# INF721

2024/2



# Deep Learning

L8: Regularization

## Logistics

#### **Announcements**

- ▶ Midterm I is next week!
- ▶ FP1 Project Proposal is out!

#### **Last Lecture**

- Dataset Splitting Techniques
- ► Regression evaluation metrics
  - ► MSE, MAE, RMSE, R-squared
- ▶ Classification evaluation metrics
  - Confusion matrix
  - ► Accuracy, precision, recall, f1-score



### Lecture Outline

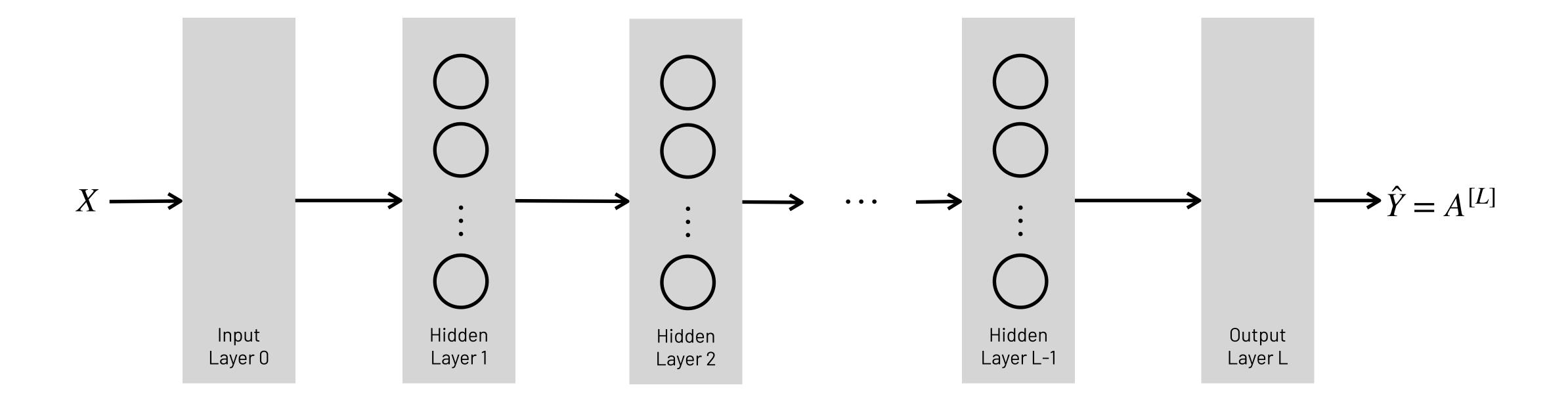
- Experiments with neural networks
- Dealing with underfiting
- Dealing with overfitting
  - Regularization
    - ▶ L1 Regularization
    - ▶ L2 Regularization
    - Dropout



### **Experimenting With Neural Networks**

How de we choose number of hidden layers, number of hidden units, activation funtions, learning rate, ...?

Experiment with different configurations and pick the one with best performance on the validation set!





### **Experiments with Neural Networks**

Different results can be obtained when experimenting with neural networks:

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Underfit Overfi (High bias) (High varia	
Validation error High High	Low
Training error High Low	Low



### **Experiments with Neural Networks**

#### Image Classification of cats vs. dogs

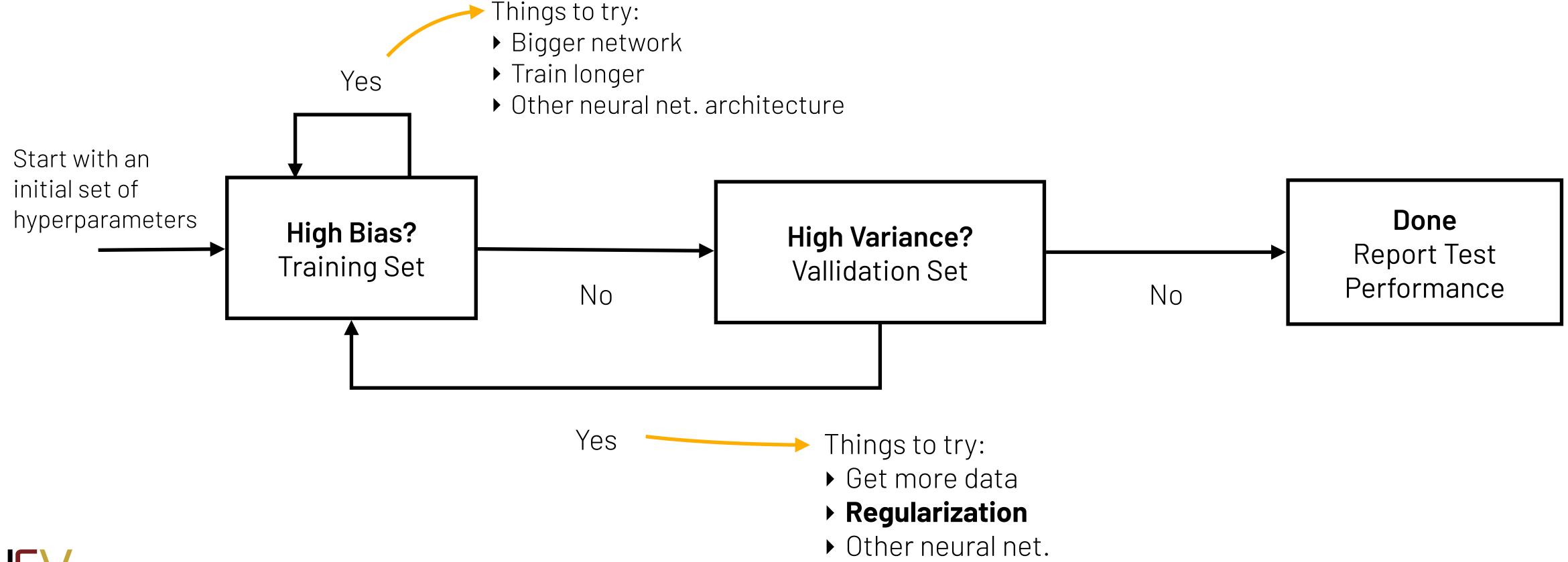
Assume balanced dataset and a human baseline with prediction accuracy ~100%

