# Introduction to Bayesian statistics with R 2. Markov chains Monte Carlo (MCMC)

Olivier Gimenez

last updated: 2025-03-09

Get posteriors with Markov chains

Monte Carlo (MCMC) methods

Bayes inference is easy! Well, not so easy in real-life applications.

- Bayes inference is easy! Well, not so easy in real-life applications.
- The issue is in  $Pr(\theta \mid data) = \frac{Pr(data \mid \theta) Pr(\theta)}{Pr(data)}$

- Bayes inference is easy! Well, not so easy in real-life applications.
- The issue is in  $Pr(\theta \mid data) = \frac{Pr(data \mid \theta) Pr(\theta)}{Pr(data)}$
- $\Pr(\mathsf{data}) = \int L(\mathsf{data} \mid \theta) \Pr(\theta) d\theta$  is a *N*-dimensional integral if  $\theta = \theta_1, \dots, \theta_N$

- Bayes inference is easy! Well, not so easy in real-life applications.
- The issue is in  $Pr(\theta \mid data) = \frac{Pr(data \mid \theta) Pr(\theta)}{Pr(data)}$
- $\Pr(\mathsf{data}) = \int L(\mathsf{data} \mid \theta) \Pr(\theta) d\theta$  is a *N*-dimensional integral if  $\theta = \theta_1, \dots, \theta_N$
- Difficult, if not impossible to calculate!

# Brute force approach via numerical integration

Deer data

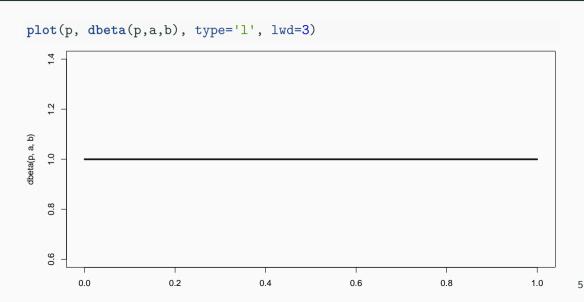
```
y <- 19 # nb of success
n <- 57 # nb of attempts
```

- Likelihood Binomial(57,  $\theta$ )
- Prior Beta(a = 1, b = 1)

# Beta prior

$$a \leftarrow 1$$
;  $b \leftarrow 1$ ;  $p \leftarrow seq(0,1,.002)$ 

# Beta prior



# Apply Bayes theorem

• Likelihood times the prior:  $Pr(data \mid \theta) Pr(\theta)$ 

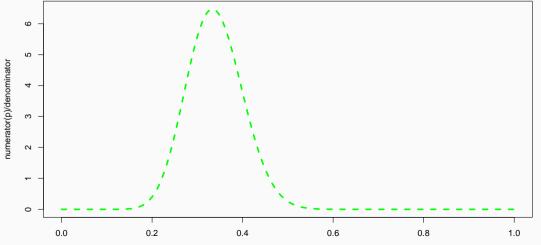
```
numerator <- function(p) dbinom(y,n,p)*dbeta(p,a,b)</pre>
```

• Averaged likelihood:  $Pr(data) = \int L(\theta \mid data) Pr(\theta) d\theta$ 

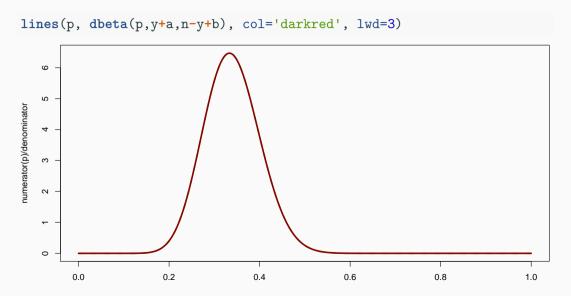
```
denominator <- integrate(numerator,0,1)$value</pre>
```

