer | Dreschﬂegel |
|  | Rotkohl „Rodynda“ | 10 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 60 x 60 cm | Starkzehrer | Bingenheimer |
|  | Salat, Eissalat „Laibacher Eis“ | 3x 3 |  |  | **•** |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 30 cm | Mittelzehrer | Dreschﬂegel |
|  | Salat, Eissalat „Rossia“ | 3x 3 |  |  | **•** |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 30 cm | Mittelzehrer | Dreschﬂegel |
|  | Salat, Schnittsalat „Red Velvet“ | 3 |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 30 cm | Mittelzehrer | Dreschﬂegel |
|  | Salat, Römersalat „Grasse de Morges“ | 8 |  |  | **•** |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 30 cm | Mittelzehrer | Sativa |
|  | Salat, Radicchio „Palla Rossa“ | 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland / Gewächshaus | 30 x 30 cm | Mittelzehrer | Dreschﬂegel |

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|  | **Kultur, Sorte** | **Menge** | **Jan** | | | **Feb** | | | **Mrz** | | | **Apr** | | | **Mai** | | | **Jun** | | | **Jul** | | | **Aug** | | | **Sep** | | | **Okt** | | | **Nov** | | | **Dez** | | | **Pﬂanzort** | **Pﬂanzung** | **Fruchtfolge** | **Lieferant** |
|  | Salat, Radicchio „Variegata di Lusia“ | 5 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 30 cm | Mittelzehrer | Rein Saat |
|  | Salat, Asiasalatmischung „Oriental Mix“ | 1 m |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland / Gewächshaus | 15 x 3 cm | Mittelzehrer | Rein Saat |
|  | Salat, Feldsalat „Kölner Palm“ | 2 m |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 15 x 2 cm | Schwachzehrer | Dreschﬂegel |
|  | Salat, Feldsalat „Elan“ | 2 m |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  | Gewächshaus | 15 x 1 cm | Schwachzehrer | Bingenheimer |
|  | Salat, Postelein | 2 m |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 10 x 2 cm | Schwachzehrer | Dreschﬂegel |
|  | Salat, Wilde Rauke | 2 m |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 20 x 2 cm | Schwachzehrer | Rein Saat |
|  | Salat, Salatrauke | 3x 2 m |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  | Freiland | 25 x 2 cm | Schwachzehrer | Rein Saat |
|  | Sellerie, Knollensellerie „Monarch“ | 10 |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 40 cm | Starkzehrer | Rein Saat |
|  | Sellerie, Stangensellerie "Tall Utah“ | 3 |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 40 cm | Starkzehrer | Sativa |
|  | Sellerie, Stangensellerie "Roter Stiel“ | 3 |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 35 x 30 cm | Starkzehrer | Dreschﬂegel |
|  | Spinat „Matador“ | Einstreuer |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 3 cm | Mittelzehrer | Bingenheimer |
|  | Schwarzwurzel „Hoﬀmann’s schwarze Pfahl“ | 4 m |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 5 cm | Mittelzehrer | Bingenheimer |
|  | Tomate, Cocktailtomate „Black Cherry“ | 3 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 3-4 Pﬂ / qm | Starkzehrer | Bingenheimer |
|  | Tomate, Cocktailtomate „Vesennij Mieurinskij“ | 3 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 3-4 Pﬂ / qm | Starkzehrer | Dreschﬂegel |
|  | Tomate, Cocktailtomate „Kleine Gelbe aus Estland“ | 1 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 3-4 Pﬂ / qm | Starkzehrer | Dreschﬂegel |
|  | Tomate, Fleischtomate „Marmande“ | 2 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 3-4 Pﬂ / qm | Starkzehrer | Rein Saat |
|  | Tomate, Fleischtomate „Schwarze Russische“ | 2 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 3-4 Pﬂ / qm | Starkzehrer | Dreschﬂegel |
|  | Tomate, Fleischtomate „Riesentomate Ananas“ | 2 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 3-4 Pﬂ / qm | Starkzehrer | Dreschﬂegel |
|  | Tomate, Fleischtomate „German Gold“ | 1 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 3-4 Pﬂ / qm | Starkzehrer | Rein Saat |
|  | Tomate, Fleischtomate „Tschernij Prinz“ | 3 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 3-4 Pﬂ / qm | Starkzehrer | Rein Saat |
|  | Tomate, Fleischtomate „Berner Rose“ | 3 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 3-4 Pﬂ / qm | Starkzehrer | Bingenheimer |
|  | Tomate, Salattomate „Paul Robson“ | 2 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Gewächshaus | 3-4 Pﬂ / qm | Starkzehrer | Rein Saat |
|  | Tomate, Fleischtomate „Paprikaförmige“ | 3 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland / Gewächshaus | 80 x 80 cm | Starkzehrer | Culinaris |
|  | Tomate, Salattomate „Bloody Butcher“ | 1 |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 80 x 80 cm | Starkzehrer | Hof Jeebel |
|  | Tomate, Cocktailtomate „Resibella“ | 1 |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 50 cm | Starkzehrer | Bingenheimer |
|  | Tomate, Cocktailtomate „Philamina“ | 1 |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland |  | Starkzehrer | Bingenheimer |
|  | Tomate, Wildtomate „Rote Murmel“ | 1 |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 100 cm | Starkzehrer | Eigenes |