			Our goal!
	Underfit (High bias)	Overfit (High variance)	Good Fit
Accuracy	42%	67%	94%
Accuracy	45%	99%	95%



### **Experimenting With Neural Networks**

It is almost impossible to guess the write values for hyperparameters in your first attempt to building a neural network, so here is a basic experimental recipe:





### Regularization

In Machine Learning, **regularization** consistst of simplifying models with the goal of reducing overfit:

- ▶ L1 regularization
- ▶ L2 regularization
- Dropout
- Early stopping (training for less time)
- Augmenting the dataset



### Vector Norms

In Linear Algera, a **norm** is a function  $\|\cdot\|: X \to \mathbb{R}^+$  that maps a vector into a real non-negative number with the following properties:

For any vectors  $\mathbf{x}, \mathbf{y} \in X$  e  $\alpha \in \mathbb{R}$ :

1. 
$$\|\cdot\| \ge 0$$
 and  $\|\mathbf{x}\| = 0$  if  $\mathbf{x} = 0$ 

2. 
$$\|\mathbf{x} + \mathbf{y}\| \le \|\mathbf{x}\| + \|\mathbf{y}\|$$

3. 
$$\|\alpha \mathbf{x}\| = \|\alpha\|\|\mathbf{x}\|$$



### Vector l<sup>p</sup>-norms

Norms  $l^p$  are an especial type of norm, defined as follows:

$$l^{p} = \|\mathbf{x}\|_{p} = (\sum_{i=1}^{n} |x_{i}|^{p})^{\frac{1}{p}}$$

Two  $l^p$  norms are very common:

Norm 
$$l^1 = \|\mathbf{x}\|_1 = (\sum_{i=1}^n |x_i|^1)^{\frac{1}{1}} = \sum_{i=1}^n |x_i|$$

Norm 
$$l^2 = \|\mathbf{x}\|_2 = (\sum_{i=1}^n |x_i|^2)^{\frac{1}{2}} = \sqrt{(\sum_{i=1}^n |x_i|^2)} - \text{Euclidian norm}$$



#### Exercise: Vector Norms

Compute the norm  $l^1$  and  $l^2$  for the following weight vector:

$$\mathbf{w} = [-1,2]$$

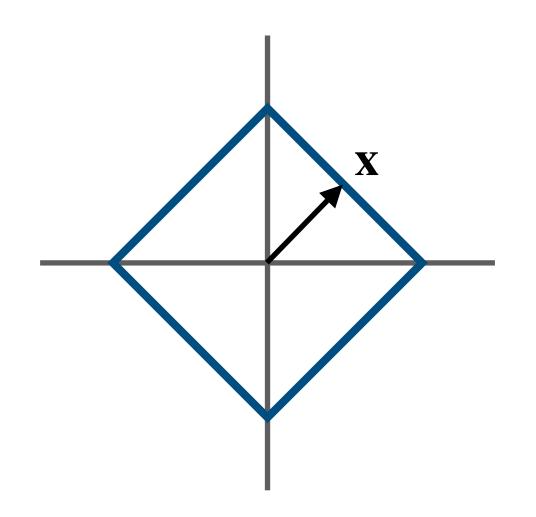
$$\|\mathbf{x}\|_1 = (\sum_{i=1}^n |x_i|)$$