# Posterior inference via numerical integration

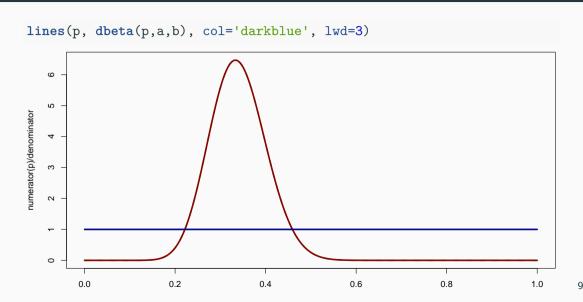
plot(p, numerator(p)/denominator, type="1", lwd=3, col="green", lty=2)



# Superimpose explicit posterior distribution (Beta formula)



# And the prior



# What if multiple parameters, like in a simple linear regression?

• Example of a linear regression with parameters  $\alpha$ ,  $\beta$  and  $\sigma$  to be estimated.

# What if multiple parameters, like in a simple linear regression?

- Example of a linear regression with parameters  $\alpha$ ,  $\beta$  and  $\sigma$  to be estimated.
- Bayes' theorem says:

$$P(\alpha, \beta, \sigma \mid \mathsf{data}) = \frac{P(\mathsf{data} \mid \alpha, \beta, \sigma) P(\alpha, \beta, \sigma)}{\iiint P(\mathsf{data} \mid \alpha, \beta, \sigma) P(\alpha, \beta, \sigma) d\alpha d\beta d\sigma}$$

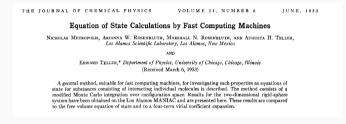
# What if multiple parameters, like in a simple linear regression?

- Example of a linear regression with parameters  $\alpha$ ,  $\beta$  and  $\sigma$  to be estimated.
- Bayes' theorem says:

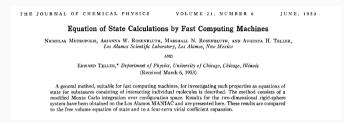
$$P(\alpha, \beta, \sigma \mid \mathsf{data}) = \frac{P(\mathsf{data} \mid \alpha, \beta, \sigma) P(\alpha, \beta, \sigma)}{\iiint P(\mathsf{data} \mid \alpha, \beta, \sigma) P(\alpha, \beta, \sigma) d\alpha d\beta d\sigma}$$

Do we really wish to calculate a 3D integral?

• In the early 1990s, statisticians rediscovered work from the 1950's in physics.

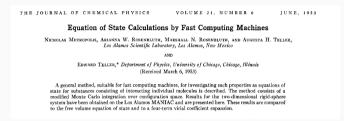


In the early 1990s, statisticians rediscovered work from the 1950's in physics.



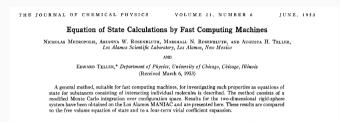
Use stochastic simulation to draw samples from posterior distributions.

In the early 1990s, statisticians rediscovered work from the 1950's in physics.



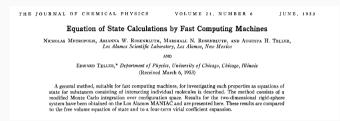
- Use stochastic simulation to draw samples from posterior distributions.
- Avoid explicit calculation of integrals in Bayes formula.

In the early 1990s, statisticians rediscovered work from the 1950's in physics.



- Use stochastic simulation to draw samples from posterior distributions.
- Avoid explicit calculation of integrals in Bayes formula.
- Instead, approximate posterior to arbitrary degree of precision by drawing large sample.

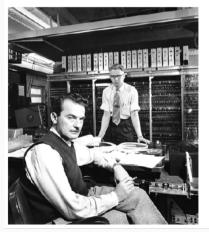
In the early 1990s, statisticians rediscovered work from the 1950's in physics.



- Use stochastic simulation to draw samples from posterior distributions.
- Avoid explicit calculation of integrals in Bayes formula.
- Instead, approximate posterior to arbitrary degree of precision by drawing large sample.
- Markov chain Monte Carlo = MCMC; boost to Bayesian statistics!