|  | Tomate, Wildtomate „Golden Currant“ | 1 |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 100 cm | Starkzehrer | Eigenes |
|  | Tomate, Cocktailtomate „Yellow Submarine“ | 1 |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 50 cm | Starkzehrer | Rein Saat |
|  | Tomate, Cocktailtomate „Sibirisches Birnchen“ | 1 |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 80 x 80 cm | Starkzehrer | Eigenes |
|  | Weißkohl „Holsteiner Platter“ | 5 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 60 x 60 cm | Starkzehrer | Bingenheimer |
|  | Weißkohl, Spitzkohl „ Filderkraut“ | 5 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 60 x 60 cm | Starkzehrer | Bingenheimer |
|  | Wirsing „Violaceo di Verona“ | 6 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 40 cm | Starkzehrer | Rein Saat |
|  | Zucchini „Striato d'Italia“ | 2 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 100 cm | Starkzehrer | Rein Saat |
|  | Zucchini „Costates Romanesco“ | 2 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 100 x 80 cm | Starkzehrer | Dreschﬂegel |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | **Kultur, Sorte** | **Menge** | **Jan** | | | **Feb** | | | **Mrz** | | | **Apr** | | | **Mai** | | | **Jun** | | | **Jul** | | | **Aug** | | | **Sep** | | | **Okt** | | | **Nov** | | | **Dez** | | | **Pﬂanzort** | **Pﬂanzung** | **Fruchtfolge** | **Lieferant** |
|  | Zuckermais „Golden Bantam“ | 36 |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 50 x 20 cm | Starkzehrer | Bingenheimer |
| **Kräuter** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Basilikum, Thai-Basilikum | 6 |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland / Gewächshaus | 25 x 25 cm | Schwachzehrer | Bingenheimer |
|  | Basilikum, Buschbasilikum | 8 |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland / Gewächshaus | 25 x 25 cm | Schwachzehrer | Bingenheimer |
|  | Basilikum, Strauchbasilikum großblättrig | 12 |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland / Gewächshaus | 25 x 25 cm | Schwachzehrer | Bingenheimer |
|  | Basilikum, Strauchbasilikum rotblättrig | 12 |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland / Gewächshaus | 25 x 25 cm | Schwachzehrer | Bingenheimer |
|  | Basilikum, Heiliges Basilikum | 4 |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland / Gewächshaus | 25 x 25 cm | Schwachzehrer | Bingenheimer |
|  | Basilikum, Buschbasilikum „Purple Ball“ | 6 |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland / Gewächshaus | 25 x 25 cm | Schwachzehrer | Rühlemann’s |
|  | Basilikum, Ostindisches Basilikum | 4 |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland / Gewächshaus | 25 x 25 cm | Schwachzehrer | Rühlemann’s |
|  | Koreanische Minze | 6 |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 30 cm | Schwachzehrer | Rühlemann’s |
|  | Dill „Tetra“ | 2x 10 |  |  |  |  |  |  |  | **•** |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 10 cm | Schwachzehrer | Dreschﬂegel |
|  | Koriander | 3x 8 |  |  |  |  |  |  |  | **•** |  |  | **•** |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 10 cm | Schwachzehrer | Bingenheimer |
|  | Kultursauerampfer | 6 |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 25 cm | Schwachzehrer | Bingenheimer |
|  | Petersilie „Einfacher Schnitt“ | 8 |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 25 x 5 cm | Mittelzehrer | Bingenheimer |
| **Pﬂanzgut** | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | Kartoﬀel „Vitabella“ (früh, festkochend) | 1 kg |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 60 cm | Starkzehrer | Hof Jeebel |
|  | Kartoﬀel „Setanta“ (mittelfrüh, mehlig) | 1 kg |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 35 x 70 cm | Starkzehrer | Hof Jeebel |
|  | Knoblauch „Morado" | 200 g |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 15 cm | Mittelzehrer | Eigenes |
|  | Knolliger Sauerklee „Oca“ | 10 |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 40 cm | Mittelzehrer | Hof Jeebel |
|  | Süßkartoﬀel „Beauregard" | 8 |  |  |  |  |  |  |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 40 x 30 cm | Starkzehrer | Hof Jeebel |
|  | Topinambur "Violet de Rennes“ | 12 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 60 x 40 cm | Schwachzehrer | Hof Jeebel |
|  | Zwiebel, Steckzwiebel "Red Baron“ | 250 g |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 10 cm | Mittelzehrer | Hof Jeebel |
|  | Zwiebel, Steckzwiebel "Sturon" | 750 g |  |  |  |  |  |  |  | **•** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Freiland | 30 x 10 cm | Mittelzehrer | Hof Jeebel |
|  | | | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | | | | |
| Legende | | |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Voranzucht | |  |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Freiland | |  |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Unsere Aussaat / Pﬂanzung | | **•** |  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