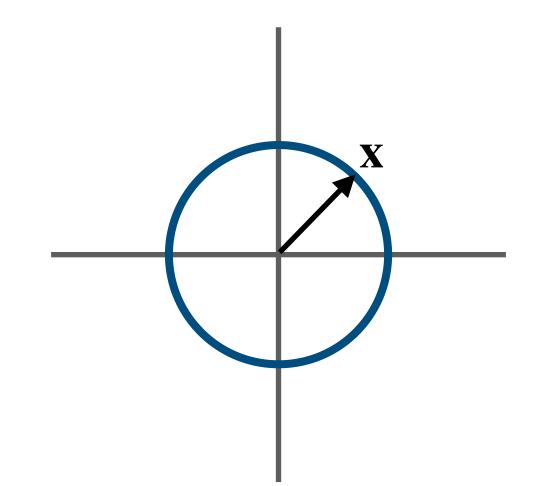
$$\|\mathbf{x}\|_2 = \sqrt{\sum_{i=1}^n |x_i|^2}$$



# Geometric Representation of Vector Norms $\boldsymbol{l}_p$

Unit circle  $(\mathbf{x} \in \mathbb{R}^2 : ||\mathbf{x}|| = 1)$  for norms  $l^1$  and  $l^2$ :





$$l^{1} = \|\mathbf{x}\|_{1} = (\sum_{i=1}^{n} |x_{i}|) \qquad l^{2} = \|\mathbf{x}\|_{2} = \sqrt{(\sum_{i=1}^{n} |x_{i}|^{2})}$$



### **Matrix Norms**

Matrix norms are functions that map a matrxi into a real non-negative number with the same properties of the vector norms. The matrix norms  $\|\cdot\|_p$  treat a matrix  $m \times n$  as a vector with mn dimensions:

$$||A||_p = (\sum_{i=1}^m \sum_{j=1}^n |a_{ij}|^p)^{\frac{1}{p}}$$

Two very popular matrix norms  $\|\cdot\|_p$  are:

Norm L1 
$$||A||_1 = \sum_{i=1}^m \sum_{j=1}^n |a_{ij}|$$

Norm L2 (Frobenius) 
$$||A||_2 = \sqrt{(\sum_{i=1}^m \sum_{j=1}^n |a_{ij}|^2)}$$



### Exercise: Matrix Norms

Calculate the norm 1 and 2 for the following weight matrices:

$$W = \begin{bmatrix} 0.1 & -0.05 \\ 0.02 & 0.15 \end{bmatrix}$$

$$||A||_{1} = \sum_{i=1}^{m} \sum_{j=1}^{n} |a_{ij}|$$

$$||A||_{2} = \sqrt{\sum_{i=1}^{m} \sum_{j=1}^{n} |a_{ij}|^{2}}$$



## L1 Regularization

L1 regularization sums **the norm**  $\|\cdot\|_1$  to the loss function to penalize neural networks with weights with high values:

$$L(h) = -\frac{1}{m} \sum_{i=1}^{m} L(y^{(i)}, \hat{y}^{(i)}) + \frac{\lambda}{2m} \sum_{l} ||W^{[l]}||_1 \qquad \text{In linear/logistic regression, we use the vector norm instead of the matrix one!}$$

where  $\lambda$  is a hyperparameter controlling the penalization.

$$\|W^{[l]}\|_1 = \sum_{i=1}^{n^{[l-1]}} \sum_{j=1}^{n^{[l]}} |a_{ij}|$$
 L1 regularization makes the weight matrix  $W$  sparse!



### L2 Regularization

L2 regularization sums **the square of the norm**  $\|\cdot\|_2$  to the loss function to penalize neural networks with weights with high values:

$$L(h) = -\frac{1}{m} \sum_{i=1}^{m} L(y^{(i)}, \hat{y}^{(i)}) + \frac{\lambda}{2m} \sum_{l} ||W^{[l]}||_{2}^{2}$$
 In linear/logistic regression, we use the vector norm instead of the matrix one!

where  $\lambda$  is a hyperparameter controlling the penalization.

$$||W^{[l]}||_{2}^{2} = (\sqrt{\sum_{i=1}^{n^{[l-1]}} \sum_{j=1}^{n^{[l]}} |a_{ij}|^{2}))^{2} = \sum_{i=1}^{n^{[l-1]}} \sum_{j=1}^{n^{[l]}} |a_{ij}|^{2}$$

L2 regularization decays the weight matrix  $\boldsymbol{W}$  over time, but doesn't tend to make weights exactly zero!



### Exercise: Regularization

Considering a weight metrix  $W = \begin{bmatrix} 0.1 & -0.05 \\ 0.02 & 0.15 \end{bmatrix}$ , gradients  $dW = \begin{bmatrix} 0.3 & 0.2 \\ 0.1 & -0.4 \end{bmatrix}$  and a learning rate of  $\alpha = 0.1$ , show how the weights would be updated after one step of gradient descent.

a) Gradient Descent with L1 regularization:  $W = W - \alpha(dW + \frac{\lambda}{m}sign(W))$ 

b) Gradient Descent with L2 regularization:  $W = W - \alpha(dW + \frac{\lambda}{m}W)$ 



## The Effect of L2 Regularization

Weight update without regularization:

$$W^{[l]} = W^{[l]} - lpha dW^{[l]}$$
 Partial derivative of the loss function with respect to  $W^l$ 