#### **MANIAC**

MANIAC: Mathematical Analyzer, Numerical Integrator, and Computer



MANIAC: 1000 pounds 5 kilobytes of memory 70k multiplications/sec

Your laptop: 4–7 pounds 2–8 million kilobytes Billions of multiplications/sec

 MCMC: stochastic algorithm to produce sequence of dependent random numbers (from Markov chain).

- MCMC: stochastic algorithm to produce sequence of dependent random numbers (from Markov chain).
- Converge to equilibrium (aka stationary) distribution.

- MCMC: stochastic algorithm to produce sequence of dependent random numbers (from Markov chain).
- Converge to equilibrium (aka stationary) distribution.
- Equilibrium distribution is the desired posterior distribution!

- MCMC: stochastic algorithm to produce sequence of dependent random numbers (from Markov chain).
- Converge to equilibrium (aka stationary) distribution.
- Equilibrium distribution is the desired posterior distribution!
- Several ways of constructing these chains: e.g., Metropolis-Hastings, Gibbs sampler, Metropolis-within-Gibbs.

- MCMC: stochastic algorithm to produce sequence of dependent random numbers (from Markov chain).
- Converge to equilibrium (aka stationary) distribution.
- Equilibrium distribution is the desired posterior distribution!
- Several ways of constructing these chains: e.g., Metropolis-Hastings, Gibbs sampler, Metropolis-within-Gibbs.
- How to implement them in practice?!

# The Metropolis algorithm

• Let's go back to the deer example and survival estimation.

# The Metropolis algorithm

- Let's go back to the deer example and survival estimation.
- We illustrate sampling from the posterior distribution of winter survival.

# The Metropolis algorithm

- Let's go back to the deer example and survival estimation.
- We illustrate sampling from the posterior distribution of winter survival.
- We write functions in R for the likelihood, the prior and the posterior.

```
# deer data, 19 "success" out of 57 "attempts"
survived <- 19
released <- 57
# log-likelihood function
loglikelihood <- function(x, p){</pre>
  dbinom(x = x, size = released, prob = p, log = TRUE)
# prior density
logprior <- function(p){</pre>
  dunif(x = p, min = 0, max = 1, log = TRUE)
```

```
# posterior density function (log scale)
posterior <- function(x, p){
   loglikelihood(x, p) + logprior(p) # - log(Pr(data))
}</pre>
```

1. We start at any possible value of the parameter to be estimated.

- 1. We start at any possible value of the parameter to be estimated.
- 2. To decide where to visit next, we propose to move away from the current value of the parameter. We add to this current value some random value from say a normal distribution with some variance. We call this the **candidate** location.

- 1. We start at any possible value of the parameter to be estimated.
- 2. To decide where to visit next, we propose to move away from the current value of the parameter. We add to this current value some random value from say a normal distribution with some variance. We call this the **candidate** location.
- 3. We compute the ratio of the probabilities at the candidate and current locations R = posterior(candidate)/posterior(current). This is where the magic of MCMC happens, in that Pr(data) (the denominator of the Bayes theorem) cancels out when we compute R.

To simulate from this posterior distribution, we use the **Metropolis algorithm**:

- 1. We start at any possible value of the parameter to be estimated.
- 2. To decide where to visit next, we propose to move away from the current value of the parameter. We add to this current value some random value from say a normal distribution with some variance. We call this the **candidate** location.
- 3. We compute the ratio of the probabilities at the candidate and current locations R = posterior(candidate)/posterior(current). This is where the magic of MCMC happens, in that Pr(data) (the denominator of the Bayes theorem) cancels out when we compute R.
- 4. We spin a continuous spinner that lands anywhere from 0 to 1 call the random spin X. If X is smaller than R, we move to the candidate location, otherwise we remain at the current location.