**Nachbarschaft, d.h. welche Pflanzen beeinflussen sich positiv oder negativ:**

[**https://oscorna.de/gartenwissen/mischkultur/**](https://oscorna.de/gartenwissen/mischkultur/)

Gute Nachbarn – Schlechte Nachbarn:

| **Pflanze** | **Gute Nachbarn** | **Schlechte Nachbarn** |
| --- | --- | --- |
| Buschbohnen | Bohnenkraut, Erdbeeren, Gurken, Sellerie, Rote Bete, Kohlarten, Kopfsalat, Pflücksalat, Tomate | Erbsen, Fenchel, Knoblauch, Lauch, Zwiebeln |
| Endivien | Fenchel, Kohlarten, Lauch, Stangenbohnen |  |
| Erbsen | Dill, Fenchel, Gurken, Kohlarten, Mais, Möhren, Kohlrabi, Kopfsalat, Radieschen, Zucchini | Bohnen, Kartoffeln, Knoblauch, Lauch, Tomaten, Zwiebeln |
| Erdbeeren | Borretsch, Buschbohne, Knoblauch, Kopfsalat, Lauch, Radieschen, Schnittlauch, Spinat, Zwiebeln | Kohlarten |
| Fenchel | Endivien, Erbsen, Feldsalat, Gurken, Kopfsalat, Pflücksalat, Salbei | Bohnen, Tomaten |
| Gurken | Bohnen, Dill, Erbsen, Fenchel, Kohl, Kopfsalat, Kümmel, Lauch, Mais, Rote Bete, Sellerie, Zwiebeln | Tomaten, Radieschen |
| Kartoffeln | Dicke Bohnen, Kohlarten, Kohlrabi, Kümmel, Mais, Tagetes, Spinat | Kürbis, Tomaten, Sellerie, Sonnenblumen |
| Knoblauch | Erdbeeren, Gurken, Himbeeren, Lilien, Möhren, Rosen, Obstbäume, Tomaten, Rote Bete | Erbsen, Kohlgewächse, Stangenbohnen |
| Kohlarten | Bohnen, Dill, Endivien, Erbsen, Kartoffeln, Kopfsalat, Lauch, Sellerie, Spinat, Tomaten | Erdbeeren, Knoblauch, Senf, Zwiebeln |
| Kohlrabi | Bohnen, Erbsen, Kartoffeln, Kopfsalat, Tomaten, Radieschen, Rote Bete, Sellerie, Spinat, Lauch |  |
| Kopfsalat | Bohnen, Dill, Erbsen, Erdbeeren, Gurken, Kohl, Lauch, Möhren, Tomaten, Zwiebeln | Petersilie, Sellerie |
| Lauch | Erdbeeren, Kohl, Kopfsalat, Möhren, Sellerie, Tomate | Bohnen, Erbsen, Rote Bete |
| Möhren | Dill, Erbsen, Knoblauch, Lauch, Radieschen, Rettich, Tomaten, Zwiebeln, Schnittlauch |  |
| Radieschen/Rettich | Bohnen, Erbsen, Kohl, Kopfsalat, Möhren | Gurken |
| Sellerie | Spinat, Buschbohnen, Gurken, Kohl, Lauch, Tomaten, Kohlrabi | Kartoffeln, Kopfsalat, Mais |
| Tomaten | Buschbohne, Knoblauch, Kohl, Kohlrabi | Erbse, Fenchel, Kartoffeln |
| Zucchini | Kopfsalat, Lauch, Möhren, Petersilie, Rettich Radieschen, Rote Bete, Sellerie, Spinat, Stangenbohnen, Zwiebeln |  |
| Zwiebeln | Bohnenkraut, Erdbeeren, Dill, Kopfsalat, Möhren, Rote Bete | Bohnen, Erbsen, Kohl |