Weight update with regularization:

$$W^{[l]} = W^{[l]} - \alpha (dW^{[l]} + \frac{\lambda}{m} W^{[l]})$$
 Partial derivative of the regularized loss function with respect to  $W^{[l]} = W^{[l]} - \frac{\alpha \lambda}{m} W^{[l]} - \alpha dW$ 

$$W^{[l]} = (1 - \frac{\alpha\lambda}{m})W^{[l]} - \alpha dW$$

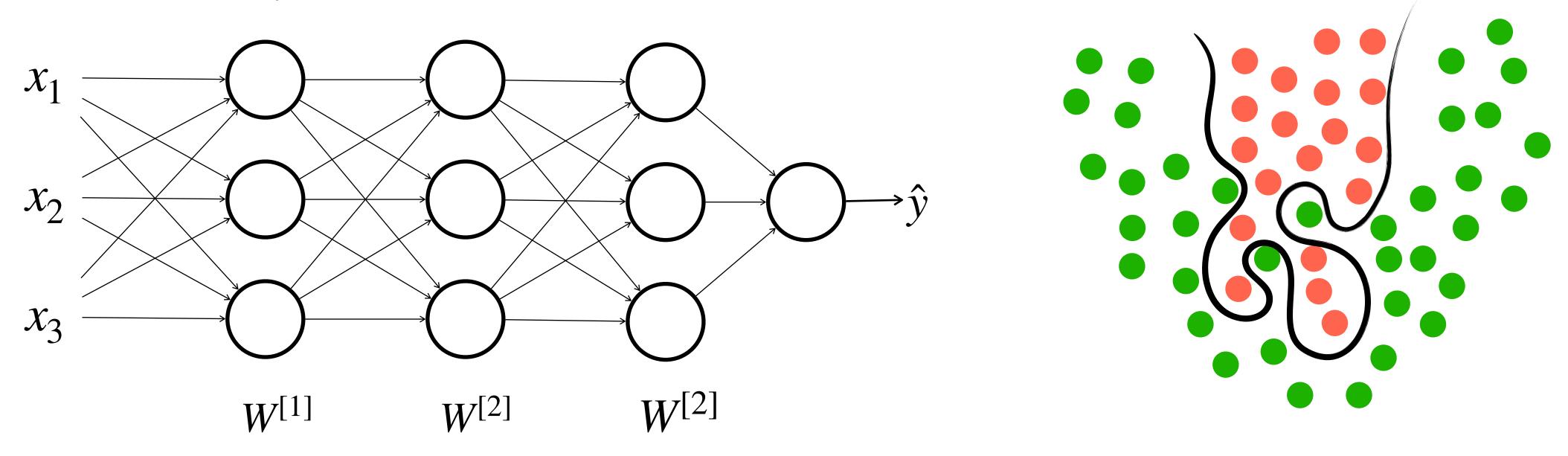


L2 regularization decreases the values of weights  $W^{\lfloor l \rfloor}$  and because of that it's also called Weight Decay.



### Why regularization prevents overfitting?

$$L(h) = -\frac{1}{m} \sum_{i=1}^{m} L(y^{(i)}, \hat{y}^{(i)})$$

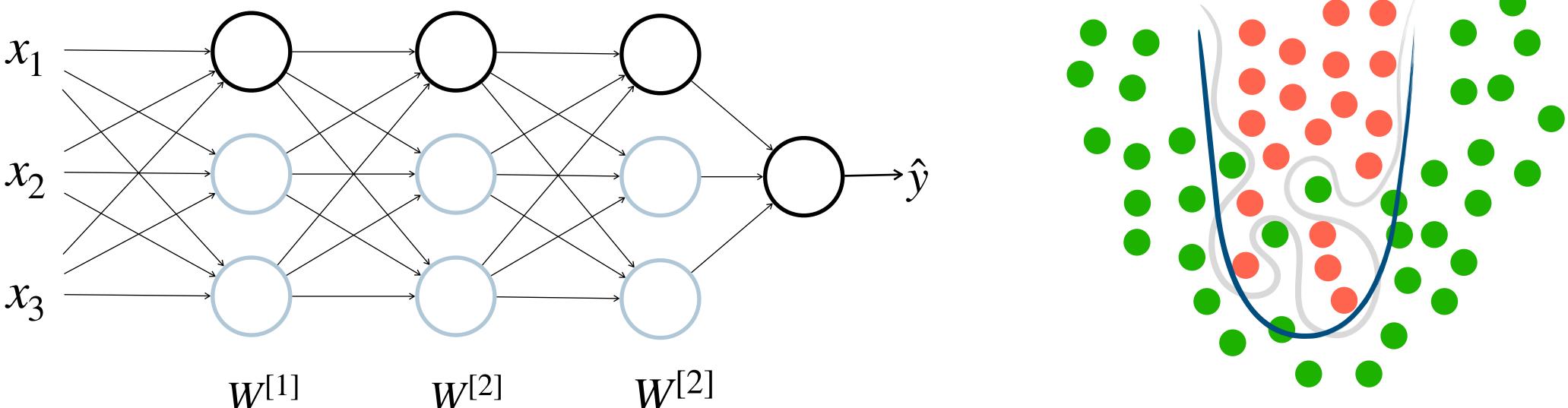


Consider a neural network with 4 layers that is overfitting when trained with loss function L. Notice how the decision boundary is capturing the details of the training data.