To simulate from this posterior distribution, we use the **Metropolis algorithm**:

- 1. We start at any possible value of the parameter to be estimated.
- 2. To decide where to visit next, we propose to move away from the current value of the parameter. We add to this current value some random value from say a normal distribution with some variance. We call this the **candidate** location.
- 3. We compute the ratio of the probabilities at the candidate and current locations R = posterior(candidate)/posterior(current). This is where the magic of MCMC happens, in that Pr(data) (the denominator of the Bayes theorem) cancels out when we compute R.
- 4. We spin a continuous spinner that lands anywhere from 0 to 1 call the random spin X. If X is smaller than R, we move to the candidate location, otherwise we remain at the current location.
- 5. We repeat 2-4 a number of times called **steps** (many steps).

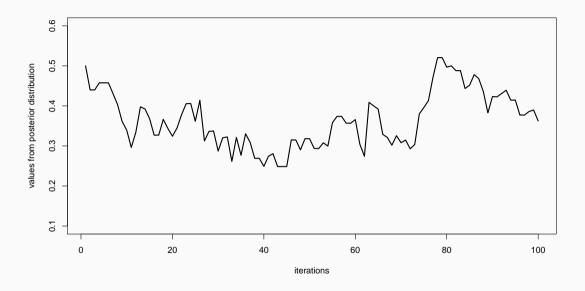
```
# propose candidate value
move \leftarrow function(x, away = .2){
  logitx \leftarrow log(x / (1 - x))
  logit candidate <- logitx + rnorm(1, 0, away)</pre>
  candidate <- plogis(logit_candidate)</pre>
  return(candidate)
# set up the scene
steps <- 100
theta.post <- rep(NA, steps)
set.seed(1234)
```

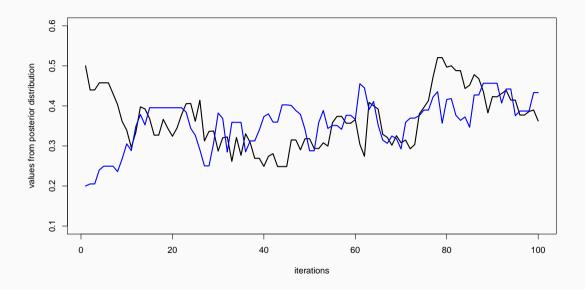
```
# pick starting value (step 1)
inits <- 0.5
theta.post[1] <- inits</pre>
```

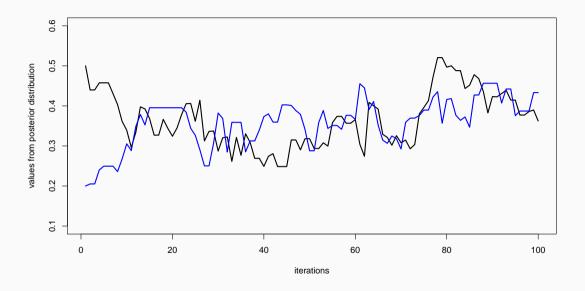
```
for (t in 2:steps){ # repeat steps 2-4 (step 5)
  # propose candidate value for prob of success (step 2)
  theta star <- move(theta.post[t-1])
  # calculate ratio R (step 3)
  pstar <- posterior(survived, p = theta_star)</pre>
  pprev <- posterior(survived, p = theta.post[t-1])</pre>
  logR <- pstar - pprev
  R <- exp(logR)
  # decide to accept candidate value or to keep current value (step 4)
  accept \leftarrow rbinom(1, 1, prob = min(R, 1))
  theta.post[t] <- ifelse(accept == 1, theta star, theta.post[t-1])
```