Beipflanzung und ihre Wirkung:

| **Pflanze** | **Bei-/Unterpflanzung von** | **Wirkung** |
| --- | --- | --- |
| Basilikum | Tomaten, Gurken, Kohl | gegen Mehltau und weiße Fliege |
| Bohnenkraut | Bohnen | gegen schwarze Bohnenlaus, Duftstoffe fördern Wachstum und Aroma der Bohnen |
| Borretsch | Insektenbestäubten Pflanzen, z.B. Gurken, Zucchini | Lockt Insekten an |
| Brennessel | Obstbäumen und Sträuchern | gegen Blattläuse, fördert die allgemeine Gesundung |
| Buchweizen | Sellerie | macht Kali aus dem Boden für Sellerie verfügbar |
| Dill | Möhren, Rote Bete, Kohl | fördert Keimfähigkeit der Möhren, Duftstoffe halten Schädlinge ab |
| Eberraute | Kohl oder als Beeteinfassung | gegen Kohlweißling (durch abwehrende Duftstoffe) |
| Hafer | Dicke Bohnen | gegen schwarze Bohnenlaus |
| Kapuzinerkresse | Jungbäumen | gegen Läuse, fördert die allgemeine Gesundung |
| Kerbel | Salat | gegen Läuse |
| Knoblauch | Erdbeeren, Rosen | bakterizide und fungizide Wirkung |
| Lavendel | Rosen | gegen Ameisen und bedingt gegen Läuse |
| Meerrettich | Pfirsich, Kirsche | gegen Kräuselkrankheit + Monilia |
| Pfefferminze | Wein | gegen Mehltau |
| Rettich | Porree | gegen Lauchmotte |
| Ringelblume | Kartoffeln Kohl | gegen Nematoden, Drahtwürmer, erhöht den Ernteertrag, fördert die Bodengesundheit |
| Tagetes | Tomaten, Kohl, Kartoffeln und Erdbeeren | gegen Nematoden, Viren und weiße Fliege |
| Wermut | Johannisbeeren | schützt vor Säulenrost |
| Zwiebel und Schalotte | Erdbeeren und Möhren | gegen Pilzkrankheiten und Spinnmilben, bedingt gegen Möhrenfliege |
| Eberraute, Salbei Pfefferminze | Kohl | gegen Kohlweißling |
| Rosmarin | Kohl, Möhren | gegen Kohlweißling und Möhrenfliege |
| Wermut | Porree | gegen Lauchmotte |