## Why regularization prevents overfitting?

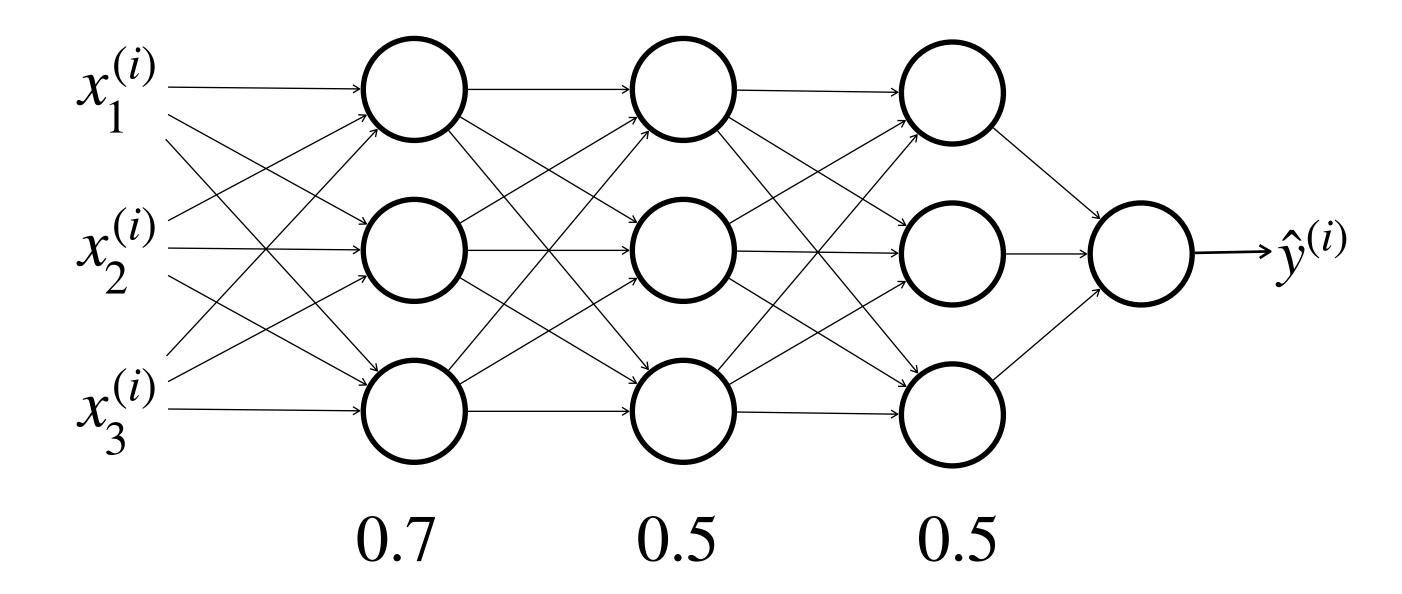
$$L(h) = -\frac{1}{m} \sum_{i=1}^{m} L(y^{(i)}, \hat{y}^{(i)}) + \frac{\lambda}{2m} \sum_{l} ||W^{[l]}||_{2}^{2} \longrightarrow W^{[l]} \approx 0$$



By reducing the weights of some neurons, regularization simplifies the assumption of a neural networks at training time, making the decision boundary simpler as well.



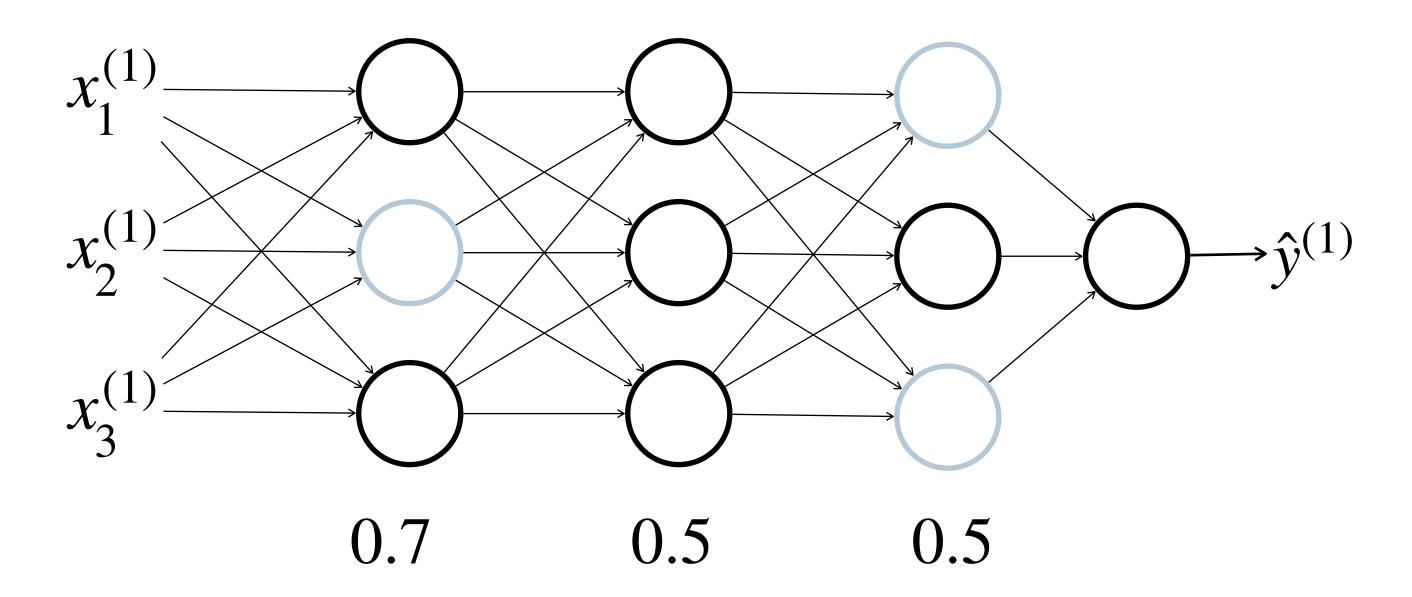
Dropout is a regularization technique that disables random neurons before calculating the error for each example in the training set.