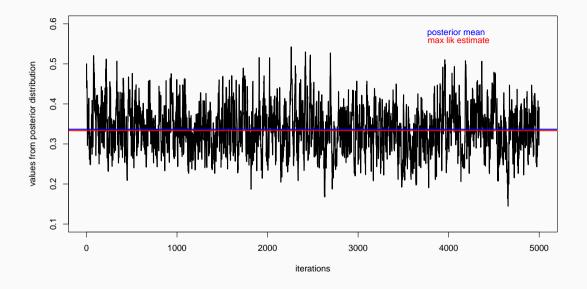
Starting at the value 0.5 and running the algorithm for 100 iterations.

```
head(theta.post)
#> [1] 0.5000000 0.4399381 0.4399381 0.4577124 0.4577124 0.4577124
tail(theta.post)
#> [1] 0.4145878 0.3772087 0.3772087 0.3860516 0.3898536 0.3624450
```









## Animating the Metropolis algorithm - 1D example

https://gist.github.com/oliviergimenez/5ee33af9c8d947b72a39ed1764040bf3

## Animating the Metropolis algorithm - 2D example

https://mbjoseph.github.io/posts/2018-12-25-animating-the-metropolis-algorithm/scales and the second control of the second control

## The Markov-chain Monte Carlo Interactive Gallery

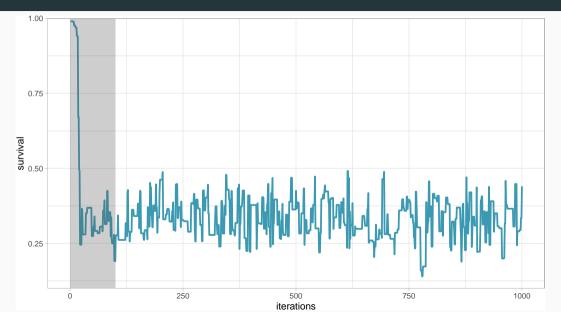
https://chi-feng.github.io/mcmc-demo/

# Assessing convergence

## **Principle**

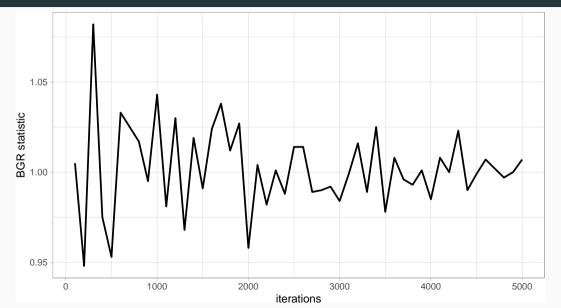
When implementing MCMC, we need to determine how long it takes for our Markov chain to converge to the target distribution, and the number of iterations we need after achieving convergence to get reasonable Monte Carlo estimates of numerical summaries (posterior means and credible intervals).

- In practice, we discard observations from the start of the Markov chain and just use observations from the chain once it has converged. The initial observations that we discard are usually referred to as the *burn-in*.
- The simplest method to determine the length of the burn-in period is to look at trace plots. Going back to our example, let's have a look to a trace plot of a chain that starts at value 0.99.

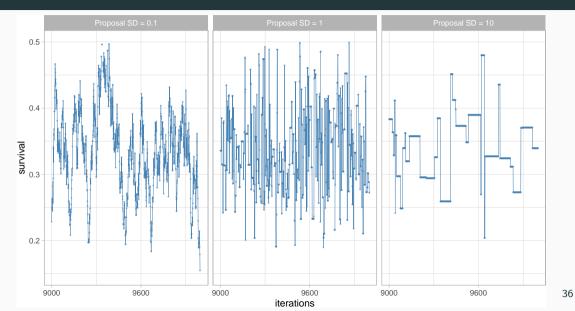


- Inspecting the trace plot for a single run of the Markov chain is useful.
- However, we usually run the Markov chain several times, starting from different over-dispersed points, to check that all runs achieve the same stationary distribution.
- This approach is formalised by using the Brooks-Gelman-Rubin (BGR) statistic R
  which measures the ratio of the total variability combining multiple chains
  (between-chain plus within-chain) to the within-chain variability.
- The BGR statistic asks whether there is a chain effect, and is very much alike the F
  test in an analysis of variance.
- Values below 1.1 indicate likely convergence.

