



Reverse Translation



Evolutionary Distance

### RDoC Matrix

Positive valence

Negative valence

Cognitive systems

Social processes

Arousal and  
regulatory systems

Sensorimotor  
systems



Species barrier

Feelings of worthlessness or guilt (10)

Hopelessness towards the future (9)

Thoughts of death, suicidality (8)

Depressed mood (7)

Loss of energy or fatigue (6)

Lack of concentration and indecisiveness (5)

Psychomotor agitation or retardation (4)

Disturbed sleep with hyper-/hyposomnia (3)

Significant appetite or weight change (2)

Diminished interest/pleasure in activities (1)

Core biological features

Sociofunctional impairment

Minimum duration

Self-/ External ratings and measurements

Depression (DSM-5/ICD-11)

Depression-like Syndrome (DLS)

External ratings and measurements