Each layer is given a probability to keep the neurons in that layer active before calculating the error for each example (i).

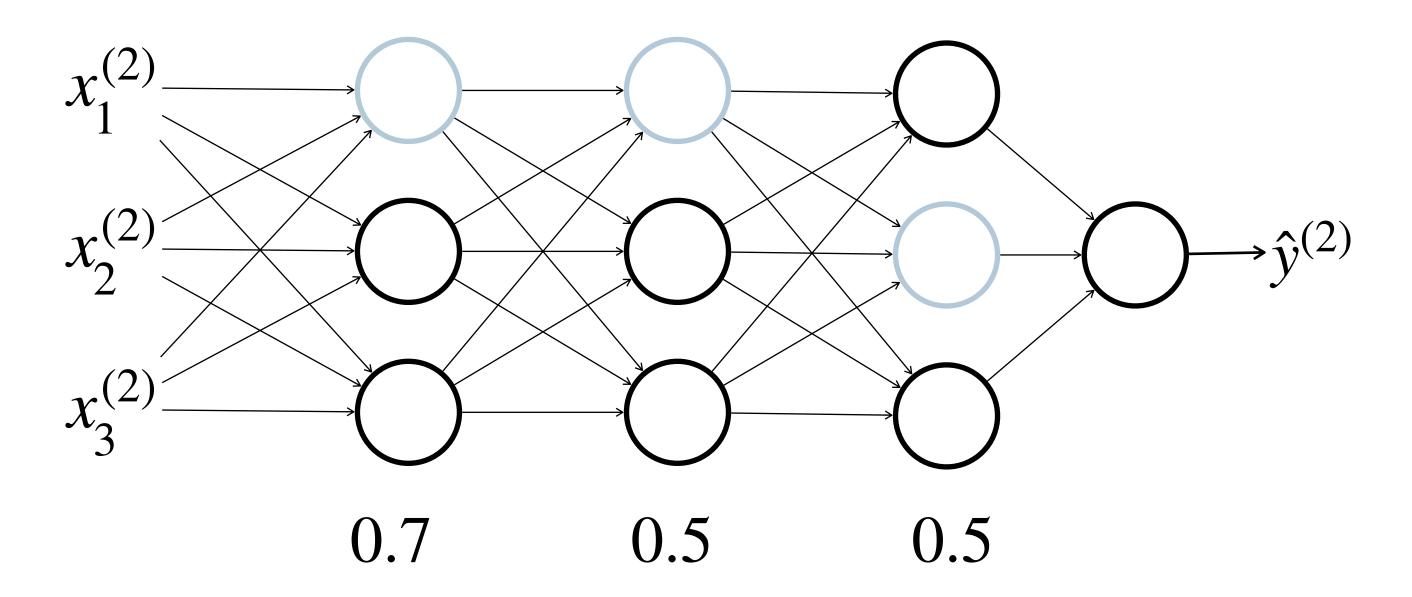


Dropout is a regularization technique that disables random neurons before calculating the error for each example in the training set.