Back to our example, we run two Markov chains with starting values 0.2 and 0.8 using 100 up to 5000 iterations, and calculate the BGR statistic using half the number of iterations as the length of the burn-in.

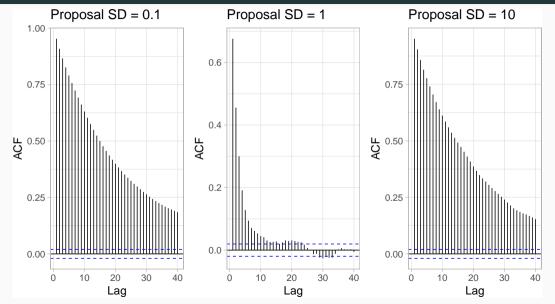


- How long of a chain is needed to produce reliable parameter estimates?
- To answer this question, you need to keep in mind that successive steps in a Markov chain are not independent – this is usually referred to as autocorrelation.
- Ideally, we would like to keep autocorrelation as low as possible.
- Here again, trace plots are useful to diagnose issues with autocorrelation.
- Let's get back to our survival example.



- The movement around the parameter space is referred to as *mixing*.
- Mixing is bad when the chain makes small and big moves, and good otherwise.

- In addition to trace plots, autocorrelation function (ACF) plots are a convenient way of displaying the strength of autocorrelation in a given sample values.
- ACF plots provide the autocorrelation between successively sampled values separated by an increasing number of iterations, or lag.
- We obtain the autocorrelation function plots for different values of the standard deviation of the proposal distribution with the R forecast::ggAcf() function.



- Autocorrelation is not necessarily a big issue. Strongly correlated observations just require large sample sizes and therefore longer simulations. But how many iterations exactly?
- The effective sample size (n.eff) measures chain length while taking into account chain autocorrelation.
- You should check the n.eff of every parameter of interest, and of any interesting parameter combinations.
- In general, we need n.eff  $\geq 100$  independent steps to get reasonable Monte Carlo estimates of model parameters.
- In the animal survival example, n.eff can be calculated with the R coda::effectiveSize() function.

What if you have issues of

convergence?

## What if you have issues of convergence?

- When mixing is bad and effective sample size is small, you may just need to increase burn-in and/or sample more.
- Using more informative priors might also make Markov chains converge faster by helping your MCMC sampler (e.g. the Metropolis algorithm) navigating more efficiently the parameter space.
- In the same spirit, picking better initial values for starting the chain does not harm.
   For doing that, a strategy consists in using estimates from a simpler model for which your MCMC chains do converge.

## What if you have issues of convergence?

- If convergence issues persist, often there is a problem with your model (also known as the folk theorem of statistical computing as stated by Andrew Gelman in 2008, see https://statmodeling.stat.columbia.edu/2008/05/13/the\_folk\_theore/).
- A bug in the code? A typo somewhere? A mistake in your maths? As often when coding is involved, the issue can be identified by removing complexities, and start with a simpler model until you find what the problem is.

## What if you have issues of convergence?

- A general advice is to see your model as a data generating tool in the first place, simulate data from it using some realistic values for the parameters, and try to recover these parameter values by fitting the model to the simulated data.
- Simulating from a model will help you understanding how it works, what it does not
  do, and the data you need to get reasonable parameter estimates.

# Summary

## **Summary**

- With the Bayes' theorem, you update your beliefs (prior) with new data (likelihood) to get posterior beliefs (posterior): posterior 

   ikelihood × prior.
- The idea of Markov chain Monte Carlo (MCMC) is to simulate values from a Markov chain which has a stationary distribution equal to the posterior distribution you're after.
- In practice, you run a Markov chain multiple times starting from over-dispersed initial values.
- You discard iterations in an initial burn-in phase and achieve convergence when all chains reach the same regime.
- From there, you run the chains long enough and proceed with calculating Monte Carlo estimates of numerical summaries (e.g. posterior means and credible intervals) for parameters.