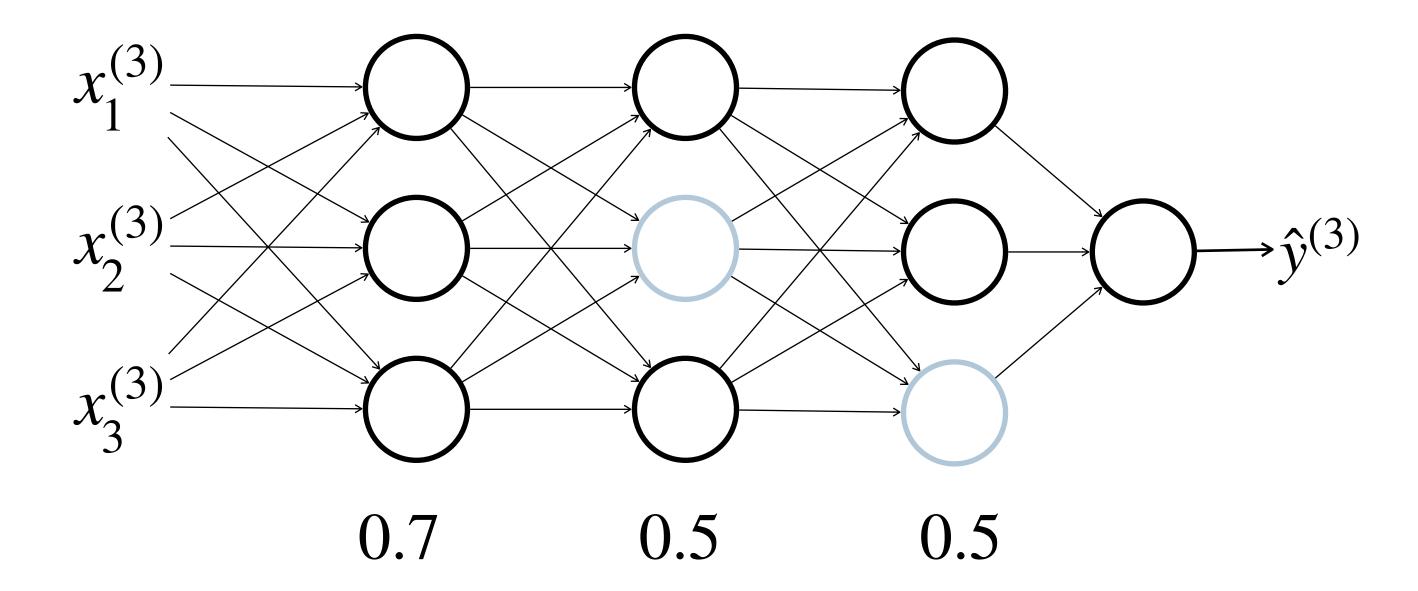


Dropout is a regularization technique that disables random neurons before calculating the error for each example in the training set.





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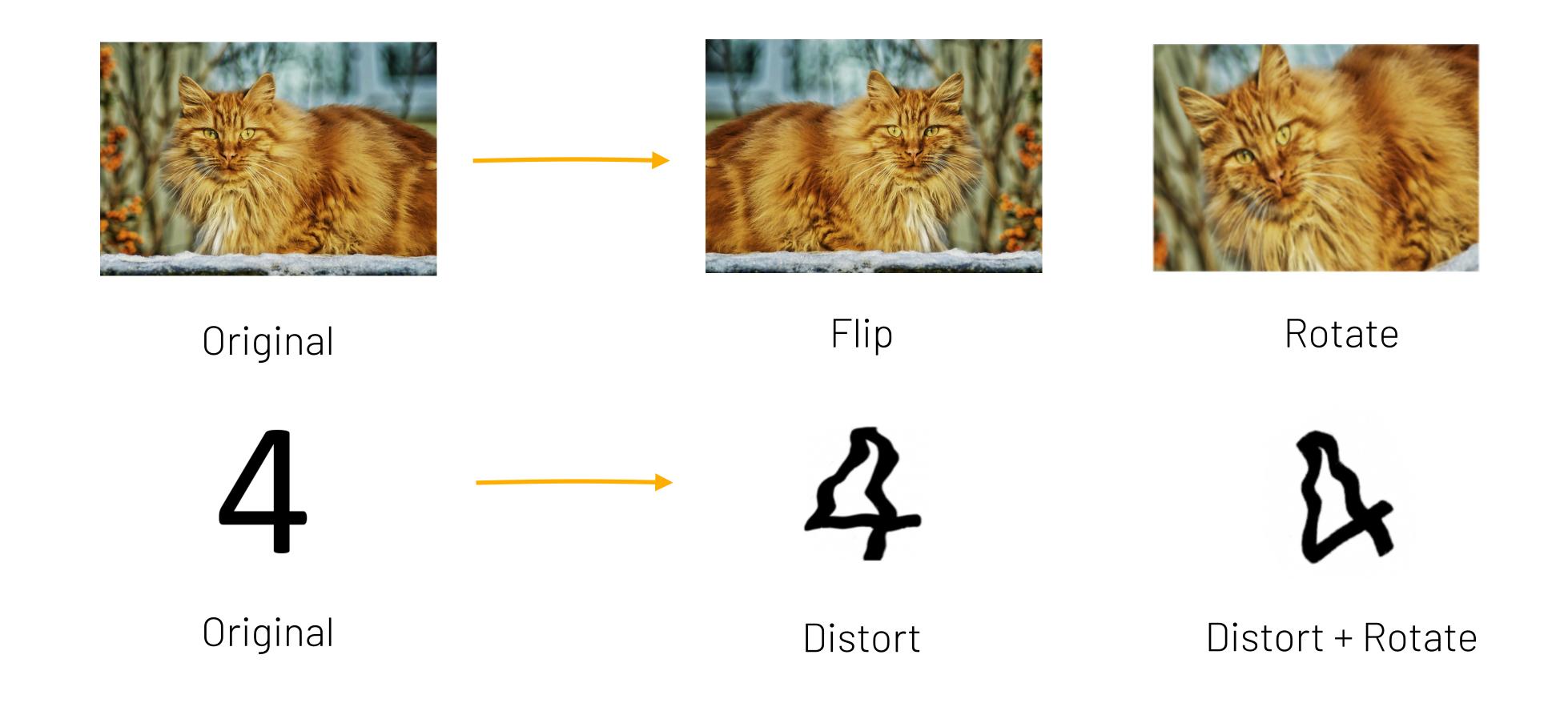


A different neural network configuration is trained for each example (i), forcing a distribution of weights among the neurons of a layer in a more uniform way, not on just one or a few inputs.



### Data Augmentation

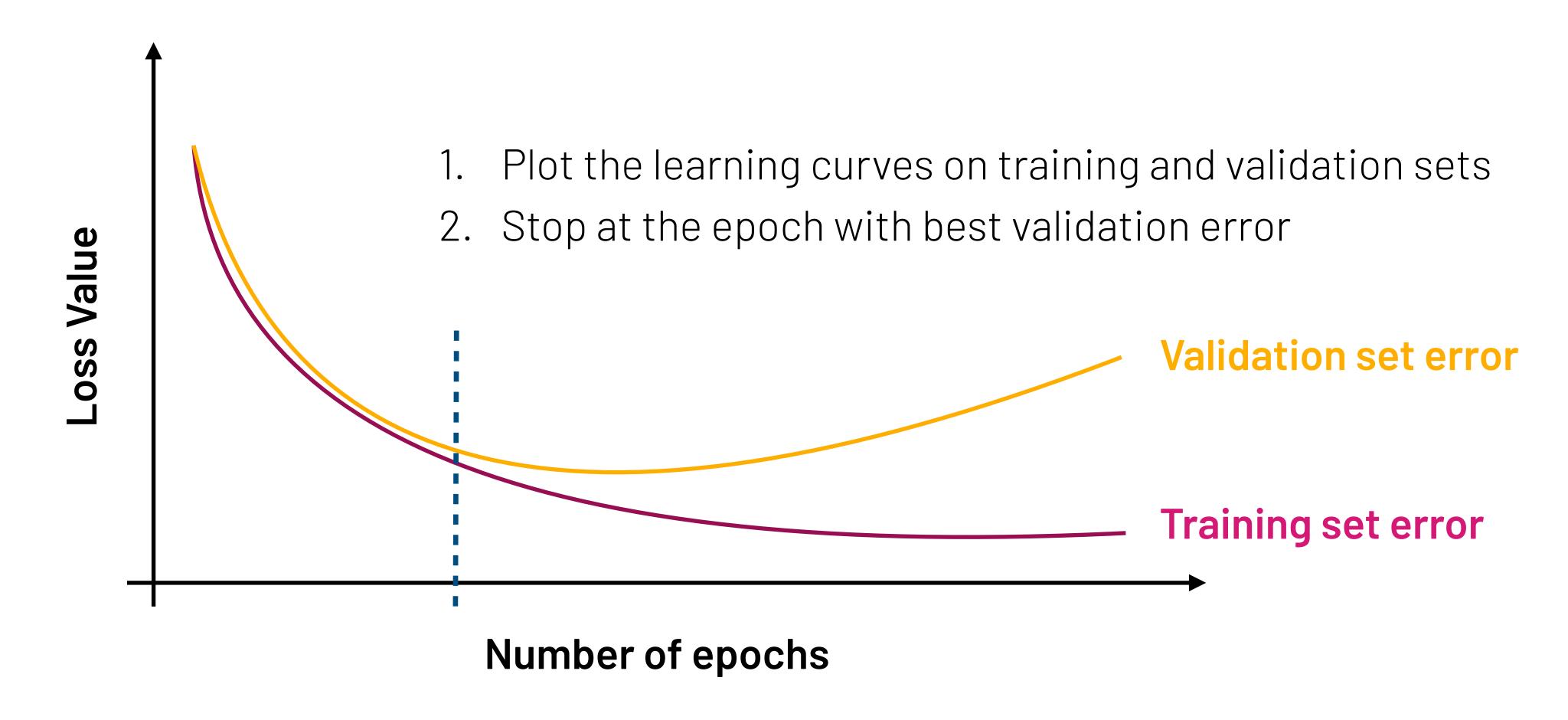
Data Augmentation consists of generating new examples to your dataset by applying transformations the original examples of your dataset:





## Early Stopping

Early stopping consists of running gradient descent for less epochs.





### Next Lecture

L9: Advanced Optimization Algorithms

Mini-batch Gradient Descent, RMSProp, Adam

